

Etape Bornholm 2007

Hasle + Dueodde + Almindingen + Hammeren + Rønne

Men

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| Rank | Startnr | Navn | Klub/By | Land | Cat. Rank | Hasle | Dueodde | Almindingen | Hammeren | Rønne | Total Time |
|------|---------|----------------------------|---------------------------------|------|-----------|----------|-------------|-------------|-------------|-------------|------------|
| 1 | 690 | Francis Kirwa | Lahden Ahkera | FIN | 1 | 00:29:53 | 2 00:19:40 | 1 00:24:02 | 2 00:27:18 | 2 00:29:57 | 1 2:10:50 |
| 2 | 738 | Josphat Mutai | ECCO/Sportmaster Rønne | KEN | 2 | 00:29:51 | 1 00:19:42 | 3 00:24:01 | 1 00:27:24 | 3 00:29:57 | 2 2:10:55 |
| 3 | 669 | John Wamai Kamindo | Hvidovre Atletik og Motion | KEN | 3 | 00:30:18 | 3 00:19:41 | 2 00:24:04 | 3 00:27:06 | 1 00:30:26 | 3 2:11:35 |
| 4 | 281 | Jesper Faurshou | Herning Løbeklub | DEN | 4 | 00:30:37 | 5 00:20:08 | 4 00:24:22 | 4 00:27:42 | 4 00:30:30 | 4 2:13:19 |
| 5 | 282 | Søren Palshøj | Herning Løbeklub | DEN | 5 | 00:30:29 | 4 00:20:24 | 8 00:24:57 | 7 00:28:20 | 6 00:31:09 | 6 2:15:19 |
| 6 | 349 | Rolf Knudsen | Saucony/FIF | DEN | 6 | 00:31:14 | 9 00:20:12 | 5 00:24:44 | 5 00:28:13 | 5 00:31:11 | 7 2:15:34 |
| 7 | 625 | Ulrik Heitmann | Århus 1900 | DEN | 7 | 00:30:47 | 7 00:20:38 | 10 00:24:51 | 6 00:28:39 | 7 00:31:48 | 9 2:16:43 |
| 8 | 601 | Anders Ejby Ernst | Hvidovre Atletik og Motion | DEN | 8 | 00:31:02 | 8 00:20:36 | 9 00:24:57 | 8 00:28:47 | 8 00:32:00 | 10 2:17:22 |
| 9 | 310 | Claus Bugge Hansen | OA/OGF | DEN | 9 | 00:32:06 | 15 00:20:21 | 7 00:25:17 | 9 00:29:20 | 11 00:31:33 | 8 2:18:37 |
| 10 | 645 | Torben Juul Nielsen | Viking Atletik Elite | DEN | 1 | 00:31:41 | 11 00:20:56 | 12 00:25:38 | 10 00:29:13 | 10 00:32:12 | 11 2:19:40 |
| 11 | 122 | Tom Elkjær Kristensen | Sparta 1 | DEN | 10 | 00:31:43 | 12 00:21:06 | 13 00:25:40 | 11 00:29:10 | 9 00:32:15 | 12 2:19:54 |
| 12 | 529 | Ronni Hansen | OA/OGF | DEN | 11 | 00:32:08 | 16 00:21:12 | 15 00:25:57 | 13 00:29:28 | 12 00:32:34 | 13 2:21:19 |
| 13 | 739 | Vincent Kipkemoi | ECCO/Sportmaster Rønne | KEN | 12 | 00:32:02 | 13 00:21:18 | 18 00:26:01 | 15 00:29:56 | 16 00:32:39 | 15 2:21:56 |
| 14 | 530 | Karsten Kjelde | OA/OGF | DEN | 13 | 00:32:20 | 17 00:21:13 | 16 00:26:13 | 16 00:29:38 | 13 00:32:41 | 16 2:22:05 |
| 15 | 296 | Martin Skipper Jacobsen | AGF | DEN | 14 | 00:32:05 | 14 00:21:13 | 17 00:26:01 | 14 00:29:43 | 14 00:33:14 | 19 2:22:16 |
| 16 | 600 | Stephan Alex Jensen | Hvidovre Atletik og Motion | DEN | 15 | 00:32:40 | 20 00:21:19 | 19 00:26:18 | 17 00:30:08 | 18 00:32:47 | 17 2:23:12 |
| 17 | 796 | Kennet Rasmussen | Runningrhino.dk | DEN | 16 | 00:31:35 | 10 00:20:45 | 11 00:25:50 | 12 00:29:52 | 15 00:35:48 | 48 2:23:50 |
| 18 | 243 | Pär-johan Lif | Rødovre AC | SWE | 17 | 00:32:33 | 19 00:21:37 | 21 00:26:29 | 19 00:30:16 | 20 00:33:03 | 18 2:23:58 |
| 19 | 531 | Jonas Brandsbjerg | OA/OGF | DEN | 18 | 00:33:00 | 23 00:21:32 | 20 00:27:01 | 23 00:30:18 | 21 00:32:37 | 14 2:24:28 |
| 20 | 635 | Arnt-inge Nilsen | Ask friidrett | NOR | 19 | 00:32:58 | 21 00:21:43 | 23 00:26:23 | 18 00:30:20 | 22 00:33:17 | 20 2:24:41 |
| 21 | 795 | Jeppe Ruud | Uhdspor.dk | DEN | 20 | 00:33:00 | 22 00:21:57 | 25 00:27:00 | 22 00:30:42 | 24 00:33:22 | 21 2:26:01 |
| 22 | 300 | Keld Christensen | amager ac | DEN | 21 | 00:34:19 | 35 00:21:47 | 24 00:26:39 | 20 00:30:11 | 19 00:33:45 | 24 2:26:41 |
| 23 | 176 | Ryan Prout | Team Hi-Tec | GBR | 22 | 00:33:30 | 26 00:22:11 | 27 00:26:48 | 21 00:31:20 | 27 00:33:36 | 23 2:27:25 |
| 24 | 532 | Torben Kjelde | OA/OGF | DEN | 23 | 00:33:36 | 27 00:22:22 | 32 00:27:22 | 25 00:30:46 | 25 00:34:04 | 28 2:28:10 |
| 25 | 260 | Per Hjorth Christensen | Ballerup AK | DEN | 2 | 00:33:16 | 25 00:22:24 | 33 00:27:16 | 24 00:31:33 | 30 00:34:04 | 27 2:28:33 |
| 26 | 98 | Claus Bukhave | Sam | DEN | 1 | 00:33:16 | 24 00:22:15 | 28 00:27:34 | 28 00:31:14 | 26 00:34:22 | 30 2:28:41 |
| 27 | 533 | Kasper Pedersen | OA/OGF | DEN | 24 | 00:33:42 | 28 00:22:29 | 35 00:27:24 | 26 00:31:25 | 28 00:34:02 | 26 2:29:02 |
| 28 | 355 | Kent Sørensen | Sparta 1 | DEN | 25 | 00:34:07 | 29 00:21:39 | 22 00:28:38 | 47 00:30:22 | 23 00:34:21 | 29 2:29:07 |
| 29 | 351 | Lars Vels | Runners Corner - Viborg/Herning | DEN | 26 | 00:34:16 | 32 00:22:16 | 29 00:27:42 | 29 00:31:39 | 31 00:34:25 | 31 2:30:18 |
| 30 | 673 | Andreas Velsing Groth | Sparta 1 | DEN | 27 | 00:34:12 | 31 00:22:47 | 39 00:27:30 | 27 00:31:25 | 29 00:34:48 | 33 2:30:42 |
| 31 | 535 | Jens Trærup Nielsen | OA/OGF | DEN | 28 | 00:34:34 | 38 00:22:35 | 37 00:27:52 | 33 00:31:47 | 34 00:33:58 | 25 2:30:46 |
| 32 | 283 | Sonni Thelmark | OA/OGF | DEN | 29 | 00:32:31 | 18 00:22:02 | 26 00:28:22 | 41 00:32:17 | 42 00:35:38 | 44 2:30:50 |
| 33 | 718 | Casper Jon Sonne Skovgaard | Viking Atletik Elite | DEN | 2 | 00:34:18 | 34 00:22:34 | 36 00:27:49 | 32 00:31:39 | 32 00:35:16 | 41 2:31:36 |
| 34 | 264 | Kenneth Kirkebye | Herlufsholm Atletik | DEN | 30 | 00:34:18 | 33 00:22:53 | 42 00:27:54 | 35 00:31:50 | 36 00:34:57 | 34 2:31:52 |
| 35 | 126 | Ivan Ingemann Johansen | Viking Atletik Elite | DEN | 3 | 00:34:27 | 37 00:22:41 | 38 00:27:57 | 36 00:32:12 | 41 00:35:08 | 37 2:32:25 |

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|----|-----|------------------------|---------------------------------------|-----|----|----------|----|----------|----|----------|-----|----------|----|----------|-----|---------|
| 36 | 321 | Thomas Røtzler Schmidt | Team Røtzler | DEN | 31 | 00:34:25 | 36 | 00:23:12 | 49 | 00:27:54 | 34 | 00:32:17 | 43 | 00:34:40 | 32 | 2:32:28 |
| 37 | 285 | Sten Jespersen | Aarhus 1900 A/M | DEN | 32 | 00:34:11 | 30 | 00:23:14 | 50 | 00:27:59 | 37 | 00:32:10 | 40 | 00:35:07 | 36 | 2:32:41 |
| 38 | 248 | Kasper Clausen | Viking Atletik Elite | DEN | 3 | 00:35:25 | 46 | 00:22:56 | 43 | 00:28:01 | 38 | 00:31:42 | 33 | 00:35:03 | 35 | 2:33:07 |
| 39 | 327 | Jan Vinkler | SÅN-Løberne 1 | DEN | 4 | 00:34:40 | 39 | 00:22:48 | 40 | 00:28:09 | 39 | 00:32:56 | 51 | 00:35:10 | 39 | 2:33:43 |
| 40 | 623 | Kjetil Lothe | Stegaberg | NOR | 33 | 00:35:03 | 41 | 00:23:08 | 48 | 00:28:18 | 40 | 00:32:18 | 44 | 00:35:20 | 42 | 2:34:07 |
| 41 | 299 | Carsten Vinkel | RAC | DEN | 5 | 00:35:28 | 48 | 00:22:58 | 45 | 00:28:22 | 42 | 00:31:48 | 35 | 00:35:33 | 43 | 2:34:09 |
| 42 | 256 | Nikolaj Dam | Viking Atletik Elite | DEN | 4 | 00:35:30 | 49 | 00:22:51 | 41 | 00:28:23 | 43 | 00:32:03 | 38 | 00:35:58 | 51 | 2:34:45 |
| 43 | 114 | Thomas Bent Olsen | Arbejdernes Landsbank | DEN | 34 | 00:35:28 | 47 | 00:23:04 | 47 | 00:28:24 | 44 | 00:32:36 | 47 | 00:35:41 | 46 | 2:35:13 |
| 44 | 187 | Tørstein Tengsareid | Egersund IK | NOR | 5 | 00:35:04 | 42 | 00:23:01 | 46 | 00:29:22 | 59 | 00:32:19 | 45 | 00:35:56 | 50 | 2:35:42 |
| 45 | 730 | Jonas Berg | AGF Atletik | DEN | 35 | 00:34:50 | 40 | 00:23:43 | 61 | 00:28:28 | 45 | 00:33:15 | 57 | 00:35:40 | 45 | 2:35:56 |
| 46 | 121 | Mads Hey | KØBENHAVN Ø | DEN | 36 | 00:35:22 | 45 | 00:23:29 | 55 | 00:28:45 | 49 | 00:33:11 | 54 | 00:36:06 | 53 | 2:36:53 |
| 47 | 723 | Noel Errath | Lynkineserne.dk Sengeløse EI | DEN | 37 | 00:35:50 | 54 | 00:23:27 | 53 | 00:29:02 | 53 | 00:32:53 | 48 | 00:35:48 | 47 | 2:37:00 |
| 48 | 605 | Rasmus Ejbye Ernst | Hvidovre Atletik og Motion | DEN | 6 | 00:35:52 | 55 | 00:23:33 | 57 | 00:29:17 | 58 | 00:33:09 | 53 | 00:35:15 | 40 | 2:37:06 |
| 49 | 297 | Carsten Rytter | Forsvarets IF Nyholm | DEN | 6 | 00:35:47 | 52 | 00:23:17 | 51 | 00:28:55 | 51 | 00:33:03 | 52 | 00:36:07 | 54 | 2:37:09 |
| 50 | 678 | Daniel Linde | RØNNE | DEN | 38 | 00:36:03 | 57 | 00:23:43 | 62 | 00:28:41 | 48 | 00:32:55 | 50 | 00:36:13 | 56 | 2:37:35 |
| 51 | 446 | Bo Antvorskov | KØBENHAVN K | DEN | 7 | 00:35:32 | 50 | 00:23:49 | 64 | 00:29:08 | 55 | 00:33:13 | 55 | 00:36:04 | 52 | 2:37:46 |
| 52 | 313 | Jesper Høj Nielsen | Politiets IF København | DEN | 39 | 00:35:39 | 51 | 00:23:28 | 54 | 00:29:10 | 57 | 00:33:24 | 58 | 00:36:20 | 57 | 2:38:01 |
| 53 | 556 | Claus Svale Andersen | Sparta 1 | DEN | 8 | 00:36:09 | 60 | 00:23:32 | 56 | 00:29:00 | 52 | 00:32:55 | 49 | 00:36:28 | 59 | 2:38:04 |
| 54 | 35 | Torben Striboldt | Hellas Roskilde | DEN | 9 | 00:35:57 | 56 | 00:23:25 | 52 | 00:29:06 | 54 | 00:33:33 | 60 | 00:36:24 | 58 | 2:38:25 |
| 55 | 630 | Thomas Lodahl Svendsen | Fortius 2 | DEN | 40 | 00:35:47 | 53 | 00:24:07 | 68 | 00:29:08 | 56 | 00:33:38 | 61 | 00:36:44 | 68 | 2:39:24 |
| 56 | 173 | John Barker | Team Hi-Tec | GBR | 10 | 00:37:20 | 83 | 00:24:13 | 71 | 00:28:48 | 50 | 00:33:13 | 56 | 00:35:55 | 49 | 2:39:29 |
| 57 | 627 | Snøvsen Stauning | KØBENHAVN Ø | DEN | 41 | 00:36:18 | 66 | 00:24:00 | 67 | 00:29:33 | 64 | 00:33:50 | 63 | 00:36:47 | 70 | 2:40:28 |
| 58 | 54 | Jens Dam | Hellas | DEN | 42 | 00:36:19 | 67 | 00:23:56 | 65 | 00:29:28 | 61 | 00:34:09 | 73 | 00:36:42 | 65 | 2:40:34 |
| 59 | 305 | Ebbe Dahl | Lynkineserne.dk Sengeløse EI | DEN | 11 | 00:36:51 | 75 | 00:23:42 | 60 | 00:29:46 | 71 | 00:33:48 | 62 | 00:36:30 | 61 | 2:40:37 |
| 60 | 211 | Gorm Strange Nielsen | Aktivitetscenter Bornholms Hospital 1 | DEN | 12 | 00:36:15 | 63 | 00:24:09 | 69 | 00:29:54 | 74 | 00:33:50 | 64 | 00:36:46 | 69 | 2:40:54 |
| 61 | 388 | Henrik Mortensen | Segen | DEN | 13 | 00:36:16 | 64 | 00:23:41 | 59 | 00:29:42 | 69 | 00:34:05 | 71 | 00:37:13 | 76 | 2:40:57 |
| 62 | 230 | Michael Jaqué | Herlev Løberne | DEN | 14 | 00:36:41 | 73 | 00:24:10 | 70 | 00:29:40 | 68 | 00:34:10 | 75 | 00:36:36 | 63 | 2:41:17 |
| 63 | 201 | Ebbe Primdahl | Sparta 1 | DEN | 43 | 00:36:50 | 74 | 00:24:49 | 86 | 00:29:31 | 62 | 00:33:51 | 66 | 00:36:43 | 67 | 2:41:44 |
| 64 | 707 | Steffen Falch Larsen | Blovstrød Løverne | DEN | 7 | 00:36:06 | 58 | 00:21:11 | 14 | 00:35:20 | 292 | 00:30:08 | 17 | 00:39:00 | 109 | 2:41:45 |
| 65 | 31 | Svein Arne Sølvberg | Oppegård IL | NOR | 1 | 00:36:37 | 71 | 00:24:28 | 79 | 00:29:38 | 66 | 00:34:15 | 76 | 00:36:47 | 71 | 2:41:45 |
| 66 | 113 | Jens Jonassen | HELSINGØR | DEN | 15 | 00:36:29 | 69 | 00:24:45 | 85 | 00:29:45 | 70 | 00:34:04 | 70 | 00:36:43 | 66 | 2:41:46 |
| 67 | 498 | Poul Petersen | Holbæk LMK | DEN | 16 | 00:36:25 | 68 | 00:24:31 | 81 | 00:30:00 | 79 | 00:34:22 | 78 | 00:36:29 | 60 | 2:41:47 |
| 68 | 216 | Michael Hansen | Fredericia triathlon team | DEN | 44 | 00:36:18 | 65 | 00:24:22 | 77 | 00:29:58 | 78 | 00:34:16 | 77 | 00:36:58 | 74 | 2:41:52 |
| 69 | 77 | Michael Bergmann | SÅN-Løberne 1 | DEN | 45 | 00:36:39 | 72 | 00:24:19 | 74 | 00:29:39 | 67 | 00:33:58 | 68 | 00:37:20 | 79 | 2:41:55 |
| 70 | 523 | Kasper Koføed-dam | Kvickly Rønne | DEN | 8 | 00:37:21 | 84 | 00:24:17 | 73 | 00:29:32 | 63 | 00:34:06 | 72 | 00:36:41 | 64 | 2:41:57 |
| 71 | 241 | Mads Clausen | Viking Atletik Elite | DEN | 9 | 00:37:34 | 87 | 00:24:22 | 76 | 00:29:58 | 77 | 00:33:56 | 67 | 00:36:34 | 62 | 2:42:24 |
| 72 | 339 | Kjeld Olsen | HAF | DEN | 17 | 00:37:13 | 82 | 00:23:34 | 58 | 00:29:57 | 76 | 00:35:03 | 88 | 00:36:50 | 72 | 2:42:37 |
| 73 | 69 | Lars Pantmann | Sparta 1 | DEN | 46 | 00:37:04 | 80 | 00:24:57 | 90 | 00:29:54 | 75 | 00:34:00 | 69 | 00:37:17 | 78 | 2:43:12 |
| 74 | 63 | René Ciraklar | Sparta 1 | DEN | 18 | 00:36:33 | 70 | 00:24:27 | 78 | 00:29:49 | 73 | 00:35:31 | 98 | 00:36:56 | 73 | 2:43:16 |
| 75 | 391 | Danny Danielsen | Sparta 1 | DEN | 47 | 00:36:59 | 79 | 00:24:30 | 80 | 00:30:17 | 83 | 00:34:27 | 79 | 00:37:07 | 75 | 2:43:20 |
| 76 | 123 | Jørgen Dau Nielsen | AK 73 | DEN | 48 | 00:36:56 | 77 | 00:25:02 | 94 | 00:30:20 | 84 | 00:33:51 | 65 | 00:37:14 | 77 | 2:43:23 |
| 77 | 136 | Mickey Haakansson | Viking Atletik Elite | DEN | 49 | 00:36:55 | 76 | 00:24:34 | 83 | 00:30:05 | 80 | 00:34:36 | 80 | 00:37:29 | 81 | 2:43:39 |
| 78 | 802 | Paul Maisner | HOHEN NEUENDURF | GER | 10 | 00:37:40 | 88 | 00:24:31 | 82 | 00:29:48 | 72 | 00:34:38 | 81 | 00:37:56 | 86 | 2:44:33 |

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| 79 | 447 | Kenneth Jensen | SG Atletik | DEN | 50 | 00:36:59 | 78 | 00:24:19 | 75 | 00:29:36 | 65 | 00:36:02 | 113 | 00:38:03 | 88 | 2:44:59 |
| 80 | 88 | Jeppe Grøndahl Rasmussen | Aalborg Atletik og Motion | DEN | 51 | 00:37:52 | 94 | 00:24:55 | 87 | 00:30:15 | 82 | 00:34:47 | 85 | 00:37:24 | 80 | 2:45:13 |
| 81 | 726 | Jonas Næsby Johansen | KØBENHAVN N | DEN | 52 | 00:37:24 | 85 | 00:25:10 | 98 | 00:30:25 | 86 | 00:35:06 | 90 | 00:37:37 | 82 | 2:45:42 |
| 82 | 172 | Tony Linford | Team Hi-Tec | GBR | 19 | 00:37:45 | 91 | 00:25:25 | 111 | 00:30:27 | 87 | 00:34:42 | 82 | 00:37:43 | 84 | 2:46:02 |
| 83 | 365 | Henrik Werngreen | Tryk Forsikring | DEN | 20 | 00:38:08 | 99 | 00:25:20 | 105 | 00:30:21 | 85 | 00:34:44 | 83 | 00:37:44 | 85 | 2:46:17 |
| 84 | 758 | Florian Falkenthal | Eintracht Emmerich | GER | 11 | 00:37:49 | 92 | 00:25:08 | 97 | 00:30:29 | 88 | 00:35:10 | 91 | 00:38:02 | 87 | 2:46:38 |
| 85 | 328 | Anders Boye | Viking Atletik - Boblerne | DEN | 53 | 00:40:01 | 141 | 00:24:13 | 72 | 00:30:15 | 81 | 00:35:06 | 89 | 00:37:39 | 83 | 2:47:14 |
| 86 | 259 | Brian Markussen | Viking Atletik Elite | DEN | 54 | 00:37:51 | 93 | 00:24:58 | 93 | 00:30:36 | 89 | 00:35:34 | 100 | 00:38:22 | 91 | 2:47:21 |
| 87 | 291 | Allan Kofoed | Sparta 2 | DEN | 55 | 00:37:27 | 86 | 00:25:04 | 95 | 00:31:03 | 101 | 00:35:41 | 103 | 00:38:10 | 89 | 2:47:25 |
| 88 | 386 | Karsten Thisgaard | SMT-Silkeborg | DEN | 21 | 00:38:22 | 103 | 00:24:58 | 91 | 00:30:41 | 92 | 00:34:53 | 86 | 00:38:56 | 105 | 2:47:50 |
| 89 | 494 | Bastian Bech | team wild duck | DEN | 56 | 00:38:25 | 104 | 00:24:56 | 89 | 00:30:37 | 91 | 00:35:01 | 87 | 00:38:52 | 103 | 2:47:51 |
| 90 | 294 | Ulrik R Nielsen | AK 73 | DEN | 57 | 00:37:44 | 90 | 00:24:58 | 92 | 00:31:01 | 100 | 00:35:31 | 97 | 00:38:54 | 104 | 2:48:08 |
| 91 | 345 | Lars Merrald | Hvalsø Løbeklub | DEN | 22 | 00:38:19 | 102 | 00:25:36 | 114 | 00:30:37 | 90 | 00:35:10 | 92 | 00:38:26 | 92 | 2:48:08 |
| 92 | 49 | Henrik Braathen Pedersen | Hellas Roskilde | DEN | 23 | 00:37:07 | 81 | 00:25:18 | 104 | 00:30:55 | 96 | 00:35:58 | 112 | 00:38:51 | 102 | 2:48:09 |
| 93 | 195 | Palle Dahl | Sparta 2 | DEN | 58 | 00:38:13 | 101 | 00:25:12 | 101 | 00:30:58 | 97 | 00:35:15 | 93 | 00:38:42 | 99 | 2:48:20 |
| 94 | 204 | Jesper Nielsen | herlev løberne | DEN | 24 | 00:37:57 | 95 | 00:25:10 | 99 | 00:31:14 | 104 | 00:35:29 | 96 | 00:38:56 | 107 | 2:48:46 |
| 95 | 186 | Torben Steenberg Nielsen | Nybolig | DEN | 59 | 00:38:00 | 96 | 00:25:30 | 113 | 00:30:59 | 99 | 00:35:52 | 109 | 00:38:32 | 94 | 2:48:53 |
| 96 | 499 | Mogens Slyngborg | Odder Atletik & Motion | DEN | 25 | 00:38:13 | 100 | 00:25:13 | 102 | 00:30:47 | 93 | 00:35:50 | 108 | 00:38:50 | 101 | 2:48:53 |
| 97 | 560 | Bo Mikkelsen | Blovstrødløverne | DEN | 26 | 00:38:07 | 98 | 00:24:40 | 84 | 00:30:50 | 95 | 00:36:46 | 130 | 00:38:36 | 96 | 2:48:59 |
| 98 | 715 | Bjarne Hamre Nielsen | Express | NOR | 12 | 00:38:26 | 105 | 00:24:56 | 88 | 00:31:05 | 102 | 00:35:48 | 106 | 00:39:20 | 116 | 2:49:35 |
| 99 | 640 | Jens Mundel-jensen | Lynkieserne.dk Sengeløse EI | DEN | 27 | 00:38:03 | 97 | 00:25:22 | 106 | 00:31:09 | 103 | 00:36:29 | 121 | 00:38:39 | 98 | 2:49:42 |
| 100 | 679 | Martin Munk | RØNNE | DEN | 60 | 00:38:30 | 106 | 00:25:22 | 107 | 00:31:42 | 114 | 00:35:36 | 101 | 00:39:09 | 111 | 2:50:19 |
| 101 | 548 | Allan Jørgensen | SØBORG | DEN | 28 | 00:38:44 | 113 | 00:25:04 | 96 | 00:31:35 | 111 | 00:35:45 | 104 | 00:39:27 | 119 | 2:50:35 |
| 102 | 242 | Søren Clausen | Østermarie | DEN | 29 | 00:38:42 | 110 | 00:25:28 | 112 | 00:31:20 | 105 | 00:35:46 | 105 | 00:39:21 | 117 | 2:50:37 |
| 103 | 474 | Henrik Kousholt | Herlev Løbe-og Atletikklub | DEN | 30 | 00:38:58 | 119 | 00:25:49 | 120 | 00:31:33 | 109 | 00:35:49 | 107 | 00:39:01 | 110 | 2:51:10 |
| 104 | 177 | Ralf- Peter Goetz | SV scn energy Torgelow | GER | 31 | 00:38:43 | 112 | 00:26:02 | 123 | 00:31:34 | 110 | 00:36:25 | 120 | 00:38:34 | 95 | 2:51:18 |
| 105 | 493 | Troels Thøgersen | Aktivitetcenter Bornholms Hospital 3 | DEN | 61 | 00:39:01 | 120 | 00:25:11 | 100 | 00:31:30 | 107 | 00:36:22 | 119 | 00:39:21 | 118 | 2:51:25 |
| 106 | 694 | Ole Nielsen | Team Morfar | DEN | 32 | 00:38:57 | 118 | 00:25:43 | 116 | 00:31:40 | 113 | 00:35:57 | 110 | 00:39:19 | 115 | 2:51:36 |
| 107 | 621 | Morten Thuesen | Odder Atletik og Motion | DEN | 62 | 00:38:37 | 108 | 00:25:23 | 109 | 00:31:42 | 115 | 00:36:11 | 114 | 00:39:58 | 131 | 2:51:51 |
| 108 | 50 | Niels Aabye Madsen | GENTOFTE | DEN | 63 | 00:39:29 | 126 | 00:25:50 | 121 | 00:31:45 | 117 | 00:36:19 | 117 | 00:38:57 | 108 | 2:52:20 |
| 109 | 441 | Are Martin Stenberg | Kjelsås | NOR | 13 | 00:38:48 | 114 | 00:25:23 | 108 | 00:32:08 | 126 | 00:35:40 | 102 | 00:40:27 | 147 | 2:52:26 |
| 110 | 418 | Mads Thaysen | Jernlungerne | DEN | 64 | 00:39:52 | 137 | 00:26:21 | 138 | 00:31:26 | 106 | 00:36:32 | 124 | 00:38:21 | 90 | 2:52:32 |
| 111 | 117 | Søren Møller Nielsen | Viking Atletik - Boblerne | DEN | 33 | 00:39:10 | 123 | 00:26:12 | 132 | 00:31:44 | 116 | 00:36:36 | 126 | 00:38:56 | 106 | 2:52:38 |
| 112 | 212 | René Marker Jensen | Viking Atletik - Boblerne | DEN | 65 | 00:38:55 | 116 | 00:26:04 | 124 | 00:31:37 | 112 | 00:36:31 | 122 | 00:39:41 | 127 | 2:52:48 |
| 113 | 614 | Frederik Møller | KASTRUP | DEN | 14 | 00:43:07 | 262 | 00:25:39 | 115 | 00:30:58 | 98 | 00:34:46 | 84 | 00:38:38 | 97 | 2:53:08 |
| 114 | 421 | Håkon Jacobsen | Odder Atletik & Motion | DEN | 34 | 00:39:48 | 134 | 00:25:24 | 110 | 00:32:05 | 124 | 00:36:36 | 127 | 00:39:17 | 113 | 2:53:10 |
| 115 | 238 | Lars Bo Nielsen | SMT Silkeborg | DEN | 66 | 00:38:41 | 109 | 00:26:09 | 129 | 00:31:58 | 121 | 00:36:51 | 131 | 00:39:37 | 126 | 2:53:16 |
| 116 | 805 | Niels Lindgreen | KØBENHAVN K | DEN | 35 | 00:38:43 | 111 | 00:26:04 | 125 | 00:31:56 | 120 | 00:37:02 | 136 | 00:39:31 | 121 | 2:53:16 |
| 117 | 361 | Mikkel Pedersen | Fjordløberne | DEN | 67 | 00:38:33 | 107 | 00:26:41 | 157 | 00:31:33 | 108 | 00:36:14 | 116 | 00:40:34 | 153 | 2:53:35 |
| 118 | 757 | Jens Jørgen Munch | SÅN | DEN | 36 | 00:39:28 | 125 | 00:26:30 | 143 | 00:31:48 | 118 | 00:36:19 | 118 | 00:39:32 | 122 | 2:53:37 |

| | | | | | | | | | | | | | | | | |
|-----|-----|-------------------------|-------------------------------|-----|----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|---------|
| 119 | 229 | Thomas Kehlet | GLOSTRUP | DEN | 37 | 00:39:43 | 129 | 00:25:47 | 118 | 00:31:51 | 119 | 00:36:52 | 132 | 00:39:57 | 129 | 2:54:10 |
| 120 | 315 | Jørn Andersen | Politiets IF København | DEN | 68 | 00:40:06 | 144 | 00:25:48 | 119 | 00:32:29 | 143 | 00:35:57 | 111 | 00:40:03 | 134 | 2:54:23 |
| 121 | 433 | Gert Olsen | Ganløse A & M | DEN | 1 | 00:39:50 | 135 | 00:25:44 | 117 | 00:32:09 | 127 | 00:37:32 | 151 | 00:39:18 | 114 | 2:54:33 |
| 122 | 370 | Mads Rasmussen | BAGSVÆRD | DEN | 69 | 00:40:12 | 145 | 00:26:21 | 137 | 00:32:03 | 123 | 00:36:38 | 128 | 00:39:30 | 120 | 2:54:44 |
| 123 | 189 | Ole Trier Nørskov | VAF | DEN | 38 | 00:38:54 | 115 | 00:26:36 | 150 | 00:32:19 | 136 | 00:37:11 | 143 | 00:40:01 | 133 | 2:55:01 |
| 124 | 209 | Frank Mortensen | Fridolf | DEN | 70 | 00:39:36 | 128 | 00:26:36 | 151 | 00:32:07 | 125 | 00:36:39 | 129 | 00:40:08 | 135 | 2:55:06 |
| 125 | 162 | Niels Remtoft | Fortius 1 | DEN | 39 | 00:40:03 | 142 | 00:25:51 | 122 | 00:32:10 | 128 | 00:37:24 | 148 | 00:39:43 | 128 | 2:55:11 |
| 126 | 760 | Søren Enevold Pedersen | KØBENHAVN Ø | DEN | 71 | 00:41:01 | 177 | 00:26:20 | 136 | 00:32:27 | 140 | 00:36:31 | 123 | 00:39:33 | 123 | 2:55:52 |
| 127 | 485 | Bent Hygum | TØLLØSE | DEN | 40 | 00:40:06 | 143 | 00:26:15 | 135 | 00:32:23 | 138 | 00:37:05 | 139 | 00:40:27 | 146 | 2:56:16 |
| 128 | 693 | Jonas Kvottrup Nielsen | Team Morfar | DEN | 15 | 00:40:26 | 151 | 00:26:14 | 134 | 00:32:16 | 131 | 00:37:10 | 141 | 00:40:11 | 137 | 2:56:17 |
| 129 | 579 | Leif Nielsen | SNIK Atletik | DEN | 2 | 00:39:22 | 124 | 00:26:21 | 139 | 00:32:34 | 147 | 00:37:22 | 145 | 00:40:41 | 157 | 2:56:20 |
| 130 | 265 | Tom Hansen | Sparta 2 | DEN | 41 | 00:38:55 | 117 | 00:26:46 | 161 | 00:32:11 | 129 | 00:37:56 | 166 | 00:40:32 | 151 | 2:56:20 |
| 131 | 333 | Peter Mikkelsen | HJB Byggeforretning ApS | DEN | 72 | 00:40:20 | 148 | 00:26:51 | 166 | 00:32:18 | 135 | 00:37:00 | 135 | 00:39:57 | 130 | 2:56:26 |
| 132 | 467 | Kasper Kold Pedersen | HUMLEBÆK | DEN | 16 | 00:41:55 | 209 | 00:26:13 | 133 | 00:31:59 | 122 | 00:36:56 | 133 | 00:39:35 | 125 | 2:56:38 |
| 133 | 298 | Henrik Frederiksen | Herlufsholm Atletik og Motion | DEN | 42 | 00:39:58 | 139 | 00:26:26 | 140 | 00:32:27 | 141 | 00:37:31 | 150 | 00:40:20 | 142 | 2:56:42 |
| 134 | 116 | Mads Cort Nielsen | Viking Atletik - Boblerne | DEN | 17 | 00:41:02 | 178 | 00:26:08 | 128 | 00:32:35 | 148 | 00:36:59 | 134 | 00:40:19 | 141 | 2:57:03 |
| 135 | 357 | John K. Street | Viking Atletik - Boblerne | DEN | 3 | 00:39:45 | 130 | 00:26:29 | 142 | 00:32:50 | 161 | 00:37:17 | 144 | 00:40:45 | 161 | 2:57:06 |
| 136 | 622 | Mikael Sørensen | FREDERICIA | DEN | 43 | 00:39:47 | 131 | 00:26:38 | 154 | 00:32:21 | 137 | 00:38:00 | 170 | 00:40:23 | 144 | 2:57:09 |
| 137 | 571 | Jan Nielsen | Post Danmark A | DEN | 73 | 00:40:31 | 155 | 00:26:39 | 155 | 00:32:18 | 134 | 00:37:23 | 146 | 00:40:31 | 150 | 2:57:22 |
| 138 | 541 | Aslak Lau Rolvsen | IFI | DEN | 74 | 00:40:48 | 164 | 00:27:22 | 188 | 00:32:17 | 133 | 00:37:08 | 140 | 00:39:59 | 132 | 2:57:34 |
| 139 | 792 | Christian Koch | ØIF | DEN | 75 | 00:40:59 | 173 | 00:26:30 | 145 | 00:32:31 | 146 | 00:37:11 | 142 | 00:40:34 | 152 | 2:57:45 |
| 140 | 737 | Kim Bruun | ODENSE C | DEN | 44 | 00:41:11 | 185 | 00:26:55 | 167 | 00:32:24 | 139 | 00:37:02 | 137 | 00:40:15 | 139 | 2:57:47 |
| 141 | 393 | Anders Gerstenberg | AK 73 | DEN | 76 | 00:40:00 | 140 | 00:26:30 | 144 | 00:32:31 | 145 | 00:38:02 | 172 | 00:40:54 | 164 | 2:57:57 |
| 142 | 303 | Jørgen Kjølner Petersen | Sparta 5 | DEN | 77 | 00:40:43 | 159 | 00:27:25 | 194 | 00:32:17 | 132 | 00:37:24 | 147 | 00:40:08 | 136 | 2:57:57 |
| 143 | 263 | Marcus Mahecha Jensen | Ballerup AK | DEN | 18 | 00:39:53 | 138 | 00:27:10 | 180 | 00:33:33 | 197 | 00:37:04 | 138 | 00:40:36 | 154 | 2:58:16 |
| 144 | 695 | Claus Andersen | Team Morfar | DEN | 45 | 00:40:28 | 152 | 00:26:09 | 130 | 00:32:30 | 144 | 00:37:49 | 163 | 00:41:25 | 182 | 2:58:21 |
| 145 | 779 | Bent Sortkær | Hattrick | DEN | 78 | 00:40:43 | 160 | 00:26:44 | 160 | 00:32:58 | 165 | 00:37:34 | 154 | 00:40:36 | 155 | 2:58:35 |
| 146 | 505 | Atle Smenes | AVERØY | NOR | 19 | 00:40:53 | 168 | 00:26:11 | 131 | 00:32:43 | 155 | 00:37:46 | 162 | 00:41:04 | 172 | 2:58:37 |
| 147 | 702 | Niels Jensen | SÅN-Løberne 1 | DEN | 46 | 00:40:49 | 166 | 00:26:43 | 159 | 00:32:41 | 153 | 00:37:33 | 152 | 00:40:52 | 163 | 2:58:38 |
| 148 | 537 | Anders Dam Lind | BORRE | DEN | 79 | 00:40:44 | 162 | 00:26:49 | 164 | 00:32:37 | 150 | 00:37:42 | 158 | 00:40:47 | 162 | 2:58:39 |
| 149 | 374 | Peter Paldan Sørensen | Viking Atletik - Boblerne | DEN | 80 | 00:40:55 | 171 | 00:26:38 | 153 | 00:32:47 | 156 | 00:37:53 | 165 | 00:40:56 | 165 | 2:59:09 |
| 150 | 118 | Johnny Vinther | AABYBRO | DEN | 81 | 00:39:07 | 122 | 00:26:33 | 147 | 00:33:05 | 171 | 00:38:58 | 208 | 00:41:33 | 191 | 2:59:16 |
| 151 | 440 | Henning Ølund | Odder Atletik & Motion | DEN | 82 | 00:40:23 | 149 | 00:26:33 | 148 | 00:32:39 | 151 | 00:38:29 | 188 | 00:41:16 | 176 | 2:59:20 |
| 152 | 47 | Morten Laursen | Bagsværd Atletik | DEN | 83 | 00:40:33 | 156 | 00:27:24 | 192 | 00:32:58 | 166 | 00:37:33 | 153 | 00:40:57 | 166 | 2:59:25 |
| 153 | 249 | Henrik Julius | Magasin du Nord | DEN | 84 | 00:40:17 | 146 | 00:26:48 | 163 | 00:32:50 | 160 | 00:38:08 | 176 | 00:41:23 | 179 | 2:59:26 |
| 154 | 697 | Jakob Mygind Korsby | KØBENHAVN N | DEN | 85 | 00:40:53 | 169 | 00:26:31 | 146 | 00:33:18 | 179 | 00:37:50 | 164 | 00:41:23 | 180 | 2:59:55 |
| 155 | 464 | Jesper Elleby Holm | VANLØSE | DEN | 86 | 00:41:10 | 184 | 00:26:42 | 158 | 00:32:40 | 152 | 00:38:07 | 175 | 00:41:26 | 184 | 3:00:05 |
| 156 | 734 | René Rosfeldt | RAC | DEN | 47 | 00:40:47 | 163 | 00:27:16 | 182 | 00:33:38 | 199 | 00:38:02 | 171 | 00:40:26 | 145 | 3:00:09 |
| 157 | 266 | Thomas Jørgensen | Aaker Skole | DEN | 48 | 00:40:51 | 167 | 00:27:33 | 202 | 00:32:58 | 167 | 00:37:58 | 168 | 00:40:58 | 168 | 3:00:18 |
| 158 | 518 | Michael Tindø | Hvidovre Ateltik og Motion | DEN | 87 | 00:40:25 | 150 | 00:27:05 | 172 | 00:32:29 | 142 | 00:38:30 | 190 | 00:41:55 | 208 | 3:00:24 |
| 159 | 58 | Jens Jørgen Kramer | HADERSLEV | DEN | 2 | 00:40:31 | 154 | 00:27:20 | 187 | 00:32:58 | 168 | 00:38:35 | 194 | 00:41:12 | 174 | 3:00:36 |
| 160 | 554 | Silas Bruun | AK 73 | DEN | 88 | 00:43:02 | 255 | 00:26:47 | 162 | 00:33:38 | 200 | 00:37:40 | 157 | 00:39:35 | 124 | 3:00:42 |

| | | | | | | | | | | | | | | | | |
|-----|-----|----------------------------|--------------------------------------|-----|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|---------|
| 161 | 80 | Svend Chr. Motsch Olsen | OGF Motion | DEN | 4 | 00:39:31 | 127 | 00:27:06 | 174 | 00:33:08 | 172 | 00:38:55 | 207 | 00:42:03 | 221 | 3:00:43 |
| 162 | 346 | Lars Mathiasen | STRUER | DEN | 90 | 00:41:14 | 187 | 00:26:50 | 165 | 00:33:29 | 188 | 00:38:32 | 192 | 00:40:57 | 167 | 3:01:02 |
| 163 | 348 | Bo Husum | SORØ | DEN | 89 | 00:41:44 | 204 | 00:27:17 | 183 | 00:32:59 | 169 | 00:37:45 | 161 | 00:41:17 | 178 | 3:01:02 |
| 164 | 747 | Nichlas Kristensen | RØNNE | DEN | 20 | 00:43:17 | 272 | 00:26:36 | 149 | 00:32:36 | 149 | 00:37:59 | 169 | 00:40:39 | 156 | 3:01:07 |
| 165 | 233 | Erik Jessen | AAKIRKEBY | DEN | 21 | 00:41:22 | 193 | 00:27:34 | 205 | 00:33:00 | 170 | 00:38:04 | 174 | 00:41:16 | 177 | 3:01:16 |
| 166 | 603 | Preben Nisszen | Sparta 2 | DEN | 5 | 00:41:42 | 203 | 00:27:10 | 179 | 00:33:18 | 178 | 00:37:58 | 167 | 00:41:43 | 202 | 3:01:51 |
| 167 | 602 | Jens Peder Koch | SMT Silkeborg | DEN | 91 | 00:43:09 | 263 | 00:27:36 | 208 | 00:33:21 | 181 | 00:37:36 | 155 | 00:40:15 | 138 | 3:01:57 |
| 168 | 620 | Steffen Holm | Odder Atletik og Motion | DEN | 49 | 00:40:18 | 147 | 00:27:42 | 214 | 00:33:41 | 205 | 00:38:55 | 206 | 00:41:23 | 181 | 3:01:59 |
| 169 | 257 | Søren Dam | ØB | DEN | 50 | 00:41:08 | 182 | 00:27:18 | 185 | 00:33:27 | 186 | 00:38:25 | 187 | 00:41:42 | 197 | 3:02:00 |
| 170 | 139 | Jacob Storm Jørgensen | Krystalpaladset | DEN | 92 | 00:42:18 | 224 | 00:27:33 | 201 | 00:32:56 | 164 | 00:38:38 | 195 | 00:40:44 | 159 | 3:02:09 |
| 171 | 394 | Anders Kristiansen | Danish Crown 1 | DEN | 51 | 00:40:49 | 165 | 00:27:23 | 189 | 00:33:15 | 174 | 00:39:13 | 215 | 00:41:29 | 188 | 3:02:09 |
| 172 | 780 | Anders Nielsen | Mattrick | DEN | 93 | 00:39:51 | 136 | 00:27:34 | 204 | 00:32:53 | 163 | 00:39:44 | 240 | 00:42:09 | 226 | 3:02:11 |
| 173 | 482 | Odd Gud Kristian Wiker | Rustad IL | NOR | 94 | 00:41:21 | 191 | 00:27:26 | 195 | 00:33:46 | 207 | 00:38:40 | 196 | 00:40:59 | 169 | 3:02:12 |
| 174 | 698 | Claudio Pelsen | Viking Atletik - De sidste | DEN | 95 | 00:41:53 | 207 | 00:27:33 | 203 | 00:32:49 | 157 | 00:38:24 | 186 | 00:41:37 | 193 | 3:02:16 |
| 175 | 306 | Bo Lykke Nielsen | Holbæk LMK | DEN | 52 | 00:39:48 | 133 | 00:31:13 | 447 | 00:33:15 | 175 | 00:37:44 | 159 | 00:40:17 | 140 | 3:02:17 |
| 176 | 226 | Nikolaj Chantelou | Fortius 1 | DEN | 96 | 00:40:55 | 170 | 00:26:57 | 168 | 00:33:27 | 185 | 00:39:03 | 210 | 00:41:58 | 213 | 3:02:20 |
| 177 | 307 | Stellan Nilsson | IS Göta | SWE | 53 | 00:40:58 | 172 | 00:27:06 | 175 | 00:33:29 | 192 | 00:39:28 | 221 | 00:41:36 | 192 | 3:02:37 |
| 178 | 340 | Kasper Jensen | Viking Atletik - Boblerne | DEN | 22 | 00:41:36 | 197 | 00:27:17 | 184 | 00:33:14 | 173 | 00:38:49 | 201 | 00:41:43 | 201 | 3:02:39 |
| 179 | 181 | Bjørn Bakkelund | Gjvik Kommune BIL | NOR | 54 | 00:41:38 | 200 | 00:26:59 | 170 | 00:33:32 | 193 | 00:38:40 | 197 | 00:41:57 | 212 | 3:02:46 |
| 180 | 46 | Friedrich Rehmann | HSV Stoeckte | GER | 55 | 00:41:37 | 198 | 00:27:59 | 232 | 00:33:29 | 189 | 00:38:12 | 179 | 00:41:29 | 189 | 3:02:46 |
| 181 | 71 | John Marfelt | Jensen Denmark A/S | DEN | 6 | 00:43:28 | 281 | 00:27:16 | 181 | 00:33:16 | 176 | 00:38:12 | 178 | 00:40:45 | 160 | 3:02:57 |
| 182 | 287 | Daniel Bærenholdt | KØGE | DEN | 97 | 00:41:42 | 202 | 00:27:43 | 218 | 00:32:43 | 154 | 00:38:18 | 184 | 00:42:33 | 244 | 3:02:59 |
| 183 | 465 | Finn-erik Bak | Aktivitetcenter Bornholms Hospital 1 | DEN | 56 | 00:41:00 | 175 | 00:27:48 | 222 | 00:33:55 | 211 | 00:39:52 | 246 | 00:40:30 | 149 | 3:03:05 |
| 184 | 686 | Michael Jeppesen | VIRUM | DEN | 57 | 00:41:23 | 194 | 00:27:38 | 211 | 00:33:49 | 208 | 00:38:50 | 202 | 00:41:29 | 187 | 3:03:09 |
| 185 | 676 | Mikkel Hyldeqvist Jacobsen | RØNNE | DEN | 23 | 00:42:08 | 213 | 00:28:07 | 239 | 00:32:52 | 162 | 00:38:20 | 185 | 00:41:44 | 204 | 3:03:11 |
| 186 | 196 | Mark Olsson | ASG | DEN | 98 | 00:41:50 | 206 | 00:27:24 | 193 | 00:33:39 | 201 | 00:38:42 | 198 | 00:41:41 | 196 | 3:03:16 |
| 187 | 767 | Ole Myrup | Sparta IF | DEN | 99 | 00:42:27 | 233 | 00:27:05 | 173 | 00:32:49 | 159 | 00:39:34 | 224 | 00:41:30 | 190 | 3:03:25 |
| 188 | 338 | Hans Richardt Petersen | HILLERØD | DEN | 100 | 00:42:21 | 229 | 00:27:09 | 178 | 00:34:00 | 213 | 00:38:34 | 193 | 00:41:25 | 183 | 3:03:29 |
| 189 | 619 | Morten Bertelsen | Aktivitetcenter Bornholms Hospital 1 | DEN | 58 | 00:42:14 | 220 | 00:27:42 | 216 | 00:33:22 | 182 | 00:38:30 | 191 | 00:41:43 | 198 | 3:03:31 |
| 190 | 218 | Søren Anker Elvang | HELLERUP | DEN | 101 | 00:41:03 | 180 | 00:27:53 | 228 | 00:33:40 | 202 | 00:39:16 | 217 | 00:41:44 | 203 | 3:03:36 |
| 191 | 193 | Bent Kramer | HERNING | DEN | 7 | 00:41:38 | 201 | 00:27:57 | 230 | 00:33:25 | 184 | 00:39:24 | 219 | 00:41:13 | 175 | 3:03:37 |
| 192 | 507 | Jonathan Bach Rønne | NIF | DEN | 24 | 00:42:09 | 215 | 00:27:27 | 196 | 00:33:59 | 212 | 00:38:15 | 182 | 00:41:53 | 207 | 3:03:43 |
| 193 | 550 | Bjarne Lange | Sparta 2 | DEN | 59 | 00:42:19 | 225 | 00:27:47 | 220 | 00:33:29 | 191 | 00:38:52 | 203 | 00:41:28 | 186 | 3:03:55 |
| 194 | 246 | Morten Flotin Jensen | PARK07 | DEN | 102 | 00:42:55 | 251 | 00:27:03 | 171 | 00:33:32 | 195 | 00:38:45 | 200 | 00:41:41 | 195 | 3:03:56 |
| 195 | 804 | Flemming Topp | ROSKILDE | DEN | 103 | 00:41:12 | 186 | 00:27:49 | 223 | 00:33:53 | 209 | 00:39:24 | 220 | 00:42:01 | 219 | 3:04:19 |
| 196 | 588 | Jesper Bøwes | Espersen A/S | DEN | 60 | 00:43:22 | 276 | 00:27:32 | 200 | 00:33:40 | 203 | 00:38:30 | 189 | 00:41:43 | 200 | 3:04:47 |
| 197 | 646 | Andreas Komode | BERLIN | GER | 104 | 00:41:00 | 176 | 00:27:55 | 229 | 00:33:55 | 210 | 00:40:08 | 261 | 00:42:03 | 222 | 3:05:01 |
| 198 | 443 | Jens Rambeck Andersen | Danmarks Nationalbank | DEN | 105 | 00:41:16 | 188 | 00:28:21 | 252 | 00:34:22 | 237 | 00:39:17 | 218 | 00:42:00 | 217 | 3:05:16 |
| 199 | 785 | Klaus Holm | Metal | DEN | 61 | 00:41:50 | 205 | 00:27:52 | 226 | 00:34:28 | 240 | 00:38:54 | 205 | 00:42:28 | 240 | 3:05:32 |
| 200 | 559 | Poul Bjerrum | Team Skjern Bank | DEN | 62 | 00:41:22 | 192 | 00:28:11 | 241 | 00:34:07 | 221 | 00:40:43 | 289 | 00:41:10 | 173 | 3:05:33 |
| 201 | 660 | Søren Traberg | Hjerteforeningen | DEN | 3 | 00:42:06 | 212 | 00:27:19 | 186 | 00:34:13 | 225 | 00:39:10 | 214 | 00:42:46 | 252 | 3:05:34 |

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|-----|------|--------------------------|------------------------------|-----|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|---------|
| 202 | 304 | Christian Fisker | HSOK | DEN | 106 | 00:43:16 | 268 | 00:27:42 | 215 | 00:34:04 | 218 | 00:38:45 | 199 | 00:41:56 | 210 | 3:05:43 |
| 203 | 96 | Palle Clausen | Birkerødernes løbeklub | DEN | 63 | 00:42:12 | 217 | 00:27:50 | 225 | 00:34:02 | 216 | 00:39:40 | 231 | 00:42:10 | 227 | 3:05:54 |
| 204 | 491 | Christian Mikkelsen | IFI | DEN | 107 | 00:44:08 | 315 | 00:27:32 | 199 | 00:34:11 | 224 | 00:38:17 | 183 | 00:41:55 | 209 | 3:06:03 |
| 205 | 680 | Frank Spliid | CHALK | DEN | 64 | 00:40:59 | 174 | 00:27:38 | 210 | 00:34:25 | 239 | 00:40:14 | 264 | 00:42:47 | 254 | 3:06:03 |
| 206 | 409 | Jørn Ole Hansen | Danish Crown 3 | DEN | 4 | 00:41:37 | 199 | 00:27:44 | 219 | 00:34:15 | 227 | 00:40:03 | 252 | 00:42:30 | 242 | 3:06:09 |
| 207 | 542 | Mikkel Knudsen | Team Stardust | DEN | 108 | 00:42:19 | 227 | 00:27:47 | 221 | 00:34:03 | 217 | 00:39:37 | 227 | 00:42:25 | 238 | 3:06:11 |
| 208 | 356 | Phillip Holm | HIF | DEN | 109 | 00:42:29 | 235 | 00:28:27 | 261 | 00:34:05 | 219 | 00:39:37 | 226 | 00:42:10 | 229 | 3:06:48 |
| 209 | 432 | Anders Drejer | Segen | DEN | 65 | 00:42:01 | 210 | 00:27:57 | 231 | 00:34:16 | 228 | 00:40:24 | 274 | 00:42:23 | 235 | 3:07:01 |
| 210 | 384 | René Laursen | RØNNE | DEN | 110 | 00:42:46 | 245 | 00:28:10 | 240 | 00:34:01 | 214 | 00:39:39 | 229 | 00:42:30 | 241 | 3:07:06 |
| 211 | 171 | Håkan Danielsson | ALLINGE | SWE | 66 | 00:42:48 | 248 | 00:28:07 | 238 | 00:34:06 | 220 | 00:39:43 | 236 | 00:42:23 | 236 | 3:07:07 |
| 212 | 12 | Olaf Horn | LAC erdgas Chemnitz | GER | 67 | 00:41:02 | 179 | 00:27:40 | 212 | 00:34:20 | 231 | 00:40:23 | 272 | 00:43:42 | 291 | 3:07:07 |
| 213 | 272 | Kim Christensen | Bech-Hansen & Studsgaard A/S | DEN | 111 | 00:42:46 | 246 | 00:27:37 | 209 | 00:34:09 | 223 | 00:40:53 | 297 | 00:41:43 | 199 | 3:07:08 |
| 214 | 94 | Preben Vørs | Sparta 3 | DEN | 5 | 00:41:20 | 189 | 00:28:24 | 257 | 00:34:01 | 215 | 00:40:33 | 281 | 00:43:04 | 266 | 3:07:22 |
| 215 | 629 | Jimmie Pedersen | SÅN-Løberne 1 | DEN | 68 | 00:42:12 | 218 | 00:28:31 | 263 | 00:34:20 | 233 | 00:40:04 | 255 | 00:42:16 | 231 | 3:07:23 |
| 216 | 293 | Morten Stobbe | BALLERUP | DEN | 69 | 00:42:34 | 237 | 00:27:52 | 227 | 00:34:30 | 242 | 00:40:31 | 279 | 00:41:59 | 214 | 3:07:26 |
| 217 | 631 | Peter Bjørn Jensen | Nexø Boldklub | DEN | 112 | 00:42:23 | 231 | 00:28:12 | 243 | 00:34:21 | 235 | 00:40:13 | 263 | 00:42:18 | 232 | 3:07:27 |
| 218 | 1010 | Louis Philipsen | Jyllinge Løbeklub | DEN | 70 | 00:42:57 | 253 | 00:28:50 | 290 | 00:34:29 | 241 | 00:39:16 | 216 | 00:41:57 | 211 | 3:07:29 |
| 219 | 137 | Peter Bøgevig | AK 73 | DEN | 113 | 00:42:39 | 239 | 00:28:51 | 292 | 00:34:32 | 245 | 00:39:38 | 228 | 00:42:06 | 225 | 3:07:46 |
| 220 | 191 | Henrik Gødsbøll | KØBENHAVN N | DEN | 71 | 00:42:30 | 236 | 00:27:41 | 213 | 00:34:50 | 270 | 00:39:55 | 249 | 00:42:57 | 260 | 3:07:53 |
| 221 | 716 | Gregers Kofod Rasmussen | SÅN-Løberne 2 | DEN | 72 | 00:43:09 | 265 | 00:28:26 | 259 | 00:34:17 | 229 | 00:40:04 | 253 | 00:42:00 | 218 | 3:07:56 |
| 222 | 55 | Svend Mortensen | OGF | DEN | 6 | 00:42:21 | 230 | 00:28:11 | 242 | 00:34:40 | 258 | 00:40:07 | 257 | 00:42:40 | 249 | 3:07:59 |
| 223 | 151 | Knud Kofoed | Vej & Park Bornholm | DEN | 73 | 00:42:17 | 223 | 00:28:18 | 249 | 00:34:39 | 256 | 00:39:51 | 245 | 00:42:58 | 262 | 3:08:03 |
| 224 | 422 | Henrik Friis | Amager Atletik Club | DEN | 74 | 00:41:54 | 208 | 00:26:59 | 169 | 00:33:16 | 177 | 00:37:44 | 160 | 00:48:10 | 516 | 3:08:03 |
| 225 | 375 | Hans-åge Mortensen | Viking Atletik - De sidste | DEN | 8 | 00:42:04 | 211 | 00:28:31 | 265 | 00:34:38 | 255 | 00:40:34 | 283 | 00:42:19 | 233 | 3:08:06 |
| 226 | 470 | Hans Christian Østerlind | Fortius 1 | DEN | 114 | 00:43:45 | 291 | 00:30:14 | 370 | 00:33:35 | 198 | 00:37:38 | 156 | 00:42:56 | 258 | 3:08:08 |
| 227 | 668 | Kasper Larsen | HOLBÆK | DEN | 115 | 00:43:20 | 275 | 00:28:06 | 236 | 00:33:41 | 204 | 00:41:09 | 305 | 00:42:00 | 216 | 3:08:16 |
| 228 | 279 | Kenneth Ljungman | Herlevløberne | DEN | 9 | 00:43:07 | 261 | 00:28:37 | 268 | 00:34:15 | 226 | 00:40:07 | 258 | 00:42:25 | 237 | 3:08:31 |
| 229 | 429 | Thomas Möller | Jernlungerne | DEN | 116 | 00:42:19 | 226 | 00:28:37 | 269 | 00:34:35 | 248 | 00:40:05 | 256 | 00:43:01 | 263 | 3:08:37 |
| 230 | 543 | Nikolaj Buus-kofoed | Viking Atletik - Boblerne | DEN | 25 | 00:43:50 | 296 | 00:28:00 | 233 | 00:34:48 | 268 | 00:39:42 | 235 | 00:42:25 | 239 | 3:08:45 |
| 231 | 387 | Niels Andersen | Jensen Denmark A/S | DEN | 75 | 00:42:19 | 228 | 00:28:41 | 276 | 00:34:23 | 238 | 00:39:53 | 247 | 00:43:31 | 284 | 3:08:47 |
| 232 | 217 | Thomas Kiel | FIF Hillerød | DEN | 117 | 00:46:17 | 435 | 00:27:35 | 206 | 00:34:54 | 274 | 00:38:15 | 181 | 00:41:52 | 206 | 3:08:53 |
| 233 | 13 | Jesper Pedersen | OTTERUP | DEN | 118 | 00:43:02 | 256 | 00:28:22 | 253 | 00:34:17 | 230 | 00:41:14 | 311 | 00:42:01 | 220 | 3:08:56 |
| 234 | 759 | Johnny Baastrup Andersen | Herlevløberne | DEN | 76 | 00:42:39 | 240 | 00:28:41 | 277 | 00:34:58 | 277 | 00:39:56 | 250 | 00:42:43 | 250 | 3:08:57 |
| 235 | 488 | Kim Kristensen | TIF | DEN | 77 | 00:43:27 | 280 | 00:28:13 | 244 | 00:34:52 | 272 | 00:39:48 | 243 | 00:42:46 | 253 | 3:09:06 |
| 236 | 442 | Are Aarebrot | OSLO | NOR | 78 | 00:43:34 | 288 | 00:27:49 | 224 | 00:34:20 | 232 | 00:39:39 | 230 | 00:43:48 | 297 | 3:09:10 |
| 237 | 586 | Per Clausen | BCC | DEN | 10 | 00:42:41 | 242 | 00:28:15 | 246 | 00:34:36 | 249 | 00:40:24 | 273 | 00:43:22 | 278 | 3:09:18 |
| 238 | 471 | Søren Findsen | Sparta 2 | DEN | 119 | 00:40:37 | 157 | 00:28:55 | 295 | 00:34:09 | 222 | 00:40:18 | 269 | 00:45:22 | 367 | 3:09:21 |
| 239 | 179 | Erik Zacho | vhg | DEN | 11 | 00:43:24 | 277 | 00:28:27 | 260 | 00:34:33 | 246 | 00:40:07 | 259 | 00:42:50 | 255 | 3:09:21 |
| 240 | 449 | Michael Biro | AK 73 | DEN | 79 | 00:43:19 | 273 | 00:27:29 | 197 | 00:35:34 | 298 | 00:40:04 | 254 | 00:42:57 | 259 | 3:09:23 |
| 241 | 269 | Poul-erik Sone | KIRKE HYLLINGE | DEN | 12 | 00:42:40 | 241 | 00:28:01 | 234 | 00:35:00 | 279 | 00:40:17 | 267 | 00:43:26 | 281 | 3:09:24 |
| 242 | 255 | Joakim Dam | ØB | DEN | 26 | 00:43:29 | 283 | 00:28:46 | 283 | 00:35:01 | 280 | 00:39:36 | 225 | 00:42:39 | 248 | 3:09:31 |
| 243 | 637 | Thomas Thomsen | KØBENHAVN V | DEN | 120 | 00:42:26 | 232 | 00:28:17 | 248 | 00:34:41 | 261 | 00:39:42 | 234 | 00:44:39 | 333 | 3:09:45 |
| 244 | 131 | Torsten Würfel | LSV Teterow | GER | 27 | 00:45:06 | 375 | 00:28:38 | 271 | 00:34:20 | 234 | 00:39:32 | 223 | 00:42:10 | 228 | 3:09:46 |
| 245 | 401 | Jan Holm | Danish Crown 2 | DEN | 13 | 00:42:44 | 243 | 00:28:16 | 247 | 00:34:37 | 251 | 00:40:28 | 276 | 00:43:45 | 294 | 3:09:50 |

| | | | | | | | | | | | | | | | | |
|-----|-----|----------------------------|-------------------------------|-----|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|---------|
| 246 | 153 | Ole Pedersen | Vej & Park Bornholm | DEN | 7 | 00:42:11 | 216 | 00:28:23 | 256 | 00:34:50 | 269 | 00:41:02 | 304 | 00:43:27 | 282 | 3:09:53 |
| 247 | 344 | Jakob Borregaard | PARK07 | DEN | 121 | 00:43:11 | 266 | 00:28:40 | 273 | 00:35:39 | 303 | 00:40:40 | 288 | 00:42:06 | 223 | 3:10:16 |
| 248 | 140 | Christian Boye- Roed | Krystalpaladset | DEN | 122 | 00:43:09 | 264 | 00:28:37 | 267 | 00:34:21 | 236 | 00:39:44 | 239 | 00:44:30 | 325 | 3:10:21 |
| 249 | 395 | Christian Hansen | Danish Crown 1 | DEN | 123 | 00:43:46 | 292 | 00:28:43 | 281 | 00:34:42 | 262 | 00:40:02 | 251 | 00:43:10 | 270 | 3:10:23 |
| 250 | 752 | Julius Grønning | Viking Atletik | DEN | 28 | 00:42:52 | 250 | 00:29:05 | 304 | 00:34:51 | 271 | 00:40:20 | 270 | 00:43:16 | 275 | 3:10:24 |
| 251 | 742 | Jesper Møller-hansen | RØNNE | DEN | 80 | 00:43:14 | 267 | 00:28:39 | 272 | 00:34:44 | 263 | 00:40:21 | 271 | 00:43:41 | 290 | 3:10:39 |
| 252 | 612 | Thomas Nielsen | MØRKØV | DEN | 124 | 00:43:06 | 260 | 00:28:22 | 255 | 00:35:35 | 299 | 00:40:49 | 292 | 00:42:53 | 256 | 3:10:45 |
| 253 | 336 | Mads Elleby | RØNNE | DEN | 29 | 00:43:55 | 300 | 00:28:48 | 286 | 00:34:32 | 244 | 00:40:33 | 282 | 00:43:01 | 264 | 3:10:49 |
| 254 | 277 | Nils Nyrup | BIRKERØD | DEN | 81 | 00:43:17 | 270 | 00:29:02 | 302 | 00:34:47 | 266 | 00:40:49 | 293 | 00:43:09 | 269 | 3:11:04 |
| 255 | 794 | Ulf Pedersen | AAKIRKEBY | DEN | 125 | 00:44:16 | 322 | 00:29:17 | 310 | 00:35:04 | 281 | 00:39:53 | 248 | 00:42:36 | 246 | 3:11:06 |
| 256 | 110 | Bengt Pedersen | MALMÖ | SWE | 82 | 00:42:49 | 249 | 00:28:54 | 294 | 00:34:56 | 276 | 00:41:01 | 303 | 00:43:45 | 295 | 3:11:25 |
| 257 | 150 | Flemming Mogensen | Vej & Park Bornholm | DEN | 83 | 00:43:19 | 274 | 00:28:29 | 262 | 00:35:27 | 296 | 00:40:37 | 284 | 00:43:33 | 287 | 3:11:25 |
| 258 | 415 | Kent Hansen | Danish Crown 3 | DEN | 126 | 00:44:15 | 321 | 00:28:46 | 284 | 00:34:39 | 257 | 00:40:18 | 268 | 00:43:28 | 283 | 3:11:26 |
| 259 | 359 | Jan Jensen | Viking Atletik - De Seje | DEN | 8 | 00:43:44 | 290 | 00:28:24 | 258 | 00:34:38 | 254 | 00:41:11 | 308 | 00:43:32 | 285 | 3:11:29 |
| 260 | 783 | Roar Green | Viking Atletik | DEN | 84 | 00:43:30 | 285 | 00:28:40 | 274 | 00:35:13 | 288 | 00:40:31 | 280 | 00:43:40 | 288 | 3:11:34 |
| 261 | 643 | Lars Blytækker | Fortius 1 | DEN | 127 | 00:44:08 | 316 | 00:28:41 | 275 | 00:34:41 | 260 | 00:39:30 | 222 | 00:44:43 | 336 | 3:11:43 |
| 262 | 457 | Michael Koefoed-hansen | KASTRUP | DEN | 128 | 00:42:47 | 247 | 00:28:56 | 296 | 00:34:47 | 267 | 00:41:01 | 302 | 00:44:14 | 317 | 3:11:45 |
| 263 | 677 | Michael Fredslund | ODENSE C | DEN | 129 | 00:44:33 | 340 | 00:28:48 | 287 | 00:34:54 | 273 | 00:40:08 | 260 | 00:43:25 | 280 | 3:11:48 |
| 264 | 801 | Mathias Rask Møller | RØNNE | DEN | 130 | 00:43:48 | 295 | 00:29:43 | 333 | 00:35:55 | 321 | 00:40:15 | 265 | 00:42:14 | 230 | 3:11:55 |
| 265 | 587 | Bernd Rienecker | Blau-Weiss Buchholz | GER | 85 | 00:44:38 | 347 | 00:30:14 | 373 | 00:35:38 | 302 | 00:39:47 | 242 | 00:41:46 | 205 | 3:12:03 |
| 266 | 175 | Stan Coleman | Team Hi-Tec | GBR | 9 | 00:43:05 | 258 | 00:29:00 | 300 | 00:35:23 | 294 | 00:40:40 | 287 | 00:43:56 | 302 | 3:12:04 |
| 267 | 330 | Erling Krogh Hansen | HJB Byggeforretning ApS | DEN | 86 | 00:43:25 | 279 | 00:28:44 | 282 | 00:35:14 | 289 | 00:40:57 | 300 | 00:43:49 | 298 | 3:12:09 |
| 268 | 539 | Per Handsdal | Sparta 3 | DEN | 14 | 00:43:05 | 259 | 00:29:00 | 301 | 00:35:40 | 304 | 00:41:22 | 314 | 00:43:02 | 265 | 3:12:09 |
| 269 | 53 | Morten Petersen | Fredensborg Atletik Klub | DEN | 87 | 00:44:06 | 312 | 00:29:13 | 308 | 00:35:11 | 286 | 00:40:26 | 275 | 00:43:14 | 274 | 3:12:10 |
| 270 | 517 | Jesper Wendell | Hvidovre Atletik og Motion | DEN | 131 | 00:45:53 | 409 | 00:28:54 | 293 | 00:34:45 | 264 | 00:40:08 | 262 | 00:42:44 | 251 | 3:12:24 |
| 271 | 152 | Michael Sorth | Vej & Park Bornholm | DEN | 132 | 00:43:24 | 278 | 00:29:17 | 311 | 00:35:07 | 285 | 00:40:39 | 286 | 00:44:09 | 313 | 3:12:36 |
| 272 | 119 | Thomas Sørensen | hjertereforeningen jægerspris | DEN | 88 | 00:42:27 | 234 | 00:28:13 | 245 | 00:35:46 | 313 | 00:41:25 | 316 | 00:44:46 | 339 | 3:12:37 |
| 273 | 289 | Stefan Asmussen | FREDERIKSBERG | DEN | 133 | 00:43:30 | 284 | 00:30:26 | 391 | 00:35:51 | 319 | 00:39:50 | 244 | 00:43:20 | 277 | 3:12:57 |
| 274 | 786 | Carsten Drejer | ROSKILDE | DEN | 89 | 00:42:45 | 244 | 00:29:08 | 307 | 00:34:59 | 278 | 00:40:52 | 295 | 00:45:13 | 359 | 3:12:57 |
| 275 | 689 | Claus Munch Tychsen | RØNNE | DEN | 134 | 00:44:22 | 327 | 00:29:37 | 327 | 00:34:37 | 253 | 00:40:52 | 296 | 00:43:33 | 286 | 3:13:01 |
| 276 | 267 | Jan Breiholdt | TSV Neuwittenbek | GER | 90 | 00:44:34 | 342 | 00:29:27 | 321 | 00:35:21 | 293 | 00:40:54 | 299 | 00:42:57 | 261 | 3:13:13 |
| 277 | 129 | Lars Munksgård Christensen | RAC | DEN | 135 | 00:43:59 | 306 | 00:29:18 | 314 | 00:35:32 | 297 | 00:40:44 | 290 | 00:43:53 | 301 | 3:13:26 |
| 278 | 497 | Rasmus Lind | KØBENHAVN S | DEN | 136 | 00:42:57 | 252 | 00:28:47 | 285 | 00:35:48 | 315 | 00:41:42 | 327 | 00:44:15 | 319 | 3:13:29 |
| 279 | 335 | Lars-jep Elleby | RØNNE | DEN | 91 | 00:43:55 | 302 | 00:28:48 | 288 | 00:35:05 | 283 | 00:41:51 | 337 | 00:44:00 | 306 | 3:13:39 |
| 280 | 506 | Kurt West Rønne | NIF | DEN | 92 | 00:43:47 | 294 | 00:28:43 | 279 | 00:36:22 | 346 | 00:40:37 | 285 | 00:44:14 | 316 | 3:13:43 |
| 281 | 108 | Mads Vej Andersen | KØBENHAVN NV | DEN | 137 | 00:42:16 | 222 | 00:27:23 | 190 | 00:42:04 | 637 | 00:39:06 | 212 | 00:43:11 | 271 | 3:14:00 |
| 282 | 219 | Rene Petersen | Rødovre AC | DEN | 15 | 00:43:31 | 287 | 00:28:43 | 280 | 00:36:31 | 358 | 00:41:14 | 310 | 00:44:15 | 318 | 3:14:14 |
| 283 | 445 | Torben Pelle | Jensen Denmark A/S | DEN | 93 | 00:41:29 | 195 | 00:27:29 | 198 | 00:33:27 | 187 | 00:49:48 | 675 | 00:42:06 | 224 | 3:14:19 |
| 284 | 4 | Michael Heine | WOLFENBÜTTTEL | GER | 10 | 00:43:16 | 269 | 00:29:56 | 350 | 00:35:46 | 312 | 00:41:28 | 317 | 00:43:57 | 303 | 3:14:23 |
| 285 | 142 | Jan Henriksen | BRØNDBY | DEN | 94 | 00:43:46 | 293 | 00:29:00 | 299 | 00:35:11 | 287 | 00:41:36 | 323 | 00:44:50 | 342 | 3:14:23 |
| 286 | 790 | Sverre Aksland | Stegaberg JL | DEN | 16 | 00:43:05 | 257 | 00:28:31 | 264 | 00:36:08 | 331 | 00:42:50 | 387 | 00:44:02 | 308 | 3:14:36 |

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|-----|------|----------------------------|---------------------------------------|-----|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|---------|
| 287 | 286 | Mads Pallesen | AK 73 | DEN | 138 | 00:43:54 | 299 | 00:29:17 | 309 | 00:35:58 | 325 | 00:41:29 | 320 | 00:44:01 | 307 | 3:14:39 |
| 288 | 510 | Simon Kjær | Viking Atletik - De hurtige | DEN | 139 | 00:44:16 | 323 | 00:28:48 | 289 | 00:36:18 | 342 | 00:40:53 | 298 | 00:44:43 | 335 | 3:14:58 |
| 289 | 720 | Morten Ledskov | ASG | DEN | 17 | 00:44:19 | 326 | 00:28:57 | 297 | 00:35:48 | 316 | 00:41:11 | 307 | 00:44:57 | 346 | 3:15:12 |
| 290 | 798 | Sebastian Mortensen | SILKEBORG | DEN | 140 | 00:43:58 | 304 | 00:30:01 | 354 | 00:35:51 | 317 | 00:41:41 | 325 | 00:43:45 | 296 | 3:15:16 |
| 291 | 740 | Allan Gustafson | SULSTED | DEN | 141 | 00:47:10 | 478 | 00:28:51 | 291 | 00:34:55 | 275 | 00:40:48 | 291 | 00:43:40 | 289 | 3:15:24 |
| 292 | 36 | Martin Klausen | - | DEN | 142 | 00:44:26 | 333 | 00:30:04 | 356 | 00:35:06 | 284 | 00:41:47 | 335 | 00:44:06 | 311 | 3:15:29 |
| 293 | 183 | Michael Thelin | Skælskør Løbeklub | DEN | 95 | 00:44:23 | 328 | 00:28:42 | 278 | 00:36:12 | 336 | 00:42:08 | 347 | 00:44:08 | 312 | 3:15:33 |
| 294 | 771 | Jakob Sassersen | KØBENHAVN Ø | DEN | 143 | 00:45:44 | 403 | 00:28:37 | 266 | 00:35:17 | 291 | 00:40:51 | 294 | 00:45:11 | 357 | 3:15:40 |
| 295 | 240 | Mikkel Elgaard Christensen | Sparta 3 | DEN | 144 | 00:44:28 | 335 | 00:29:43 | 334 | 00:35:51 | 318 | 00:42:36 | 367 | 00:43:07 | 268 | 3:15:45 |
| 296 | 797 | Morten Sørensen | OGF | DEN | 145 | 00:43:55 | 301 | 00:29:50 | 344 | 00:35:43 | 306 | 00:41:43 | 328 | 00:44:36 | 329 | 3:15:47 |
| 297 | 583 | Stig Nielsen | Holbæk LMK | DEN | 96 | 00:43:29 | 282 | 00:29:19 | 315 | 00:36:06 | 328 | 00:41:51 | 338 | 00:45:08 | 352 | 3:15:53 |
| 298 | 501 | John Dybdahl | Viking Atletik - De hurtige | DEN | 18 | 00:43:31 | 286 | 00:29:34 | 325 | 00:35:57 | 323 | 00:42:50 | 386 | 00:44:37 | 331 | 3:16:29 |
| 299 | 448 | Hans Jørn Boel | VIDEBÆK | DEN | 97 | 00:44:38 | 348 | 00:31:31 | 466 | 00:35:45 | 311 | 00:41:13 | 309 | 00:43:23 | 279 | 3:16:30 |
| 300 | 34 | Michael Schack Roslev | KARLSLUNDE | DEN | 146 | 00:44:57 | 359 | 00:29:45 | 335 | 00:35:59 | 326 | 00:41:15 | 312 | 00:44:37 | 330 | 3:16:33 |
| 301 | 318 | Henrik Bargholz | Hinnerup Løberne | DEN | 98 | 00:45:03 | 370 | 00:29:17 | 312 | 00:35:15 | 290 | 00:41:42 | 326 | 00:45:23 | 369 | 3:16:40 |
| 302 | 728 | Bjørn Kure | Tejn | DEN | 147 | 00:44:46 | 351 | 00:30:08 | 362 | 00:35:41 | 305 | 00:42:17 | 353 | 00:43:51 | 300 | 3:16:43 |
| 303 | 292 | Ole Hasfeldt | Trim Ballerup | DEN | 99 | 00:44:00 | 307 | 00:30:06 | 359 | 00:35:35 | 300 | 00:42:41 | 376 | 00:44:24 | 323 | 3:16:46 |
| 304 | 659 | Michael Haldrup | hllh | DEN | 100 | 00:44:07 | 313 | 00:29:46 | 336 | 00:36:14 | 339 | 00:42:06 | 346 | 00:44:33 | 326 | 3:16:46 |
| 305 | 382 | Martin Lind | VANLØSE | DEN | 148 | 00:45:04 | 372 | 00:29:03 | 303 | 00:35:45 | 310 | 00:42:40 | 374 | 00:44:16 | 320 | 3:16:48 |
| 306 | 756 | Claus Clausen | Viking Atletik - De sidste | DEN | 101 | 00:46:15 | 432 | 00:29:46 | 337 | 00:34:46 | 265 | 00:42:08 | 348 | 00:44:11 | 314 | 3:17:06 |
| 307 | 513 | Keld Blom | Aktivitetscenter Bornholms Hospital 1 | DEN | 19 | 00:44:25 | 332 | 00:29:35 | 326 | 00:36:12 | 334 | 00:42:05 | 343 | 00:45:01 | 349 | 3:17:18 |
| 308 | 581 | Claus Dam Mogensen | RØNNE | DEN | 149 | 00:43:58 | 303 | 00:30:33 | 404 | 00:36:44 | 377 | 00:41:20 | 313 | 00:44:44 | 337 | 3:17:19 |
| 309 | 252 | Erik Christensen | Rødovre AC | DEN | 20 | 00:45:07 | 377 | 00:30:21 | 382 | 00:36:07 | 330 | 00:41:29 | 319 | 00:44:19 | 322 | 3:17:23 |
| 310 | 599 | Leo Smith | Flatbush Stringed instruments | DEN | 150 | 00:44:07 | 314 | 00:29:53 | 349 | 00:35:53 | 320 | 00:41:59 | 342 | 00:45:37 | 378 | 3:17:29 |
| 311 | 380 | Anders Jørgensen | Viking Atletik - De hurtige | DEN | 102 | 00:45:00 | 366 | 00:29:05 | 305 | 00:37:10 | 402 | 00:41:47 | 334 | 00:44:35 | 328 | 3:17:37 |
| 312 | 199 | Casper Schroll | KØBENHAVN S | DEN | 151 | 00:44:36 | 344 | 00:29:33 | 324 | 00:36:53 | 384 | 00:41:46 | 333 | 00:44:59 | 348 | 3:17:47 |
| 313 | 455 | Sonny Jensen | H.G. Atletik og Motion | DEN | 103 | 00:44:00 | 308 | 00:29:48 | 340 | 00:36:15 | 340 | 00:42:18 | 354 | 00:45:45 | 388 | 3:18:06 |
| 314 | 198 | Henrik Olsson | ASG | DEN | 152 | 00:45:09 | 378 | 00:30:10 | 365 | 00:36:06 | 329 | 00:42:06 | 345 | 00:44:38 | 332 | 3:18:09 |
| 315 | 655 | Fredrik Randløv | Rsk | DEN | 30 | 00:44:24 | 329 | 00:29:05 | 306 | 00:36:23 | 348 | 00:42:53 | 390 | 00:45:25 | 373 | 3:18:10 |
| 316 | 547 | Amer Manneshan Asghar | Rustad IL | NOR | 31 | 00:42:59 | 254 | 00:33:22 | 575 | 00:35:05 | 282 | 00:44:25 | 473 | 00:42:20 | 234 | 3:18:11 |
| 317 | 430 | Per Munch | RØNNE | DEN | 21 | 00:44:00 | 309 | 00:30:33 | 403 | 00:36:26 | 352 | 00:42:27 | 362 | 00:44:46 | 340 | 3:18:12 |
| 318 | 21 | Henrik Bonn  | Skælskør Løbeklub | DEN | 153 | 00:44:29 | 336 | 00:29:59 | 353 | 00:36:12 | 335 | 00:42:48 | 383 | 00:45:02 | 350 | 3:18:30 |
| 319 | 253 | Ove Bech Nielsen | NYKØBING F | DEN | 22 | 00:44:51 | 352 | 00:30:34 | 406 | 00:36:25 | 350 | 00:42:39 | 373 | 00:44:04 | 310 | 3:18:33 |
| 320 | 616 | Nicolas Døssland | Edbo Risk Management | NOR | 32 | 00:44:52 | 354 | 00:30:11 | 366 | 00:36:01 | 327 | 00:41:52 | 339 | 00:45:53 | 397 | 3:18:49 |
| 321 | 268 | Kim Jensen | Mejdal. GIK | DEN | 104 | 00:45:53 | 408 | 00:30:04 | 357 | 00:36:32 | 359 | 00:41:44 | 330 | 00:44:45 | 338 | 3:18:58 |
| 322 | 772 | Ulrik Nielsen | KØBENHAVN S | DEN | 154 | 00:44:35 | 343 | 00:29:42 | 330 | 00:35:44 | 308 | 00:43:07 | 399 | 00:45:57 | 399 | 3:19:05 |
| 323 | 648 | Erik Falkenberg | De : Blå | DEN | 155 | 00:43:58 | 305 | 00:29:51 | 347 | 00:36:21 | 344 | 00:41:00 | 301 | 00:47:58 | 505 | 3:19:08 |
| 324 | 223 | Flemming Bærnthsen | Viking Atletik - De Kvikke | DEN | 156 | 00:44:04 | 311 | 00:29:50 | 345 | 00:36:25 | 351 | 00:42:18 | 355 | 00:46:44 | 445 | 3:19:21 |
| 325 | 84 | Finn Schmidt Hansen | Nyvest | DEN | 23 | 00:45:05 | 374 | 00:29:49 | 343 | 00:36:52 | 383 | 00:42:43 | 378 | 00:44:59 | 347 | 3:19:28 |
| 326 | 431 | Fleming Bargholz | Herlevløberne | DEN | 105 | 00:44:57 | 362 | 00:30:14 | 371 | 00:36:37 | 365 | 00:42:48 | 382 | 00:44:52 | 344 | 3:19:28 |
| 327 | 1230 | Niels Lunde | Sparta IF | DEN | 106 | 00:44:26 | 334 | 00:30:23 | 383 | 00:36:21 | 345 | 00:42:43 | 379 | 00:45:35 | 377 | 3:19:28 |

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|-----|-----|----------------------------|------------------------------|-----|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|---------|
| 328 | 743 | Kenneth Jensen | Viking Atletik - De sidste | DEN | 107 | 00:45:04 | 371 | 00:30:31 | 400 | 00:36:42 | 374 | 00:42:22 | 357 | 00:44:50 | 341 | 3:19:29 |
| 329 | 719 | Jacob Ipsen | Ebsa Syp | DEN | 157 | 00:44:25 | 331 | 00:29:51 | 346 | 00:36:33 | 362 | 00:43:03 | 395 | 00:45:52 | 395 | 3:19:44 |
| 330 | 511 | Torsten Arendrup | AK 73 | DEN | 24 | 00:44:54 | 355 | 00:30:26 | 392 | 00:36:44 | 376 | 00:42:39 | 372 | 00:45:18 | 363 | 3:20:01 |
| 331 | 436 | Torben Kofoed-nielsen | Bornholms Politi Idræt (BPI) | DEN | 108 | 00:44:30 | 337 | 00:29:48 | 342 | 00:37:01 | 391 | 00:43:23 | 422 | 00:45:20 | 366 | 3:20:02 |
| 332 | 75 | Arne Maagaard | GILLELEJE | DEN | 109 | 00:45:17 | 389 | 00:30:03 | 355 | 00:36:48 | 380 | 00:43:23 | 421 | 00:44:34 | 327 | 3:20:05 |
| 333 | 462 | Claus Rylander Christensen | Segen | DEN | 158 | 00:44:56 | 358 | 00:30:17 | 378 | 00:36:39 | 367 | 00:42:15 | 351 | 00:45:59 | 404 | 3:20:06 |
| 334 | 597 | Peter Veslöv | Beck Pack System | DEN | 159 | 00:52:53 | 665 | 00:28:38 | 270 | 00:36:43 | 375 | 00:39:02 | 209 | 00:42:54 | 257 | 3:20:10 |
| 335 | 685 | Niels Kirkegaard | Blovstrød Løverne | DEN | 25 | 00:44:30 | 338 | 00:30:26 | 393 | 00:36:48 | 381 | 00:42:50 | 385 | 00:45:40 | 382 | 3:20:14 |
| 336 | 423 | Oliver Hjeresen | ROSKILDE | DEN | 33 | 00:46:01 | 420 | 00:29:48 | 341 | 00:36:31 | 356 | 00:42:05 | 344 | 00:45:51 | 393 | 3:20:16 |
| 337 | 703 | Henrik Brix Pedersen | SORØ | DEN | 111 | 00:44:57 | 360 | 00:30:26 | 389 | 00:36:31 | 357 | 00:42:38 | 369 | 00:45:47 | 391 | 3:20:19 |
| 338 | 761 | Henrik Engell Rhod | RØNNE | DEN | 110 | 00:45:55 | 411 | 00:30:12 | 367 | 00:35:46 | 314 | 00:42:44 | 380 | 00:45:42 | 383 | 3:20:19 |
| 339 | 385 | Jesper Møller | Tingsted Pilefarm | DEN | 26 | 00:44:17 | 324 | 00:30:12 | 368 | 00:36:13 | 337 | 00:44:04 | 454 | 00:45:35 | 376 | 3:20:21 |
| 340 | 644 | Rasmus Sorth-olsen | RØNNE | DEN | 34 | 00:47:00 | 470 | 00:29:53 | 348 | 00:36:29 | 354 | 00:41:59 | 341 | 00:45:08 | 353 | 3:20:29 |
| 341 | 312 | Peter Grøn | Politiets IF København | DEN | 112 | 00:45:04 | 373 | 00:30:14 | 372 | 00:36:46 | 379 | 00:43:16 | 409 | 00:45:15 | 361 | 3:20:35 |
| 342 | 161 | Allan Tindø | NOVASOL/Dansommer | DEN | 113 | 00:46:00 | 419 | 00:30:33 | 402 | 00:36:41 | 369 | 00:42:31 | 364 | 00:44:51 | 343 | 3:20:36 |
| 343 | 701 | Jakob Holst | RØNNE | DEN | 160 | 00:44:24 | 330 | 00:30:17 | 379 | 00:36:59 | 389 | 00:43:18 | 417 | 00:45:38 | 379 | 3:20:36 |
| 344 | 284 | Hans Bruun - Jensen | Holbæk LMK | DEN | 161 | 00:43:53 | 298 | 00:29:47 | 339 | 00:37:24 | 415 | 00:43:34 | 431 | 00:46:03 | 407 | 3:20:41 |
| 345 | 553 | Steen Mortensen | Fridolf | DEN | 35 | 00:46:47 | 461 | 00:32:08 | 503 | 00:36:16 | 341 | 00:40:16 | 266 | 00:45:19 | 365 | 3:20:46 |
| 346 | 475 | Pelle Jacob Munch-petersen | Team Krøllebølles Bentøj | DEN | 162 | 00:45:02 | 369 | 00:30:07 | 361 | 00:37:39 | 435 | 00:42:49 | 384 | 00:45:09 | 355 | 3:20:46 |
| 347 | 166 | Frank Heitmann | HAMMEL | DEN | 114 | 00:44:59 | 364 | 00:30:36 | 408 | 00:36:41 | 370 | 00:43:04 | 396 | 00:45:39 | 381 | 3:20:59 |
| 348 | 402 | Birger Steenberg | Danish Crown 2 | DEN | 27 | 00:44:59 | 365 | 00:30:25 | 386 | 00:37:09 | 399 | 00:42:26 | 361 | 00:46:06 | 408 | 3:21:05 |
| 349 | 598 | Allan Wiingaard | Blovstrød-Løverne | DEN | 28 | 00:45:06 | 376 | 00:30:28 | 396 | 00:37:23 | 414 | 00:42:56 | 393 | 00:45:24 | 370 | 3:21:17 |
| 350 | 674 | Anders Ørberg | ODENSE M | DEN | 163 | 00:46:23 | 441 | 00:30:06 | 360 | 00:36:36 | 363 | 00:42:22 | 358 | 00:45:57 | 401 | 3:21:24 |
| 351 | 662 | Uwe Wiebusch | LG-Oerlinghausen | GER | 29 | 00:44:58 | 363 | 00:31:14 | 448 | 00:36:30 | 355 | 00:43:31 | 429 | 00:45:13 | 360 | 3:21:26 |
| 352 | 500 | Niels-jørn Munch | ASG | DEN | 115 | 00:45:33 | 400 | 00:30:13 | 369 | 00:36:56 | 385 | 00:42:51 | 388 | 00:46:00 | 405 | 3:21:33 |
| 353 | 426 | Sigurd R. Elm-larsen | Sparta 5 | DEN | 36 | 00:46:22 | 439 | 00:30:06 | 358 | 00:36:09 | 332 | 00:43:19 | 418 | 00:45:44 | 387 | 3:21:40 |
| 354 | 663 | Gustav Jonsson | Søllerød OK | DEN | 37 | 00:44:55 | 357 | 00:29:24 | 318 | 00:37:39 | 434 | 00:42:41 | 377 | 00:47:01 | 466 | 3:21:40 |
| 355 | 692 | Jacob Lund | GUDHJEM | DEN | 164 | 00:48:05 | 519 | 00:28:07 | 237 | 00:36:56 | 386 | 00:44:48 | 489 | 00:43:50 | 299 | 3:21:46 |
| 356 | 708 | Klaus Grønhøj | OTK | DEN | 117 | 00:45:24 | 395 | 00:31:27 | 461 | 00:36:38 | 366 | 00:43:17 | 415 | 00:45:09 | 354 | 3:21:55 |
| 357 | 450 | Jørgen Kirkeby | SÅN-Løberne 1 | DEN | 116 | 00:46:00 | 418 | 00:30:55 | 430 | 00:37:15 | 408 | 00:42:20 | 356 | 00:45:25 | 372 | 3:21:55 |
| 358 | 62 | Selmar Noordegraaf | AMSTERDAM | NED | 165 | 00:46:13 | 429 | 00:29:58 | 351 | 00:37:45 | 441 | 00:41:46 | 332 | 00:46:14 | 414 | 3:21:56 |
| 359 | 65 | Tim Lyhne Brostrøm | Tik-løberne | DEN | 30 | 00:45:56 | 413 | 00:30:31 | 399 | 00:36:24 | 349 | 00:43:17 | 414 | 00:45:57 | 400 | 3:22:05 |
| 360 | 51 | Steffen Buch Poulsen | ESPERGÆRDE | DEN | 166 | 00:44:02 | 310 | 00:30:09 | 363 | 00:36:37 | 364 | 00:44:29 | 477 | 00:46:51 | 451 | 3:22:08 |
| 361 | 373 | Sten Segebrecht | Viking Atletik - De rappe | DEN | 118 | 00:44:41 | 350 | 00:29:26 | 319 | 00:37:40 | 438 | 00:43:34 | 432 | 00:46:54 | 456 | 3:22:15 |
| 362 | 753 | Eilif Johannsen | KTK 86 | DEN | 167 | 00:44:36 | 346 | 00:30:29 | 397 | 00:36:23 | 347 | 00:44:19 | 469 | 00:46:28 | 432 | 3:22:15 |
| 363 | 273 | Claus Christensen | Bech-Hansen & Studsgaard A/S | NOR | 119 | 00:45:32 | 399 | 00:30:48 | 422 | 00:36:57 | 387 | 00:43:36 | 434 | 00:45:23 | 368 | 3:22:16 |
| 364 | 250 | Bjarke Rebsdorf | KONGENS LYNGBY | DEN | 120 | 00:45:21 | 391 | 00:30:29 | 398 | 00:37:33 | 425 | 00:43:20 | 419 | 00:45:42 | 385 | 3:22:25 |
| 365 | 595 | René Knudsen | Beck Pack System | DEN | 121 | 00:46:30 | 448 | 00:30:27 | 394 | 00:36:50 | 382 | 00:43:11 | 402 | 00:45:30 | 375 | 3:22:28 |
| 366 | 681 | Henrik Rosenlund | Fredensborg AK | DEN | 122 | 00:45:09 | 379 | 00:30:38 | 409 | 00:37:11 | 403 | 00:43:33 | 430 | 00:46:13 | 413 | 3:22:44 |
| 367 | 417 | Stig Lind Rasmussen | ODENSE S | DEN | 31 | 00:45:16 | 388 | 00:30:41 | 415 | 00:37:13 | 405 | 00:43:16 | 411 | 00:46:21 | 422 | 3:22:47 |
| 368 | 125 | Jens Ørum | MC Bøgen Fyn | DEN | 32 | 00:45:23 | 393 | 00:30:50 | 425 | 00:37:16 | 410 | 00:43:58 | 452 | 00:45:25 | 371 | 3:22:52 |
| 369 | 258 | Keld Olsen | Puls 3060 | DEN | 33 | 00:45:12 | 383 | 00:30:40 | 414 | 00:37:20 | 412 | 00:43:16 | 412 | 00:46:29 | 435 | 3:22:57 |

| | | | | | | | | | | | | | | | | |
|-----|-----|-------------------------|------------------------------|-----|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|---------|
| 370 | 59 | Jens Bang | GELSTED | DEN | 168 | 00:45:27 | 397 | 00:31:11 | 442 | 00:37:26 | 419 | 00:41:24 | 315 | 00:47:30 | 496 | 3:22:58 |
| 371 | 647 | Preben Larsen | De : Blå | DEN | 11 | 00:45:25 | 396 | 00:30:45 | 419 | 00:37:03 | 392 | 00:42:53 | 389 | 00:46:54 | 455 | 3:23:00 |
| 372 | 594 | Søren Søborg - Madsen | Beck Pack System | DEN | 123 | 00:45:21 | 392 | 00:30:24 | 384 | 00:37:15 | 407 | 00:43:30 | 428 | 00:46:31 | 437 | 3:23:01 |
| 373 | 784 | Jan Juul Jørgensen | BRØNSHØJ | DEN | 124 | 00:46:45 | 460 | 00:30:33 | 401 | 00:36:41 | 371 | 00:43:08 | 400 | 00:45:57 | 398 | 3:23:04 |
| 374 | 774 | Rasmus Broen Pedersen | RØDOVRE | DEN | 169 | 00:46:14 | 430 | 00:30:52 | 427 | 00:36:40 | 368 | 00:43:46 | 444 | 00:45:38 | 380 | 3:23:10 |
| 375 | 590 | Kaj Erik Mortensen | Espersen A/S | DEN | 34 | 00:45:10 | 381 | 00:30:42 | 416 | 00:37:22 | 413 | 00:43:35 | 433 | 00:46:24 | 427 | 3:23:13 |
| 376 | 319 | Peer Jensen | Nordea | DEN | 35 | 00:44:57 | 361 | 00:31:48 | 482 | 00:36:45 | 378 | 00:43:15 | 407 | 00:46:31 | 436 | 3:23:16 |
| 377 | 665 | Mads Grønkjær Sehested | Jyderup Løbe & Motionsklub | DEN | 38 | 00:46:39 | 456 | 00:31:01 | 434 | 00:37:09 | 400 | 00:42:57 | 394 | 00:45:46 | 390 | 3:23:32 |
| 378 | 399 | Thorbjørn Platz | Danish Crown 1 | DEN | 125 | 00:45:48 | 406 | 00:30:25 | 387 | 00:37:00 | 390 | 00:42:54 | 391 | 00:47:27 | 494 | 3:23:34 |
| 379 | 367 | Kimm Dahl | KONGENS LYNGBY | DEN | 36 | 00:45:02 | 367 | 00:30:20 | 380 | 00:37:10 | 401 | 00:43:45 | 440 | 00:47:21 | 489 | 3:23:38 |
| 380 | 341 | Danny Hansen | Odense Politi Idræt | DEN | 126 | 00:46:30 | 449 | 00:31:03 | 436 | 00:36:58 | 388 | 00:43:29 | 427 | 00:45:44 | 386 | 3:23:44 |
| 381 | 377 | Kurt Nielsen | Viking Atletik - De rappe | DEN | 37 | 00:45:57 | 415 | 00:30:39 | 410 | 00:37:04 | 393 | 00:43:45 | 441 | 00:46:29 | 434 | 3:23:54 |
| 382 | 577 | Jonny Markseth | ARENDAL | NOR | 127 | 00:46:42 | 457 | 00:30:48 | 423 | 00:37:16 | 411 | 00:44:15 | 461 | 00:44:54 | 345 | 3:23:55 |
| 383 | 72 | Kim Bentsen | SÅN-Løberne 1 | DEN | 38 | 00:46:18 | 437 | 00:30:24 | 385 | 00:37:36 | 430 | 00:43:11 | 404 | 00:46:27 | 431 | 3:23:56 |
| 384 | 489 | Gert Juhl | SÅN-Løberne 2 | DEN | 39 | 00:46:09 | 424 | 00:30:52 | 426 | 00:37:32 | 423 | 00:43:12 | 405 | 00:46:15 | 416 | 3:24:00 |
| 385 | 210 | Kurt B. Frederiksen | Koling If Fodbold | DEN | 12 | 00:45:11 | 382 | 00:31:12 | 444 | 00:37:31 | 422 | 00:44:17 | 465 | 00:45:58 | 402 | 3:24:09 |
| 386 | 653 | Mathias Føns | Gorm Jelling | DEN | 39 | 00:49:05 | 563 | 00:30:57 | 431 | 00:36:42 | 373 | 00:42:15 | 350 | 00:45:19 | 364 | 3:24:18 |
| 387 | 762 | Ricky Mulbjerg | BBC | DEN | 170 | 00:47:20 | 488 | 00:31:00 | 432 | 00:37:13 | 404 | 00:42:46 | 381 | 00:46:25 | 429 | 3:24:44 |
| 388 | 132 | Roberto Würfel | LSV Teterow | GER | 128 | 00:46:43 | 458 | 00:30:45 | 418 | 00:37:35 | 426 | 00:43:46 | 443 | 00:45:58 | 403 | 3:24:47 |
| 389 | 576 | Dieter Lammers | LSF Münster | GER | 171 | 00:46:19 | 438 | 00:31:35 | 471 | 00:37:25 | 417 | 00:43:47 | 447 | 00:45:45 | 389 | 3:24:51 |
| 390 | 178 | Lasse Dalén Andersen | KØBENHAVN S | DEN | 172 | 00:45:14 | 384 | 00:30:15 | 374 | 00:37:37 | 431 | 00:44:43 | 485 | 00:47:04 | 471 | 3:24:53 |
| 391 | 379 | Henrik Espersen | Viking Atletik - De rappe | DEN | 40 | 00:46:02 | 421 | 00:31:07 | 439 | 00:37:33 | 424 | 00:44:11 | 459 | 00:46:20 | 421 | 3:25:13 |
| 392 | 17 | René Madsen | SNIK Atletik | DEN | 173 | 00:46:03 | 422 | 00:30:40 | 413 | 00:37:40 | 439 | 00:43:52 | 450 | 00:46:58 | 460 | 3:25:13 |
| 393 | 484 | Jan Kjærsgaard Sørensen | Sparta 3 | DEN | 41 | 00:45:24 | 394 | 00:31:21 | 454 | 00:37:37 | 432 | 00:44:16 | 464 | 00:46:36 | 442 | 3:25:14 |
| 394 | 314 | Tomas Knightley | Politiets IF København | DEN | 174 | 00:47:15 | 484 | 00:31:20 | 453 | 00:37:16 | 409 | 00:43:21 | 420 | 00:46:07 | 409 | 3:25:19 |
| 395 | 308 | Klaus Blomquist | Sorthat | DEN | 129 | 00:45:54 | 410 | 00:31:44 | 479 | 00:37:40 | 437 | 00:43:50 | 449 | 00:46:19 | 419 | 3:25:27 |
| 396 | 800 | Flemming Bertram | ODENSE M | DEN | 130 | 00:48:55 | 559 | 00:30:16 | 377 | 00:38:26 | 485 | 00:42:33 | 366 | 00:45:18 | 362 | 3:25:28 |
| 397 | 687 | Rasmus Lavrsen | ODENSE C | DEN | 175 | 00:46:23 | 440 | 00:31:27 | 462 | 00:38:05 | 465 | 00:42:26 | 359 | 00:47:18 | 485 | 3:25:39 |
| 398 | 396 | Erik Krogh Hansen | Danish Crown 1 | DEN | 42 | 00:45:48 | 407 | 00:31:24 | 458 | 00:37:35 | 428 | 00:44:51 | 492 | 00:46:10 | 410 | 3:25:48 |
| 399 | 378 | Keld Madsen | Viking Atletik - De rappe | DEN | 131 | 00:47:42 | 502 | 00:31:04 | 437 | 00:37:07 | 395 | 00:43:46 | 442 | 00:46:12 | 412 | 3:25:51 |
| 400 | 544 | Lars Nørredal | VIBY SJÆLLAND | DEN | 176 | 00:46:48 | 462 | 00:30:47 | 420 | 00:37:08 | 397 | 00:42:12 | 349 | 00:48:58 | 545 | 3:25:53 |
| 401 | 251 | Svend Aage Sørensen | Odder Atletik & Motion | DEN | 13 | 00:45:16 | 387 | 00:30:40 | 411 | 00:37:27 | 420 | 00:44:34 | 480 | 00:48:08 | 512 | 3:26:05 |
| 402 | 360 | Ebbe Dalgaard | Sparta 3 | DEN | 43 | 00:44:17 | 325 | 00:30:16 | 375 | 00:38:21 | 477 | 00:44:26 | 475 | 00:48:51 | 542 | 3:26:11 |
| 403 | 781 | Kristian Lange | Hattrick | DEN | 177 | 00:46:30 | 450 | 00:30:36 | 407 | 00:37:36 | 429 | 00:44:08 | 457 | 00:47:25 | 492 | 3:26:15 |
| 404 | 363 | Simon Holm | RØNNE | DEN | 178 | 00:47:33 | 497 | 00:31:55 | 493 | 00:37:08 | 398 | 00:43:26 | 424 | 00:46:15 | 415 | 3:26:17 |
| 405 | 95 | Niels Piening | Viking Atletik - De Kvikke | DEN | 132 | 00:45:15 | 386 | 00:31:17 | 452 | 00:37:40 | 436 | 00:46:38 | 556 | 00:45:28 | 374 | 3:26:18 |
| 406 | 439 | Jan Søegaard Nielsen | Bornholms Politi Idræt (BPI) | DEN | 133 | 00:46:28 | 445 | 00:31:33 | 468 | 00:38:01 | 462 | 00:43:26 | 425 | 00:46:51 | 452 | 3:26:19 |
| 407 | 148 | Gert Kaspersen | IAM | DEN | 134 | 00:46:54 | 466 | 00:31:51 | 488 | 00:38:06 | 466 | 00:44:17 | 466 | 00:45:12 | 358 | 3:26:20 |
| 408 | 733 | Mikael Sonne Hansen | Team Tejn | DEN | 179 | 00:46:35 | 454 | 00:31:51 | 487 | 00:37:29 | 421 | 00:43:47 | 446 | 00:46:45 | 447 | 3:26:27 |
| 409 | 575 | Henrik Sørensen | Post Danmark A | DEN | 180 | 00:46:55 | 467 | 00:31:16 | 450 | 00:37:56 | 456 | 00:44:16 | 463 | 00:46:10 | 411 | 3:26:33 |

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|-----|-----|-------------------------|------------------------------|-----|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|---------|
| 410 | 188 | Jørn-iver Beck | SG-atletik | DEN | 14 | 00:45:15 | 385 | 00:31:12 | 443 | 00:38:01 | 463 | 00:45:07 | 508 | 00:46:59 | 462 | 3:26:34 |
| 411 | 73 | Peter Skov | ODENSE M | DEN | 135 | 00:47:13 | 482 | 00:30:54 | 428 | 00:38:27 | 486 | 00:43:42 | 437 | 00:46:32 | 440 | 3:26:48 |
| 412 | 650 | Christian Heerfordt | FARUM | DEN | 40 | 00:47:08 | 476 | 00:30:25 | 388 | 00:37:51 | 451 | 00:43:27 | 426 | 00:47:58 | 507 | 3:26:49 |
| 413 | 472 | Jes Thorsen | Jensen Denmark A/S | DEN | 181 | 00:46:33 | 453 | 00:30:40 | 412 | 00:37:52 | 452 | 00:44:59 | 502 | 00:46:58 | 461 | 3:27:02 |
| 414 | 146 | Erling Th Jensen | Fredensborg A.K. | DEN | 136 | 00:45:41 | 402 | 00:32:02 | 500 | 00:37:05 | 394 | 00:45:54 | 530 | 00:46:25 | 428 | 3:27:07 |
| 415 | 221 | Kenn Pedersen | Viking Atletik - De kvikke | DEN | 44 | 00:46:17 | 433 | 00:30:34 | 405 | 00:37:58 | 459 | 00:45:03 | 506 | 00:47:16 | 482 | 3:27:08 |
| 416 | 729 | Volker Behrens | HILDESHEIM | GER | 182 | 00:47:18 | 487 | 00:31:17 | 451 | 00:37:56 | 454 | 00:44:14 | 460 | 00:46:47 | 448 | 3:27:32 |
| 417 | 656 | Arne Korneliusen | DNBNOR BANK | NOR | 45 | 00:45:48 | 405 | 00:31:15 | 449 | 00:37:25 | 418 | 00:44:54 | 498 | 00:48:16 | 520 | 3:27:38 |
| 418 | 549 | Kjeld Beck | FredensborgAK | DEN | 15 | 00:48:13 | 526 | 00:32:19 | 509 | 00:38:00 | 461 | 00:42:36 | 368 | 00:46:31 | 439 | 3:27:39 |
| 419 | 725 | Luke Smith | SILKEBORG | DEN | 41 | 00:46:27 | 444 | 00:32:39 | 526 | 00:36:20 | 343 | 00:43:09 | 401 | 00:49:05 | 550 | 3:27:40 |
| 420 | 400 | Bjarne Holm | Danish Crown 2 | DEN | 137 | 00:50:35 | 608 | 00:32:49 | 536 | 00:36:41 | 372 | 00:41:57 | 340 | 00:45:42 | 384 | 3:27:44 |
| 421 | 557 | Jakob Kold Pedersen | RØNNE | DEN | 138 | 00:47:09 | 477 | 00:31:26 | 460 | 00:38:23 | 479 | 00:44:18 | 468 | 00:46:29 | 433 | 3:27:45 |
| 422 | 657 | Arne Knudsen | DNB NOR BANK | NOR | 16 | 00:46:04 | 423 | 00:31:50 | 485 | 00:37:51 | 450 | 00:44:52 | 494 | 00:47:17 | 483 | 3:27:54 |
| 423 | 610 | Jerry Jensen | SÅN-Løberne 1 | DEN | 139 | 00:46:17 | 434 | 00:30:55 | 429 | 00:38:11 | 470 | 00:45:15 | 511 | 00:47:16 | 481 | 3:27:54 |
| 424 | 220 | Steen Hansen | STENLØSE | DEN | 46 | 00:46:17 | 436 | 00:31:49 | 483 | 00:38:19 | 476 | 00:44:54 | 497 | 00:46:36 | 443 | 3:27:55 |
| 425 | 276 | Peter Hansen | Bech-Hansen & Studsgaard A/S | DEN | 140 | 00:46:27 | 443 | 00:31:57 | 496 | 00:37:57 | 457 | 00:44:18 | 467 | 00:47:23 | 490 | 3:28:02 |
| 426 | 254 | Emil Klingberg-nielsen | NYKØBING F | DEN | 183 | 00:40:39 | 158 | 00:27:35 | 207 | 00:53:08 | 788 | 00:42:38 | 371 | 00:44:04 | 309 | 3:28:04 |
| 427 | 525 | Jeppe Borup | Kvickly Rønne | DEN | 42 | 00:45:10 | 380 | 00:29:42 | 332 | 00:40:02 | 553 | 00:43:07 | 398 | 00:50:06 | 586 | 3:28:07 |
| 428 | 413 | Michael Madsen | Danish Crown 3 | DEN | 47 | 00:47:11 | 479 | 00:31:47 | 481 | 00:38:16 | 473 | 00:43:53 | 451 | 00:47:06 | 473 | 3:28:13 |
| 429 | 343 | Brian Kragbæk | Fortius 1 | DEN | 184 | 00:47:25 | 493 | 00:31:38 | 473 | 00:37:47 | 443 | 00:43:42 | 438 | 00:47:57 | 504 | 3:28:29 |
| 430 | 768 | Ole Jens Nielsen | Puls 3060 | DEN | 17 | 00:46:54 | 465 | 00:31:58 | 498 | 00:37:45 | 442 | 00:44:57 | 501 | 00:47:03 | 470 | 3:28:37 |
| 431 | 372 | Kristian Kofoed | ALLINGE | DEN | 185 | 00:48:01 | 515 | 00:31:01 | 435 | 00:38:23 | 480 | 00:44:25 | 474 | 00:46:53 | 453 | 3:28:43 |
| 432 | 521 | Aleksander Ring | KALUNDBORG | DEN | 186 | 00:45:57 | 414 | 00:31:58 | 499 | 00:38:07 | 467 | 00:45:24 | 517 | 00:47:18 | 484 | 3:28:44 |
| 433 | 247 | Paul Themann | BURGWEDDEL | GER | 141 | 00:46:14 | 431 | 00:32:33 | 521 | 00:38:59 | 514 | 00:44:50 | 491 | 00:46:18 | 418 | 3:28:54 |
| 434 | 301 | Niels Peder Pedersen | Kolding Motion | DEN | 142 | 00:47:16 | 486 | 00:32:34 | 522 | 00:38:01 | 464 | 00:44:08 | 456 | 00:47:05 | 472 | 3:29:04 |
| 435 | 519 | Emil Svendsen | KØBENHAVN V | DEN | 187 | 00:47:22 | 490 | 00:31:23 | 456 | 00:37:35 | 427 | 00:45:34 | 519 | 00:47:10 | 477 | 3:29:04 |
| 436 | 652 | Peter Føns Knudsen | Gorm Jelling | DEN | 48 | 00:46:25 | 442 | 00:31:05 | 438 | 00:37:48 | 445 | 00:45:22 | 514 | 00:48:26 | 525 | 3:29:06 |
| 437 | 39 | Peter Bertelsen | SØBORG | DEN | 188 | 00:47:04 | 472 | 00:31:41 | 476 | 00:38:25 | 482 | 00:45:08 | 510 | 00:46:50 | 449 | 3:29:08 |
| 438 | 750 | Preben Østergaard | Munke Mose Motion | DEN | 49 | 00:45:02 | 368 | 00:31:41 | 475 | 00:38:40 | 499 | 00:45:38 | 522 | 00:48:09 | 513 | 3:29:10 |
| 439 | 44 | Finn Mogensen | HADSTEN | DEN | 143 | 00:48:43 | 548 | 00:31:51 | 490 | 00:37:49 | 447 | 00:44:23 | 471 | 00:46:26 | 430 | 3:29:12 |
| 440 | 479 | Søren Lau | Aaker Skole | DEN | 144 | 00:47:53 | 507 | 00:31:13 | 446 | 00:38:49 | 505 | 00:44:24 | 472 | 00:46:55 | 458 | 3:29:14 |
| 441 | 406 | Rasmus Kirkeby Jacobsen | Odder Atletik & Motion | DEN | 43 | 00:49:32 | 573 | 00:31:38 | 474 | 00:37:51 | 449 | 00:43:11 | 403 | 00:47:06 | 475 | 3:29:18 |
| 442 | 133 | Bengt Visén | Örebro AIK | SWE | 145 | 00:46:11 | 425 | 00:31:24 | 459 | 00:38:43 | 501 | 00:45:55 | 532 | 00:47:08 | 476 | 3:29:21 |
| 443 | 458 | Erling Andersen | SØAM | DEN | 18 | 00:46:32 | 452 | 00:31:33 | 467 | 00:38:34 | 494 | 00:45:52 | 529 | 00:46:51 | 450 | 3:29:22 |
| 444 | 682 | Minik Hansen | QAQORTOQ | DEN | 44 | 00:47:23 | 492 | 00:30:10 | 364 | 00:38:27 | 487 | 00:46:07 | 539 | 00:47:19 | 487 | 3:29:26 |
| 445 | 615 | Søren Tøstesen | AK 73 | DEN | 189 | 00:46:45 | 459 | 00:31:23 | 457 | 00:37:56 | 455 | 00:45:35 | 521 | 00:47:52 | 501 | 3:29:31 |
| 446 | 103 | Søren Remfeldt | DRAGØR | DEN | 146 | 00:48:14 | 527 | 00:31:30 | 464 | 00:38:17 | 474 | 00:44:30 | 478 | 00:47:00 | 465 | 3:29:31 |
| 447 | 666 | Kenneth Grønkjær | Jyderup Løbe & Motionsklub | DEN | 147 | 00:47:14 | 483 | 00:31:37 | 472 | 00:38:55 | 508 | 00:44:33 | 479 | 00:47:15 | 480 | 3:29:34 |
| 448 | 722 | Thomas Risvig | KØBENHAVN S | DEN | 148 | 00:46:29 | 447 | 00:32:47 | 533 | 00:38:38 | 496 | 00:45:07 | 509 | 00:46:36 | 444 | 3:29:37 |
| 449 | 714 | Erland Erlandsen | Viborg AF | DEN | 50 | 00:47:22 | 491 | 00:31:49 | 484 | 00:38:12 | 471 | 00:45:00 | 503 | 00:47:15 | 479 | 3:29:38 |
| 450 | 641 | Mikael Houborg | Sparta 4 | DEN | 149 | 00:47:30 | 495 | 00:31:57 | 494 | 00:38:17 | 475 | 00:44:44 | 486 | 00:47:28 | 495 | 3:29:56 |
| 451 | 207 | Kresten Elleby | HareTri | DEN | 190 | 00:47:12 | 481 | 00:32:23 | 516 | 00:38:00 | 460 | 00:44:20 | 470 | 00:48:07 | 511 | 3:30:02 |
| 452 | 331 | Johm Nielsen | HJB Byggeforretning ApS | DEN | 51 | 00:48:45 | 552 | 00:32:21 | 515 | 00:38:58 | 513 | 00:43:40 | 436 | 00:46:20 | 420 | 3:30:04 |

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|-----|-----|---------------------|---|-----|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|---------|
| 453 | 138 | Rene Rasmussen | Trim Ballerup | DEN | 150 | 00:46:58 | 469 | 00:31:13 | 445 | 00:38:43 | 502 | 00:45:06 | 507 | 00:48:10 | 515 | 3:30:10 |
| 454 | 777 | Viggo Andersen | RØNNE | DEN | 52 | 00:47:32 | 496 | 00:32:53 | 542 | 00:38:10 | 469 | 00:44:44 | 487 | 00:46:54 | 454 | 3:30:13 |
| 455 | 468 | Mads Klem Thomsen | Sparta 5 | DEN | 151 | 00:45:56 | 412 | 00:32:54 | 545 | 00:38:21 | 478 | 00:46:10 | 541 | 00:46:57 | 459 | 3:30:18 |
| 456 | 522 | Mikkel Claus Jensen | RØNNE | DEN | 191 | 00:45:47 | 404 | 00:32:30 | 519 | 00:39:42 | 538 | 00:46:01 | 534 | 00:46:35 | 441 | 3:30:35 |
| 457 | 712 | Carsten Rasmussen | ALLERØD | DEN | 152 | 00:48:00 | 513 | 00:31:52 | 492 | 00:38:46 | 503 | 00:45:02 | 505 | 00:47:02 | 468 | 3:30:42 |
| 458 | 508 | Anders Theut | RØNNE | DEN | 192 | 00:49:01 | 561 | 00:31:51 | 486 | 00:38:32 | 491 | 00:44:57 | 499 | 00:46:24 | 426 | 3:30:45 |
| 459 | 290 | Jonas Sønnichsen | Fortius 2 | DEN | 193 | 00:48:10 | 522 | 00:31:00 | 433 | 00:39:40 | 533 | 00:43:44 | 439 | 00:48:14 | 518 | 3:30:48 |
| 460 | 512 | Kim Hansen | RØSKILDE | DEN | 194 | 00:47:34 | 498 | 00:31:51 | 489 | 00:38:33 | 492 | 00:44:37 | 484 | 00:48:19 | 522 | 3:30:54 |
| 461 | 589 | Henrik Munk | Espersen A/S | DEN | 153 | 00:48:03 | 517 | 00:32:42 | 527 | 00:38:39 | 497 | 00:44:16 | 462 | 00:47:19 | 486 | 3:30:59 |
| 462 | 410 | Jens Martin Bach | RØNNE | DEN | 154 | 00:46:39 | 455 | 00:31:57 | 497 | 00:38:40 | 498 | 00:45:49 | 526 | 00:47:58 | 506 | 3:31:03 |
| 463 | 225 | Danny Noordegraaf | Fortius 2 | DEN | 195 | 00:46:13 | 428 | 00:30:26 | 390 | 00:40:30 | 573 | 00:43:16 | 410 | 00:51:03 | 617 | 3:31:28 |
| 464 | 244 | Kristian Boe Hansen | SMT | DEN | 156 | 00:47:44 | 503 | 00:31:57 | 495 | 00:38:26 | 484 | 00:45:34 | 520 | 00:48:05 | 510 | 3:31:46 |
| 465 | 654 | Mikael Christensen | Nyvest Atletik | DEN | 155 | 00:46:28 | 446 | 00:32:46 | 532 | 00:38:57 | 512 | 00:45:50 | 527 | 00:47:45 | 499 | 3:31:46 |
| 466 | 799 | Ole Folkmann | VIRUM | DEN | 157 | 00:47:39 | 499 | 00:31:52 | 491 | 00:38:57 | 510 | 00:44:53 | 495 | 00:48:30 | 527 | 3:31:51 |
| 467 | 24 | Peter Johansen | Hærens Operative Kommandos Idrætsforening | DEN | 53 | 00:47:12 | 480 | 00:33:04 | 556 | 00:38:31 | 490 | 00:45:50 | 528 | 00:47:15 | 478 | 3:31:52 |
| 468 | 81 | Kurt Sonne Hansen | BCC | DEN | 19 | 00:48:16 | 528 | 00:32:20 | 512 | 00:38:35 | 495 | 00:44:08 | 455 | 00:48:36 | 532 | 3:31:55 |
| 469 | 766 | Michael Ovesen | Viking Atletik - De sidste | DEN | 158 | 00:48:19 | 530 | 00:32:48 | 535 | 00:38:28 | 489 | 00:45:19 | 513 | 00:47:26 | 493 | 3:32:20 |
| 470 | 158 | Thomas Nørskov | SØAM | DEN | 196 | 00:48:09 | 521 | 00:32:47 | 534 | 00:38:48 | 504 | 00:44:11 | 458 | 00:48:31 | 528 | 3:32:26 |
| 471 | 180 | Ulrich Gröhn | WENTORF | GER | 159 | 00:46:56 | 468 | 00:32:44 | 531 | 00:37:50 | 448 | 00:45:54 | 531 | 00:49:17 | 557 | 3:32:41 |
| 472 | 563 | Udo Bergemann | RTB Marathon Team Remscheid | GER | 54 | 00:47:20 | 489 | 00:32:03 | 501 | 00:39:29 | 527 | 00:46:09 | 540 | 00:47:42 | 498 | 3:32:43 |
| 473 | 496 | Steen Winberg | KØBENHAVN Ø | DEN | 160 | 00:48:23 | 534 | 00:32:07 | 502 | 00:37:56 | 453 | 00:46:22 | 545 | 00:48:18 | 521 | 3:33:06 |
| 474 | 86 | Michael Berg Larsen | AAKIRKEBY | DEN | 161 | 00:49:27 | 570 | 00:31:42 | 477 | 00:39:33 | 531 | 00:44:37 | 483 | 00:47:48 | 500 | 3:33:07 |
| 475 | 45 | Thomas Kjær Laulund | KØBENHAVN | DEN | 197 | 00:48:04 | 518 | 00:30:27 | 395 | 00:41:37 | 619 | 00:41:35 | 322 | 00:51:25 | 628 | 3:33:08 |
| 476 | 74 | Kurt Johansen | SKOVLUNDE | DEN | 20 | 00:46:51 | 463 | 00:32:51 | 540 | 00:39:32 | 530 | 00:46:34 | 553 | 00:47:32 | 497 | 3:33:20 |
| 477 | 25 | Søren Leihardt | SORØ | DEN | 198 | 00:49:21 | 567 | 00:31:33 | 469 | 00:38:34 | 493 | 00:47:06 | 570 | 00:47:06 | 474 | 3:33:40 |
| 478 | 208 | Egon Tolstrup | Ikast Atletik & Motion | DEN | 162 | 00:47:05 | 473 | 00:33:06 | 557 | 00:38:57 | 511 | 00:46:31 | 549 | 00:48:10 | 514 | 3:33:49 |
| 479 | 231 | Flemming Drejer | NEXØ | DEN | 163 | 00:48:21 | 532 | 00:33:02 | 554 | 00:39:13 | 518 | 00:45:23 | 515 | 00:47:53 | 502 | 3:33:52 |
| 480 | 99 | Arno Reglitzky | Blau-Weiss Buchholz | GER | 21 | 00:48:03 | 516 | 00:32:27 | 518 | 00:39:30 | 528 | 00:45:48 | 525 | 00:48:16 | 519 | 3:34:04 |
| 481 | 793 | Hans Peter Pedersen | AAKIRKEBY | DEN | 55 | 00:47:56 | 510 | 00:32:19 | 508 | 00:39:26 | 525 | 00:47:06 | 571 | 00:47:20 | 488 | 3:34:07 |
| 482 | 452 | Niels Christiansen | Puls 3060 | DEN | 56 | 00:48:26 | 536 | 00:33:15 | 567 | 00:38:54 | 507 | 00:45:29 | 518 | 00:48:36 | 533 | 3:34:40 |
| 483 | 773 | Martin Nielsen | KØBENHAVN NV | DEN | 199 | 00:48:29 | 538 | 00:31:31 | 465 | 00:37:38 | 433 | 00:46:57 | 565 | 00:50:17 | 593 | 3:34:52 |
| 484 | 389 | Michael Riis | Fridolf | DEN | 200 | 00:48:05 | 520 | 00:32:20 | 510 | 00:39:02 | 516 | 00:44:35 | 482 | 00:50:53 | 610 | 3:34:55 |
| 485 | 157 | Ole Kofod | BLL Blivstrød Løverne | DEN | 57 | 00:46:52 | 464 | 00:31:45 | 480 | 00:39:54 | 544 | 00:47:18 | 581 | 00:49:08 | 551 | 3:34:57 |
| 486 | 546 | Martin West | KØBENHAVN V | DEN | 164 | 00:48:53 | 558 | 00:32:12 | 505 | 00:39:42 | 537 | 00:45:47 | 524 | 00:48:42 | 536 | 3:35:16 |
| 487 | 275 | Tom Nielsen | Bech-Hansen & Studsgaard A/S | DEN | 201 | 00:48:39 | 544 | 00:31:44 | 478 | 00:39:21 | 522 | 00:48:32 | 631 | 00:47:02 | 469 | 3:35:18 |
| 488 | 483 | Niclas Fick | Aaker Skole | DEN | 202 | 00:44:55 | 356 | 00:28:19 | 250 | 00:35:58 | 324 | 00:39:41 | 232 | 01:06:26 | 793 | 3:35:19 |
| 489 | 61 | Paul Meijer | ROTTERDAM | NED | 203 | 00:47:29 | 494 | 00:32:37 | 525 | 00:39:47 | 542 | 00:46:27 | 547 | 00:49:01 | 547 | 3:35:21 |
| 490 | 509 | Thomas Rask Thomsen | Sparta 5 | DEN | 204 | 00:48:11 | 525 | 00:32:57 | 548 | 00:39:30 | 529 | 00:45:16 | 512 | 00:49:32 | 569 | 3:35:26 |
| 491 | 515 | Allan Arndal | Sparta 2 | DEN | 165 | 00:51:22 | 632 | 00:31:27 | 463 | 00:42:15 | 643 | 00:43:24 | 423 | 00:47:00 | 463 | 3:35:28 |
| 492 | 527 | Filip Due | Kvickly Rønne | DEN | 45 | 00:48:43 | 549 | 00:33:42 | 591 | 00:38:56 | 509 | 00:44:46 | 488 | 00:49:30 | 567 | 3:35:37 |
| 493 | 352 | Peter Sørensen | Skælskør løbeklub | DEN | 166 | 00:51:29 | 633 | 00:35:16 | 666 | 00:42:02 | 635 | 00:42:31 | 363 | 00:44:40 | 334 | 3:35:58 |
| 494 | 478 | Kim Frederiksen | SAS Løbeklub | DEN | 167 | 00:47:56 | 509 | 00:32:49 | 537 | 00:40:01 | 551 | 00:46:54 | 560 | 00:48:31 | 529 | 3:36:11 |
| 495 | 215 | John Hørdum | SØAM | DEN | 58 | 00:47:59 | 512 | 00:32:13 | 506 | 00:39:57 | 548 | 00:46:15 | 542 | 00:49:47 | 577 | 3:36:11 |

| | | | | | | | | | | | | | | | | |
|-----|-----|------------------------------|--------------------------------------|-----|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|---------|
| 496 | 11 | Kjetil Biseth | Fet Friidrettsklubb | NOR | 168 | 00:47:55 | 508 | 00:33:07 | 558 | 00:39:42 | 536 | 00:47:05 | 569 | 00:48:34 | 531 | 3:36:23 |
| 497 | 23 | Erik Lind | SÅN-Løberne 2 | DEN | 59 | 00:47:47 | 504 | 00:33:09 | 560 | 00:39:55 | 547 | 00:46:31 | 550 | 00:49:25 | 564 | 3:36:47 |
| 498 | 425 | Rolf Elm-larsen | Sparta 3 | DEN | 60 | 00:48:29 | 540 | 00:32:50 | 539 | 00:39:43 | 539 | 00:47:24 | 586 | 00:48:46 | 537 | 3:37:12 |
| 499 | 683 | Inuk Hansen | QAQORTOQ | DEN | 46 | 00:50:39 | 611 | 00:31:10 | 441 | 00:39:20 | 521 | 00:46:40 | 557 | 00:49:45 | 576 | 3:37:34 |
| 500 | 347 | Vagn Jensen | Team Krøllebølles Bentøj | DEN | 61 | 00:48:21 | 533 | 00:32:54 | 546 | 00:40:04 | 556 | 00:48:12 | 622 | 00:48:22 | 523 | 3:37:53 |
| 501 | 770 | Allan Eriksen | KØBENHAVN NV | DEN | 205 | 00:47:40 | 500 | 00:31:21 | 455 | 00:40:40 | 582 | 00:48:31 | 630 | 00:49:47 | 578 | 3:37:59 |
| 502 | 262 | Simon Bønløkke | Team Mojito | DEN | 169 | 00:47:40 | 501 | 00:32:43 | 529 | 00:41:29 | 613 | 00:47:20 | 584 | 00:48:50 | 541 | 3:38:02 |
| 503 | 325 | Svend Aage Kristensen | Odder Atletik & Motion | DEN | 22 | 00:48:40 | 545 | 00:34:03 | 607 | 00:40:04 | 557 | 00:46:04 | 536 | 00:49:14 | 553 | 3:38:05 |
| 504 | 236 | Jørgen Rosenberg Jensen | Sparta | DEN | 170 | 00:49:34 | 574 | 00:33:25 | 578 | 00:39:20 | 519 | 00:47:00 | 566 | 00:48:48 | 539 | 3:38:07 |
| 505 | 411 | Ole Corlin Green | Danish Crown 3 | DEN | 62 | 00:48:29 | 539 | 00:33:26 | 580 | 00:39:58 | 549 | 00:47:33 | 596 | 00:49:01 | 548 | 3:38:27 |
| 506 | 97 | Peter Andersen | Langarverne | DEN | 206 | 00:48:20 | 531 | 00:32:57 | 549 | 00:41:16 | 603 | 00:47:03 | 567 | 00:48:53 | 543 | 3:38:29 |
| 507 | 33 | Sune Lillie | SVEBØLLE | DEN | 207 | 00:49:23 | 569 | 00:35:02 | 658 | 00:40:16 | 565 | 00:45:58 | 533 | 00:48:00 | 508 | 3:38:39 |
| 508 | 397 | Flemming Thorsen | Danish Crown 1 | DEN | 171 | 00:47:53 | 506 | 00:33:20 | 574 | 00:39:54 | 545 | 00:47:24 | 585 | 00:50:10 | 589 | 3:38:41 |
| 509 | 593 | Niels R. Christensen | Beck Pack System | DEN | 172 | 00:48:53 | 556 | 00:32:50 | 538 | 00:39:41 | 534 | 00:48:46 | 637 | 00:48:39 | 535 | 3:38:49 |
| 510 | 755 | Niels B. Andersen | Sparta | DEN | 63 | 00:49:56 | 581 | 00:33:15 | 568 | 00:40:07 | 559 | 00:46:57 | 564 | 00:48:34 | 530 | 3:38:49 |
| 511 | 763 | Carsten Møller - Christensen | ASG | DEN | 64 | 00:48:42 | 547 | 00:33:16 | 570 | 00:40:04 | 555 | 00:46:33 | 552 | 00:50:27 | 596 | 3:39:02 |
| 512 | 358 | Peter M. Hansen | Hellas Roskilde | DEN | 173 | 00:49:58 | 582 | 00:34:06 | 608 | 00:40:01 | 550 | 00:46:32 | 551 | 00:48:27 | 526 | 3:39:04 |
| 513 | 514 | Bodo Krecklow | Viking Atletik - De hurtige | DEN | 65 | 00:48:56 | 560 | 00:32:37 | 524 | 00:40:52 | 593 | 00:46:35 | 555 | 00:50:14 | 591 | 3:39:14 |
| 514 | 232 | Knud Knudsen | SPENTRUP | DEN | 66 | 00:48:38 | 543 | 00:33:37 | 589 | 00:40:08 | 561 | 00:48:08 | 616 | 00:48:56 | 544 | 3:39:27 |
| 515 | 105 | Olaf Theel | Muskelkatze | GER | 208 | 00:49:44 | 575 | 00:33:14 | 565 | 00:40:23 | 569 | 00:46:56 | 562 | 00:49:17 | 556 | 3:39:34 |
| 516 | 68 | Peter Mikael Torp | Pean07 | DEN | 67 | 00:48:53 | 557 | 00:33:18 | 572 | 00:40:03 | 554 | 00:47:26 | 587 | 00:49:54 | 582 | 3:39:34 |
| 517 | 42 | Erwin Hansen | Viking Atletik - De Seje | DEN | 23 | 00:48:18 | 529 | 00:33:19 | 573 | 00:39:28 | 526 | 00:48:51 | 643 | 00:49:44 | 574 | 3:39:40 |
| 518 | 206 | Jimmy Poulsen | PGIM | DEN | 174 | 00:49:22 | 568 | 00:32:15 | 507 | 00:40:23 | 570 | 00:46:52 | 559 | 00:51:09 | 622 | 3:40:01 |
| 519 | 324 | Mikkel Orland-holm | Fin Form, Odense | DEN | 209 | 00:50:38 | 610 | 00:33:32 | 585 | 00:39:20 | 520 | 00:44:27 | 476 | 00:52:05 | 651 | 3:40:02 |
| 520 | 636 | Carsten Bo Pedersen | HASLE | DEN | 175 | 00:49:58 | 583 | 00:32:53 | 544 | 00:40:07 | 560 | 00:47:12 | 575 | 00:49:54 | 581 | 3:40:04 |
| 521 | 190 | Leo Andersen | IK Olympia | DEN | 24 | 00:50:01 | 585 | 00:33:14 | 566 | 00:40:07 | 558 | 00:46:48 | 558 | 00:50:07 | 588 | 3:40:17 |
| 522 | 364 | Søren Hjorth Hansen | Jensen Denmark A/S | DEN | 176 | 00:49:48 | 577 | 00:33:13 | 563 | 00:40:38 | 580 | 00:47:33 | 595 | 00:49:21 | 560 | 3:40:33 |
| 523 | 414 | Carsten Olsen | Danish Crown 3 | DEN | 25 | 00:48:42 | 546 | 00:33:43 | 592 | 00:40:37 | 578 | 00:47:57 | 606 | 00:49:47 | 579 | 3:40:46 |
| 524 | 43 | Allan Hansen | Viking Atletik - De Seje | DEN | 26 | 00:48:11 | 523 | 00:34:37 | 636 | 00:40:35 | 575 | 00:47:42 | 600 | 00:49:45 | 575 | 3:40:50 |
| 525 | 746 | John Westh | Blovstrødløverne / Forsvarets IF | DEN | 27 | 00:49:03 | 562 | 00:33:36 | 588 | 00:40:23 | 571 | 00:49:05 | 650 | 00:49:16 | 555 | 3:41:23 |
| 526 | 302 | Mogens Olrik Hansen | HORSENS | DEN | 69 | 00:50:35 | 609 | 00:33:29 | 582 | 00:40:51 | 592 | 00:47:08 | 572 | 00:49:23 | 561 | 3:41:26 |
| 527 | 227 | Dan Nielsen | Novo Gruppens Løbeklub | DEN | 68 | 00:49:29 | 571 | 00:34:13 | 617 | 00:40:19 | 567 | 00:48:15 | 623 | 00:49:10 | 552 | 3:41:26 |
| 528 | 371 | Claus Knudsen | Puls 3060 | DEN | 70 | 00:48:27 | 537 | 00:34:48 | 641 | 00:40:20 | 568 | 00:47:31 | 592 | 00:50:23 | 595 | 3:41:29 |
| 529 | 502 | Steffen Gertsen | Trim Ballerup | DEN | 47 | 00:48:31 | 541 | 00:33:23 | 576 | 00:41:25 | 609 | 00:48:57 | 646 | 00:49:26 | 565 | 3:41:42 |
| 530 | 390 | Steen Folkjær | RØNNE | DEN | 177 | 00:47:08 | 475 | 00:33:16 | 569 | 00:42:19 | 648 | 00:47:54 | 604 | 00:51:06 | 620 | 3:41:43 |
| 531 | 156 | Stefan Widenholm | SOIK Hellas | SWE | 178 | 00:49:44 | 576 | 00:33:58 | 604 | 00:40:58 | 595 | 00:47:17 | 580 | 00:49:56 | 583 | 3:41:53 |
| 532 | 775 | Søren Toftegaard Glass | RINGSTED | DEN | 210 | 00:50:41 | 612 | 00:32:26 | 517 | 00:40:35 | 574 | 00:47:14 | 577 | 00:50:58 | 614 | 3:41:54 |
| 533 | 168 | Erling Dybro | BRANDE | DEN | 179 | 00:49:49 | 579 | 00:34:07 | 611 | 00:40:46 | 585 | 00:47:29 | 591 | 00:49:44 | 573 | 3:41:55 |
| 534 | 237 | Matthias Dahlem | DUISBURG | GER | 180 | 00:48:01 | 514 | 00:32:52 | 541 | 00:42:18 | 646 | 00:49:08 | 653 | 00:49:38 | 572 | 3:41:57 |
| 535 | 492 | Christian Thøgersen | Aktivitetcenter Bornholms Hospital 3 | DEN | 71 | 00:51:00 | 621 | 00:33:51 | 599 | 00:40:38 | 579 | 00:46:56 | 563 | 00:49:37 | 571 | 3:42:02 |
| 536 | 427 | Otto Højlund Christensen | Aktivitetcenter Bornholms Hospital 2 | DEN | 72 | 00:49:48 | 578 | 00:34:12 | 616 | 00:40:13 | 564 | 00:47:17 | 579 | 00:50:34 | 601 | 3:42:04 |

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|-----|-----|-------------------------|------------------------------|-----|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|---------|
| 537 | 26 | Peter Collier | Missioklinik Würzburg | GER | 28 | 00:50:53 | 615 | 00:34:08 | 612 | 00:40:36 | 577 | 00:47:16 | 578 | 00:49:21 | 559 | 3:42:14 |
| 538 | 604 | Nymark Jonas | Evers Entreprise | DEN | 48 | 00:50:18 | 594 | 00:32:21 | 513 | 00:41:21 | 604 | 00:48:06 | 612 | 00:50:17 | 592 | 3:42:23 |
| 539 | 79 | Karl Wendland | Katasteramt Münster | GER | 73 | 00:51:01 | 623 | 00:33:01 | 553 | 00:40:02 | 552 | 00:47:31 | 593 | 00:51:02 | 615 | 3:42:37 |
| 540 | 57 | Claus Johansen | HVIDOVRE | DEN | 211 | 00:49:06 | 564 | 00:33:25 | 579 | 00:41:40 | 621 | 00:48:29 | 628 | 00:50:01 | 584 | 3:42:41 |
| 541 | 751 | John Kristensen | SKJERN | DEN | 74 | 00:48:49 | 555 | 00:34:59 | 654 | 00:40:39 | 581 | 00:48:46 | 636 | 00:49:32 | 568 | 3:42:45 |
| 542 | 376 | Benny Rasmussen | Viking Atletik - De Seje | DEN | 29 | 00:50:03 | 587 | 00:33:07 | 559 | 00:40:36 | 576 | 00:48:03 | 610 | 00:51:03 | 618 | 3:42:52 |
| 543 | 128 | Claus Westergaard | RØDOVRE | DEN | 212 | 00:50:18 | 595 | 00:32:53 | 543 | 00:41:21 | 606 | 00:47:37 | 597 | 00:50:47 | 606 | 3:42:56 |
| 544 | 405 | Steen Jacobsen | Odder Atletik & Motion | DEN | 181 | 00:50:19 | 596 | 00:33:16 | 571 | 00:40:58 | 597 | 00:47:45 | 601 | 00:50:46 | 605 | 3:43:04 |
| 545 | 213 | Claus E. F. Benthzen | BVI | DEN | 182 | 00:51:42 | 639 | 00:33:13 | 564 | 00:41:21 | 605 | 00:46:55 | 561 | 00:50:02 | 585 | 3:43:13 |
| 546 | 573 | René Thisen | Post Danmark A | DEN | 213 | 00:50:58 | 620 | 00:34:29 | 629 | 00:41:37 | 620 | 00:46:03 | 535 | 00:50:07 | 587 | 3:43:14 |
| 547 | 481 | Dennis Kaas | RØNNE | DEN | 214 | 00:52:12 | 650 | 00:32:36 | 523 | 00:41:08 | 600 | 00:47:42 | 599 | 00:49:53 | 580 | 3:43:31 |
| 548 | 420 | Lars-bø Sonne | Fortius 2 | DEN | 215 | 00:50:03 | 586 | 00:33:35 | 586 | 00:40:25 | 572 | 00:47:58 | 608 | 00:51:40 | 635 | 3:43:41 |
| 549 | 38 | Peter Larsen | ODENSE C | DEN | 216 | 00:50:48 | 614 | 00:33:55 | 602 | 00:40:11 | 562 | 00:47:47 | 602 | 00:51:03 | 619 | 3:43:44 |
| 550 | 92 | Frank Hammann | LÜBSTORF | GER | 217 | 00:53:07 | 672 | 00:32:43 | 530 | 00:38:50 | 506 | 00:46:06 | 538 | 00:53:07 | 678 | 3:43:53 |
| 551 | 651 | Hilbert Kristiansen | VALBY | DEN | 75 | 00:50:07 | 588 | 00:33:46 | 594 | 00:41:29 | 612 | 00:47:54 | 603 | 00:50:38 | 602 | 3:43:54 |
| 552 | 434 | Søren Bjerrum Danielsen | Bornholms Politi Idræt (BPI) | DEN | 183 | 00:50:46 | 613 | 00:33:24 | 577 | 00:40:42 | 584 | 00:48:04 | 611 | 00:51:13 | 624 | 3:44:09 |
| 553 | 342 | Kurt Henning Buus | EJSTRUPHOLM | DEN | 184 | 00:50:53 | 616 | 00:34:02 | 605 | 00:41:54 | 630 | 00:48:10 | 620 | 00:49:15 | 554 | 3:44:14 |
| 554 | 337 | Ole Thuesen | BRØNDBY | DEN | 185 | 00:50:14 | 590 | 00:34:23 | 624 | 00:42:51 | 665 | 00:43:49 | 448 | 00:53:05 | 676 | 3:44:22 |
| 555 | 66 | Mark Steger | Viking Atletik - De Kvikke | DEN | 218 | 00:50:14 | 591 | 00:33:49 | 596 | 00:40:50 | 588 | 00:48:09 | 618 | 00:51:29 | 632 | 3:44:31 |
| 556 | 552 | Jimmy Arvidsen | Fridolf | DEN | 219 | 00:48:46 | 553 | 00:40:23 | 767 | 00:40:55 | 594 | 00:46:26 | 546 | 00:48:48 | 538 | 3:45:18 |
| 557 | 354 | Kurt Bodal | NØRRESUNDBY | DEN | 30 | 00:49:55 | 580 | 00:34:28 | 628 | 00:41:42 | 624 | 00:49:13 | 655 | 00:50:19 | 594 | 3:45:37 |
| 558 | 569 | Mogens Hansen | Post Danmark B | DEN | 76 | 00:51:06 | 627 | 00:34:24 | 626 | 00:41:42 | 625 | 00:47:58 | 607 | 00:50:33 | 599 | 3:45:43 |
| 559 | 469 | Robert Madsen | NYKØBING F | DEN | 31 | 00:51:01 | 625 | 00:34:36 | 635 | 00:40:58 | 596 | 00:48:37 | 633 | 00:50:33 | 600 | 3:45:45 |
| 560 | 584 | Steen Nielsen | HASLE | DEN | 186 | 00:48:43 | 550 | 00:33:12 | 562 | 00:39:55 | 546 | 00:49:18 | 660 | 00:54:49 | 715 | 3:45:57 |
| 561 | 435 | Niels Otto Rasmussen | Bornholms Politi Idræt (BPI) | DEN | 187 | 00:54:07 | 692 | 00:33:32 | 584 | 00:40:18 | 566 | 00:47:57 | 605 | 00:50:30 | 598 | 3:46:24 |
| 562 | 675 | John Randmose | Blovstrødløverne | DEN | 188 | 00:51:46 | 640 | 00:33:28 | 581 | 00:42:10 | 639 | 00:47:27 | 588 | 00:51:39 | 634 | 3:46:30 |
| 563 | 658 | Jørn Marcher | Viking Atletik - De sidste | DEN | 77 | 00:50:32 | 606 | 00:34:42 | 638 | 00:41:25 | 610 | 00:48:42 | 634 | 00:51:17 | 626 | 3:46:38 |
| 564 | 184 | Vagn Tonsberg | Kolding Kfum | DEN | 32 | 00:50:17 | 593 | 00:34:11 | 614 | 00:40:47 | 586 | 00:49:04 | 649 | 00:52:20 | 656 | 3:46:39 |
| 565 | 453 | Karsten Nilsson | RØNNE | DEN | 220 | 00:51:04 | 626 | 00:34:50 | 644 | 00:42:04 | 636 | 00:47:37 | 598 | 00:51:20 | 627 | 3:46:55 |
| 566 | 22 | Dennis Bonné | Skælskør Løbeklub | DEN | 221 | 00:50:28 | 602 | 00:34:14 | 619 | 00:41:45 | 626 | 00:49:05 | 651 | 00:51:26 | 630 | 3:46:58 |
| 567 | 791 | Franz Houler | KeppelNorway | DEN | 222 | 00:54:04 | 690 | 00:33:00 | 552 | 00:40:51 | 591 | 00:47:19 | 582 | 00:51:46 | 638 | 3:47:00 |
| 568 | 524 | Morten Larsen | Kvickly Rønne | DEN | 223 | 00:52:25 | 655 | 00:34:03 | 606 | 00:41:34 | 617 | 00:48:12 | 621 | 00:50:52 | 609 | 3:47:06 |
| 569 | 735 | Kurt Espersen | FARUM | DEN | 189 | 00:51:37 | 636 | 00:34:38 | 637 | 00:41:59 | 632 | 00:48:07 | 615 | 00:50:51 | 608 | 3:47:12 |
| 570 | 56 | Peter Michael Rasmussen | ESPERGÆRDE | DEN | 190 | 00:57:15 | 748 | 00:39:04 | 755 | 00:46:57 | 751 | 00:35:20 | 95 | 00:48:37 | 534 | 3:47:13 |
| 571 | 638 | Jens Lorentzen Kjøller | HELSINGØR | DEN | 49 | 00:52:36 | 660 | 00:35:34 | 674 | 00:41:53 | 629 | 00:48:23 | 625 | 00:48:50 | 540 | 3:47:16 |
| 572 | 565 | Guenter Johannes | SV Hamminkeln | GER | 33 | 00:51:16 | 630 | 00:34:54 | 649 | 00:42:13 | 641 | 00:48:48 | 639 | 00:50:11 | 590 | 3:47:22 |
| 573 | 754 | Claus Pedersen | Fjordløberne | DEN | 78 | 00:50:11 | 589 | 00:34:59 | 652 | 00:41:08 | 601 | 00:49:16 | 657 | 00:52:02 | 649 | 3:47:36 |
| 574 | 3 | Michael Andersen | Køge Atletik | DEN | 191 | 00:50:32 | 605 | 00:34:32 | 631 | 00:41:27 | 611 | 00:48:53 | 644 | 00:52:13 | 654 | 3:47:37 |
| 575 | 15 | Kurt Leihardt | SORØ | DEN | 79 | 00:50:21 | 598 | 00:33:43 | 593 | 00:43:14 | 673 | 00:49:34 | 670 | 00:50:58 | 613 | 3:47:50 |
| 576 | 70 | Jesper Ekknud | Kalundborg PI | DEN | 192 | 00:51:01 | 624 | 00:34:42 | 639 | 00:41:29 | 616 | 00:48:58 | 647 | 00:51:50 | 641 | 3:48:00 |
| 577 | 82 | Jan Honoré Pedersen | HVIDOVRE | DEN | 193 | 00:50:20 | 597 | 00:33:36 | 587 | 00:41:07 | 599 | 00:48:57 | 645 | 00:54:10 | 699 | 3:48:10 |

| | | | | | | | | | | | | | | | | |
|-----|-----|-----------------------------|------------------------------|-----|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|---------|
| 578 | 562 | Dieter Batke | Stolpertruppe Winsen | GER | 80 | 00:50:30 | 604 | 00:33:52 | 600 | 00:42:36 | 657 | 00:49:16 | 658 | 00:51:57 | 646 | 3:48:11 |
| 579 | 438 | Mikael Stougaard | Bornholms Politi Idræt (BPI) | DEN | 194 | 00:52:51 | 663 | 00:34:42 | 640 | 00:41:24 | 608 | 00:47:19 | 583 | 00:52:06 | 652 | 3:48:22 |
| 580 | 29 | Alexander Hilton | LYNGE | DEN | 50 | 00:53:34 | 682 | 00:35:06 | 661 | 00:41:59 | 631 | 00:48:21 | 624 | 00:49:23 | 562 | 3:48:23 |
| 581 | 322 | Mass Lyngby | HSOK | DEN | 224 | 00:52:59 | 668 | 00:34:59 | 653 | 00:40:48 | 587 | 00:47:58 | 609 | 00:51:59 | 648 | 3:48:43 |
| 582 | 120 | René Lyngbe | BORUP | DEN | 195 | 00:50:16 | 592 | 00:33:47 | 595 | 00:46:26 | 748 | 00:47:33 | 594 | 00:50:44 | 604 | 3:48:46 |
| 583 | 102 | Jørgen Busch Christensen | Puls 3060 | DEN | 196 | 00:51:13 | 628 | 00:36:13 | 696 | 00:40:51 | 590 | 00:48:49 | 640 | 00:51:41 | 636 | 3:48:47 |
| 584 | 222 | Egon Erlandsen | Kokkedal IK | DEN | 34 | 00:52:19 | 653 | 00:34:53 | 648 | 00:41:29 | 615 | 00:48:28 | 626 | 00:51:43 | 637 | 3:48:52 |
| 585 | 782 | Mogens Kjær | Viking Atletik | DEN | 35 | 00:51:38 | 637 | 00:34:32 | 633 | 00:42:28 | 652 | 00:48:34 | 632 | 00:51:47 | 639 | 3:48:59 |
| 586 | 558 | Kurt Andreasen | Puls 3060 | DEN | 36 | 00:49:21 | 566 | 00:34:26 | 627 | 00:41:42 | 623 | 00:49:23 | 661 | 00:54:08 | 698 | 3:49:00 |
| 587 | 28 | Thor Hilton | LYNGE | DEN | 225 | 00:53:34 | 681 | 00:35:06 | 660 | 00:42:01 | 633 | 00:49:15 | 656 | 00:49:34 | 570 | 3:49:30 |
| 588 | 444 | Allan Bo Christensen | SMØRUM | DEN | 197 | 00:52:06 | 649 | 00:34:49 | 643 | 00:42:36 | 658 | 00:48:30 | 629 | 00:51:48 | 640 | 3:49:49 |
| 589 | 316 | Leif Berg Sørensen | Politiets IF København | DEN | 37 | 00:51:30 | 634 | 00:35:45 | 680 | 00:42:25 | 650 | 00:49:25 | 664 | 00:51:06 | 621 | 3:50:11 |
| 590 | 20 | Gert Reichert | ESV Lok Potsdam | GER | 81 | 00:51:42 | 638 | 00:34:19 | 620 | 00:42:37 | 659 | 00:50:21 | 686 | 00:51:27 | 631 | 3:50:26 |
| 591 | 520 | Peder Frydensberg Jørgensen | BALLERUP | DEN | 198 | 00:51:51 | 643 | 00:34:24 | 625 | 00:42:05 | 638 | 00:49:26 | 665 | 00:52:45 | 669 | 3:50:31 |
| 592 | 424 | Ole Poulsen | Team Far & Søn | DEN | 82 | 00:52:06 | 648 | 00:35:43 | 679 | 00:41:50 | 628 | 00:48:58 | 648 | 00:51:56 | 645 | 3:50:33 |
| 593 | 437 | Søren Jensen | Bornholms Politi Idræt (BPI) | DEN | 199 | 00:52:51 | 664 | 00:34:31 | 630 | 00:41:41 | 622 | 00:49:07 | 652 | 00:52:28 | 660 | 3:50:38 |
| 594 | 127 | Martin Hedal | FREDERIKSBERG | DEN | 226 | 00:51:14 | 629 | 00:35:12 | 663 | 00:42:01 | 634 | 00:49:56 | 683 | 00:52:22 | 657 | 3:50:45 |
| 595 | 194 | Ole Pedersen | HERNING | DEN | 227 | 00:53:19 | 678 | 00:34:55 | 651 | 00:42:31 | 655 | 00:48:28 | 627 | 00:51:37 | 633 | 3:50:50 |
| 596 | 407 | Kasper Kirkeby Jacobsen | Odder Atletik & Motion | DEN | 51 | 00:54:31 | 705 | 00:33:00 | 551 | 00:41:00 | 598 | 00:48:51 | 642 | 00:53:41 | 689 | 3:51:03 |
| 597 | 555 | Jim Hee | SÅN-Løberne 2 | DEN | 83 | 00:55:36 | 726 | 00:34:09 | 613 | 00:41:46 | 627 | 00:48:51 | 641 | 00:50:51 | 607 | 3:51:13 |
| 598 | 503 | Helge Gertsen | Trim Ballerup | DEN | 84 | 00:52:46 | 662 | 00:34:34 | 634 | 00:41:35 | 618 | 00:49:45 | 674 | 00:52:40 | 664 | 3:51:20 |
| 599 | 416 | Jes Schmidt | Sparta 4 | DEN | 85 | 00:52:40 | 661 | 00:34:52 | 646 | 00:42:12 | 640 | 00:49:40 | 672 | 00:51:59 | 647 | 3:51:23 |
| 600 | 170 | Claus Nielsen | SNIK | DEN | 200 | 00:51:49 | 642 | 00:35:06 | 659 | 00:42:18 | 647 | 00:49:40 | 673 | 00:52:45 | 667 | 3:51:38 |
| 601 | 309 | Kjell Bramsiepe | TFG Nippes | GER | 52 | 00:54:41 | 711 | 00:33:38 | 590 | 00:41:29 | 614 | 00:48:09 | 619 | 00:53:54 | 694 | 3:51:51 |
| 602 | 366 | Knud Lindhard | KONGENS LYNGBY | DEN | 201 | 00:52:15 | 652 | 00:36:03 | 690 | 00:42:16 | 644 | 00:49:17 | 659 | 00:52:23 | 658 | 3:52:14 |
| 603 | 568 | Poul Sørensen | Post Danmark B | DEN | 86 | 00:50:29 | 603 | 00:34:49 | 642 | 00:43:01 | 668 | 00:51:15 | 703 | 00:52:57 | 673 | 3:52:31 |
| 604 | 699 | Kurt Haahr Ibsen | ANSAGER | DEN | 202 | 00:51:47 | 641 | 00:34:32 | 632 | 00:42:28 | 653 | 00:51:40 | 721 | 00:52:04 | 650 | 3:52:31 |
| 605 | 101 | Leif Frøjd | Ditokan Karateklubb | SWE | 203 | 00:49:15 | 565 | 00:35:56 | 686 | 00:43:32 | 682 | 00:51:05 | 696 | 00:52:55 | 672 | 3:52:43 |
| 606 | 87 | Göran Karlsson | Falkenbergs VBK | SWE | 204 | 00:49:58 | 584 | 00:34:23 | 623 | 00:44:28 | 703 | 00:51:28 | 710 | 00:53:06 | 677 | 3:53:23 |
| 607 | 551 | Jesper Høvelskov | BRØNSHØJ | DEN | 205 | 00:53:35 | 683 | 00:35:22 | 669 | 00:42:15 | 642 | 00:49:32 | 669 | 00:52:58 | 674 | 3:53:42 |
| 608 | 661 | Hans Kronshage | LG-Oerlinghausen | GER | 38 | 00:52:36 | 659 | 00:35:42 | 678 | 00:43:21 | 674 | 00:49:28 | 667 | 00:52:48 | 670 | 3:53:55 |
| 609 | 624 | Carsten Kruse Nielsen | Puls 3060 | DEN | 206 | 00:54:14 | 695 | 00:34:53 | 647 | 00:43:05 | 670 | 00:49:49 | 678 | 00:51:56 | 643 | 3:53:57 |
| 610 | 710 | Torsten Illmer | USC Leipzig | GER | 207 | 00:54:38 | 710 | 00:35:08 | 662 | 00:42:34 | 656 | 00:49:10 | 654 | 00:52:28 | 661 | 3:53:58 |
| 611 | 717 | Tom Skovgaard Jensen | Rødovre Atletik Club | DEN | 39 | 00:51:19 | 631 | 00:35:30 | 672 | 00:43:39 | 685 | 00:49:29 | 668 | 00:54:14 | 702 | 3:54:11 |
| 612 | 350 | Ole Sprøgel | SNIK Atletik | DEN | 208 | 00:53:07 | 673 | 00:35:47 | 682 | 00:43:05 | 669 | 00:49:53 | 681 | 00:53:03 | 675 | 3:54:55 |
| 613 | 197 | Søren Bjarne Jensen | FARUM | DEN | 87 | 00:50:56 | 617 | 00:35:14 | 664 | 00:43:10 | 671 | 00:52:10 | 730 | 00:53:31 | 686 | 3:55:01 |
| 614 | 538 | Jens Falkenstrøm | Aaker Skole | DEN | 228 | 00:54:36 | 709 | 00:35:19 | 668 | 00:43:31 | 679 | 00:49:23 | 662 | 00:52:26 | 659 | 3:55:15 |
| 615 | 606 | Wolfgang Grahl | Gräfenheinichen | GER | 40 | 00:52:04 | 646 | 00:35:19 | 667 | 00:42:53 | 666 | 00:51:08 | 700 | 00:54:03 | 696 | 3:55:27 |
| 616 | 596 | Bent Krak Hansen | Beck Pack System | DEN | 88 | 00:58:49 | 763 | 00:39:54 | 760 | 00:48:33 | 763 | 00:49:52 | 680 | 00:38:42 | 100 | 3:55:50 |
| 617 | 185 | Kenn Lybøl | SKOVLUNDE | DEN | 229 | 00:54:04 | 691 | 00:35:00 | 655 | 00:42:22 | 649 | 00:50:17 | 685 | 00:54:18 | 706 | 3:56:01 |
| 618 | 466 | Søren Kold Pedersen | HUMLEBÆK | DEN | 230 | 00:52:29 | 657 | 00:35:25 | 671 | 00:43:32 | 680 | 00:50:35 | 689 | 00:54:03 | 697 | 3:56:04 |
| 619 | 165 | Peter Dam | skælskør løbeklub | DEN | 89 | 00:52:04 | 647 | 00:36:18 | 699 | 00:43:38 | 684 | 00:51:56 | 725 | 00:52:32 | 662 | 3:56:28 |

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|-----|-----|----------------------------------|--|-----|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|---------|
| 620 | 85 | Johnny Bech Larsen | SÅN-Løberne 2 | DEN | 231 | 00:53:14 | 675 | 00:34:54 | 650 | 00:42:29 | 654 | 00:50:54 | 693 | 00:55:06 | 720 | 3:56:37 |
| 621 | 649 | Jesper Brorson | De : Blå | DEN | 232 | 00:53:06 | 671 | 00:34:22 | 622 | 00:44:52 | 714 | 00:51:40 | 720 | 00:52:42 | 666 | 3:56:42 |
| 622 | 398 | Teddy Andersen | Danish Crown 1 | DEN | 209 | 00:54:45 | 714 | 00:33:51 | 598 | 00:43:41 | 687 | 00:51:10 | 701 | 00:53:28 | 685 | 3:56:55 |
| 623 | 713 | Frederik Nielsen | VORDINGBORG | DEN | 53 | 00:52:30 | 658 | 00:35:57 | 687 | 00:42:50 | 663 | 00:52:17 | 732 | 00:53:27 | 683 | 3:57:01 |
| 624 | 671 | Alexander Kanta | SNIK Atletik | DEN | 54 | 00:58:51 | 764 | 00:33:55 | 601 | 00:41:22 | 607 | 00:51:39 | 717 | 00:51:25 | 629 | 3:57:12 |
| 625 | 288 | Frank B. Th. Schmidt | Aarhus 1900 | DEN | 210 | 00:54:14 | 696 | 00:35:15 | 665 | 00:43:46 | 690 | 00:51:05 | 697 | 00:53:21 | 681 | 3:57:41 |
| 626 | 332 | Lasse Andersen | HJB Byggeforretning ApS | DEN | 55 | 00:53:21 | 679 | 00:35:02 | 657 | 00:45:58 | 739 | 00:51:37 | 714 | 00:51:54 | 642 | 3:57:52 |
| 627 | 580 | Ole Nielsen | nyvest | DEN | 211 | 00:54:32 | 706 | 00:38:12 | 744 | 00:42:48 | 661 | 00:49:39 | 671 | 00:52:42 | 665 | 3:57:53 |
| 628 | 91 | Jonathan Sydenham | Blovstrød Løverne | GBR | 90 | 00:52:20 | 654 | 00:36:21 | 701 | 00:44:16 | 697 | 00:51:26 | 709 | 00:53:44 | 691 | 3:58:07 |
| 629 | 167 | Jens M. Andersen | BRANDE | DEN | 233 | 00:53:38 | 686 | 00:36:14 | 698 | 00:43:25 | 676 | 00:51:37 | 713 | 00:53:17 | 680 | 3:58:11 |
| 630 | 585 | Søren Grundtvig Sørensen | Holbæk LMK | DEN | 91 | 00:54:15 | 697 | 00:35:50 | 683 | 00:44:02 | 693 | 00:50:52 | 692 | 00:53:12 | 679 | 3:58:11 |
| 631 | 18 | Kurt Månsson | Hjerteforeningens motionsklub Jægerspris | DEN | 41 | 00:52:15 | 651 | 00:36:18 | 700 | 00:42:50 | 664 | 00:52:51 | 745 | 00:54:36 | 710 | 3:58:50 |
| 632 | 245 | Peter Kuschay | TV Ufort-Eick Moers | GER | 92 | 00:53:37 | 685 | 00:36:24 | 703 | 00:43:39 | 686 | 00:51:50 | 723 | 00:53:27 | 684 | 3:58:57 |
| 633 | 37 | Jan Poulsen | Hvidovre Motionsklub | DEN | 234 | 00:53:02 | 670 | 00:35:36 | 676 | 00:43:21 | 675 | 00:52:41 | 741 | 00:54:18 | 705 | 3:58:58 |
| 634 | 278 | Leo Frantzen | FREDERICIA | DEN | 93 | 00:52:56 | 667 | 00:35:35 | 675 | 00:44:22 | 698 | 00:52:23 | 736 | 00:53:53 | 693 | 3:59:09 |
| 635 | 141 | Lars Pallesen | VIRUM | DEN | 42 | 00:53:08 | 674 | 00:36:29 | 707 | 00:43:35 | 683 | 00:51:13 | 702 | 00:54:49 | 716 | 3:59:14 |
| 636 | 100 | Hugo Frøjd | Ditokan Karateklubb | SWE | 56 | 00:55:51 | 729 | 00:35:56 | 685 | 00:43:32 | 681 | 00:51:05 | 698 | 00:52:55 | 671 | 3:59:19 |
| 637 | 749 | Peter Nielsen | Munke Mose Motion | DEN | 94 | 00:52:27 | 656 | 00:37:25 | 725 | 00:44:27 | 702 | 00:51:40 | 718 | 00:53:59 | 695 | 3:59:58 |
| 638 | 270 | Lars Henrik Schmidt Jensen | SLAGELSE | DEN | 43 | 00:54:11 | 694 | 00:36:34 | 709 | 00:43:59 | 692 | 00:52:30 | 737 | 00:53:46 | 692 | 4:01:00 |
| 639 | 765 | Alexander Wolansky | LEIPZIG | GER | 212 | 00:53:22 | 680 | 00:36:10 | 694 | 00:45:14 | 724 | 00:51:57 | 726 | 00:54:22 | 707 | 4:01:05 |
| 640 | 591 | Klaus Nielsen | Espersen A/S | DEN | 213 | 00:54:22 | 700 | 00:36:38 | 710 | 00:44:13 | 696 | 00:51:40 | 719 | 00:54:13 | 701 | 4:01:06 |
| 641 | 163 | Jann Højgård Olsen | skælskør løbeklub | DEN | 95 | 00:56:38 | 738 | 00:39:08 | 756 | 00:43:43 | 688 | 00:49:27 | 666 | 00:52:11 | 653 | 4:01:07 |
| 642 | 159 | Birger Pedersen | RØNNE | DEN | 44 | 00:54:11 | 693 | 00:36:12 | 695 | 00:44:51 | 712 | 00:51:24 | 707 | 00:54:32 | 708 | 4:01:10 |
| 643 | 632 | Ingolf Søndergaard | GIF | DEN | 45 | 00:54:18 | 698 | 00:36:40 | 711 | 00:44:27 | 700 | 00:51:25 | 708 | 00:54:48 | 714 | 4:01:38 |
| 644 | 32 | Michael Krause | HAMBURG | GER | 96 | 00:53:51 | 687 | 00:36:07 | 692 | 00:44:03 | 695 | 00:52:33 | 738 | 00:55:13 | 722 | 4:01:47 |
| 645 | 564 | Lothar Ahrens | MSV Eintr. Halberstadt | GER | 46 | 00:53:58 | 689 | 00:35:59 | 689 | 00:44:35 | 706 | 00:53:41 | 755 | 00:53:36 | 687 | 4:01:49 |
| 646 | 9 | Henning Bülow | SPJALD | DEN | 47 | 00:54:30 | 704 | 00:36:41 | 713 | 00:44:27 | 701 | 00:52:37 | 739 | 00:54:11 | 700 | 4:02:26 |
| 647 | 582 | Kåre Sørensen | NÆSTVED | DEN | 235 | 00:54:58 | 716 | 00:36:24 | 702 | 00:45:14 | 723 | 00:52:20 | 733 | 00:54:16 | 703 | 4:03:12 |
| 648 | 89 | Lasse Vestergård Lorenzen | RØDOVRE | DEN | 236 | 00:54:18 | 699 | 00:36:26 | 704 | 00:45:44 | 733 | 00:51:08 | 699 | 00:55:44 | 734 | 4:03:20 |
| 649 | 205 | Per Jørgensen | AALBORG SV | DEN | 214 | 00:55:20 | 724 | 00:36:14 | 697 | 00:44:56 | 715 | 00:51:52 | 724 | 00:55:19 | 725 | 4:03:41 |
| 650 | 611 | Michael Rasmussen | Viking Atletik - De sidste | DEN | 97 | 00:56:05 | 734 | 00:37:29 | 726 | 00:44:47 | 709 | 00:51:19 | 706 | 00:54:33 | 709 | 4:04:13 |
| 651 | 10 | Villy Mariussen | Christiansø Trim | DEN | 98 | 00:55:07 | 720 | 00:36:46 | 717 | 00:44:51 | 713 | 00:52:01 | 728 | 00:55:39 | 732 | 4:04:24 |
| 652 | 592 | Kim Pedersen | Espersen A/S | DEN | 237 | 00:54:58 | 717 | 00:37:39 | 733 | 00:43:49 | 691 | 00:52:44 | 743 | 00:55:23 | 727 | 4:04:33 |
| 653 | 536 | Andreas Fitzner | NÆSTVED | DEN | 57 | 00:57:23 | 753 | 00:36:26 | 705 | 00:44:58 | 716 | 00:51:36 | 712 | 00:54:16 | 704 | 4:04:39 |
| 654 | 744 | Henrik Christensen | RØNNE | DEN | 238 | 00:55:59 | 733 | 00:36:56 | 720 | 00:44:48 | 710 | 00:52:15 | 731 | 00:54:53 | 717 | 4:04:51 |
| 655 | 239 | Jürgen Dörpinghaus | TV Ufort-Eick | GER | 48 | 00:54:26 | 702 | 00:36:49 | 719 | 00:46:09 | 743 | 00:52:56 | 747 | 00:54:40 | 712 | 4:05:00 |
| 656 | 608 | Jens Møller Hansen | KØBENHAVN K | DEN | 239 | 00:55:38 | 727 | 00:36:28 | 706 | 00:45:22 | 727 | 00:52:22 | 735 | 00:55:15 | 723 | 4:05:05 |
| 657 | 320 | Lars Aagaard | ULLERSLEV | DEN | 99 | 00:55:09 | 721 | 00:38:50 | 754 | 00:44:03 | 694 | 00:51:17 | 704 | 00:56:25 | 739 | 4:05:44 |
| 658 | 8 | Steen Enemark | TIK | DEN | 100 | 00:54:27 | 703 | 00:36:59 | 721 | 00:45:09 | 721 | 00:53:42 | 756 | 00:55:45 | 735 | 4:06:02 |

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|-----|-----|---------------------------|------------------------------|-----|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|---------|
| 659 | 6 | Lennard Krogh | SKIBBY | DEN | 240 | 00:54:33 | 708 | 00:37:36 | 731 | 00:45:22 | 726 | 00:53:02 | 749 | 00:56:11 | 737 | 4:06:44 |
| 660 | 473 | Birger Pilegaard Pedersen | SÅN-Løberne 2 | DEN | 215 | 00:54:46 | 715 | 00:36:44 | 715 | 00:44:44 | 708 | 00:53:48 | 759 | 00:56:57 | 744 | 4:06:59 |
| 661 | 461 | Carsten Jørgensen | Jyderup løbe- og motionsklub | DEN | 101 | 00:54:43 | 713 | 00:37:50 | 736 | 00:44:58 | 717 | 00:54:15 | 769 | 00:55:15 | 724 | 4:07:01 |
| 662 | 160 | Erik Kløve Ljungberg | GENTOFTE | DEN | 102 | 00:55:19 | 722 | 00:36:43 | 714 | 00:45:51 | 738 | 00:52:41 | 742 | 00:56:54 | 743 | 4:07:28 |
| 663 | 480 | Harley Nielsen | HASLE | DEN | 103 | 00:55:27 | 725 | 00:36:47 | 718 | 00:44:49 | 711 | 00:53:34 | 754 | 00:57:08 | 746 | 4:07:45 |
| 664 | 271 | Gerhard Woest | FHSG Stralsund | GER | 49 | 00:56:57 | 743 | 00:37:16 | 724 | 00:45:06 | 719 | 00:52:53 | 746 | 00:55:36 | 730 | 4:07:48 |
| 665 | 107 | Birger Aagerup Jensen | Sparta 3 | DEN | 216 | 00:55:01 | 719 | 00:38:05 | 740 | 00:45:45 | 734 | 00:54:07 | 766 | 00:55:08 | 721 | 4:08:06 |
| 666 | 460 | Henning Curtsen | SØAM | DEN | 50 | 00:55:54 | 731 | 00:37:36 | 729 | 00:46:25 | 747 | 00:53:18 | 751 | 00:55:25 | 728 | 4:08:38 |
| 667 | 667 | Steffen Nielsen | RØDOVRE | DEN | 104 | 01:00:40 | 781 | 00:35:57 | 688 | 00:44:37 | 707 | 00:51:39 | 716 | 00:55:46 | 736 | 4:08:39 |
| 668 | 214 | Finn Knudsen | Puls 3060 | DEN | 105 | 00:54:58 | 718 | 00:36:45 | 716 | 00:45:10 | 722 | 00:54:33 | 772 | 00:57:16 | 747 | 4:08:42 |
| 669 | 93 | Torben Honore Dancker | KORSØR | DEN | 241 | 00:56:12 | 735 | 00:37:33 | 728 | 00:45:02 | 718 | 00:52:08 | 729 | 00:58:13 | 753 | 4:09:08 |
| 670 | 487 | Thomas Nordahl Larsen | AALBORG SV | DEN | 217 | 00:55:55 | 732 | 00:38:03 | 739 | 00:46:22 | 745 | 00:54:11 | 767 | 00:54:58 | 718 | 4:09:29 |
| 671 | 613 | Bjarne Møller | KASTRUP | DEN | 218 | 00:57:18 | 751 | 00:37:49 | 735 | 00:45:17 | 725 | 00:53:50 | 760 | 00:55:19 | 726 | 4:09:33 |
| 672 | 14 | Carsten Lösch | SANITZ | GER | 219 | 00:57:05 | 746 | 00:37:05 | 722 | 00:45:47 | 735 | 00:53:19 | 752 | 00:56:52 | 742 | 4:10:08 |
| 673 | 540 | Ole Jørgensen | NBPI | DEN | 220 | 00:56:53 | 741 | 00:36:29 | 708 | 00:45:50 | 736 | 00:53:55 | 763 | 00:57:04 | 745 | 4:10:11 |
| 674 | 274 | Max Olsson | Bech-Hansen & Studsgaard A/S | DEN | 106 | 00:57:21 | 752 | 00:37:38 | 732 | 00:46:04 | 742 | 00:53:34 | 753 | 00:55:39 | 731 | 4:10:16 |
| 675 | 639 | Jørn Morcos | HELISINGØR | DEN | 221 | 00:57:15 | 747 | 00:35:40 | 677 | 00:44:25 | 699 | 00:53:50 | 761 | 01:01:28 | 780 | 4:12:38 |
| 676 | 788 | Peter Christiansen | AALBORG SØ | DEN | 51 | 00:59:23 | 771 | 00:38:08 | 742 | 00:45:38 | 730 | 00:54:01 | 765 | 00:55:29 | 729 | 4:12:39 |
| 677 | 130 | Erling Birk Madsen | Team Simper | DEN | 107 | 00:56:55 | 742 | 00:38:17 | 745 | 00:46:25 | 746 | 00:54:18 | 770 | 00:57:25 | 748 | 4:13:20 |
| 678 | 78 | Joachim Henn | BERLIN | GER | 108 | 00:56:57 | 744 | 00:38:31 | 750 | 00:46:04 | 741 | 00:56:04 | 783 | 00:56:43 | 741 | 4:14:19 |
| 679 | 567 | Claus Ehlers | Stolpertruppe Winsen | GER | 109 | 00:55:20 | 723 | 00:36:41 | 712 | 00:48:01 | 759 | 00:54:48 | 774 | 00:59:41 | 765 | 4:14:31 |
| 680 | 27 | Bjarne Petersen | HUMLEBÆK | DEN | 52 | 00:58:53 | 765 | 00:38:05 | 741 | 00:46:30 | 750 | 00:54:00 | 764 | 00:57:52 | 750 | 4:15:20 |
| 681 | 495 | Mogens Waldstrøm | ÅRHUS V | DEN | 242 | 01:01:54 | 789 | 00:37:47 | 734 | 00:46:10 | 744 | 00:55:03 | 777 | 00:54:42 | 713 | 4:15:36 |
| 682 | 696 | Henning Kvottrup Jensen | Team Morfar | DEN | 53 | 00:55:54 | 730 | 00:46:50 | 798 | 00:45:51 | 737 | 00:53:01 | 748 | 00:55:04 | 719 | 4:16:40 |
| 683 | 111 | Kenneth Madsen | ITSP | DEN | 243 | 00:58:18 | 759 | 00:37:57 | 737 | 00:47:57 | 754 | 00:55:44 | 781 | 00:57:41 | 749 | 4:17:37 |
| 684 | 477 | Jimmy Andreassen | SAS Løbeklub | DEN | 222 | 00:55:46 | 728 | 00:38:47 | 753 | 00:48:52 | 765 | 00:56:14 | 786 | 00:58:53 | 759 | 4:18:32 |
| 685 | 684 | Jan Hansen | QAQORTOQ | DEN | 110 | 00:58:08 | 755 | 00:39:27 | 758 | 00:48:08 | 760 | 00:55:34 | 779 | 00:58:34 | 755 | 4:19:51 |
| 686 | 124 | Erik Brixen Olesen | KOLDING | DEN | 111 | 00:56:58 | 745 | 00:39:22 | 757 | 00:47:58 | 755 | 00:57:02 | 790 | 00:58:40 | 756 | 4:20:00 |
| 687 | 90 | Per Lindgård | BROMARV | FIN | 54 | 00:58:53 | 766 | 00:38:38 | 752 | 00:47:59 | 756 | 00:56:16 | 787 | 00:59:03 | 761 | 4:20:49 |
| 688 | 490 | Tom Nielsen | Sparta 4 | DEN | 112 | 00:58:02 | 754 | 00:40:11 | 764 | 00:48:01 | 758 | 00:57:31 | 793 | 00:57:59 | 752 | 4:21:44 |
| 689 | 456 | John Spenner | SØAM | DEN | 55 | 01:00:30 | 779 | 00:41:08 | 777 | 00:47:04 | 752 | 00:55:32 | 778 | 00:58:41 | 757 | 4:22:55 |
| 690 | 574 | Svend Erik Bendtsen | Post Danmark A | DEN | 113 | 01:01:09 | 786 | 00:38:27 | 749 | 00:48:47 | 764 | 00:56:12 | 785 | 00:59:26 | 763 | 4:24:01 |
| 691 | 383 | Bo Lund Pedersen | RØNNE | DEN | 223 | 01:00:42 | 782 | 00:39:44 | 759 | 00:47:59 | 757 | 00:55:56 | 782 | 01:00:33 | 770 | 4:24:54 |
| 692 | 19 | Mark Langhave | Tejn Idrætsforening | DEN | 244 | 00:59:06 | 769 | 00:40:06 | 762 | 00:48:57 | 767 | 00:57:05 | 791 | 00:59:45 | 766 | 4:24:59 |
| 693 | 52 | Per Otto Bülck | SG | DEN | 56 | 00:59:56 | 773 | 00:40:05 | 761 | 00:48:52 | 766 | 00:56:42 | 788 | 01:00:36 | 771 | 4:26:11 |
| 694 | 566 | Klaus Becker | Stolpertruppe Winsen | GER | 114 | 00:58:12 | 757 | 00:40:33 | 770 | 00:51:28 | 780 | 00:58:35 | 801 | 00:57:53 | 751 | 4:26:41 |
| 695 | 486 | Bent Schou | Puls 3060 | DEN | 115 | 00:59:39 | 772 | 00:40:15 | 766 | 00:49:52 | 771 | 00:57:52 | 795 | 00:59:57 | 767 | 4:27:35 |
| 696 | 408 | Carsten Christensen | Danish Crown 2 | DEN | 245 | 01:00:20 | 777 | 00:40:33 | 771 | 00:50:44 | 778 | 00:57:53 | 796 | 00:58:16 | 754 | 4:27:46 |
| 697 | 353 | Gert Klingemann Jensen | Herlev Løberne/Jensen løb | DEN | 116 | 00:59:18 | 770 | 00:40:35 | 772 | 00:49:49 | 770 | 00:58:32 | 800 | 01:00:28 | 769 | 4:28:42 |
| 698 | 428 | Kim Hansen | RØNNE | DEN | 246 | 01:00:13 | 776 | 00:41:46 | 779 | 00:49:52 | 772 | 00:56:08 | 784 | 01:01:24 | 777 | 4:29:23 |

| | | | | | | | | | | | | | | | |
|---------|------------------------|-----------------------------------|-----|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|---------|
| 699 727 | Michael Juhler-nøttrup | VANLØSE | DEN | 224 | 01:01:07 | 785 | 00:40:40 | 773 | 00:48:33 | 762 | 00:58:15 | 798 | 01:01:13 | 775 | 4:29:48 |
| 700 182 | John Jensen | Hvidovre Motions Club | DEN | 57 | 01:01:54 | 788 | 00:42:49 | 785 | 00:50:10 | 774 | 00:54:54 | 776 | 01:00:50 | 772 | 4:30:37 |
| 701 40 | Finn Thøgersen | ASNÆS | DEN | 225 | 00:58:57 | 767 | 00:40:56 | 775 | 00:53:01 | 787 | 00:58:15 | 799 | 01:01:46 | 781 | 4:32:55 |
| 702 169 | Stellan Carlström | HÖÖR | SWE | 247 | 01:03:01 | 793 | 00:42:32 | 782 | 00:50:30 | 776 | 00:57:17 | 792 | 00:59:36 | 764 | 4:32:56 |
| 703 164 | Rolf John Vifiadt | Gjøvik Sykehus Bedriftsidrettslag | NOR | 58 | 01:00:38 | 780 | 00:41:04 | 776 | 00:49:27 | 769 | 00:58:15 | 797 | 01:03:58 | 787 | 4:33:22 |
| 704 764 | Andreas Barth | KÖNIGSBRÜCK | GER | 226 | 01:04:29 | 800 | 00:40:26 | 769 | 00:50:08 | 773 | 00:56:51 | 789 | 01:01:53 | 784 | 4:33:47 |
| 705 776 | Jørgen Madsen | HOLSTEBRO | DEN | 59 | 00:59:56 | 774 | 00:40:10 | 763 | 00:51:49 | 781 | 01:00:45 | 807 | 01:01:21 | 776 | 4:34:01 |
| 706 463 | Svend Erik Jensen | VÆRLØSE | DEN | 60 | 01:00:52 | 783 | 00:40:13 | 765 | 00:50:15 | 775 | 00:59:04 | 802 | 01:03:39 | 786 | 4:34:03 |
| 707 419 | Poul Klejs Ipsen | Nyvest Atletik | DEN | 227 | 01:05:20 | 804 | 00:42:46 | 783 | 00:54:19 | 795 | 01:03:00 | 815 | 00:49:24 | 563 | 4:34:49 |
| 708 67 | Torsten Lüth | Team Muskelkatze | GER | 248 | 01:01:44 | 787 | 00:38:25 | 748 | 00:54:30 | 796 | 01:02:37 | 810 | 00:58:53 | 758 | 4:36:09 |
| 709 633 | Jørgen Svendsen-tune | ALLERØD | DEN | 228 | 01:02:21 | 790 | 00:42:01 | 781 | 00:52:11 | 785 | 00:59:25 | 804 | 01:01:26 | 779 | 4:37:24 |
| 710 334 | Jesper Ipsen | HJB Byggeforretning ApS | DEN | 249 | 01:02:47 | 791 | 00:40:41 | 774 | 00:52:08 | 784 | 00:59:19 | 803 | 01:03:15 | 785 | 4:38:10 |
| 711 504 | Lilly Gertsen | Trim Ballerup | DEN | 117 | 01:00:06 | 775 | 00:43:10 | 787 | 00:52:51 | 786 | 01:02:33 | 809 | 01:01:25 | 778 | 4:40:05 |
| 712 670 | Henrik Madsen | TIF | DEN | 250 | 01:04:40 | 802 | 00:41:44 | 778 | 00:53:26 | 789 | 01:00:38 | 805 | 01:01:46 | 782 | 4:42:14 |
| 713 144 | Søren P N Haase | VEJBY | DEN | 118 | 01:04:07 | 798 | 00:43:56 | 790 | 00:51:05 | 779 | 01:00:55 | 808 | 01:04:41 | 789 | 4:44:44 |
| 714 228 | Norman Jørgensen | Olympia Maribo | DEN | 61 | 01:00:20 | 778 | 00:44:50 | 792 | 00:53:52 | 793 | 01:00:41 | 806 | 01:08:11 | 796 | 4:47:54 |
| 715 106 | Mikkel Wolf | ITSP | DEN | 251 | 01:02:52 | 792 | 00:44:25 | 791 | 00:53:51 | 792 | 01:02:54 | 813 | 01:06:19 | 792 | 4:50:21 |
| 716 41 | Per Thøgersen | FÅREVEJLE | DEN | 229 | 01:04:39 | 801 | 00:42:48 | 784 | 00:53:31 | 791 | 01:03:18 | 817 | 01:06:39 | 794 | 4:50:55 |
| 717 147 | Mogens Christiansen | Fjordager | DEN | 62 | 01:04:55 | 803 | 00:44:54 | 793 | 00:53:29 | 790 | 01:02:58 | 814 | 01:05:23 | 791 | 4:51:39 |
| 718 203 | Erik Hansen | IK Olynpia | DEN | 63 | 01:03:48 | 796 | 00:45:08 | 794 | 00:54:17 | 794 | 01:02:39 | 811 | 01:08:19 | 797 | 4:54:11 |
| 719 109 | Morgan Pedersen | SVEDALA | SWE | 252 | 01:06:17 | 805 | 00:45:11 | 795 | 00:54:33 | 797 | 01:03:14 | 816 | 01:08:38 | 798 | 4:57:53 |
| 720 115 | Steen Larsen | HELLERUP | DEN | 64 | 01:10:28 | 811 | 00:45:45 | 797 | 00:55:05 | 798 | 01:04:42 | 819 | 01:07:51 | 795 | 5:03:51 |
| 721 700 | Torben Holm | KLEMENSKER | DEN | 253 | 01:04:17 | 799 | 00:47:04 | 799 | 00:55:07 | 799 | 01:08:58 | 824 | 01:08:43 | 799 | 5:04:09 |
| 722 451 | Jacob Cassius Hansen | HERLUFMAGLE | DEN | 254 | 01:06:23 | 806 | 00:43:26 | 789 | 00:56:40 | 801 | 01:06:36 | 821 | 01:13:27 | 804 | 5:06:32 |
| 723 64 | Karsten Ahrens | RONNEBERG | GER | 255 | 01:08:08 | 808 | 00:47:38 | 800 | 00:58:10 | 803 | 01:08:48 | 823 | 01:12:25 | 803 | 5:15:09 |
| 724 112 | Per Christensen | KIK | DEN | 65 | 01:14:48 | 812 | 00:50:17 | 801 | 01:01:35 | 804 | 01:08:44 | 822 | 01:21:25 | 805 | 5:36:49 |
| 725 778 | Nick Thomsen | Forsvarets IF Nyholm | DEN | 230 | 01:56:02 | 813 | 01:05:11 | 802 | 01:30:30 | 807 | 01:33:59 | 825 | 01:58:26 | | 8:04:08 |

Etape Bornholm 2007

Hasle + Dueodde + Almindingen + Hammeren + Rønne

Women

<back to main menu> <previous page> <next page>

| Rank | Startnr | Navn | Klub/By | Land | Cat. Rank | Hasle | Dueodde | Almindingen | Hammeren | Rønne | Total Time |
|------|---------|------------------------------|----------------------------|------|-----------|----------|-------------|-------------|-------------|-------------|------------|
| 1 | 1545 | Kirsten Melkevik Otterbu | BGF Fana | NOR | 1 | 00:33:05 | 1 00:21:48 | 1 00:26:40 | 1 00:30:19 | 1 00:33:31 | 1 2:25:23 |
| 2 | 1888 | Isabellah Andersson | Oskarshamns SK | KEN | 2 | 00:34:21 | 2 00:22:53 | 2 00:27:59 | 2 00:32:07 | 2 00:34:49 | 2 2:32:09 |
| 3 | 1752 | Anna Holm Jørgensen | Viking Atletik Elite | DEN | 3 | 00:35:21 | 3 00:23:02 | 3 00:28:21 | 3 00:32:25 | 4 00:35:38 | 3 2:34:47 |
| 4 | 1503 | Maria Sig Møller | AGF | DEN | 4 | 00:35:29 | 4 00:23:31 | 4 00:28:31 | 4 00:32:23 | 3 00:35:45 | 4 2:35:39 |
| 5 | 1792 | Lene Kathrine Duus | Viborg AF/RunnersCorner | DEN | 5 | 00:35:48 | 5 00:24:00 | 5 00:29:13 | 5 00:33:20 | 5 00:36:13 | 6 2:38:34 |
| 6 | 1851 | Pia Michelle Folsing | Sparta 1 | DEN | 6 | 00:36:04 | 6 00:24:23 | 6 00:29:18 | 6 00:33:42 | 6 00:35:48 | 5 2:39:15 |
| 7 | 1804 | Tina D. Poulsen | Sparta 1 | DEN | 7 | 00:38:31 | 8 00:25:02 | 7 00:30:39 | 7 00:34:25 | 7 00:37:41 | 7 2:46:18 |
| 8 | 1536 | Signe Gadegaard | Hvidovre Atletik og Motion | DEN | 8 | 00:38:12 | 7 00:25:46 | 8 00:31:05 | 8 00:35:27 | 8 00:38:26 | 8 2:48:56 |
| 9 | 1948 | Sofie Holm | Viking Atletik Elite | DEN | 1 | 00:39:29 | 9 00:26:24 | 9 00:32:22 | 9 00:36:51 | 9 00:40:08 | 9 2:55:14 |
| 10 | 1652 | Stine Maria Sørensen | Team Sørensen | DEN | 9 | 00:40:29 | 11 00:26:47 | 10 00:32:41 | 10 00:37:09 | 11 00:40:28 | 10 2:57:34 |
| 11 | 1951 | Ingerlise Villum Jensen | Viborg AF | DEN | 1 | 00:41:03 | 14 00:27:17 | 11 00:32:47 | 11 00:37:26 | 12 00:40:45 | 12 2:59:18 |
| 12 | 1715 | Vibe Weirsøe Schjødt | GENTOFTE | DEN | 10 | 00:40:30 | 12 00:27:37 | 15 00:32:50 | 12 00:37:54 | 14 00:41:10 | 15 3:00:01 |
| 13 | 1599 | Charlotte Fabricius - Rahbek | Holbæk LMK | DEN | 1 | 00:40:43 | 13 00:27:32 | 13 00:33:18 | 16 00:37:51 | 13 00:40:42 | 11 3:00:06 |
| 14 | 1543 | Susanne Larsen | Hellas Roskilde | DEN | 2 | 00:40:25 | 10 00:27:41 | 16 00:32:59 | 13 00:38:15 | 16 00:40:53 | 13 3:00:13 |
| 15 | 1942 | Vibeke Hansen | SNIK Atletik | DEN | 2 | 00:41:48 | 16 00:27:32 | 12 00:33:07 | 14 00:38:06 | 15 00:41:24 | 16 3:01:57 |
| 16 | 1941 | Mille Bjarrum | Fortius 1 | DEN | 11 | 00:41:55 | 17 00:27:52 | 17 00:33:14 | 15 00:38:33 | 17 00:42:11 | 17 3:03:45 |
| 17 | 1689 | Line Lundbak | Politiets IF København | DEN | 12 | 00:42:09 | 18 00:28:05 | 19 00:34:14 | 19 00:39:45 | 22 00:42:21 | 20 3:06:34 |
| 18 | 1800 | Jeanette Brodin | KØGE | DEN | 3 | 00:42:16 | 19 00:28:14 | 20 00:33:53 | 17 00:39:09 | 18 00:43:11 | 26 3:06:43 |
| 19 | 1918 | Tove Gundersen | Idd Sportsklubb | NOR | 4 | 00:41:16 | 15 00:28:23 | 22 00:35:12 | 27 00:39:47 | 24 00:42:23 | 21 3:07:01 |
| 20 | 1930 | Pernille Munch | RØNNE | DEN | 13 | 00:44:11 | 36 00:27:58 | 18 00:34:03 | 18 00:39:10 | 19 00:42:16 | 19 3:07:38 |
| 21 | 1680 | Annette Petersen | RØNNE | DEN | 5 | 00:42:25 | 20 00:28:42 | 24 00:34:44 | 21 00:39:46 | 23 00:42:12 | 18 3:07:49 |
| 22 | 1571 | Helle Hansen | Kvickly Rønne | DEN | 6 | 00:42:41 | 21 00:28:29 | 23 00:34:24 | 20 00:39:15 | 20 00:43:08 | 25 3:07:57 |
| 23 | 1840 | Jette Schmidt | Blovstrød Løverne | DEN | 14 | 00:42:45 | 23 00:28:19 | 21 00:34:50 | 23 00:39:42 | 21 00:42:59 | 22 3:08:35 |
| 24 | 1734 | Susanne Hjorth Christensen | ROSKILDE | DEN | 7 | 00:42:43 | 22 00:28:58 | 28 00:35:12 | 26 00:40:10 | 25 00:43:03 | 23 3:10:06 |
| 25 | 1858 | Tasja Stenum | Hvidovre Atletik og Motion | DEN | 15 | 00:43:03 | 27 00:28:54 | 27 00:35:08 | 25 00:40:36 | 27 00:43:03 | 24 3:10:44 |
| 26 | 1893 | Cecilie Hjorth Christensen | Ballerup AK | DEN | 2 | 00:42:46 | 24 00:28:48 | 26 00:36:28 | 41 00:42:22 | 40 00:41:02 | 14 3:11:26 |
| 27 | 1937 | Camilla Bergmann | Blovstrød Løverne | DEN | 3 | 00:43:26 | 28 00:28:44 | 25 00:34:49 | 22 00:40:43 | 28 00:43:58 | 29 3:11:40 |
| 28 | 1659 | Anette Bidstrup | Viking Atletik - Boblerne | DEN | 8 | 00:43:49 | 32 00:29:22 | 30 00:35:05 | 24 00:40:31 | 26 00:43:51 | 28 3:12:38 |
| 29 | 1785 | Ullika Schulz | LTC Berlin | GER | 9 | 00:42:53 | 25 00:29:11 | 29 00:35:41 | 31 00:41:38 | 33 00:43:17 | 27 3:12:40 |
| 30 | 1538 | Tine Broksø | BLL | DEN | 16 | 00:43:37 | 30 00:29:39 | 31 00:35:37 | 30 00:40:52 | 30 00:44:19 | 34 3:14:04 |
| 31 | 1791 | Lise-lotte Pade | AK 73 | DEN | 17 | 00:43:28 | 29 00:29:40 | 32 00:35:29 | 28 00:42:23 | 41 00:44:04 | 31 3:15:04 |
| 32 | 1820 | Charlotte Gredal | Sparta 2 | DEN | 10 | 00:44:22 | 39 00:30:11 | 42 00:35:30 | 29 00:40:50 | 29 00:44:21 | 35 3:15:14 |
| 33 | 1706 | Hayley Pegg | Team Hi-Tec | GBR | 4 | 00:44:01 | 34 00:29:53 | 34 00:35:49 | 33 00:41:17 | 32 00:44:30 | 36 3:15:30 |
| 34 | 1969 | Else Jørgensen | RØNNE | DEN | 3 | 00:44:26 | 41 00:29:57 | 36 00:35:56 | 35 00:41:06 | 31 00:44:12 | 33 3:15:37 |
| 35 | 1957 | Pernille Gadd | Eiland Electric | DEN | 11 | 00:44:21 | 38 00:30:11 | 41 00:35:51 | 34 00:42:05 | 37 00:44:12 | 32 3:16:40 |
| 36 | 1707 | Tina Thomsen | SMT | DEN | 12 | 00:43:58 | 33 00:30:16 | 45 00:36:07 | 36 00:42:30 | 43 00:44:56 | 41 3:17:47 |
| 37 | 1949 | Hanne Gladney | VAF | DEN | 4 | 00:44:23 | 40 00:29:57 | 35 00:36:24 | 39 00:42:26 | 42 00:44:38 | 39 3:17:48 |
| 38 | 1778 | Inger Koch | SØBORG | DEN | 13 | 00:44:13 | 37 00:30:03 | 40 00:36:33 | 42 00:42:01 | 35 00:45:02 | 42 3:17:52 |
| 39 | 1924 | Regina Kanta | SNIK Atletik | DEN | 14 | 00:44:08 | 35 00:30:01 | 38 00:36:22 | 38 00:42:11 | 38 00:45:18 | 45 3:18:00 |

| | | | | | | | | | | | | | | | | |
|----|------|------------------------------|--|-----|----|----------|-----|----------|-----|----------|----|----------|-----|----------|----|---------|
| 40 | 1826 | Natasja Munch | SÅN-Løberne 1 | DEN | 5 | 00:44:42 | 45 | 00:30:01 | 39 | 00:36:20 | 37 | 00:42:32 | 44 | 00:44:36 | 37 | 3:18:11 |
| 41 | 1683 | Mie Stenberg | Fridolf | DEN | 18 | 00:44:31 | 43 | 00:30:22 | 47 | 00:36:26 | 40 | 00:42:32 | 45 | 00:44:39 | 40 | 3:18:30 |
| 42 | 1524 | Louise Baruel Johansen | SKOVLUNDE | DEN | 19 | 00:45:27 | 49 | 00:29:57 | 37 | 00:35:49 | 32 | 00:42:02 | 36 | 00:45:33 | 47 | 3:18:48 |
| 43 | 1649 | Gitte Abildgaard | Sparta 2 | DEN | 20 | 00:44:28 | 42 | 00:30:16 | 44 | 00:36:37 | 43 | 00:42:37 | 46 | 00:45:04 | 43 | 3:19:02 |
| 44 | 1756 | Mette Enevold Christensen | AK 73 | DEN | 21 | 00:45:34 | 51 | 00:31:09 | 55 | 00:36:52 | 45 | 00:42:44 | 47 | 00:44:01 | 30 | 3:20:20 |
| 45 | 1953 | Dorte Lybecker Bruun | ODENSE C | DEN | 15 | 00:45:17 | 47 | 00:30:37 | 49 | 00:36:49 | 44 | 00:42:18 | 39 | 00:45:30 | 46 | 3:20:31 |
| 46 | 1974 | Marjo Herforth | Sparta | FIN | 22 | 00:46:14 | 56 | 00:30:16 | 46 | 00:37:34 | 57 | 00:42:59 | 52 | 00:46:25 | 53 | 3:23:28 |
| 47 | 1619 | Linea Wulff | Fortius 1 | DEN | 23 | 00:46:33 | 64 | 00:31:50 | 72 | 00:37:16 | 53 | 00:42:47 | 49 | 00:45:15 | 44 | 3:23:41 |
| 48 | 1944 | Lene Møller | Aktivitetsscenter Bornholms Hospital 1 | DEN | 16 | 00:45:33 | 50 | 00:30:48 | 52 | 00:37:19 | 54 | 00:43:24 | 58 | 00:46:38 | 61 | 3:23:42 |
| 49 | 1711 | Bibi Christensen | SNIK Atletik | DEN | 17 | 00:46:38 | 68 | 00:30:42 | 50 | 00:37:15 | 52 | 00:42:46 | 48 | 00:46:22 | 52 | 3:23:43 |
| 50 | 1954 | Heidi Verity | Fri-cyklar Viborg C.Rasmussen | DEN | 24 | 00:46:19 | 58 | 00:31:02 | 53 | 00:37:57 | 66 | 00:43:04 | 54 | 00:46:03 | 49 | 3:24:25 |
| 51 | 1741 | Julie Føns | Gorm Jelling | DEN | 6 | 00:46:17 | 57 | 00:31:03 | 54 | 00:37:29 | 56 | 00:42:59 | 51 | 00:46:57 | 67 | 3:24:45 |
| 52 | 1821 | Lotte Stenderup | TØLLØSE | DEN | 18 | 00:46:40 | 69 | 00:31:41 | 70 | 00:37:08 | 48 | 00:43:00 | 53 | 00:46:31 | 58 | 3:25:00 |
| 53 | 1620 | Nina Nonboe Beck | SG-atletik | DEN | 25 | 00:45:03 | 46 | 00:32:46 | 97 | 00:37:25 | 55 | 00:43:12 | 57 | 00:46:37 | 60 | 3:25:03 |
| 54 | 1852 | Jane Marie Smith | BIRKERØD | DEN | 26 | 00:46:49 | 72 | 00:31:10 | 56 | 00:37:13 | 50 | 00:43:49 | 64 | 00:46:29 | 57 | 3:25:30 |
| 55 | 1908 | Clare Smith | MANCHESTER | GBR | 27 | 00:46:49 | 73 | 00:31:11 | 57 | 00:37:13 | 51 | 00:43:50 | 65 | 00:46:28 | 56 | 3:25:31 |
| 56 | 1502 | Birgitte Hylsberg | KBH Ø | DEN | 28 | 00:46:54 | 74 | 00:31:38 | 69 | 00:37:07 | 47 | 00:43:25 | 59 | 00:46:33 | 59 | 3:25:37 |
| 57 | 1831 | Susanne Lykke Nielsen | VEJLE ØST | DEN | 29 | 00:46:05 | 54 | 00:32:21 | 86 | 00:37:48 | 62 | 00:43:10 | 55 | 00:46:27 | 54 | 3:25:51 |
| 58 | 1514 | Marianne Botoft Hansen | Fortius 1 | DEN | 30 | 00:46:23 | 60 | 00:31:28 | 64 | 00:37:37 | 59 | 00:43:36 | 61 | 00:47:14 | 70 | 3:26:18 |
| 59 | 1758 | Marianne Skov | ODENSE M | DEN | 19 | 00:46:07 | 55 | 00:31:14 | 59 | 00:38:31 | 73 | 00:43:42 | 62 | 00:46:50 | 66 | 3:26:24 |
| 60 | 1743 | Kinna Olsen | HAF | DEN | 20 | 00:46:31 | 63 | 00:31:16 | 60 | 00:37:36 | 58 | 00:43:30 | 60 | 00:47:38 | 77 | 3:26:31 |
| 61 | 1597 | Helle Vibeke Buus | ØB-Atletik | DEN | 5 | 00:46:29 | 62 | 00:31:38 | 68 | 00:37:43 | 60 | 00:43:54 | 66 | 00:47:23 | 72 | 3:27:07 |
| 62 | 1860 | Kirsten Batz Kristiansen | RØNNE | DEN | 21 | 00:46:34 | 66 | 00:31:20 | 62 | 00:37:52 | 63 | 00:44:57 | 83 | 00:46:44 | 63 | 3:27:27 |
| 63 | 1751 | Annette Klint Kofod | VANLØSE | DEN | 22 | 00:46:28 | 61 | 00:32:27 | 89 | 00:37:59 | 67 | 00:44:46 | 79 | 00:46:39 | 62 | 3:28:19 |
| 64 | 1803 | Charlotte Skaunsgaard | KØBENHAVN Ø | DEN | 31 | 00:47:08 | 81 | 00:31:37 | 67 | 00:37:53 | 64 | 00:44:04 | 67 | 00:48:02 | 85 | 3:28:44 |
| 65 | 1610 | Marianne Tang Seerup | SÅN-Løberne 1 | DEN | 32 | 00:47:02 | 78 | 00:31:18 | 61 | 00:38:37 | 76 | 00:44:50 | 81 | 00:47:11 | 68 | 3:28:58 |
| 66 | 1935 | Susan H. Johansen | FREDERIKSBERG CF | DEN | 33 | 00:47:01 | 77 | 00:31:55 | 76 | 00:37:46 | 61 | 00:44:13 | 69 | 00:48:21 | 95 | 3:29:16 |
| 67 | 1745 | Anna Nilsson | IS Göta | SWE | 34 | 00:46:34 | 67 | 00:32:38 | 94 | 00:38:47 | 80 | 00:44:55 | 82 | 00:46:27 | 55 | 3:29:21 |
| 68 | 1956 | Hanne Baltzersen | Ronhill | DEN | 23 | 00:45:26 | 48 | 00:32:39 | 95 | 00:38:21 | 69 | 00:46:56 | 119 | 00:46:10 | 50 | 3:29:32 |
| 69 | 1765 | Annelise Corydon Frederiksen | Vorres marathonklub | DEN | 6 | 00:45:56 | 53 | 00:31:45 | 71 | 00:39:10 | 91 | 00:44:16 | 70 | 00:48:35 | 96 | 3:29:42 |
| 70 | 1542 | Birgit Buch | Blovstrød Løverne | DEN | 24 | 00:47:27 | 86 | 00:31:52 | 75 | 00:38:48 | 81 | 00:44:10 | 68 | 00:47:33 | 75 | 3:29:50 |
| 71 | 1671 | Marit Paldan | Viking Atletik - De Seje | DEN | 7 | 00:48:24 | 108 | 00:31:11 | 58 | 00:38:44 | 78 | 00:45:13 | 87 | 00:46:46 | 64 | 3:30:18 |
| 72 | 1899 | Gitte Sloth | Danske Bank | DEN | 25 | 00:47:52 | 91 | 00:32:16 | 84 | 00:38:43 | 77 | 00:44:39 | 74 | 00:46:50 | 65 | 3:30:20 |
| 73 | 1650 | Ebba Sørensen | Odder Atletik & Motion | DEN | 1 | 00:47:24 | 83 | 00:32:03 | 79 | 00:38:24 | 70 | 00:44:34 | 73 | 00:48:09 | 90 | 3:30:34 |
| 74 | 1923 | Ursula Leffler | Blau-Weiss Buchholz | GER | 2 | 00:47:50 | 90 | 00:32:53 | 101 | 00:38:05 | 68 | 00:44:40 | 75 | 00:47:18 | 71 | 3:30:46 |
| 75 | 1508 | Annie Gyde Pedersen | Nordtrim | DEN | 8 | 00:46:41 | 70 | 00:32:48 | 98 | 00:38:45 | 79 | 00:45:32 | 90 | 00:47:12 | 69 | 3:30:58 |
| 76 | 1611 | Aase Orloff Kaspersen | IAM | DEN | 35 | 00:48:03 | 96 | 00:32:15 | 83 | 00:38:51 | 83 | 00:44:30 | 71 | 00:47:32 | 74 | 3:31:11 |
| 77 | 1705 | Miriam Asvarisch | Viking Atletik - De sidste | DEN | 9 | 00:47:27 | 88 | 00:31:35 | 66 | 00:39:00 | 87 | 00:44:42 | 76 | 00:48:40 | 99 | 3:31:24 |
| 78 | 1722 | Sheila Mertz-nielsen | Fortius 2 | DEN | 36 | 00:47:33 | 89 | 00:32:56 | 102 | 00:38:27 | 71 | 00:44:34 | 72 | 00:48:01 | 84 | 3:31:31 |
| 79 | 1559 | Mette Lauridsen | KØBENHAVN N | DEN | 37 | 00:47:26 | 85 | 00:32:02 | 77 | 00:38:50 | 82 | 00:45:07 | 85 | 00:48:09 | 89 | 3:31:34 |
| 80 | 1690 | Jytte Winsløw | Blovstrødløverne | DEN | 10 | 00:46:47 | 71 | 00:32:40 | 96 | 00:38:35 | 75 | 00:45:39 | 93 | 00:47:54 | 80 | 3:31:35 |
| 81 | 1528 | Inger Dahlpetersen | Fortius 2 | DEN | 38 | 00:47:55 | 94 | 00:32:57 | 104 | 00:38:28 | 72 | 00:44:49 | 80 | 00:47:57 | 81 | 3:32:06 |
| 82 | 1793 | Merete Mortensen | ØB 9. kreds | DEN | 11 | 00:47:13 | 82 | 00:32:04 | 80 | 00:39:01 | 88 | 00:45:48 | 96 | 00:48:38 | 98 | 3:32:44 |

| | | | | | | | | | | | | | | | | |
|-----|------|------------------------------|---------------------------------------|-----|----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|---------|
| 83 | 1934 | Kristine Bøtter-jensen | Aktivitetscenter Bornholms Hospital 2 | DEN | 26 | 00:48:34 | 110 | 00:32:25 | 87 | 00:39:13 | 92 | 00:44:59 | 84 | 00:47:37 | 76 | 3:32:48 |
| 84 | 1926 | Annelise Hyldeqvist | Viking Atletik - De sidste | DEN | 12 | 00:47:05 | 80 | 00:32:07 | 81 | 00:39:15 | 95 | 00:46:00 | 102 | 00:49:00 | 104 | 3:33:27 |
| 85 | 1859 | Karin Eriksen | Ikast Atletik & Motion | DEN | 27 | 00:47:04 | 79 | 00:33:06 | 109 | 00:38:57 | 85 | 00:46:31 | 107 | 00:48:10 | 92 | 3:33:48 |
| 86 | 1740 | Hanne Thordahl | Novo Gruppens løbeklub | DEN | 28 | 00:48:14 | 101 | 00:32:52 | 99 | 00:39:23 | 98 | 00:45:35 | 92 | 00:48:14 | 93 | 3:34:18 |
| 87 | 1522 | Katrine Jensen | Viking Atletik - Boblerne | DEN | 7 | 00:46:33 | 65 | 00:33:42 | 121 | 00:39:35 | 106 | 00:47:26 | 128 | 00:47:30 | 73 | 3:34:46 |
| 88 | 1637 | Lillian Rasch Madsen | TIF | DEN | 29 | 00:48:07 | 97 | 00:32:33 | 90 | 00:39:14 | 93 | 00:45:51 | 99 | 00:49:07 | 108 | 3:34:52 |
| 89 | 1636 | Maria Christine Hoffmann | BAGSVÆRD | DEN | 39 | 00:48:55 | 116 | 00:33:14 | 112 | 00:39:36 | 107 | 00:45:07 | 86 | 00:48:01 | 83 | 3:34:53 |
| 90 | 1533 | Lisa Gregersen | VEDBÆK | DEN | 13 | 00:48:19 | 106 | 00:33:28 | 117 | 00:39:19 | 96 | 00:45:50 | 97 | 00:48:02 | 86 | 3:34:58 |
| 91 | 1534 | Vibeke Thøgersen | Aktivitetscenter Bornholms Hospital 3 | DEN | 14 | 00:47:55 | 93 | 00:32:59 | 106 | 00:38:57 | 84 | 00:45:31 | 89 | 00:49:47 | 121 | 3:35:09 |
| 92 | 1635 | Majken Østergaard Jensen | SNIK Atletik | DEN | 40 | 00:47:54 | 92 | 00:33:15 | 113 | 00:39:41 | 109 | 00:46:13 | 104 | 00:48:10 | 91 | 3:35:13 |
| 93 | 1622 | Mia Gall | Aktivitetscenter Bornholms Hospital 3 | DEN | 41 | 00:48:50 | 115 | 00:33:04 | 108 | 00:39:23 | 99 | 00:45:50 | 98 | 00:48:08 | 88 | 3:35:15 |
| 94 | 1828 | Rikke Thorslund Madsen | HERLEV | DEN | 42 | 00:46:57 | 75 | 00:32:17 | 85 | 00:39:29 | 102 | 00:46:31 | 108 | 00:50:06 | 126 | 3:35:20 |
| 95 | 1588 | Conny Hansen | Viking Atletik - De Kvikke | DEN | 30 | 00:48:20 | 107 | 00:32:58 | 105 | 00:39:37 | 108 | 00:46:35 | 110 | 00:47:54 | 79 | 3:35:24 |
| 96 | 1795 | Bettina Nielsen | Holbæk LMK | DEN | 31 | 00:48:08 | 98 | 00:33:02 | 107 | 00:39:44 | 111 | 00:45:45 | 95 | 00:48:49 | 101 | 3:35:28 |
| 97 | 1729 | Birgitte Marx | Mejdal GIK | DEN | 43 | 00:48:57 | 117 | 00:32:36 | 93 | 00:39:45 | 112 | 00:44:45 | 77 | 00:49:30 | 113 | 3:35:33 |
| 98 | 1774 | Annemarie Lundsgaard Bahnsen | Fortius 1 | DEN | 44 | 00:49:20 | 122 | 00:31:34 | 65 | 00:40:15 | 126 | 00:45:43 | 94 | 00:48:53 | 102 | 3:35:45 |
| 99 | 1617 | Annette Boesen | Fortius 1 | DEN | 45 | 00:47:26 | 84 | 00:32:34 | 91 | 00:41:30 | 151 | 00:43:46 | 63 | 00:50:41 | 135 | 3:35:57 |
| 100 | 1861 | Sine Christiane Gerstenberg | AK 73 | DEN | 46 | 00:49:38 | 128 | 00:31:50 | 73 | 00:39:30 | 103 | 00:46:32 | 109 | 00:48:37 | 97 | 3:36:07 |
| 101 | 1569 | Sara Skov Thomsen | KØBENHAVN 5 | DEN | 47 | 00:48:59 | 119 | 00:33:48 | 127 | 00:40:12 | 124 | 00:45:52 | 100 | 00:48:08 | 87 | 3:36:59 |
| 102 | 1898 | Baiba Hedegaard Hansen | AAKIRKEBY | LAT | 48 | 00:48:44 | 114 | 00:33:12 | 111 | 00:39:47 | 113 | 00:45:53 | 101 | 00:49:48 | 122 | 3:37:24 |
| 103 | 1982 | Karin Knaak | Biau-Weiss-Bulhholz | GER | 15 | 00:48:01 | 95 | 00:34:02 | 134 | 00:39:22 | 97 | 00:47:07 | 121 | 00:48:57 | 103 | 3:37:29 |
| 104 | 1720 | Irene Trip | Aktivitetscenter Bornholms Hospital 2 | DEN | 49 | 00:48:11 | 100 | 00:33:48 | 125 | 00:39:33 | 104 | 00:46:56 | 118 | 00:49:04 | 107 | 3:37:32 |
| 105 | 1891 | Jette Jensen | SÅN-Løberne 2 | DEN | 16 | 00:48:30 | 109 | 00:33:33 | 120 | 00:39:43 | 110 | 00:46:21 | 105 | 00:49:27 | 112 | 3:37:34 |
| 106 | 1568 | Ida Moch Jørgensen | KARLSLUNDE | DEN | 50 | 00:50:33 | 142 | 00:33:31 | 118 | 00:40:21 | 129 | 00:48:49 | 157 | 00:44:37 | 38 | 3:37:51 |
| 107 | 1724 | Marianne Boe Madsen | Holstebro Triathlon Klub | DEN | 51 | 00:48:08 | 99 | 00:34:11 | 138 | 00:39:35 | 105 | 00:46:39 | 112 | 00:49:34 | 115 | 3:38:07 |
| 108 | 1515 | Charlotte Kramer | HERNING | DEN | 52 | 00:49:31 | 126 | 00:33:42 | 122 | 00:39:26 | 101 | 00:46:22 | 106 | 00:49:19 | 110 | 3:38:20 |
| 109 | 1552 | Maria Olsen | Fortius 2 | DEN | 53 | 00:48:58 | 118 | 00:34:51 | 159 | 00:39:25 | 100 | 00:46:44 | 116 | 00:48:42 | 100 | 3:38:40 |
| 110 | 1886 | Marina Krebs | Team Oberhavel | GER | 17 | 00:48:14 | 102 | 00:33:12 | 110 | 00:40:36 | 134 | 00:47:18 | 125 | 00:49:41 | 119 | 3:39:01 |
| 111 | 1570 | Hanne Andersen | SMT- Silkeborg | DEN | 32 | 00:50:34 | 143 | 00:33:27 | 116 | 00:39:51 | 115 | 00:46:10 | 103 | 00:49:38 | 118 | 3:39:40 |
| 112 | 1789 | Jane Bjerrum | Team Skjern Bank | DEN | 33 | 00:49:22 | 124 | 00:33:55 | 132 | 00:40:10 | 120 | 00:46:38 | 111 | 00:49:37 | 117 | 3:39:42 |
| 113 | 1704 | Kirsten Luther | Holbæk LMK | DEN | 34 | 00:49:12 | 121 | 00:34:33 | 148 | 00:40:10 | 121 | 00:46:44 | 115 | 00:49:04 | 106 | 3:39:43 |
| 114 | 1511 | Joan M. Petersen | Rødovre AC | DEN | 18 | 00:48:43 | 112 | 00:34:10 | 137 | 00:40:47 | 137 | 00:46:42 | 114 | 00:49:32 | 114 | 3:39:54 |
| 115 | 1910 | Line Holtegaard Madsen | GENTOFTE | DEN | 54 | 00:49:39 | 130 | 00:33:54 | 130 | 00:39:52 | 116 | 00:47:20 | 126 | 00:49:57 | 124 | 3:40:42 |
| 116 | 1972 | Birgitte Juul Jørgensen | BRØNSHØJ | DEN | 35 | 00:49:39 | 129 | 00:33:43 | 123 | 00:40:16 | 127 | 00:47:00 | 120 | 00:50:36 | 132 | 3:41:14 |
| 117 | 1925 | Lene Bay Larsen | Sparta 3 | DEN | 36 | 00:48:16 | 105 | 00:34:00 | 133 | 00:40:31 | 133 | 00:47:51 | 134 | 00:50:46 | 138 | 3:41:24 |
| 118 | 1794 | Pernille Kofod | Viking Atletik - De rappe | DEN | 37 | 00:48:44 | 113 | 00:34:21 | 141 | 00:40:03 | 118 | 00:46:54 | 117 | 00:51:23 | 151 | 3:41:25 |
| 119 | 1700 | Anette Møller | Viking Atletik - De Kvikke | DEN | 38 | 00:49:44 | 134 | 00:34:05 | 135 | 00:41:19 | 147 | 00:47:12 | 123 | 00:49:26 | 111 | 3:41:46 |
| 120 | 1667 | Anna Koefoed | BRØNSHØJ | DEN | 55 | 00:49:21 | 123 | 00:34:13 | 139 | 00:40:04 | 119 | 00:47:25 | 127 | 00:51:16 | 146 | 3:42:19 |
| 121 | 1629 | Elisabeth Linde Nielsen | Sparta 3 | DEN | 19 | 00:52:25 | 183 | 00:34:34 | 149 | 00:40:17 | 128 | 00:46:41 | 113 | 00:49:02 | 105 | 3:42:59 |
| 122 | 1816 | Anne Broksø | Blovstrød løverne | DEN | 56 | 01:05:48 | 429 | 00:29:44 | 33 | 00:37:09 | 49 | 00:44:45 | 78 | 00:45:47 | 48 | 3:43:13 |
| 123 | 1579 | Tanja Højegaard Ravnholt | Viking Atletik - De Kvikke | DEN | 57 | 00:52:12 | 174 | 00:32:35 | 92 | 00:41:08 | 146 | 00:47:41 | 133 | 00:49:52 | 123 | 3:43:28 |

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|-----|------|---------------------------|--------------------------------------|-----|----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|---------|
| 124 | 1626 | Henriette Folkmann Hansen | FREDERIKSBERG | DEN | 58 | 00:51:41 | 168 | 00:33:24 | 115 | 00:41:03 | 144 | 00:48:07 | 141 | 00:49:34 | 116 | 3:43:49 |
| 125 | 1653 | Christl Heine | WOLFENBÜTTEL | GER | 20 | 00:50:18 | 136 | 00:34:35 | 150 | 00:40:36 | 135 | 00:47:57 | 137 | 00:50:38 | 134 | 3:44:04 |
| 126 | 1678 | Anne-mette Christensen | Team Hi-Tec | DEN | 39 | 00:51:24 | 163 | 00:33:54 | 129 | 00:40:26 | 132 | 00:48:11 | 143 | 00:50:21 | 128 | 3:44:16 |
| 127 | 1914 | Sanna Elisabeth Nielsen | Viking Atletik - De hurtige | DEN | 59 | 00:50:01 | 135 | 00:33:45 | 124 | 00:40:26 | 131 | 00:48:58 | 161 | 00:51:06 | 141 | 3:44:16 |
| 128 | 1735 | Lotte Hansen | Odense Politi Idræt | DEN | 40 | 00:49:39 | 131 | 00:35:13 | 172 | 00:41:06 | 145 | 00:48:04 | 139 | 00:50:15 | 127 | 3:44:17 |
| 129 | 1584 | Bodil Rasmussen | ESBJERG V | DEN | 60 | 00:49:30 | 125 | 00:34:24 | 142 | 00:41:28 | 150 | 00:48:37 | 150 | 00:50:44 | 137 | 3:44:43 |
| 130 | 1721 | Camilla Buus-køfoed | ØB | DEN | 61 | 00:50:58 | 153 | 00:34:29 | 143 | 00:41:35 | 153 | 00:47:16 | 124 | 00:50:34 | 131 | 3:44:52 |
| 131 | 1723 | Solveig Ohlsson | Team Blekinge | SWE | 21 | 00:51:22 | 162 | 00:33:18 | 114 | 00:41:03 | 143 | 00:47:27 | 129 | 00:51:46 | 160 | 3:44:56 |
| 132 | 1694 | Lise Skjold Kirkeby | Odder Atletik & Motion | DEN | 41 | 00:49:42 | 133 | 00:33:51 | 128 | 00:41:38 | 155 | 00:48:09 | 142 | 00:52:04 | 166 | 3:45:24 |
| 133 | 1799 | Christina Johansen | BALLERUP | DEN | 62 | 00:50:53 | 150 | 00:34:37 | 152 | 00:41:39 | 156 | 00:47:11 | 122 | 00:51:08 | 142 | 3:45:28 |
| 134 | 1864 | Inga Møller | Viking Atletik - De rappe | DEN | 42 | 00:50:24 | 139 | 00:34:42 | 154 | 00:40:50 | 138 | 00:48:49 | 156 | 00:50:47 | 139 | 3:45:32 |
| 135 | 1884 | Sara Reuther-nielsen | Brøndby Trim | DEN | 63 | 00:50:29 | 141 | 00:34:29 | 144 | 00:41:01 | 142 | 00:49:21 | 169 | 00:50:29 | 130 | 3:45:49 |
| 136 | 1600 | Elisabeth Kristensen | SMØRUM | DEN | 43 | 00:50:21 | 137 | 00:34:32 | 145 | 00:41:45 | 158 | 00:47:52 | 135 | 00:51:19 | 149 | 3:45:49 |
| 137 | 1654 | Sille Bernath | Aktivitetcenter Bornholms Hospital 3 | DEN | 64 | 00:50:53 | 147 | 00:34:19 | 140 | 00:40:58 | 140 | 00:48:43 | 154 | 00:51:37 | 156 | 3:46:30 |
| 138 | 1849 | Barbara Gruenewald-knapp | HAMBURG | GER | 22 | 00:51:03 | 156 | 00:35:14 | 174 | 00:41:01 | 141 | 00:48:19 | 144 | 00:51:38 | 157 | 3:47:15 |
| 139 | 1681 | Lisbeth Nonboe Beck | SG-atletik | DEN | 3 | 00:50:45 | 145 | 00:35:37 | 189 | 00:42:26 | 179 | 00:48:27 | 146 | 00:50:22 | 129 | 3:47:37 |
| 140 | 1634 | Birgitte Aasberg | Politiets IF København | DEN | 65 | 00:52:26 | 184 | 00:33:33 | 119 | 00:42:49 | 186 | 00:49:12 | 168 | 00:49:42 | 120 | 3:47:42 |
| 141 | 1618 | Kirsten Kyndesen | Nyvest | DEN | 44 | 00:51:02 | 155 | 00:34:32 | 146 | 00:42:05 | 169 | 00:48:58 | 162 | 00:51:26 | 153 | 3:48:03 |
| 142 | 1856 | Lene Blem Dahl | RØNNE | DEN | 45 | 00:50:23 | 138 | 00:34:46 | 157 | 00:42:11 | 172 | 00:48:53 | 158 | 00:52:00 | 164 | 3:48:13 |
| 143 | 1673 | Sanne Larsen | KØBENHAVN Ø | DEN | 8 | 00:51:21 | 161 | 00:35:13 | 173 | 00:42:04 | 168 | 00:49:05 | 166 | 00:50:50 | 140 | 3:48:33 |
| 144 | 1931 | Anne Mette Jensen | ALLINGE | DEN | 46 | 00:51:07 | 158 | 00:35:28 | 182 | 00:42:03 | 167 | 00:48:58 | 160 | 00:51:09 | 144 | 3:48:45 |
| 145 | 1817 | Kirsten Espersen | SÅN-Løberne 2 | DEN | 23 | 00:50:45 | 144 | 00:35:09 | 170 | 00:41:22 | 148 | 00:49:53 | 181 | 00:51:47 | 161 | 3:48:56 |
| 146 | 1641 | Bente Frøkjær | Sparta 4 | DEN | 4 | 00:51:29 | 165 | 00:35:00 | 163 | 00:41:49 | 160 | 00:48:42 | 153 | 00:51:58 | 163 | 3:48:58 |
| 147 | 1640 | Lisbeth Jensen | Klemensker | DEN | 47 | 00:51:34 | 167 | 00:34:45 | 155 | 00:41:51 | 161 | 00:48:34 | 149 | 00:52:15 | 170 | 3:48:59 |
| 148 | 1813 | Lone Krogh Hansen | Viking Atletik - De Kvikke | DEN | 24 | 00:50:54 | 151 | 00:35:07 | 169 | 00:42:46 | 185 | 00:48:39 | 151 | 00:51:40 | 158 | 3:49:06 |
| 149 | 1978 | Gro Noraker | Drøbak-Froen Idrætslag | DEN | 25 | 00:51:41 | 169 | 00:34:33 | 147 | 00:41:51 | 162 | 00:49:07 | 167 | 00:52:08 | 168 | 3:49:20 |
| 150 | 1825 | Rikke Rie Hansen | KØBENHAVN Ø | DEN | 66 | 00:52:58 | 197 | 00:35:28 | 181 | 00:41:49 | 159 | 00:48:05 | 140 | 00:51:08 | 143 | 3:49:28 |
| 151 | 1784 | Simone Flade | Kvickly Rønne | DEN | 9 | 00:50:55 | 152 | 00:34:46 | 156 | 00:43:07 | 196 | 00:49:24 | 170 | 00:51:26 | 154 | 3:49:38 |
| 152 | 1818 | Helle Pedersen | puls 3060 | DEN | 49 | 00:50:53 | 149 | 00:34:57 | 162 | 00:42:12 | 173 | 00:50:22 | 193 | 00:51:21 | 150 | 3:49:45 |
| 153 | 1630 | Sus Larsen | skælskør løbeklub | DEN | 48 | 00:51:29 | 166 | 00:35:15 | 175 | 00:42:03 | 166 | 00:48:45 | 155 | 00:52:13 | 169 | 3:49:45 |
| 154 | 1638 | Kirsten Bæk Andersen | TIK-Løberne | DEN | 26 | 00:51:28 | 164 | 00:35:11 | 171 | 00:42:51 | 187 | 00:49:01 | 164 | 00:51:18 | 147 | 3:49:49 |
| 155 | 1869 | Jeanette Sjøbeck | Sparta 4 | DEN | 50 | 00:51:18 | 160 | 00:35:23 | 178 | 00:43:44 | 220 | 00:48:58 | 159 | 00:50:41 | 136 | 3:50:04 |
| 156 | 1708 | Lisbeth Jørgensen | HOLBÆK | DEN | 67 | 00:52:01 | 171 | 00:35:28 | 180 | 00:41:53 | 163 | 00:49:37 | 174 | 00:51:30 | 155 | 3:50:29 |
| 157 | 1669 | Ulrika Karlsson | Falkenbergs Roadrunners | SWE | 51 | 00:52:36 | 188 | 00:34:55 | 161 | 00:42:19 | 174 | 00:48:41 | 152 | 00:52:31 | 176 | 3:51:02 |
| 158 | 1596 | Lærke Blomgren Jensen | Fortius 2 | DEN | 68 | 00:53:12 | 204 | 00:36:46 | 232 | 00:39:02 | 89 | 00:50:19 | 191 | 00:52:24 | 172 | 3:51:43 |
| 159 | 1668 | Bibi Larsen | De : Blå | DEN | 69 | 00:52:08 | 173 | 00:35:21 | 177 | 00:42:43 | 184 | 00:49:25 | 171 | 00:52:24 | 173 | 3:52:01 |
| 160 | 1915 | Lena Svendsen | IK Olympia | DEN | 27 | 00:51:14 | 159 | 00:36:06 | 210 | 00:43:26 | 206 | 00:49:50 | 179 | 00:51:46 | 159 | 3:52:22 |
| 161 | 1573 | Marianne Stenum | Politiets IF København | DEN | 70 | 00:52:31 | 186 | 00:35:33 | 187 | 00:42:51 | 188 | 00:48:24 | 145 | 00:53:21 | 195 | 3:52:40 |
| 162 | 1927 | Susanne Nielsen | Amok | DEN | 71 | 00:52:06 | 172 | 00:35:48 | 197 | 00:42:22 | 175 | 00:49:56 | 182 | 00:52:30 | 175 | 3:52:42 |
| 163 | 1943 | Dorte Holm Poulmann | TDC | DEN | 72 | 00:52:23 | 180 | 00:35:33 | 186 | 00:42:34 | 183 | 00:50:04 | 184 | 00:52:35 | 178 | 3:53:09 |
| 164 | 1646 | Anette Jensen | SNIK Atletik | DEN | 52 | 00:52:01 | 170 | 00:35:28 | 179 | 00:42:22 | 176 | 00:49:47 | 176 | 00:53:31 | 198 | 3:53:09 |

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|-----|------|--------------------------|--------------------------------------|-----|----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|---------|
| 165 | 1718 | Lone Andersson | Helsingør Atletik | DEN | 5 | 00:52:36 | 190 | 00:35:02 | 166 | 00:42:08 | 170 | 00:50:30 | 197 | 00:53:04 | 189 | 3:53:20 |
| 166 | 1806 | Birgit Kruse | Aktivitetcenter Bornholms Hospital 2 | DEN | 53 | 00:54:11 | 235 | 00:36:55 | 246 | 00:42:01 | 164 | 00:49:00 | 163 | 00:51:13 | 145 | 3:53:20 |
| 167 | 1621 | Helle Vistisen | Jensen Denmark A/S | DEN | 73 | 00:53:46 | 219 | 00:35:07 | 168 | 00:42:22 | 177 | 00:49:37 | 173 | 00:52:43 | 180 | 3:53:35 |
| 168 | 1656 | Janni Dam-nielsen | Codan Sport | DEN | 74 | 00:50:25 | 140 | 00:36:15 | 212 | 00:42:52 | 189 | 00:50:27 | 196 | 00:53:40 | 201 | 3:53:39 |
| 169 | 1725 | Jette Kristensen | TRIM Ballerup | DEN | 54 | 00:52:25 | 182 | 00:35:17 | 176 | 00:42:28 | 180 | 00:50:25 | 195 | 00:53:05 | 190 | 3:53:40 |
| 170 | 1572 | Janne Pauch Andersen | KØBENHAVN S | DEN | 75 | 00:52:31 | 185 | 00:35:02 | 165 | 00:43:27 | 207 | 00:50:56 | 210 | 00:51:56 | 162 | 3:53:52 |
| 171 | 1691 | Helle Olsen | SÅN-Løberne 2 | DEN | 28 | 00:52:19 | 178 | 00:35:38 | 190 | 00:43:12 | 199 | 00:49:52 | 180 | 00:52:56 | 184 | 3:53:57 |
| 172 | 1520 | Tove Rasmussen | Viking Atletik - De hurtige | DEN | 29 | 00:52:18 | 176 | 00:35:39 | 191 | 00:43:07 | 195 | 00:50:17 | 190 | 00:52:59 | 186 | 3:54:20 |
| 173 | 1525 | Dorte Krogh | Politiets IF København | DEN | 76 | 00:52:42 | 192 | 00:35:30 | 184 | 00:43:05 | 193 | 00:49:49 | 178 | 00:53:18 | 194 | 3:54:24 |
| 174 | 1670 | Kristine Kokbøl | Sparta | DEN | 55 | 00:53:27 | 211 | 00:35:39 | 192 | 00:42:56 | 190 | 00:49:33 | 172 | 00:52:55 | 183 | 3:54:30 |
| 175 | 1712 | Pernille Lauge Genske | AstmaMaraton | DEN | 77 | 00:51:07 | 157 | 00:35:54 | 203 | 00:43:18 | 201 | 00:52:28 | 236 | 00:52:16 | 171 | 3:55:03 |
| 176 | 1968 | Helle Månsson Davidsen | VÆRLØSE | DEN | 56 | 00:52:36 | 189 | 00:35:49 | 198 | 00:43:12 | 198 | 00:50:25 | 194 | 00:53:15 | 191 | 3:55:17 |
| 177 | 1952 | Lone Jørgensen | RØNNE | DEN | 78 | 00:54:17 | 238 | 00:35:50 | 201 | 00:42:59 | 191 | 00:49:02 | 165 | 00:53:16 | 192 | 3:55:24 |
| 178 | 1786 | Pia Kousholt | Herlev Løbe-og Atletikklub | DEN | 57 | 00:50:53 | 148 | 00:35:49 | 199 | 00:44:03 | 230 | 00:52:19 | 234 | 00:52:58 | 185 | 3:56:02 |
| 179 | 1675 | Pia Tindø | NOVASOL/Dansommer | DEN | 79 | 00:52:45 | 194 | 00:35:34 | 188 | 00:43:16 | 200 | 00:49:49 | 177 | 00:54:44 | 230 | 3:56:08 |
| 180 | 1665 | Lise Kjær Poulsen | SMT Silkeborg | DEN | 80 | 00:54:12 | 236 | 00:35:50 | 200 | 00:43:47 | 223 | 00:50:07 | 185 | 00:52:30 | 174 | 3:56:26 |
| 181 | 1541 | Ulrike Hallenberger | Blau-Weiss Buchholz | GER | 58 | 00:52:59 | 198 | 00:36:46 | 231 | 00:44:05 | 234 | 00:50:32 | 199 | 00:52:07 | 167 | 3:56:29 |
| 182 | 1733 | Helle Visholm | Skælskør Løbeklub | DEN | 59 | 00:52:42 | 191 | 00:35:31 | 185 | 00:43:23 | 204 | 00:50:56 | 209 | 00:53:58 | 210 | 3:56:30 |
| 183 | 1810 | Ann - Christine Olofsson | Team Blekinge | SWE | 30 | 00:53:19 | 208 | 00:37:05 | 252 | 00:43:43 | 219 | 00:49:45 | 175 | 00:52:44 | 181 | 3:56:36 |
| 184 | 1837 | Lene Jensen | Viking Atletik - De Kvikke | DEN | 60 | 00:52:20 | 179 | 00:36:30 | 221 | 00:43:18 | 202 | 00:51:39 | 220 | 00:53:01 | 188 | 3:56:48 |
| 185 | 1537 | Lotte Tranberg | Strandløberne | DEN | 61 | 00:53:53 | 222 | 00:36:05 | 208 | 00:42:34 | 182 | 00:50:52 | 207 | 00:53:27 | 196 | 3:56:51 |
| 186 | 1947 | Mette Gude | RØNNE | DEN | 81 | 00:53:02 | 200 | 00:36:25 | 218 | 00:43:42 | 218 | 00:50:12 | 187 | 00:53:44 | 204 | 3:57:05 |
| 187 | 1624 | Esther Bjerrum Antonsen | ESBJERG N | DEN | 31 | 00:53:55 | 226 | 00:36:06 | 211 | 00:43:31 | 209 | 00:50:07 | 186 | 00:53:44 | 205 | 3:57:23 |
| 188 | 1687 | Elisabeth Sydenham | Blovstrød Løverne | GBR | 32 | 00:54:37 | 247 | 00:35:47 | 196 | 00:43:20 | 203 | 00:50:40 | 202 | 00:53:00 | 187 | 3:57:24 |
| 189 | 1590 | Anne - Marie Widding | Holbæk LMK | DEN | 62 | 00:52:35 | 187 | 00:35:01 | 164 | 00:43:51 | 225 | 00:51:55 | 227 | 00:54:07 | 215 | 3:57:29 |
| 190 | 1900 | Linda Skou | ROSKILDE | DEN | 33 | 00:52:51 | 195 | 00:36:00 | 204 | 00:44:29 | 249 | 00:52:27 | 235 | 00:52:02 | 165 | 3:57:49 |
| 191 | 1911 | Lene Gredal | HVIDOVRE | DEN | 63 | 00:53:16 | 206 | 00:36:00 | 205 | 00:43:55 | 226 | 00:50:43 | 204 | 00:54:01 | 212 | 3:57:55 |
| 192 | 1766 | Lindsey Barker | Team Hi-Tec | GBR | 82 | 00:51:02 | 154 | 00:36:26 | 219 | 00:43:09 | 197 | 00:52:04 | 230 | 00:55:14 | 244 | 3:57:55 |
| 193 | 1964 | Hanne Permin | KØBENHAVN S | DEN | 83 | 00:54:04 | 230 | 00:37:22 | 257 | 00:43:38 | 216 | 00:50:13 | 188 | 00:52:54 | 182 | 3:58:11 |
| 194 | 1633 | Anne T. Hartkopf | Birkerødernes Løbeklub | DEN | 64 | 00:54:34 | 245 | 00:35:47 | 195 | 00:43:30 | 208 | 00:50:51 | 205 | 00:53:52 | 207 | 3:58:34 |
| 195 | 1738 | Rebecca Ilsøe | Viking Atletik - De rappe | DEN | 84 | 00:53:16 | 207 | 00:36:02 | 206 | 00:43:02 | 192 | 00:49:57 | 183 | 00:56:18 | 267 | 3:58:35 |
| 196 | 1839 | Heidi Olsen | Strandløberne | DEN | 85 | 00:53:53 | 223 | 00:36:05 | 209 | 00:43:46 | 222 | 00:50:51 | 206 | 00:54:00 | 211 | 3:58:35 |
| 197 | 1737 | Inger-birthe Rømer | Danske Bank | DEN | 34 | 00:52:56 | 196 | 00:36:43 | 229 | 00:43:57 | 228 | 00:51:28 | 216 | 00:53:40 | 202 | 3:58:44 |
| 198 | 1585 | Monika Bramsiepe | BSG Köln | GER | 35 | 00:54:08 | 234 | 00:36:50 | 237 | 00:43:06 | 194 | 00:50:32 | 198 | 00:54:09 | 217 | 3:58:45 |
| 199 | 1736 | Tove Pallesen | VIRUM | DEN | 36 | 00:53:09 | 203 | 00:36:29 | 220 | 00:43:35 | 214 | 00:51:13 | 211 | 00:54:49 | 232 | 3:59:15 |
| 200 | 1535 | Susanne Würfel | LSV Teterow | GER | 10 | 00:56:31 | 288 | 00:36:33 | 225 | 00:43:24 | 205 | 00:50:13 | 189 | 00:52:35 | 177 | 3:59:16 |
| 201 | 1544 | Birgitte Grenaa | Sparta 4 | DEN | 65 | 00:53:20 | 209 | 00:37:02 | 250 | 00:43:57 | 227 | 00:51:41 | 221 | 00:53:30 | 197 | 3:59:30 |
| 202 | 1716 | Susan Erichsen | Bech-Hansen & Studsgaard A/S | DEN | 86 | 00:53:42 | 217 | 00:36:25 | 217 | 00:44:45 | 252 | 00:51:13 | 212 | 00:53:41 | 203 | 3:59:46 |
| 203 | 1779 | Gunilla Carlström | Härlövs IF | SWE | 87 | 00:52:59 | 199 | 00:37:43 | 265 | 00:43:32 | 210 | 00:53:08 | 256 | 00:52:38 | 179 | 4:00:00 |
| 204 | 1763 | Anne-marie Westermann | HOLBÆK | DEN | 37 | 00:54:02 | 228 | 00:36:53 | 242 | 00:44:16 | 238 | 00:51:27 | 215 | 00:53:35 | 200 | 4:00:13 |
| 205 | 1602 | Anne Marie Simper | Team Simper | DEN | 38 | 00:54:25 | 241 | 00:35:51 | 202 | 00:43:50 | 224 | 00:52:29 | 238 | 00:53:49 | 206 | 4:00:24 |
| 206 | 1702 | Katrin Klinke | Muskelkatze | GER | 88 | 00:53:21 | 210 | 00:36:54 | 244 | 00:43:33 | 211 | 00:52:38 | 242 | 00:54:01 | 213 | 4:00:27 |
| 207 | 1895 | Birgit Jørgensen | Aaker Skole | DEN | 66 | 00:54:02 | 229 | 00:36:47 | 234 | 00:44:05 | 233 | 00:52:00 | 229 | 00:54:10 | 218 | 4:01:04 |

| | | | | | | | | | | | | | | | | |
|-----|------|------------------------|---------------------------------------|-----|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|---------|
| 208 | 1973 | Britta Nordhause | BAD HARZHURG | GER | 67 | 00:53:51 | 221 | 00:36:24 | 216 | 00:44:21 | 243 | 00:51:33 | 218 | 00:54:56 | 235 | 4:01:05 |
| 209 | 1958 | Susan Deleuran | Puls 3060 | DEN | 39 | 00:54:13 | 237 | 00:36:17 | 213 | 00:44:17 | 240 | 00:52:10 | 231 | 00:54:11 | 219 | 4:01:08 |
| 210 | 1913 | Henriette Andersen | Viking Atletik - De hurtige | DEN | 68 | 00:54:46 | 249 | 00:36:31 | 222 | 00:44:04 | 231 | 00:50:55 | 208 | 00:54:55 | 234 | 4:01:11 |
| 211 | 1747 | Ann-karina Nørskov | SØAM | DEN | 89 | 00:53:56 | 227 | 00:36:46 | 233 | 00:44:52 | 254 | 00:51:34 | 219 | 00:54:07 | 216 | 4:01:15 |
| 212 | 1507 | Jette Gram | KASTRUP | DEN | 69 | 00:53:38 | 215 | 00:36:32 | 223 | 00:45:06 | 258 | 00:52:36 | 241 | 00:53:55 | 209 | 4:01:47 |
| 213 | 1829 | Kitt Dupont | NIVÅ | DEN | 70 | 00:54:06 | 232 | 00:37:29 | 259 | 00:44:12 | 237 | 00:51:52 | 226 | 00:54:19 | 221 | 4:01:58 |
| 214 | 1677 | Annie Vørs | Sparta 4 | DEN | 6 | 00:54:07 | 233 | 00:36:40 | 226 | 00:44:32 | 250 | 00:51:29 | 217 | 00:55:12 | 243 | 4:02:00 |
| 215 | 1755 | Marion Goetz | SV scn energy Torgelow | GER | 71 | 00:56:04 | 276 | 00:37:33 | 261 | 00:44:26 | 245 | 00:50:42 | 203 | 00:53:16 | 193 | 4:02:01 |
| 216 | 1558 | Lene Madsen | Hjerteforeningen MK | DEN | 72 | 00:53:43 | 218 | 00:37:46 | 266 | 00:44:28 | 248 | 00:51:42 | 222 | 00:54:39 | 226 | 4:02:18 |
| 217 | 1760 | Birgit Konring | HOLTE | DEN | 73 | 00:53:36 | 214 | 00:36:53 | 241 | 00:44:07 | 236 | 00:51:51 | 225 | 00:55:59 | 260 | 4:02:26 |
| 218 | 1693 | Jette Basballe | TIKØB | DEN | 7 | 00:54:27 | 242 | 00:36:45 | 230 | 00:44:28 | 247 | 00:52:28 | 237 | 00:54:28 | 224 | 4:02:36 |
| 219 | 1843 | Lisette Cristensen | ÅLSGÅRDE | DEN | 90 | 00:53:29 | 212 | 00:36:43 | 228 | 00:45:27 | 269 | 00:52:45 | 249 | 00:54:40 | 227 | 4:03:04 |
| 220 | 1922 | Marianne Krogshave | AMOK | DEN | 91 | 00:54:31 | 243 | 00:35:46 | 194 | 00:45:26 | 266 | 00:52:19 | 233 | 00:55:08 | 241 | 4:03:10 |
| 221 | 1894 | Hanne Gade | Puls 3060 | DEN | 8 | 00:53:30 | 213 | 00:36:43 | 227 | 00:45:27 | 270 | 00:53:17 | 260 | 00:54:40 | 228 | 4:03:37 |
| 222 | 1929 | Christina Hartmann | Blovstrød Løverne | DEN | 74 | 00:54:48 | 250 | 00:38:11 | 280 | 00:43:42 | 217 | 00:52:17 | 232 | 00:55:56 | 257 | 4:04:54 |
| 223 | 1838 | Else Borring | HOLBÆK | DEN | 75 | 00:53:40 | 216 | 00:36:49 | 235 | 00:45:01 | 256 | 00:53:08 | 257 | 00:56:24 | 268 | 4:05:02 |
| 224 | 1546 | Roswitha Ahrens | MSV Eintr. Halberstadt | GER | 9 | 00:55:42 | 268 | 00:36:50 | 236 | 00:44:47 | 253 | 00:52:50 | 251 | 00:55:01 | 237 | 4:05:10 |
| 225 | 1505 | Helga Dörpinghaus | TV Uftort-Eick | GER | 10 | 00:54:17 | 239 | 00:36:55 | 245 | 00:46:13 | 289 | 00:53:20 | 261 | 00:54:43 | 229 | 4:05:28 |
| 226 | 1582 | Marie Kure | Aktivitetscenter Bornholms Hospital 3 | DEN | 92 | 00:55:00 | 252 | 00:37:47 | 267 | 00:45:11 | 260 | 00:53:23 | 263 | 00:54:15 | 220 | 4:05:36 |
| 227 | 1580 | Tanja Jørgensen | Langgarverne | DEN | 93 | 00:54:31 | 244 | 00:36:53 | 243 | 00:46:15 | 292 | 00:52:57 | 253 | 00:55:29 | 249 | 4:06:05 |
| 228 | 1513 | Stine Lundberg Hansen | HVIDOVRE | DEN | 94 | 00:53:49 | 220 | 00:36:03 | 207 | 00:43:34 | 212 | 00:51:24 | 214 | 01:01:19 | 362 | 4:06:09 |
| 229 | 1780 | Karin Buus | HESELAGER | DEN | 76 | 00:55:12 | 254 | 00:37:55 | 271 | 00:45:31 | 271 | 00:52:41 | 243 | 00:54:51 | 233 | 4:06:10 |
| 230 | 1595 | Gitte Kofoed-nielsen | Viking Atletik - De hurtige | DEN | 77 | 00:55:14 | 256 | 00:36:59 | 248 | 00:46:25 | 295 | 00:52:46 | 250 | 00:55:08 | 242 | 4:06:32 |
| 231 | 1714 | Irene Knudsen | Viking Atletik - De Seje | DEN | 40 | 00:55:53 | 272 | 00:37:03 | 251 | 00:44:41 | 251 | 00:52:34 | 240 | 00:56:36 | 270 | 4:06:47 |
| 232 | 1576 | Heidi Hedengran | RØNNE | DEN | 95 | 00:55:19 | 258 | 00:36:23 | 215 | 00:46:16 | 293 | 00:52:43 | 245 | 00:56:13 | 265 | 4:06:54 |
| 233 | 1608 | Anneliese Leck | Stolpertruppe Winsen | GER | 11 | 00:55:29 | 264 | 00:36:50 | 238 | 00:45:27 | 268 | 00:54:11 | 285 | 00:54:59 | 236 | 4:06:56 |
| 234 | 1872 | Michaela Jux | LÜBSTORF | GER | 96 | 00:57:13 | 300 | 00:37:01 | 249 | 00:45:38 | 275 | 00:51:22 | 213 | 00:55:42 | 252 | 4:06:56 |
| 235 | 1587 | Kirsten Damgaard | SPENTRUP | DEN | 41 | 00:55:27 | 263 | 00:37:36 | 263 | 00:45:21 | 265 | 00:52:43 | 244 | 00:56:14 | 266 | 4:07:21 |
| 236 | 1932 | Hanne Kvottrup Nielsen | Team Morfar | DEN | 78 | 00:55:54 | 275 | 00:37:33 | 262 | 00:45:51 | 277 | 00:53:01 | 254 | 00:55:05 | 239 | 4:07:24 |
| 237 | 1933 | Alis Jensen | Team Morfar | DEN | 12 | 00:55:53 | 273 | 00:37:33 | 260 | 00:45:52 | 278 | 00:53:01 | 255 | 00:55:05 | 238 | 4:07:24 |
| 238 | 1776 | Marie Möller | MALMÖ | SWE | 79 | 00:55:00 | 251 | 00:38:16 | 282 | 00:45:20 | 264 | 00:53:28 | 267 | 00:55:36 | 250 | 4:07:40 |
| 239 | 1853 | Maria B. K. Petersen | Sparta 4 | DEN | 97 | 00:54:04 | 231 | 00:36:58 | 247 | 00:45:05 | 257 | 00:54:06 | 282 | 00:57:44 | 292 | 4:07:57 |
| 240 | 1644 | Inge Marx | Mejdal GIK | DEN | 42 | 00:56:23 | 284 | 00:38:29 | 289 | 00:44:27 | 246 | 00:52:44 | 247 | 00:55:59 | 259 | 4:08:02 |
| 241 | 1753 | Lotte Kraeutler | IK Olympia | DEN | 43 | 00:55:09 | 253 | 00:38:52 | 303 | 00:44:54 | 255 | 00:53:31 | 268 | 00:55:45 | 253 | 4:08:11 |
| 242 | 1759 | Trine Mark | Politiets IF København | DEN | 98 | 00:56:45 | 291 | 00:37:53 | 269 | 00:45:33 | 273 | 00:52:43 | 246 | 00:55:22 | 246 | 4:08:16 |
| 243 | 1713 | Helle Stauersbøll | KØBENHAVN V | DEN | 80 | 00:56:05 | 277 | 00:38:09 | 278 | 00:45:19 | 263 | 00:53:25 | 266 | 00:55:22 | 247 | 4:08:20 |
| 244 | 1902 | Anette Thomsen | KØBENHAVN V. | DEN | 99 | 00:56:07 | 278 | 00:37:13 | 255 | 00:46:14 | 290 | 00:53:31 | 269 | 00:55:48 | 254 | 4:08:53 |
| 245 | 1981 | Aase Holm | SÅN | DEN | 13 | 00:55:33 | 267 | 00:37:15 | 256 | 00:45:53 | 281 | 00:52:44 | 248 | 00:57:50 | 297 | 4:09:15 |
| 246 | 1971 | Nina Tröger-reders | HAMBURG | GER | 100 | 00:57:15 | 303 | 00:40:58 | 369 | 00:45:45 | 276 | 00:51:45 | 224 | 00:53:54 | 208 | 4:09:37 |
| 247 | 1746 | Hanne Gøbel | Puls 3060 | DEN | 44 | 00:54:23 | 240 | 00:39:00 | 309 | 00:45:52 | 280 | 00:53:43 | 273 | 00:56:39 | 271 | 4:09:37 |
| 248 | 1815 | Susanne Ovesen | Idestrup Kondi | DEN | 45 | 00:55:32 | 265 | 00:37:26 | 258 | 00:46:01 | 283 | 00:54:16 | 290 | 00:56:51 | 276 | 4:10:06 |
| 249 | 1560 | Rita Hørdum | SØAM | DEN | 46 | 00:55:22 | 261 | 00:38:13 | 281 | 00:46:05 | 286 | 00:55:20 | 306 | 00:55:38 | 251 | 4:10:38 |
| 250 | 1567 | Ingfred Svensson | Nyvest | DEN | 14 | 00:56:11 | 280 | 00:38:01 | 273 | 00:45:33 | 272 | 00:53:52 | 274 | 00:57:11 | 281 | 4:10:48 |
| 251 | 1798 | Inge Hultberg | KOLDING | DEN | 47 | 00:57:13 | 299 | 00:38:17 | 284 | 00:45:52 | 279 | 00:53:14 | 258 | 00:56:12 | 264 | 4:10:48 |
| 252 | 1819 | Kirsten Wendt Andersen | IK Olympia | DEN | 48 | 00:55:32 | 266 | 00:38:55 | 305 | 00:46:10 | 288 | 00:54:13 | 289 | 00:56:10 | 263 | 4:11:00 |
| 253 | 1655 | Helena Hansson | Team Blekinge | SWE | 49 | 00:55:15 | 257 | 00:38:40 | 294 | 00:46:20 | 294 | 00:54:07 | 283 | 00:56:48 | 275 | 4:11:10 |
| 254 | 1874 | Ulla Frandsen | Helsingør Atletik | DEN | 50 | 00:55:13 | 255 | 00:38:49 | 300 | 00:47:36 | 329 | 00:55:06 | 298 | 00:55:05 | 240 | 4:11:49 |

| | | | | | | | | | | | | | | | | |
|-----|------|--------------------------|--------------------------------------|-----|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|---------|
| 255 | 1603 | Birgit Friis | Viking Atletik - De hurtige | DEN | 81 | 00:56:16 | 282 | 00:38:43 | 297 | 00:46:25 | 296 | 00:53:53 | 275 | 00:56:46 | 274 | 4:12:03 |
| 256 | 1612 | Denise Falkenberg | De : BIÅ | DEN | 101 | 00:59:31 | 343 | 00:37:41 | 264 | 00:46:33 | 299 | 00:50:34 | 200 | 00:57:45 | 293 | 4:12:04 |
| 257 | 1589 | Charlotte Bülow Evers | Evers Entreprise | DEN | 102 | 00:54:45 | 248 | 00:37:54 | 270 | 00:47:00 | 317 | 00:54:05 | 281 | 00:58:45 | 318 | 4:12:29 |
| 258 | 1846 | Sesilie Husted | SOLRØD STRAND | DEN | 103 | 00:57:12 | 298 | 00:38:43 | 298 | 00:46:59 | 316 | 00:53:25 | 264 | 00:56:28 | 269 | 4:12:47 |
| 259 | 1523 | Katrin Lösch | SANITZ | GER | 82 | 00:55:53 | 274 | 00:38:21 | 285 | 00:46:56 | 310 | 00:55:30 | 308 | 00:56:09 | 262 | 4:12:49 |
| 260 | 1606 | Lis Larsen | Langgarverne | DEN | 51 | 00:55:48 | 270 | 00:39:01 | 311 | 00:47:08 | 322 | 00:54:20 | 291 | 00:56:46 | 273 | 4:13:03 |
| 261 | 1879 | Ruth Jensen | Hvidovre Motions Club | DEN | 15 | 00:56:28 | 286 | 00:38:05 | 276 | 00:45:38 | 274 | 00:54:40 | 297 | 00:58:17 | 308 | 4:13:08 |
| 262 | 1983 | Jeanette Hildeshejn | GENTOFTE | DEN | 104 | 00:57:27 | 308 | 00:38:28 | 288 | 00:47:05 | 320 | 00:53:25 | 265 | 00:56:57 | 278 | 4:13:22 |
| 263 | 1842 | Anne-marie Frantzen | FREDERICIA | DEN | 52 | 00:56:30 | 287 | 00:38:50 | 301 | 00:46:14 | 291 | 00:54:29 | 295 | 00:57:21 | 284 | 4:13:24 |
| 264 | 1593 | Mie Christensen | Aaker Skole | DEN | 53 | 00:56:11 | 279 | 00:38:25 | 287 | 00:46:32 | 298 | 00:55:18 | 305 | 00:57:11 | 282 | 4:13:37 |
| 265 | 1586 | Lene Olsson | ASG | DEN | 83 | 00:58:32 | 329 | 00:39:30 | 327 | 00:46:59 | 313 | 00:53:34 | 271 | 00:55:22 | 248 | 4:13:57 |
| 266 | 1875 | Mariana Borkowski | Storådalens SK | SWE | 84 | 00:56:28 | 285 | 00:38:37 | 292 | 00:46:55 | 309 | 00:54:03 | 279 | 00:57:54 | 301 | 4:13:57 |
| 267 | 1692 | Betina Bøgh Horsted | HVIDOVRE | DEN | 105 | 00:55:22 | 260 | 00:38:40 | 295 | 00:46:49 | 306 | 00:55:12 | 303 | 00:57:56 | 302 | 4:13:59 |
| 268 | 1903 | Nanna Kannevorff | ESPERGÆRDE | DEN | 106 | 00:57:15 | 304 | 00:39:04 | 315 | 00:46:57 | 311 | 00:53:32 | 270 | 00:57:18 | 283 | 4:14:06 |
| 269 | 1835 | Henriette Nilsson | BAGSVÆRD | DEN | 85 | 00:57:57 | 314 | 00:38:56 | 306 | 00:46:47 | 304 | 00:54:27 | 294 | 00:55:59 | 261 | 4:14:06 |
| 270 | 1892 | Lisbeth Lind | ALLINGE | DEN | 54 | 00:57:05 | 294 | 00:38:24 | 286 | 00:46:59 | 315 | 00:54:12 | 287 | 00:57:31 | 286 | 4:14:11 |
| 271 | 1551 | Mette Chang | TRI4 | DEN | 86 | 00:57:53 | 313 | 00:39:31 | 328 | 00:46:41 | 302 | 00:54:21 | 292 | 00:55:51 | 256 | 4:14:17 |
| 272 | 1504 | Connie Frederiksen | Viking Atletik - De Seje | DEN | 55 | 00:57:06 | 295 | 00:38:33 | 290 | 00:46:55 | 308 | 00:54:13 | 288 | 00:57:37 | 288 | 4:14:24 |
| 273 | 1613 | Mariann Aagesen | Sparta 5 | DEN | 16 | 00:57:10 | 297 | 00:39:11 | 320 | 00:46:27 | 297 | 00:53:59 | 278 | 00:58:04 | 304 | 4:14:51 |
| 274 | 1887 | Heidi Nielsen | SAS Løbeklub | DEN | 87 | 00:55:48 | 271 | 00:38:57 | 307 | 00:47:54 | 340 | 00:55:56 | 320 | 00:57:08 | 280 | 4:15:43 |
| 275 | 1885 | Mette Kuhre | Post Danmark B | DEN | 107 | 00:58:27 | 327 | 00:39:04 | 314 | 00:48:29 | 351 | 00:53:57 | 277 | 00:55:51 | 255 | 4:15:48 |
| 276 | 1660 | Lene Grønning | RØNNE | DEN | 88 | 00:56:20 | 283 | 00:38:58 | 308 | 00:47:38 | 333 | 00:55:30 | 309 | 00:57:24 | 285 | 4:15:50 |
| 277 | 1501 | Cajsa Lidebrandt | OS Bo | SWE | 17 | 00:57:51 | 312 | 00:38:16 | 283 | 00:46:58 | 312 | 00:55:24 | 307 | 00:57:31 | 287 | 4:16:00 |
| 278 | 1965 | Gudrun Jørgensen | RØNNE | DEN | 56 | 00:57:34 | 309 | 00:37:12 | 254 | 00:45:18 | 262 | 00:54:23 | 293 | 01:02:04 | 375 | 4:16:31 |
| 279 | 1762 | Inge Fiil Poulsen | KØBENHAVN SV | DEN | 108 | 00:58:28 | 328 | 00:38:09 | 279 | 00:47:34 | 328 | 00:55:34 | 310 | 00:56:56 | 277 | 4:16:41 |
| 280 | 1554 | Lena Müller | BRØNSHØJ | DEN | 57 | 00:56:34 | 289 | 00:38:43 | 296 | 00:47:25 | 325 | 00:56:27 | 328 | 00:58:17 | 307 | 4:17:26 |
| 281 | 1868 | Charlotte Nyby | KØBENHAVN Ø | DEN | 109 | 00:56:44 | 290 | 00:39:14 | 322 | 00:47:14 | 323 | 00:56:10 | 321 | 00:58:14 | 305 | 4:17:36 |
| 282 | 1963 | Lea Nordin | ØLSTYKKE | DEN | 110 | 00:58:21 | 324 | 00:38:08 | 277 | 00:46:53 | 307 | 00:55:54 | 319 | 00:58:57 | 322 | 4:18:13 |
| 283 | 1865 | Lillian Johansen | SKOVLUNDE | DEN | 58 | 00:58:05 | 316 | 00:39:17 | 323 | 00:47:21 | 324 | 00:55:47 | 316 | 00:57:51 | 298 | 4:18:21 |
| 284 | 1764 | Hanne Rosendal Bennedsen | H.G. Atletik og Motion | DEN | 89 | 00:57:26 | 307 | 00:39:05 | 316 | 00:47:36 | 331 | 00:55:07 | 299 | 00:59:10 | 328 | 4:18:24 |
| 285 | 1836 | Lisbeth Olsen | skælskør løbeklub | DEN | 59 | 00:56:52 | 293 | 00:39:08 | 318 | 00:48:22 | 350 | 00:55:50 | 317 | 00:58:32 | 315 | 4:18:44 |
| 286 | 1742 | Anette Christensen | pean | DEN | 60 | 00:58:12 | 320 | 00:39:21 | 326 | 00:47:33 | 326 | 00:55:38 | 311 | 00:58:16 | 306 | 4:19:00 |
| 287 | 1928 | Helle Rosenlund | Fredensborg AK | DEN | 90 | 01:00:37 | 364 | 00:41:59 | 387 | 00:51:01 | 398 | 00:59:27 | 387 | 00:46:11 | 51 | 4:19:15 |
| 288 | 1519 | Isabella Nørmark Kappel | Søbo Ingeniør & Entreprenørfirma | DEN | 111 | 00:57:14 | 301 | 00:39:40 | 334 | 00:47:03 | 318 | 00:57:30 | 348 | 00:57:53 | 300 | 4:19:20 |
| 289 | 1526 | Elly Lindhard | KONGENS LYNGBY | DEN | 61 | 01:03:21 | 410 | 00:38:02 | 275 | 00:45:57 | 282 | 00:53:37 | 272 | 00:58:29 | 312 | 4:19:26 |
| 290 | 1647 | Winnie Møller Munch | Aktivitetcenter Bornholms Hospital 1 | DEN | 62 | 00:58:10 | 319 | 00:39:33 | 330 | 00:47:34 | 327 | 00:55:08 | 302 | 00:59:12 | 329 | 4:19:37 |
| 291 | 1857 | Ann-katrin Rotermann | LÜBBERSTORF | GER | 112 | 00:59:38 | 346 | 00:38:54 | 304 | 00:48:16 | 348 | 00:55:08 | 301 | 00:57:47 | 295 | 4:19:43 |
| 292 | 1674 | Sanne Krogh Jensen | Viking Atletik - De sidste | DEN | 91 | 00:55:44 | 269 | 00:38:48 | 299 | 00:47:37 | 332 | 00:58:17 | 361 | 00:59:22 | 335 | 4:19:48 |
| 293 | 1614 | Jutta Fitzner | HG | DEN | 92 | 00:58:34 | 330 | 00:39:07 | 317 | 00:47:50 | 338 | 00:55:13 | 304 | 00:59:17 | 332 | 4:20:01 |
| 294 | 1651 | Eva Werther | Hellas Roskilde | DEN | 93 | 00:57:21 | 305 | 00:39:20 | 325 | 00:47:47 | 337 | 00:56:55 | 334 | 00:58:44 | 317 | 4:20:07 |
| 295 | 1748 | Helle Kofoed | KØBENHAVN S | DEN | 94 | 00:58:15 | 321 | 00:39:41 | 335 | 00:47:53 | 339 | 00:55:08 | 300 | 00:59:17 | 331 | 4:20:14 |
| 296 | 1909 | Alice Broksø | bløvstrød løverne | DEN | 18 | 00:57:41 | 310 | 00:40:08 | 344 | 00:47:57 | 342 | 00:56:27 | 327 | 00:58:24 | 309 | 4:20:37 |
| 297 | 1970 | Kirsten Karlshøj | PGI Sorø | DEN | 63 | 00:58:49 | 335 | 00:39:02 | 312 | 00:48:33 | 352 | 00:55:46 | 315 | 00:58:28 | 311 | 4:20:38 |
| 298 | 1616 | Yvonne Hvenegaard | HJM Dyrehaven | DEN | 95 | 00:58:43 | 331 | 00:39:43 | 337 | 00:46:59 | 314 | 00:54:03 | 280 | 01:01:16 | 360 | 4:20:44 |
| 299 | 1685 | Marianne Ljungman | herlevløberne | DEN | 64 | 00:57:14 | 302 | 00:40:09 | 345 | 00:48:38 | 355 | 00:57:10 | 338 | 00:57:57 | 303 | 4:21:08 |
| 300 | 1797 | Belinda Bargholz | Hinnerup Løberne | DEN | 96 | 00:58:01 | 315 | 00:39:50 | 339 | 00:47:59 | 343 | 00:56:45 | 332 | 00:58:57 | 323 | 4:21:32 |

| | | | | | | | | | | | | | | | | |
|-----|------|-----------------------------|---------------------------|-----|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|---------|
| 301 | 1912 | Gudrun Oostendorp | KREFELD | GER | 65 | 00:58:57 | 336 | 00:39:00 | 310 | 00:48:00 | 344 | 00:56:35 | 329 | 00:59:02 | 326 | 4:21:34 |
| 302 | 1955 | Lise Hansen | FARUM | DEN | 97 | 00:57:08 | 296 | 00:39:03 | 313 | 00:49:09 | 363 | 00:57:17 | 341 | 00:59:06 | 327 | 4:21:43 |
| 303 | 1773 | Jette Skou Olsen | Helsingør Atletik | DEN | 66 | 00:59:42 | 347 | 00:39:13 | 321 | 00:47:55 | 341 | 00:56:13 | 324 | 00:58:50 | 320 | 4:21:53 |
| 304 | 1896 | Margit Ulmer | I. f. Langgarverne | DEN | 67 | 00:57:47 | 311 | 00:39:36 | 332 | 00:48:53 | 360 | 00:56:12 | 323 | 00:59:32 | 337 | 4:22:00 |
| 305 | 1881 | Christel Klein | TV Utført-Eick | GER | 19 | 00:56:47 | 292 | 00:39:34 | 331 | 00:49:52 | 375 | 00:57:55 | 356 | 00:58:28 | 310 | 4:22:36 |
| 306 | 1657 | Susanne Sig | AAKIRKEBY | DEN | 98 | 00:59:02 | 338 | 00:39:56 | 342 | 00:48:12 | 347 | 00:56:24 | 326 | 00:59:52 | 341 | 4:23:26 |
| 307 | 1967 | Valentina Komac | LEIPZIG | GER | 99 | 00:58:22 | 325 | 00:40:18 | 350 | 00:49:44 | 373 | 00:57:21 | 342 | 00:57:44 | 291 | 4:23:29 |
| 308 | 1945 | Liv Turid Fulsås | Åmdal IL | NOR | 100 | 00:59:01 | 337 | 00:40:40 | 356 | 00:48:04 | 345 | 00:57:22 | 345 | 00:58:29 | 313 | 4:23:36 |
| 309 | 1950 | Trine Juhler-nøttrup | VANLØSEVANLØSE | DEN | 101 | 00:58:44 | 332 | 00:40:01 | 343 | 00:47:36 | 330 | 00:57:28 | 347 | 01:00:13 | 344 | 4:24:02 |
| 310 | 1801 | Henriette Süberling | KØBENHAVN S | DEN | 113 | 00:59:35 | 345 | 00:42:26 | 396 | 00:50:11 | 381 | 00:54:12 | 286 | 00:57:38 | 289 | 4:24:02 |
| 311 | 1870 | Julie Poulsen | Hvidovre Motionsklub | DEN | 11 | 01:01:02 | 373 | 00:40:49 | 363 | 00:49:11 | 365 | 00:54:09 | 284 | 00:59:15 | 330 | 4:24:26 |
| 312 | 1802 | Sabine Reichert | ESV Lok Potsdam | GER | 68 | 00:59:13 | 341 | 00:39:46 | 338 | 00:47:45 | 336 | 00:57:52 | 355 | 01:00:24 | 346 | 4:25:00 |
| 313 | 1811 | Margit Kjølner | Viking Atletik - De Seje | DEN | 20 | 01:02:03 | 385 | 00:39:37 | 333 | 00:47:41 | 334 | 00:56:40 | 330 | 00:59:00 | 325 | 4:25:01 |
| 314 | 1530 | Susanne Mosegaard Rasmussen | VIBY J | DEN | 114 | 00:59:53 | 349 | 00:39:53 | 341 | 00:48:43 | 358 | 00:57:23 | 346 | 00:59:18 | 333 | 4:25:10 |
| 315 | 1709 | Karina Binau | RUDS VEDBY | DEN | 102 | 01:07:06 | 439 | 00:39:11 | 319 | 00:46:46 | 303 | 00:53:55 | 276 | 00:58:30 | 314 | 4:25:28 |
| 316 | 1607 | Inge Bisgaard Jensen | Herlev Løberne/Jensen løb | DEN | 69 | 00:59:07 | 339 | 00:40:35 | 355 | 00:47:43 | 335 | 00:57:37 | 351 | 01:00:30 | 348 | 4:25:32 |
| 317 | 1808 | Charlotte Munk Ejlersen | SNIK | DEN | 70 | 00:59:25 | 342 | 00:40:19 | 351 | 00:49:07 | 362 | 00:56:57 | 335 | 01:00:09 | 343 | 4:25:57 |
| 318 | 1686 | Lydia Horn | LAC erdgas Chemnitz | GER | 115 | 01:02:43 | 397 | 00:39:53 | 340 | 00:48:34 | 354 | 00:57:45 | 353 | 00:57:46 | 294 | 4:26:41 |
| 319 | 1661 | Annelise Beck | Sparta 4 | DEN | 21 | 00:58:17 | 323 | 00:41:07 | 371 | 00:48:52 | 359 | 00:57:03 | 336 | 01:02:15 | 380 | 4:27:34 |
| 320 | 1788 | Annette Dam | Danske Bank | DEN | 103 | 01:04:06 | 418 | 00:43:28 | 412 | 00:50:56 | 396 | 00:47:53 | 136 | 01:01:16 | 361 | 4:27:39 |
| 321 | 1666 | Birthe Skov Jensen | HOLTE | DEN | 71 | 01:00:13 | 353 | 00:40:22 | 354 | 00:49:20 | 367 | 00:56:50 | 333 | 01:00:59 | 355 | 4:27:44 |
| 322 | 1790 | Anne Sofie Overgaard Lif | Rødovre AC | DEN | 116 | 01:00:09 | 352 | 00:40:21 | 352 | 00:49:34 | 369 | 00:58:27 | 363 | 00:59:25 | 336 | 4:27:56 |
| 323 | 1672 | Helle Helth | HELSINGE | DEN | 104 | 01:00:07 | 351 | 00:40:50 | 364 | 00:50:15 | 385 | 00:57:12 | 340 | 00:59:42 | 338 | 4:28:06 |
| 324 | 1623 | Ingrid Pedersen | Fridolf | DEN | 105 | 01:01:19 | 377 | 00:40:10 | 347 | 00:50:14 | 383 | 00:57:44 | 352 | 00:58:57 | 324 | 4:28:24 |
| 325 | 1662 | Lis Holm Dahl | Segen | DEN | 72 | 01:02:01 | 384 | 00:40:10 | 346 | 00:50:00 | 377 | 00:57:31 | 349 | 00:58:47 | 319 | 4:28:29 |
| 326 | 1701 | Pernille Pantmann | HJM Dyrehaven | DEN | 117 | 00:58:24 | 326 | 00:41:20 | 373 | 00:49:20 | 368 | 00:58:27 | 362 | 01:01:14 | 358 | 4:28:45 |
| 327 | 1562 | Lisbet Dose Sørensen | SAS Løbeklub | DEN | 106 | 01:00:33 | 362 | 00:40:45 | 357 | 00:49:43 | 371 | 00:57:22 | 343 | 01:00:35 | 351 | 4:28:58 |
| 328 | 295 | Britt Hollier | HILLERØD | DEN | 118 | 00:58:46 | 333 | 00:40:48 | 362 | 00:50:24 | 389 | 00:58:31 | 364 | 01:00:42 | 352 | 4:29:11 |
| 329 | 1814 | Caroline Konring | HOLTE | DEN | 12 | 00:58:06 | 317 | 00:38:37 | 293 | 00:50:57 | 397 | 01:01:02 | 400 | 01:00:49 | 353 | 4:29:31 |
| 330 | 1850 | Gurli I. Hansen | SÅN-Løberne 2 | DEN | 107 | 01:04:51 | 422 | 00:40:15 | 349 | 00:49:10 | 364 | 00:57:31 | 350 | 00:57:52 | 299 | 4:29:39 |
| 331 | 1906 | Frida Hansen | Poulsker | DEN | 13 | 01:04:51 | 423 | 00:40:15 | 348 | 00:49:02 | 361 | 00:55:39 | 314 | 00:59:53 | 342 | 4:29:40 |
| 332 | 1844 | Barbara Warning-wendland | MÜNSTER | GER | 73 | 01:00:18 | 355 | 00:40:52 | 366 | 00:49:43 | 372 | 00:57:11 | 339 | 01:01:42 | 367 | 4:29:46 |
| 333 | 1880 | Tina Christensen | PGIM | DEN | 108 | 00:59:32 | 344 | 00:41:48 | 383 | 00:51:49 | 412 | 00:59:06 | 378 | 00:57:47 | 296 | 4:30:02 |
| 334 | 1783 | Lis Marie Larsen | RINGSTED | DEN | 74 | 01:03:01 | 405 | 00:38:51 | 302 | 00:49:12 | 366 | 00:57:22 | 344 | 01:01:57 | 373 | 4:30:23 |
| 335 | 1841 | Ingrid Reinke | Sohlenkiller | GER | 75 | 00:59:08 | 340 | 00:40:22 | 353 | 00:52:32 | 419 | 00:57:51 | 354 | 01:00:49 | 354 | 4:30:42 |
| 336 | 1883 | Karen Hein | JÆGERSPRIS | DEN | 119 | 01:00:06 | 350 | 00:40:57 | 368 | 00:49:46 | 374 | 00:59:25 | 385 | 01:00:30 | 349 | 4:30:44 |
| 337 | 1648 | Joan Jaqué | Herlev Løberne | DEN | 109 | 00:59:49 | 348 | 00:39:33 | 329 | 00:50:32 | 391 | 00:58:50 | 372 | 01:02:39 | 383 | 4:31:23 |
| 338 | 1516 | Anja Bach Jensen | RØNNE | DEN | 120 | 01:01:07 | 374 | 00:40:47 | 361 | 00:52:15 | 418 | 00:58:59 | 374 | 00:58:54 | 321 | 4:32:02 |
| 339 | 1628 | Hanne Mariussen | Christiansø Trim | DEN | 22 | 01:01:49 | 382 | 00:41:58 | 386 | 00:49:41 | 370 | 00:58:14 | 360 | 01:00:22 | 345 | 4:32:04 |
| 340 | 1890 | Dorte Brask | ROSKILDE | DEN | 121 | 01:02:05 | 388 | 00:39:41 | 336 | 00:53:03 | 430 | 00:56:13 | 325 | 01:01:32 | 364 | 4:32:34 |
| 341 | 1897 | Ute Marquordt-schulze | LÜBSTORF | GER | 111 | 01:01:44 | 380 | 00:40:47 | 359 | 00:48:40 | 356 | 00:59:19 | 381 | 01:02:06 | 376 | 4:32:36 |
| 342 | 1550 | Heike Zarncke | LÜBSTORF | GER | 110 | 01:01:44 | 381 | 00:40:47 | 358 | 00:48:40 | 357 | 00:59:19 | 382 | 01:02:06 | 377 | 4:32:36 |
| 343 | 1889 | Tina Borch Buus | EJSTRUPHOLM | DEN | 122 | 01:00:59 | 372 | 00:41:24 | 375 | 00:50:15 | 386 | 00:58:38 | 366 | 01:01:38 | 365 | 4:32:54 |
| 344 | 1698 | Christina Ulveklint | Team Blekinge | SWE | 76 | 01:00:19 | 356 | 00:41:35 | 377 | 00:50:25 | 390 | 00:58:40 | 367 | 01:01:59 | 374 | 4:32:58 |
| 345 | 1845 | Kirsten Grønbech | Viking Atletik - De Seje | DEN | 23 | 01:00:56 | 371 | 00:41:41 | 380 | 00:50:14 | 384 | 00:59:16 | 380 | 01:01:07 | 356 | 4:33:14 |

| | | | | | | | | | | | | | | | | |
|-----|------|-----------------------------|---|-----|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|---------|
| 346 | 1658 | Birgitte Tindborg | DUBAI | DEN | 112 | 01:00:23 | 358 | 00:40:47 | 360 | 00:52:13 | 416 | 00:58:43 | 368 | 01:01:09 | 357 | 4:33:15 |
| 347 | 1873 | Vickie Kramer | GELSTED | DEN | 123 | 01:00:50 | 369 | 00:41:40 | 379 | 00:49:59 | 376 | 00:58:47 | 371 | 01:02:58 | 386 | 4:34:14 |
| 348 | 1905 | Ines Fietzke | MSV Eintracht Halberstadt | GER | 113 | 01:01:43 | 379 | 00:42:50 | 399 | 00:50:08 | 379 | 00:59:27 | 386 | 01:00:27 | 347 | 4:34:35 |
| 349 | 1510 | Brigitte Rehmann | HSV Stoeckte | GER | 77 | 01:00:46 | 367 | 00:41:06 | 370 | 00:51:24 | 405 | 00:59:41 | 389 | 01:02:44 | 384 | 4:35:41 |
| 350 | 1739 | Helle Schmidt | Puls 3060 | DEN | 78 | 01:02:24 | 392 | 00:41:33 | 376 | 00:51:03 | 400 | 00:59:01 | 376 | 01:01:42 | 368 | 4:35:43 |
| 351 | 1833 | Karin Susanne Pedersen | RØNNE | DEN | 114 | 01:02:09 | 390 | 00:42:09 | 390 | 00:50:36 | 393 | 00:59:36 | 388 | 01:01:20 | 363 | 4:35:50 |
| 352 | 1601 | Nivi Warthoe | HSOK | DEN | 124 | 01:02:32 | 394 | 00:41:39 | 378 | 00:51:39 | 409 | 00:58:34 | 365 | 01:02:07 | 378 | 4:36:31 |
| 353 | 1684 | Ingrid Laugesen | SORØ | DEN | 79 | 01:01:16 | 376 | 00:42:03 | 389 | 00:50:38 | 394 | 00:58:45 | 370 | 01:04:05 | 400 | 4:36:47 |
| 354 | 1921 | Connie Jensen | Viking Atletik - De rappe | DEN | 115 | 01:02:14 | 391 | 00:41:57 | 385 | 00:51:10 | 401 | 00:59:12 | 379 | 01:03:00 | 387 | 4:37:33 |
| 355 | 1609 | Rosi Schramm | PREETZ | GER | 80 | 01:03:17 | 409 | 00:40:54 | 367 | 00:51:29 | 406 | 00:58:56 | 373 | 01:03:16 | 391 | 4:37:52 |
| 356 | 1920 | Pernille Bergmann | Bergmann | DEN | 116 | 01:03:07 | 407 | 00:42:21 | 394 | 00:51:19 | 404 | 00:59:03 | 377 | 01:02:22 | 381 | 4:38:12 |
| 357 | 1871 | Marie Steen Møller | RØNNE | DEN | 125 | 01:03:25 | 412 | 00:43:28 | 413 | 00:50:47 | 395 | 00:59:01 | 375 | 01:01:50 | 369 | 4:38:31 |
| 358 | 1761 | Laila Frost | Aktivitetcenter Bornholms Hospital 2 | DEN | 117 | 01:00:52 | 370 | 00:41:24 | 374 | 00:51:45 | 411 | 01:01:01 | 399 | 01:04:48 | 414 | 4:39:50 |
| 359 | 1592 | Kåte Schjøtt | Skælskør Løbeklub | DEN | 82 | 01:02:34 | 395 | 00:43:15 | 408 | 00:52:12 | 415 | 01:00:00 | 393 | 01:01:55 | 372 | 4:39:56 |
| 360 | 1632 | Erika Kirstine | RUDERUDE | DEN | 81 | 01:02:35 | 396 | 00:43:15 | 409 | 00:52:12 | 414 | 00:59:59 | 392 | 01:01:55 | 371 | 4:39:56 |
| 361 | 1830 | Maibrit Petersson | HILLERØD | DEN | 83 | 01:02:05 | 387 | 00:42:23 | 395 | 00:51:52 | 413 | 01:01:33 | 406 | 01:03:04 | 389 | 4:40:57 |
| 362 | 1521 | Randi Süberling | Hvidovre Motionsklub | DEN | 126 | 01:01:56 | 383 | 00:42:51 | 400 | 00:52:38 | 421 | 00:59:52 | 390 | 01:04:31 | 409 | 4:41:48 |
| 363 | 1975 | Birgitte Pedersen | Falck | DEN | 84 | 01:03:05 | 406 | 00:43:04 | 404 | 00:51:45 | 410 | 01:00:33 | 396 | 01:03:41 | 398 | 4:42:08 |
| 364 | 1547 | Karin Michaelsen | TIKØB | DEN | 24 | 01:02:04 | 386 | 00:43:43 | 415 | 00:52:40 | 422 | 01:00:15 | 394 | 01:03:30 | 396 | 4:42:12 |
| 365 | 1940 | Silja Nielsen | VORDINGBORG | DEN | 14 | 01:02:52 | 400 | 00:42:10 | 391 | 00:51:12 | 402 | 01:01:47 | 407 | 01:04:38 | 413 | 4:42:39 |
| 366 | 1939 | Tina Velander | VORDINGBORG | DEN | 118 | 01:02:53 | 401 | 00:42:11 | 392 | 00:51:13 | 403 | 01:01:47 | 408 | 01:04:37 | 412 | 4:42:41 |
| 367 | 1796 | Christine Bøgelund Petersen | KORSØR | DEN | 127 | 01:03:33 | 413 | 00:42:33 | 397 | 00:52:53 | 429 | 01:00:16 | 395 | 01:04:34 | 410 | 4:43:49 |
| 368 | 1727 | Rosi Kronshage | LG-Oerlighausen | GER | 25 | 01:00:38 | 365 | 00:43:50 | 419 | 00:52:47 | 426 | 01:02:14 | 413 | 01:04:29 | 408 | 4:43:58 |
| 369 | 1548 | Sanne M. Jensen | Viking Atletik - De rappe | DEN | 119 | 01:05:55 | 431 | 00:42:34 | 398 | 00:53:11 | 431 | 00:59:23 | 384 | 01:03:18 | 392 | 4:44:21 |
| 370 | 1754 | Irene Andersen | SØAM | DEN | 26 | 01:02:52 | 399 | 00:43:01 | 401 | 00:52:43 | 424 | 01:02:42 | 417 | 01:03:06 | 390 | 4:44:24 |
| 371 | 1809 | Vivi Hansen | SØAM | DEN | 27 | 01:02:53 | 403 | 00:43:03 | 403 | 00:52:47 | 428 | 01:02:44 | 418 | 01:03:42 | 399 | 4:45:09 |
| 372 | 1847 | Henny Espersen | Nyvest | DEN | 28 | 01:04:32 | 421 | 00:42:01 | 388 | 00:53:20 | 433 | 01:01:30 | 405 | 01:04:25 | 406 | 4:45:48 |
| 373 | 1757 | Hanne Johansen | Hærens Operative Kommandos Idrætsforening | DEN | 85 | 01:02:06 | 389 | 00:43:59 | 422 | 00:52:33 | 420 | 01:03:03 | 421 | 01:04:10 | 403 | 4:45:51 |
| 374 | 1772 | Camilla Waldstrøm | ÅRHUS V | DEN | 128 | 01:06:31 | 437 | 00:43:03 | 402 | 00:52:44 | 425 | 00:59:58 | 391 | 01:03:38 | 397 | 4:45:54 |
| 375 | 1805 | Susanne Hansen | Skælskør Løbeklub | DEN | 120 | 01:04:19 | 419 | 00:44:44 | 430 | 00:53:35 | 438 | 01:00:51 | 398 | 01:02:53 | 385 | 4:46:22 |
| 376 | 1581 | Tina Sørensen | Team Sørensen | DEN | 129 | 01:02:53 | 404 | 00:43:09 | 407 | 00:54:34 | 448 | 01:01:22 | 404 | 01:04:35 | 411 | 4:46:33 |
| 377 | 1917 | Dorthe Ipsen | RØNNE | DEN | 130 | 01:03:33 | 414 | 00:43:07 | 406 | 00:53:16 | 432 | 01:01:08 | 402 | 01:05:34 | 419 | 4:46:38 |
| 378 | 1822 | Christel Christoffersen | NÆSTVED | DEN | 131 | 01:04:00 | 416 | 00:43:19 | 410 | 00:53:24 | 434 | 01:02:27 | 415 | 01:04:09 | 401 | 4:47:19 |
| 379 | 1703 | Petra Wurfel | LSV Teterow | GER | 121 | 01:05:27 | 428 | 00:43:27 | 411 | 00:52:47 | 427 | 01:00:37 | 397 | 01:05:07 | 417 | 4:47:25 |
| 380 | 1645 | Lotte Kofoed | Viking Atletik - De hurtige | DEN | 122 | 01:05:14 | 426 | 00:43:34 | 414 | 00:54:21 | 446 | 01:01:04 | 401 | 01:03:24 | 394 | 4:47:37 |
| 381 | 1775 | Uschi Wiebusch | LG-Oerlinghausen | GER | 123 | 01:03:37 | 415 | 00:44:16 | 426 | 00:53:25 | 435 | 01:02:14 | 412 | 01:04:29 | 407 | 4:48:01 |
| 382 | 1976 | Connie Christiansen | AMOK | DEN | 124 | 01:06:06 | 434 | 00:43:48 | 416 | 00:52:40 | 423 | 01:01:18 | 403 | 01:04:24 | 405 | 4:48:16 |
| 383 | 1770 | Camilla Lykke Acekey Wolf | ITSP | DEN | 132 | 01:02:53 | 402 | 00:44:26 | 428 | 00:53:52 | 441 | 01:02:54 | 419 | 01:06:24 | 424 | 4:50:29 |
| 384 | 1532 | Laila Madsen | ITSP | DEN | 133 | 01:02:52 | 398 | 00:44:18 | 427 | 00:53:55 | 442 | 01:03:10 | 423 | 01:06:22 | 423 | 4:50:37 |
| 385 | 1642 | Aase Bülick | SG- Atletik | DEN | 29 | 01:04:23 | 420 | 00:43:49 | 418 | 00:53:45 | 440 | 01:03:17 | 426 | 01:05:40 | 420 | 4:50:54 |
| 386 | 1564 | Lilian Jørgensen | KONGENS LYNGBY | DEN | 86 | 01:07:49 | 447 | 00:45:28 | 439 | 00:52:14 | 417 | 01:03:15 | 424 | 01:03:25 | 395 | 4:52:11 |
| 387 | 1726 | Lisbeth Marianne Dahl | BRØNSHØJ | DEN | 125 | 01:08:18 | 457 | 00:44:07 | 424 | 00:55:15 | 457 | 01:01:52 | 409 | 01:03:19 | 393 | 4:52:51 |
| 388 | 1639 | Tina Hjeresen | ROSKILDE | DEN | 126 | 01:04:57 | 424 | 00:44:58 | 435 | 00:54:18 | 444 | 01:03:16 | 425 | 01:05:31 | 418 | 4:53:00 |
| 389 | 1907 | Marianne Larsen | ULLERSLEV | DEN | 127 | 01:06:32 | 438 | 00:44:44 | 429 | 00:53:27 | 436 | 01:02:31 | 416 | 01:06:05 | 421 | 4:53:19 |

| | | | | | | | | | | | | | | | | |
|-----|------|-------------------------|-------------------------------|-----|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|---------|
| 390 | 1517 | Lis Kaspersen | Fjordager | DEN | 30 | 01:05:02 | 425 | 00:44:53 | 433 | 00:54:19 | 445 | 01:05:05 | 435 | 01:06:07 | 422 | 4:55:26 |
| 391 | 1719 | Rosa Hansen | KØBENHAVN Ø | DEN | 87 | 01:05:48 | 430 | 00:44:04 | 423 | 00:55:24 | 461 | 01:02:24 | 414 | 01:07:55 | 431 | 4:55:35 |
| 392 | 1710 | Vibeke Sørensen | AALBORG SV | DEN | 128 | 01:07:15 | 442 | 00:46:24 | 453 | 00:55:03 | 454 | 01:03:07 | 422 | 01:04:57 | 415 | 4:56:46 |
| 393 | 1744 | Heidi Grell | KØBENHAVN V | DEN | 134 | 01:06:05 | 433 | 00:45:12 | 437 | 00:53:36 | 439 | 01:03:47 | 430 | 01:08:31 | 437 | 4:57:11 |
| 394 | 1598 | Dorothee Collier | Hospizverein Würzburg | GER | 31 | 01:08:18 | 456 | 00:44:57 | 434 | 00:54:14 | 443 | 01:03:17 | 427 | 01:06:35 | 425 | 4:57:21 |
| 395 | 1631 | Helle Bjerring | BRANDE | DEN | 129 | 01:07:37 | 445 | 00:44:59 | 436 | 00:54:47 | 452 | 01:03:22 | 429 | 01:06:59 | 428 | 4:57:44 |
| 396 | 1509 | Lis Bartholdy | HERLEV | DEN | 88 | 01:07:28 | 443 | 00:45:40 | 443 | 00:55:37 | 464 | 01:03:22 | 428 | 01:06:39 | 427 | 4:58:46 |
| 397 | 1977 | Sarah Christiansen | AALBORG | DEN | 135 | 01:11:01 | 468 | 00:46:34 | 454 | 00:55:06 | 456 | 01:02:02 | 411 | 01:04:23 | 404 | 4:59:06 |
| 398 | 1962 | Ruth Lillian Andersen | BRØNSHØJ | DEN | 32 | 01:08:02 | 451 | 00:45:31 | 440 | 00:54:40 | 450 | 01:03:01 | 420 | 01:08:06 | 432 | 4:59:20 |
| 399 | 1555 | Helle Danielsson | ALLINGE | DEN | 130 | 01:07:35 | 444 | 00:45:14 | 438 | 00:54:46 | 451 | 01:04:57 | 433 | 01:07:33 | 430 | 5:00:05 |
| 400 | 1565 | Heidi Vifladt | Gjøvik kommune BIL | NOR | 89 | 01:07:57 | 450 | 00:43:54 | 420 | 00:55:22 | 460 | 01:05:33 | 438 | 01:07:25 | 429 | 5:00:11 |
| 401 | 1916 | Winnie Berg | CHARLOTTENLUND | DEN | 90 | 01:05:22 | 427 | 00:44:48 | 431 | 00:54:48 | 453 | 01:05:13 | 436 | 01:10:28 | 448 | 5:00:39 |
| 402 | 1563 | Else Mortensen | Post Danmark B | DEN | 91 | 01:07:06 | 440 | 00:45:46 | 446 | 00:55:20 | 458 | 01:05:37 | 439 | 01:08:59 | 441 | 5:02:48 |
| 403 | 1827 | Hanne Kuhre | Post Danmark B | DEN | 92 | 01:07:07 | 441 | 00:45:46 | 447 | 00:55:20 | 459 | 01:05:37 | 440 | 01:08:59 | 440 | 5:02:49 |
| 404 | 1769 | Hanne M. Elm-larsen | Sparta 5 | DEN | 93 | 01:08:11 | 452 | 00:47:12 | 457 | 00:56:18 | 467 | 01:05:50 | 443 | 01:06:38 | 426 | 5:04:09 |
| 405 | 1531 | Sabine, Susanne Henn | BERLIN | GER | 131 | 01:08:14 | 454 | 00:45:32 | 441 | 00:54:38 | 449 | 01:06:48 | 446 | 01:09:36 | 444 | 5:04:48 |
| 406 | 1787 | Lone Dreisler | KONGENS LYNGBY | DEN | 33 | 01:10:28 | 464 | 00:45:45 | 445 | 00:55:06 | 455 | 01:04:42 | 431 | 01:08:52 | 439 | 5:04:53 |
| 407 | 1676 | Lisbeth Jensen | VÆRLØSE | DEN | 34 | 01:08:13 | 453 | 00:45:38 | 442 | 00:56:09 | 465 | 01:05:02 | 434 | 01:10:06 | 446 | 5:05:08 |
| 408 | 1834 | Joan Krogh | Team krogh | DEN | 136 | 01:09:11 | 461 | 00:46:24 | 452 | 00:56:37 | 468 | 01:05:45 | 441 | 01:09:27 | 443 | 5:07:24 |
| 409 | 1695 | Hanne Rostrup Lorentzen | HELSINGØR | DEN | 132 | 01:08:15 | 455 | 00:45:58 | 449 | 00:56:56 | 473 | 01:05:45 | 442 | 01:10:52 | 449 | 5:07:46 |
| 410 | 1862 | Pia Schönberg-hansen | Herlufsholm Atletik og Motion | DEN | 133 | 01:07:52 | 448 | 00:46:21 | 451 | 00:59:11 | 479 | 01:06:11 | 444 | 01:10:06 | 447 | 5:09:41 |
| 411 | 1574 | Britta Binau | RUDS VEDBY | DEN | 35 | 01:07:55 | 449 | 00:46:42 | 456 | 00:56:48 | 470 | 01:06:25 | 445 | 01:12:27 | 453 | 5:10:17 |
| 412 | 1615 | Lisbeth Knudsen | Beck Pack System | DEN | 137 | 01:10:44 | 465 | 00:46:40 | 455 | 00:56:58 | 474 | 01:08:24 | 447 | 01:08:13 | 433 | 5:10:59 |
| 413 | 1877 | Jette Jørgensen | Olympia Maribo | DEN | 36 | 01:08:51 | 459 | 00:47:46 | 458 | 00:57:39 | 475 | 01:08:44 | 450 | 01:08:43 | 438 | 5:11:43 |
| 414 | 1812 | Annie Munch | AAKIRKEBY | DEN | 94 | 01:17:43 | 478 | 00:49:36 | 464 | 00:56:54 | 471 | 01:04:55 | 432 | 01:11:22 | 450 | 5:20:30 |
| 415 | 1688 | Maud Søderholm | Orienteringsklubben Roskilde | DEN | 37 | 01:10:56 | 467 | 00:49:17 | 463 | 01:00:43 | 483 | 01:08:52 | 451 | 01:12:01 | 452 | 5:21:49 |
| 416 | 1575 | Birthe Thomsen | KOKKEDAL | DEN | 95 | 01:13:21 | 472 | 00:48:23 | 459 | 00:58:55 | 477 | 01:09:31 | 453 | 01:14:21 | 455 | 5:24:31 |
| 417 | 1605 | Signe Koch | Aller | DEN | 138 | 01:09:51 | 462 | 00:49:04 | 461 | 00:56:44 | 469 | 01:08:43 | 449 | 01:20:53 | 463 | 5:25:15 |
| 418 | 1664 | Bärbel Harboe Dyhr | Skælskør Løbeklub | DEN | 134 | 01:14:27 | 473 | 00:50:37 | 470 | 01:00:30 | 482 | 01:09:07 | 452 | 01:11:41 | 451 | 5:26:22 |
| 419 | 1966 | Kriemhild Barth | KÖNIGSBRÜCK | GER | 135 | 01:15:20 | 474 | 00:48:23 | 460 | 01:00:00 | 480 | 01:08:29 | 448 | 01:15:22 | 456 | 5:27:34 |
| 420 | 1643 | Britta Margit Olsen | OGF Motion | DEN | 96 | 01:13:01 | 471 | 00:49:45 | 466 | 01:00:20 | 481 | 01:11:21 | 456 | 01:16:35 | 457 | 5:31:02 |
| 421 | 1561 | Hanne Kohlmets | FREDERIKSBERG | DEN | 139 | 01:16:04 | 475 | 00:50:51 | 471 | 01:02:16 | 484 | 01:10:44 | 454 | 01:13:16 | 454 | 5:33:11 |
| 422 | 1823 | Heide Wallner | TV Uftort-Eick | GER | 38 | 01:18:19 | 480 | 00:50:25 | 469 | 01:04:17 | 487 | 01:11:02 | 455 | 01:18:46 | 460 | 5:42:49 |
| 423 | 1867 | Heike Heimer | TV Uftort-Eick | GER | 136 | 01:18:18 | 479 | 00:50:25 | 468 | 01:04:17 | 488 | 01:11:26 | 457 | 01:18:46 | 461 | 5:43:12 |
| 424 | 1679 | Henriette N Haase | VEJBY | DEN | 15 | 01:17:24 | 476 | 00:49:14 | 462 | 01:03:36 | 485 | 01:14:50 | 458 | 01:18:20 | 459 | 5:43:24 |
| 425 | 1557 | Lone Jørgensen | AALBORG SV | DEN | 16 | 01:18:58 | 481 | 00:49:41 | 465 | 01:12:23 | 490 | 01:18:54 | 460 | 01:23:39 | 464 | 6:03:35 |

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| 1 | 2032 | Markus Broksø | Blovstrød Løverne | DEN | 00:14:09 | 1 | 00:12:35 | 2 0:43:27 |
| 2 | 2036 | Sebastian Bærnthsen | Viking Atletik | DEN | 00:14:42 | 4 | 00:12:49 | 3 0:44:19 |
| 3 | 2078 | Lukas Diemer-harild | GILLELEJE | DEN | 00:14:21 | 2 | 00:13:00 | 4 0:44:26 |
| 4 | 2007 | Esben Friis Henriksen | AAIF | DEN | 00:15:14 | 5 | 00:12:38 | 1 0:44:32 |
| 5 | 2059 | Mads Windahl Kofoed | Viking Atletik | DEN | 00:14:31 | 3 | 00:13:15 | 5 0:45:44 |
| 6 | 2003 | Malte Zarncke | LÜBSTORF | GER | 00:15:14 | 6 | 00:13:06 | 6 0:46:41 |
| 7 | 2018 | Emil Stobbe | BALLERUP | DEN | 00:15:33 | 9 | 00:13:09 | 7 0:47:10 |
| 8 | 2071 | Mads K. Larsen | Knudsker IF | DEN | 00:15:17 | 7 | 00:13:27 | 10 0:47:19 |
| 9 | 2026 | Jeppe Stenderup Hygum | TØLLØSE | DEN | 00:15:35 | 10 | 00:13:32 | 9 0:47:42 |
| 10 | 2024 | Marcus Olsen | HAF | DEN | 00:15:36 | 11 | 00:13:17 | 12 0:47:46 |
| 11 | 2047 | Martin Andersen | GREVE | DEN | 00:16:11 | 18 | 00:13:39 | 8 0:48:24 |
| 12 | 2020 | Jonas Priess Sørensen | FREDERICIA | DEN | 00:15:55 | 15 | 00:14:06 | 11 0:48:47 |
| 13 | 2076 | Mathias H. Hansen | ALLINGE | DEN | 00:15:43 | 13 | 00:14:19 | 14 0:49:37 |
| 14 | 2041 | Mads Krogh Hansen | Viking Atletik | DEN | 00:16:00 | 16 | 00:14:32 | 13 0:49:51 |
| 15 | 2019 | Emil Mads Møller | RØNNE | DEN | 00:15:31 | 8 | 00:14:04 | 21 0:49:55 |
| 16 | 2017 | Buster Antvorskov | Amager Atletik Club | DEN | 00:15:44 | 14 | 00:14:02 | 19 0:50:01 |
| 17 | 2021 | Mads Søgaard Nielsen | Viking | DEN | 00:16:03 | 17 | 00:15:20 | 29 0:51:31 |
| 18 | 2012 | August Leth Jørgensen | SØBORG | DEN | 00:17:02 | 26 | 00:14:41 | 21 0:51:55 |
| 19 | 2014 | Jonas Jensen | Viking Atletik | DEN | 00:16:50 | 24 | 00:15:04 | 23 0:52:18 |
| 20 | 2031 | Mikkel Slyngborg | Odder Atletik & Motion | DEN | 00:16:36 | 21 | 00:15:13 | 25 0:52:20 |
| 21 | 2074 | Malthe Gaarsdal | FARUM | DEN | 00:16:33 | 20 | 00:14:32 | 19 0:52:36 |
| 22 | 2069 | Frederik Juul Christensen | RIK | DEN | 00:16:15 | 19 | 00:15:25 | 31 0:52:40 |
| 23 | 2083 | Kasper Lange | SØBORG | DEN | 00:17:52 | 36 | 00:15:05 | 24 0:53:39 |
| 24 | 2030 | Tobias Thorsen | RØNNE | DEN | 00:17:07 | 28 | 00:15:33 | 36 0:53:48 |
| 25 | 2038 | Mads Grønhøj | Team Grønhøj | DEN | 00:16:45 | 22 | 00:15:23 | 30 0:53:55 |
| 26 | 2053 | Martin Ipsen | KLEMENSKER | DEN | 00:18:22 | 48 | 00:15:27 | 32 0:54:07 |
| 27 | 2058 | Emil Salinas | Team Wildduck | DEN | 00:17:11 | 29 | 00:15:50 | 41 0:54:11 |
| 28 | 2006 | Sebastian Hjeresen | ROSKILDE | DEN | 00:17:50 | 35 | 00:15:28 | 33 0:54:14 |
| 29 | 2013 | Emil Keppie | HERLEV | DEN | 00:18:19 | 47 | 00:15:15 | 26 0:54:15 |
| 30 | 2049 | Danni Kristensen | SMØRUM | DEN | 00:17:19 | 30 | 00:15:37 | 39 0:54:19 |
| 31 | 2027 | Mateo Skov | ODENSE M | DEN | 00:17:48 | 34 | 00:15:37 | 38 0:55:15 |
| 32 | 2075 | Thomas Stampe Kofoed | FREDERIKSBERG | DEN | 00:17:46 | 33 | 00:16:04 | 48 0:55:21 |
| 33 | 2001 | Jonas Bønlokke | VÆRLØSE | DEN | 00:18:14 | 45 | 00:15:59 | 43 0:55:51 |
| 34 | 2048 | Jens Raagaard | Hvalsø Løbeklub | DEN | 00:18:26 | 51 | 00:16:04 | 49 0:56:15 |
| 35 | 2062 | Malte Karlshøj | ØIF | DEN | 00:18:12 | 44 | 00:16:30 | 58 0:56:18 |
| 36 | 2039 | Nicolai Andersen | Viking Atletik | DEN | 00:18:49 | 52 | 00:17:30 | 71 0:56:19 |
| 37 | 2066 | Gustav Nilsson Pedersen | BAGSVÆRD | DEN | 00:18:11 | 43 | 00:16:20 | 54 0:56:22 |
| 38 | 2079 | Magnus Dalen Jensen | ALLINGE | DEN | 00:17:33 | 31 | 00:16:13 | 50 0:56:30 |
| 39 | 2004 | Marcus Høvelskov | BRØNSHØJ | DEN | 00:17:44 | 32 | 00:16:03 | 46 0:56:37 |
| 40 | 2060 | Mikkel Rex Rasmussen | RØDOVRERØDOVRE | DEN | 00:18:17 | 46 | 00:16:15 | 53 0:56:49 |

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| 41 | 2016 | Thomas Bech Poulsen | VEJLE | DEN | 00:17:54 | 38 | 00:16:14 | 52 | 00:23:00 | 53 | 0:57:08 |
| 42 | 2002 | Jens Nørredal | VIBY SJÆLLAND | DEN | 00:21:15 | 71 | 00:15:44 | 40 | 00:20:26 | 23 | 0:57:25 |
| 43 | 2028 | Jacob Ackey Wolf | ITSP | DEN | 00:19:02 | 59 | 00:15:32 | 35 | 00:23:04 | 54 | 0:57:38 |
| 44 | 2009 | Sejr Bergmann | Bergmann | DEN | 00:18:52 | 54 | 00:16:25 | 56 | 00:22:27 | 45 | 0:57:44 |
| 45 | 2061 | Emil Juhler-nøttrup | VANLØSE | DEN | 00:18:56 | 56 | 00:15:59 | 44 | 00:22:56 | 52 | 0:57:51 |
| 46 | 2055 | Mikkel Aunstrup | Ø-Runners | DEN | 00:17:56 | 39 | 00:16:30 | 57 | 00:23:27 | 57 | 0:57:53 |
| 47 | 2426 | Daniel Baastrup Andersen | BAGSVÆRD | DEN | 00:18:57 | 57 | 00:16:13 | 51 | 00:22:43 | 48 | 0:57:53 |
| 48 | 2015 | Alexander Berg Drejøre | GENTOFTE | DEN | 00:18:23 | 49 | 00:16:39 | 61 | 00:23:46 | 60 | 0:58:48 |
| 49 | 2005 | Sebastian Berg Drejøre | GENTOFTE | DEN | 00:18:26 | 50 | 00:16:39 | 60 | 00:23:48 | 62 | 0:58:53 |
| 50 | 2073 | Mathias Toftegaard Glass | RINGSTED | DEN | 00:16:50 | 23 | 00:15:17 | 27 | 00:26:51 | 81 | 0:58:58 |
| 51 | 2029 | Vegard Biseth | Fet Friidrettsklubb | NOR | 00:18:56 | 55 | 00:16:35 | 59 | 00:23:33 | 59 | 0:59:04 |
| 52 | 2072 | Edward Lindholm | SKIVE | DEN | 00:17:57 | 40 | 00:17:45 | 74 | 00:23:47 | 61 | 0:59:29 |
| 53 | 2057 | Tobias Kvottrup Andersen | Team Morfar | DEN | 00:18:01 | 42 | 00:17:06 | 66 | 00:24:24 | 66 | 0:59:31 |
| 54 | 2082 | Sebastian Folkmann | VIRUM | DEN | 00:17:53 | 37 | 00:16:24 | 55 | 00:25:25 | 75 | 0:59:42 |
| 55 | 2035 | Carl Widenholm | SALTSJÖ-DUVNÄS | SWE | 00:18:58 | 58 | 00:17:50 | 76 | 00:23:10 | 55 | 0:59:58 |
| 56 | 2025 | Anders Dahl | KØBENHAVN Ø | DEN | 00:18:52 | 53 | 00:16:50 | 63 | 00:24:19 | 64 | 1:00:01 |
| 57 | 2008 | Mathias Gren Erichsen | Viking Atletik | DEN | 00:19:57 | 66 | 00:17:38 | 73 | 00:22:35 | 46 | 1:00:10 |
| 58 | 2033 | Jonas Jørgensen | AAKIRKEBY | DEN | 00:19:43 | 64 | 00:17:23 | 69 | 00:23:31 | 58 | 1:00:37 |
| 59 | 2084 | Mo Anton Dam | HELLERUP | DEN | 00:19:14 | 60 | 00:17:25 | 70 | 00:24:27 | 68 | 1:01:06 |
| 60 | 2077 | Martin Dalen Jensen | ALLINGE | DEN | 00:19:47 | 65 | 00:16:44 | 62 | 00:24:37 | 69 | 1:01:08 |
| 61 | 2034 | Søren Kirkeby Jacobsen | Odder Atletik & Motion | DEN | 00:19:42 | 63 | 00:17:58 | 79 | 00:24:14 | 63 | 1:01:54 |
| 62 | 2056 | Adam Jeppesen | VIRUM | DEN | 00:19:26 | 61 | 00:17:01 | 64 | 00:25:34 | 78 | 1:02:01 |
| 63 | 2044 | Uffe Keppie | HERLEV | DEN | 00:21:02 | 70 | 00:17:57 | 78 | 00:25:14 | 74 | 1:04:13 |
| 64 | 2043 | Rasmus Ackey Wolf | ITSP | DEN | 00:21:48 | 77 | 00:18:05 | 80 | 00:24:21 | 65 | 1:04:14 |
| 65 | 2050 | Mathias Kanta | HOLTE | DEN | 00:23:18 | 84 | 00:17:32 | 72 | 00:25:31 | 76 | 1:06:21 |
| 66 | 2068 | Jonas Dose Sørensen | DRAGØR | DEN | 00:21:46 | 76 | 00:19:48 | 98 | 00:24:55 | 71 | 1:06:29 |
| 67 | 2081 | Hjalmar Gåsdal | JÆGERSPRIS | DEN | 00:22:30 | 78 | 00:19:07 | 90 | 00:25:00 | 72 | 1:06:37 |
| 68 | 2080 | Harald Gåsdal | JÆGERSPRIS | DEN | 00:23:16 | 83 | 00:19:14 | 92 | 00:25:05 | 73 | 1:07:35 |
| 69 | 2011 | Jesper Nørredal | VIBY SJÆLLAND | DEN | 00:20:54 | 69 | 00:18:10 | 82 | 00:28:36 | 87 | 1:07:40 |
| 70 | 2052 | Frederik Bay Larsen | KEISPELT | DEN | 00:21:44 | 75 | 00:19:42 | 97 | 00:27:02 | 82 | 1:08:28 |
| 71 | 2042 | Jakob Schmidt | BALLERUP | DEN | 00:22:55 | 80 | 00:18:58 | 89 | 00:27:25 | 84 | 1:09:18 |
| 72 | 2051 | Rasmus Bay Larsen | KEISPELT | DEN | 00:22:55 | 81 | 00:19:29 | 95 | 00:27:06 | 83 | 1:09:30 |
| 73 | 2063 | Lars Kristian Lind Nielsen | ALLINGE | DEN | 00:21:25 | 73 | 00:20:11 | 99 | 00:28:34 | 86 | 1:10:10 |
| 74 | 2070 | Oliver Hjort Pedersen | RØNNE | DEN | 00:22:46 | 79 | 00:21:20 | 103 | 00:26:27 | 80 | 1:10:33 |
| 75 | 2046 | Martin Slyngborg | Odder Atletik & Motion | DEN | 00:23:59 | 85 | 00:18:55 | 87 | 00:28:42 | 88 | 1:11:36 |
| 76 | 2067 | Thor Nilsson Pedersen | BAGSVÆRD | DEN | 00:21:41 | 74 | 00:21:11 | 102 | 00:29:51 | 89 | 1:12:43 |
| 77 | 2010 | Nichlas Peter Henriksen | RØNNE | DEN | 00:22:57 | 82 | 00:22:10 | 104 | 00:30:29 | 90 | 1:15:36 |
| 78 | 2040 | Frederik Thorsager | GREVE | DEN | 00:24:03 | 86 | 00:20:46 | 101 | 00:31:14 | 91 | 1:16:03 |
| 79 | 2064 | Rasmus Baltzersen | Ronhill | DEN | 00:25:46 | 87 | 00:27:07 | 105 | 00:39:21 | 92 | 1:32:14 |
| 80 | 2022 | Christoffer Hilton | LYNGE | DEN | 00:34:02 | 89 | 00:31:33 | 106 | 00:39:46 | 93 | 1:45:21 |

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| 2 | 2138 | Andreas Døssland | Edbo Risk Management | NOR | 00:11:44 | 2 | 00:10:26 | 1 | 00:15:02 | 2 | 0:37:12 |
| 3 | 2134 | Jeppe Friis Henriksen | Viking Atletik | DEN | 00:12:37 | 3 | 00:11:03 | 3 | 00:15:16 | 3 | 0:38:56 |
| 4 | 2163 | Magnus Cort | Viking Atletik | DEN | 00:12:48 | 4 | 00:11:10 | 4 | 00:15:27 | 4 | 0:39:25 |
| 5 | 2113 | Tony Sandnesaunet | Tjalve | NOR | 00:12:53 | 5 | 00:11:26 | 5 | 00:15:31 | 5 | 0:39:50 |
| 6 | 2155 | Joakim Brøman | FALUN | SWE | 00:13:16 | 6 | 00:11:34 | 6 | 00:15:43 | 6 | 0:40:33 |
| 7 | 2146 | Frederik Fürstenberg | Amager AC | DEN | 00:13:32 | 8 | 00:11:45 | 7 | 00:16:10 | 8 | 0:41:27 |
| 8 | 2150 | Jonas Juhler-nøttrup | VANLØSE | DEN | 00:13:48 | 10 | 00:11:49 | 8 | 00:15:59 | 7 | 0:41:36 |
| 9 | 2127 | Malthe Thøgersen | Bornholms Hospital, Aktivitetscentret | DEN | 00:13:27 | 7 | 00:11:57 | 9 | 00:16:35 | 11 | 0:41:59 |
| 10 | 2147 | Asger Brix Andersen | SORØ | DEN | 00:13:45 | 9 | 00:11:57 | 10 | 00:16:38 | 12 | 0:42:20 |
| 11 | 2106 | Janus Højmark Andersen | Viking | DEN | 00:13:52 | 12 | 00:12:12 | 12 | 00:16:22 | 9 | 0:42:26 |
| 12 | 2159 | Filip Kaas | MARIAGER | DEN | 00:13:49 | 11 | 00:12:10 | 11 | 00:16:38 | 13 | 0:42:37 |
| 13 | 2123 | Jonas Kold Pedersen | HUMLEBÆK | DEN | 00:13:55 | 13 | 00:13:00 | 20 | 00:16:35 | 10 | 0:43:30 |
| 14 | 2144 | Benjamin Orina | Sportigan | DEN | 00:14:05 | 14 | 00:12:46 | 15 | 00:17:20 | 16 | 0:44:11 |
| 15 | 2124 | Alexander Schou | puls 30/60 | DEN | 00:14:23 | 15 | 00:12:25 | 13 | 00:17:26 | 18 | 0:44:14 |
| 16 | 2148 | Mikkel Engell Sohnmann | Team Sohnmann | DEN | 00:15:02 | 22 | 00:12:35 | 14 | 00:17:11 | 15 | 0:44:48 |
| 17 | 2131 | Anton Leth Jørgensen | SØBORG | DEN | 00:14:28 | 17 | 00:13:08 | 22 | 00:17:28 | 19 | 0:45:04 |
| 18 | 2136 | Jonathan Lundin | BCC | DEN | 00:14:25 | 16 | 00:13:23 | 26 | 00:17:40 | 22 | 0:45:28 |
| 19 | 2156 | Kristian Philippsen | HASLE | DEN | 00:15:12 | 25 | 00:12:53 | 17 | 00:18:18 | 26 | 0:46:23 |
| 20 | 2149 | Michael Rex Rasmussen | RØDOVRE | DEN | 00:14:44 | 19 | 00:13:22 | 25 | 00:18:23 | 28 | 0:46:29 |
| 21 | 2140 | Niklas Sorth-olsen | RØNNE | DEN | 00:15:17 | 27 | 00:13:18 | 24 | 00:17:54 | 23 | 0:46:29 |
| 22 | 2125 | Rasmus Krogshave | AALBORG SV | DEN | 00:15:26 | 30 | 00:13:29 | 27 | 00:17:54 | 24 | 0:46:49 |
| 23 | 2128 | Tobias Bach Rønne | NIF | DEN | 00:15:23 | 29 | 00:13:00 | 19 | 00:18:56 | 32 | 0:47:19 |
| 24 | 2117 | Joakim Hansen | Odense Politi Idræt | DEN | 00:15:12 | 26 | 00:13:37 | 31 | 00:18:46 | 30 | 0:47:35 |
| 25 | 2130 | Rasmus Bukhave Knudsen | Skive am | DEN | 00:15:08 | 23 | 00:13:35 | 30 | 00:19:00 | 33 | 0:47:43 |
| 26 | 2162 | Patrick Jørgensen | RØNNE | DEN | 00:15:31 | 31 | 00:13:32 | 29 | 00:19:01 | 34 | 0:48:04 |
| 27 | 2119 | Victor Hasle Petersen | RIK/Knudsker | DEN | 00:15:10 | 24 | 00:14:05 | 37 | 00:19:28 | 39 | 0:48:43 |
| 28 | 2118 | Mads Merrald | Hvalsø Løbeklub | DEN | 00:15:32 | 32 | 00:14:11 | 39 | 00:19:03 | 36 | 0:48:46 |
| 29 | 2153 | Mathias Kristensen | RØNNE | DEN | 00:15:56 | 37 | 00:13:58 | 34 | 00:18:53 | 31 | 0:48:47 |
| 30 | 2139 | Oskar Jonassen | HELSINGØR | DEN | 00:17:50 | 56 | 00:12:52 | 16 | 00:18:11 | 25 | 0:48:53 |
| 31 | 2115 | Emil Hjorth Christensen | Ballerup AK | DEN | 00:15:35 | 33 | 00:14:17 | 40 | 00:19:02 | 35 | 0:48:54 |
| 32 | 2122 | Niklas Rosendal Bennedsen | H.G. Atletik og Motion | DEN | 00:15:00 | 21 | 00:14:02 | 36 | 00:20:26 | 51 | 0:49:28 |
| 33 | 2107 | Sebastian Vogt | Blau-Weiss Buchholz | GER | 00:16:30 | 41 | 00:13:51 | 33 | 00:19:14 | 37 | 0:49:35 |
| 34 | 2160 | Anders Peter Stampe Kofoed | FREDERIKSBERG | DEN | 00:15:51 | 36 | 00:14:44 | 46 | 00:19:15 | 38 | 0:49:50 |
| 35 | 2151 | Kian Rohrmann Vandsted | NEXØ | DEN | 00:15:20 | 28 | 00:14:34 | 44 | 00:19:59 | 44 | 0:49:53 |

| | | | | | | | | | | | |
|----|------|-------------------------|----------------------------|-----|----------|----|----------|----|----------|----|---------|
| 36 | 2129 | Mathias Buus-kofoed | ØB Atletik | DEN | 00:16:31 | 42 | 00:13:41 | 32 | 00:19:57 | 43 | 0:50:09 |
| 37 | 2141 | Mads Månsson Davidsen | VÆRLØSE | DEN | 00:15:57 | 38 | 00:14:22 | 41 | 00:19:57 | 42 | 0:50:16 |
| 38 | 2104 | Victor Skov | ODENSE M | DEN | 00:15:50 | 35 | 00:15:02 | 51 | 00:19:50 | 40 | 0:50:42 |
| 39 | 2154 | Andreas Vibe Sode | RØNNE | DEN | 00:16:12 | 40 | 00:14:29 | 42 | 00:20:08 | 46 | 0:50:49 |
| 40 | 2121 | Toke Jacobsen | Team Far & Søn | DEN | 00:16:34 | 43 | 00:14:10 | 38 | 00:20:15 | 47 | 0:50:59 |
| 41 | 2158 | Andreas Christoffersen | SLAGELSE | DEN | 00:16:50 | 47 | 00:14:33 | 43 | 00:19:54 | 41 | 0:51:17 |
| 42 | 2102 | Sebastian Wridt | RØNNE | DEN | 00:16:47 | 46 | 00:14:48 | 48 | 00:20:41 | 53 | 0:52:16 |
| 43 | 2114 | Hjalte Schougaard Olsen | ESPERGÆRDE | DEN | 00:17:32 | 51 | 00:14:50 | 49 | 00:20:05 | 45 | 0:52:27 |
| 44 | 2120 | Philip Weber | HELLERUP | DEN | 00:16:36 | 45 | 00:15:06 | 52 | 00:20:50 | 56 | 0:52:32 |
| 45 | 2126 | Alexander Birch | Tejn IF | DEN | 00:17:33 | 52 | 00:14:43 | 45 | 00:20:25 | 50 | 0:52:41 |
| 46 | 2137 | Magnus Bech Poulsen | VEJLE | DEN | 00:14:56 | 20 | 00:15:12 | 53 | 00:22:49 | 63 | 0:52:57 |
| 47 | 2157 | Jannik Hjorth | HASLE | DEN | 00:17:30 | 50 | 00:14:48 | 47 | 00:20:48 | 55 | 0:53:06 |
| 48 | 2161 | Håkon Noraker Nossen | DRØBAK | NOR | 00:18:13 | 62 | 00:15:25 | 55 | 00:20:18 | 48 | 0:53:56 |
| 49 | 2164 | Mads Steger | Viking | DEN | 00:17:53 | 58 | 00:15:31 | 58 | 00:20:46 | 54 | 0:54:10 |
| 50 | 2101 | Jørgen Biseth | Fet Friidrettsklubb | NOR | 00:17:44 | 54 | 00:15:29 | 57 | 00:21:12 | 57 | 0:54:25 |
| 51 | 2142 | Simon Grønkjær Sehested | Jyderup Løbe & Motionsklub | DEN | 00:23:09 | 70 | 00:13:01 | 21 | 00:18:18 | 27 | 0:54:28 |
| 52 | 2105 | Jakob Mølgaard Jensen | VEJBY | DEN | 00:18:40 | 63 | 00:15:25 | 56 | 00:20:25 | 49 | 0:54:30 |
| 53 | 2132 | Jonas Høvelskov | BRØNSHØJ | DEN | 00:15:41 | 34 | 00:16:01 | 64 | 00:22:49 | 62 | 0:54:31 |
| 54 | 2345 | Caroline Espersen | FARUM | DEN | 00:16:54 | 48 | 00:15:41 | 61 | 00:21:58 | 58 | 0:54:33 |
| 55 | 2103 | Mathias Broksø | ALLERØD | DEN | 00:17:44 | 55 | 00:15:23 | 54 | 00:22:21 | 61 | 0:55:28 |
| 56 | 2116 | Jakob Kristensen | SMØRUM | DEN | 00:17:35 | 53 | 00:16:33 | 68 | 00:22:07 | 59 | 0:56:15 |
| 57 | 2166 | Christian Nielsen | ØSTERMARIE | DEN | 00:17:59 | 60 | 00:16:25 | 66 | 00:22:15 | 60 | 0:56:39 |
| 58 | 2112 | Tobias Boe Thomsen | SMT | DEN | 00:17:06 | 49 | 00:16:28 | 67 | 00:23:22 | 65 | 0:56:56 |
| 59 | 2165 | Mads Priess Sørensen | FREDERICIA | DEN | 00:19:00 | 64 | 00:15:55 | 63 | 00:22:53 | 64 | 0:57:48 |
| 60 | 2135 | Magnus Mikkelsen | STORE HEDDINGE | DEN | 00:19:45 | 65 | 00:17:18 | 70 | 00:23:27 | 66 | 1:00:30 |
| 61 | 2143 | Oliver Bay Larsen | KEISPELT | DEN | 00:20:03 | 66 | 00:18:34 | 72 | 00:24:58 | 67 | 1:03:35 |
| 62 | 2109 | Rasmus Pedersen | Viking Atletik | DEN | 00:21:05 | 67 | 00:19:41 | 74 | 00:25:25 | 68 | 1:06:11 |
| 63 | 2152 | Lars Høring | Eiland Electric | DEN | 00:24:46 | 71 | 00:21:41 | 76 | 00:30:49 | 69 | 1:17:16 |

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|------|---------|-------------------------------|------------------------|------|----------|------------------|------------|-------------|
| 1 | 2209 | Sarah Zawada | Viking | DEN | 00:15:34 | 1 | 00:18:38 | 1 0:48:07 |
| 2 | 2208 | Olivia Ubaghs | Viking | DEN | 00:16:20 | 2 | 00:19:12 | 2 0:49:40 |
| 3 | 2227 | Martine Andersen | Viking Atletik | DEN | 00:16:26 | 3 | 00:19:30 | 3 0:50:28 |
| 4 | 2251 | Ane Tesfaye Thøgersen | HOLBÆK | DEN | 00:17:03 | 5 | 00:20:44 | 6 0:52:44 |
| 5 | 2204 | Johanna Marie Rasmussen | RØNNE | DEN | 00:18:02 | 11 | 00:20:19 | 5 0:53:29 |
| 6 | 2253 | Sara Riis | AAKIRKEBY | DEN | 00:18:06 | 12 | 00:20:47 | 7 0:53:56 |
| 7 | 2245 | Xenia Rasmussen | RØNNE | DEN | 00:17:38 | 9 | 00:21:25 | 11 0:55:01 |
| 8 | 2216 | Rikke Jørgensen | AALBORG SV | DEN | 00:18:20 | 16 | 00:21:24 | 10 0:55:36 |
| 9 | 2246 | Mathilde Emilie Møller Hansen | ROSKILDE | DEN | 00:18:38 | 21 | 00:21:45 | 13 0:56:03 |
| 10 | 2231 | Solveig Stenberg | Kjelsås | NOR | 00:17:36 | 7 | 00:22:31 | 16 0:56:47 |
| 11 | 2229 | Maria Kold Ehlers | RØNNE | DEN | 00:18:34 | 19 | 00:22:19 | 15 0:56:54 |
| 12 | 2252 | Stine Bue | FREDERIKSSUND | DEN | 00:18:09 | 14 | 00:22:53 | 20 0:56:59 |
| 13 | 2218 | Ditte Schmidt | HELLERUP | DEN | 00:18:09 | 13 | 00:22:40 | 17 0:57:03 |
| 14 | 2217 | Tara Brodin | KØGE | DEN | 00:18:24 | 17 | 00:22:54 | 21 0:57:10 |
| 15 | 2220 | Ida Koch | HVIDOVRE | DEN | 00:18:38 | 20 | 00:22:50 | 19 0:57:32 |
| 16 | 2240 | Amanda Erbs | RØDOVRE | DEN | 00:18:40 | 22 | 00:21:35 | 12 0:57:34 |
| 17 | 2232 | Rebecca Rehmann | HSV Stoeckte | GER | 00:19:06 | 27 | 00:22:48 | 18 0:58:38 |
| 18 | 2219 | Emilie Rosendal Bennedsen | H.G. Atletik og Motion | DEN | 00:19:01 | 26 | 00:24:18 | 26 0:59:56 |
| 19 | 2235 | Malene Rebsdorf | KONGENS LYNGBY | DEN | 00:18:41 | 23 | 00:24:15 | 25 1:00:18 |
| 20 | 2262 | Sara Emilie Kold Sørensen | HUMLEBÆK | DEN | 00:18:34 | 18 | 00:24:25 | 28 1:00:29 |
| 21 | 2236 | Regitze Andersen | Viking Atletik | DEN | 00:20:00 | 34 | 00:23:02 | 22 1:01:15 |
| 22 | 2207 | Katrine Madsen | RØNNE | DEN | 00:18:53 | 25 | 00:25:19 | 37 1:01:17 |
| 23 | 2226 | Tenna Merrald | Hvalsø Løbeklub | DEN | 00:19:26 | 30 | 00:25:24 | 38 1:01:32 |
| 24 | 2242 | Katrine Marcher Hansen | RØNNE | DEN | 00:19:44 | 33 | 00:24:13 | 24 1:02:30 |
| 25 | 2228 | Mia Malmstrøm Thode Olsen | FREDERIKSBERG | DEN | 00:19:41 | 31 | 00:24:32 | 29 1:02:37 |
| 26 | 2264 | Astrid Lind-holm | VIRUM | DEN | 00:20:16 | 36 | 00:24:37 | 31 1:02:37 |
| 27 | 2230 | Dorthea Hansen | RØNNE | DEN | 00:20:14 | 35 | 00:25:39 | 41 1:03:37 |
| 28 | 2256 | Emma Sofie Drejer | ROSKILDE | DEN | 00:21:02 | 41 | 00:24:58 | 33 1:03:40 |
| 29 | 2203 | Ann-christin Andersen | Viking Atletik | DEN | 00:20:28 | 37 | 00:25:26 | 39 1:04:00 |
| 30 | 2211 | Monika Lykke Frederiksen | STENLØSE | DEN | 00:19:43 | 32 | 00:26:05 | 43 1:04:06 |
| 31 | 2258 | Ida H. Rasmussen | RØNNE | DEN | 00:21:29 | 45 | 00:24:59 | 34 1:04:08 |
| 32 | 2261 | Mathilde Helms Kjær | Viking | DEN | 00:19:11 | 28 | 00:26:28 | 45 1:04:32 |
| 33 | 2202 | Martha Rotermann | LÜBBERSTORF | GER | 00:21:06 | 43 | 00:25:18 | 36 1:05:21 |
| 34 | 2243 | Clara Toudal Borg | rønne | DEN | 00:22:34 | 50 | 00:25:41 | 42 1:06:03 |
| 35 | 2244 | Marie Folkmann | RØNNE | DEN | 00:20:34 | 38 | 00:26:15 | 44 1:06:10 |
| 36 | 2213 | Helena Husum | SORØ | DEN | 00:21:06 | 42 | 00:25:38 | 40 1:06:32 |
| 37 | 2225 | Stine Schmidt | HELLERUP | DEN | 00:21:01 | 40 | 00:27:26 | 47 1:08:51 |
| 38 | 2205 | Louise Gredal | HVIDOVRE | DEN | 00:21:15 | 44 | 00:27:40 | 51 1:09:17 |
| 39 | 2212 | Jasmin Dick-nielsen | viking | DEN | 00:21:43 | 46 | 00:27:30 | 50 1:09:24 |
| 40 | 2201 | Stine Jørgensen | Viking Atletik | DEN | 00:21:43 | 47 | 00:27:29 | 49 1:09:28 |
| 41 | 2259 | Sille Diemer-harild | GILLELEJE | DEN | 00:22:07 | 49 | 00:27:55 | 53 1:09:39 |
| 42 | 2257 | Sarah Gyldensløve | FREDERICIA | DEN | 00:23:09 | 55 | 00:26:40 | 46 1:09:43 |

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|----|------|-------------------------------|-------------------|-----|----------|----|----------|----|----------|----|---------|
| 43 | 2260 | Julie Harild | RØNNE | DEN | 00:23:47 | 58 | 00:20:44 | 54 | 00:27:54 | 52 | 1:12:25 |
| 44 | 2265 | Christine Marie Hildeshejn | GENTOFTE | DEN | 00:22:38 | 51 | 00:22:29 | 66 | 00:27:28 | 48 | 1:12:35 |
| 45 | 2222 | Emilie Hilton | LYNGE | DEN | 00:23:24 | 57 | 00:19:53 | 47 | 00:29:30 | 56 | 1:12:47 |
| 46 | 2247 | Rose Holm | GENTOFTE | DEN | 00:22:56 | 53 | 00:21:21 | 62 | 00:29:30 | 55 | 1:13:47 |
| 47 | 2241 | Ditte Juhler-nøttrup | VANLØSE | DEN | 00:23:02 | 54 | 00:21:03 | 58 | 00:30:34 | 57 | 1:14:39 |
| 48 | 2045 | Maja Lykke Akey Wolf | ITSP | DEN | 00:21:59 | 48 | 00:22:38 | 68 | 00:31:14 | 60 | 1:15:51 |
| 49 | 2206 | Rikke Boe Thomsen | SILKEBORG | DEN | 00:23:22 | 56 | 00:22:34 | 67 | 00:31:14 | 59 | 1:17:10 |
| 50 | 2239 | Ida Brix Andersen | SORØ | DEN | 00:22:39 | 52 | 00:20:37 | 53 | 00:34:35 | 63 | 1:17:51 |
| 51 | 2238 | Sofie Orland | ODENSE SV | DEN | 00:23:51 | 59 | 00:23:03 | 69 | 00:31:03 | 58 | 1:17:57 |
| 52 | 2215 | Freja Schmidt | BALLERUP | DEN | 00:27:29 | 61 | 00:25:32 | 71 | 00:35:14 | 64 | 1:28:15 |
| 53 | 2210 | Vibeke Borch Buus | EJSTRUPHOLM | DEN | 00:32:31 | 64 | 00:32:35 | 75 | 00:32:16 | 61 | 1:37:22 |
| 54 | 2224 | Eva Schmidt | Blovstrød Løverne | DEN | 00:31:12 | 63 | 00:28:49 | 74 | 00:38:21 | 65 | 1:38:22 |

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| 1 | 2317 | Josefine Rytter | Bagsværd AC | DEN | 00:13:17 | 1 | 00:11:57 | 1 | 00:16:15 | 1 | 0:41:29 |
| 2 | 2324 | Line Køhlert | AAKIRKEBY | DEN | 00:13:55 | 2 | 00:12:29 | 2 | 00:16:52 | 2 | 0:43:16 |
| 3 | 2347 | Nicoline Flade | Viking Atletik | DEN | 00:14:16 | 4 | 00:12:59 | 4 | 00:17:16 | 7 | 0:44:31 |
| 4 | 2307 | Amanda Grønning | Viking Atletik | DEN | 00:14:33 | 5 | 00:13:02 | 5 | 00:17:11 | 5 | 0:44:46 |
| 5 | 2319 | Annika Olsen | HAF | DEN | 00:14:49 | 7 | 00:12:55 | 3 | 00:17:10 | 4 | 0:44:54 |
| 6 | 2328 | Julie Krogh Hansen | Viking Atletik | DEN | 00:14:45 | 6 | 00:13:09 | 7 | 00:17:30 | 8 | 0:45:24 |
| 7 | 2357 | Tanja Hjorth Hansen | TIF | DEN | 00:15:08 | 8 | 00:13:08 | 6 | 00:17:12 | 6 | 0:45:28 |
| 8 | 2318 | Josephine Mortensen | AAKIRKEBY | DEN | 00:15:21 | 9 | 00:13:17 | 8 | 00:18:26 | 9 | 0:47:04 |
| 9 | 2346 | Emilie Gadd | Eiland Electric | DEN | 00:15:48 | 13 | 00:13:27 | 9 | 00:18:47 | 10 | 0:48:02 |
| 10 | 2321 | Christina Mogensen | Rønne | DEN | 00:15:30 | 11 | 00:13:41 | 10 | 00:19:05 | 14 | 0:48:16 |
| 11 | 2309 | Karen Cort | Viking Atletik | DEN | 00:15:40 | 12 | 00:13:42 | 11 | 00:18:57 | 11 | 0:48:19 |
| 12 | 2301 | Sofie Dissing | Viking Håndbold | DEN | 00:15:30 | 10 | 00:13:51 | 13 | 00:19:00 | 12 | 0:48:21 |
| 13 | 2325 | Ditte Søegaard Nielsen | Viking | DEN | 00:15:58 | 14 | 00:13:57 | 14 | 00:19:31 | 16 | 0:49:26 |
| 14 | 2355 | Catrine Juul Jørgensen | BRØNSHØJ | DEN | 00:16:56 | 27 | 00:13:46 | 12 | 00:19:00 | 13 | 0:49:42 |
| 15 | 2343 | Margit Kollbotn | Åmdal IL | NOR | 00:16:03 | 17 | 00:14:26 | 18 | 00:19:29 | 15 | 0:49:58 |
| 16 | 2322 | Julie Nymark | Viking atletik | DEN | 00:16:01 | 15 | 00:14:10 | 16 | 00:19:58 | 19 | 0:50:09 |
| 17 | 2303 | Olivia Hansen | KASTRUP | DEN | 00:16:28 | 20 | 00:14:12 | 17 | 00:20:17 | 21 | 0:50:57 |
| 18 | 2359 | Sophie Kalina Hildeshejn | GENTOFTE | DEN | 00:16:24 | 19 | 00:14:46 | 22 | 00:19:54 | 18 | 0:51:04 |
| 19 | 2341 | Lærke Kvottrup Nielsen | Team Morfar | DEN | 00:16:36 | 22 | 00:14:48 | 23 | 00:19:59 | 20 | 0:51:23 |
| 20 | 2356 | Kikki Henriksen | RØNNE | DEN | 00:16:17 | 18 | 00:15:08 | 25 | 00:20:29 | 22 | 0:51:54 |
| 21 | 2326 | Alberte Rosendal Bennedsen | H.G. Atletik og Motion | DEN | 00:16:34 | 21 | 00:14:35 | 19 | 00:20:49 | 26 | 0:51:58 |
| 22 | 2349 | Anna Amalie Møller Hansen | ROSKILDE | DEN | 00:16:44 | 24 | 00:14:56 | 24 | 00:21:03 | 33 | 0:52:43 |
| 23 | 2332 | Svea Knapp | HAMBURG | GER | 00:16:36 | 23 | 00:15:27 | 29 | 00:20:44 | 25 | 0:52:47 |
| 24 | 2344 | Inger Oline Kollbotn | Åmdal IL | NOR | 00:16:57 | 28 | 00:15:34 | 33 | 00:20:32 | 23 | 0:53:03 |
| 25 | 2348 | Siv Nilsson Pedersen | BAGSVÆRD | DEN | 00:16:49 | 25 | 00:15:24 | 27 | 00:21:03 | 32 | 0:53:16 |
| 26 | 2314 | Julie Schmidt | Blovstrød Løverne | DEN | 00:17:07 | 29 | 00:15:23 | 26 | 00:20:58 | 28 | 0:53:28 |
| 27 | 2352 | Ida Lind-holm | AAKIRKEBY | DEN | 00:17:07 | 30 | 00:16:04 | 35 | 00:20:36 | 24 | 0:53:47 |
| 28 | 2354 | Pernille Juul Jørgensen | BRØNSHØJ | DEN | 00:18:17 | 41 | 00:14:40 | 21 | 00:21:07 | 35 | 0:54:04 |
| 29 | 2329 | Esther Van Vliet Thomsen | HERLEV | DEN | 00:17:36 | 32 | 00:15:29 | 30 | 00:20:59 | 29 | 0:54:04 |
| 30 | 2302 | Anna Pedersen | Hellas | DEN | 00:17:16 | 31 | 00:16:12 | 37 | 00:21:00 | 30 | 0:54:28 |
| 31 | 2308 | Kamilla Kaae | HIF | DEN | 00:17:36 | 33 | 00:15:52 | 34 | 00:21:02 | 31 | 0:54:30 |
| 32 | 2312 | Line Josephine Lehim | RØNNE | DEN | 00:17:46 | 34 | 00:16:36 | 40 | 00:21:21 | 36 | 0:55:43 |
| 33 | 2351 | Frida Lind-holm | RØNNE | DEN | 00:17:53 | 35 | 00:16:47 | 43 | 00:21:06 | 34 | 0:55:46 |
| 34 | 2334 | Rikke Storgaard | FREDERIKSVÆRK | DEN | 00:18:03 | 38 | 00:14:35 | 20 | 00:23:16 | 48 | 0:55:54 |
| 35 | 2358 | Ditte Johansen | RSK | DEN | 00:18:09 | 40 | 00:16:36 | 41 | 00:21:26 | 37 | 0:56:11 |
| 36 | 2342 | Emma Engell Sohnemann | Team Sohnemann | DEN | 00:17:56 | 36 | 00:16:16 | 39 | 00:22:01 | 40 | 0:56:13 |
| 37 | 2350 | Simone Lund-jensen | RØNNE | DEN | 00:18:55 | 45 | 00:16:09 | 36 | 00:22:35 | 43 | 0:57:39 |
| 38 | 2327 | Maria Slyngborg | Odder Atletik & Motion | DEN | 00:18:00 | 37 | 00:16:44 | 42 | 00:23:06 | 46 | 0:57:50 |
| 39 | 2338 | Nanna Lund Hansen | RØNNE | DEN | 00:18:04 | 39 | 00:18:15 | 51 | 00:21:53 | 39 | 0:58:12 |
| 40 | 2335 | Nanna Brorson | De : Blå | DEN | 00:18:23 | 42 | 00:16:58 | 44 | 00:23:06 | 47 | 0:58:27 |
| 41 | 2315 | Louise Bønløkke | VÆRLØSE | DEN | 00:18:31 | 43 | 00:17:20 | 46 | 00:22:37 | 44 | 0:58:28 |

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|----|------|---------------------------|---------------------|-----|----------|----|----------|----|----------|----|---------|
| 42 | 2316 | Emilie Vistisen | AAKIRKEBY | DEN | 00:19:39 | 50 | 00:18:06 | 50 | 00:22:44 | 45 | 1:00:29 |
| 43 | 2333 | Laura Svendsen-tune | ALLERØD | DEN | 00:19:02 | 47 | 00:17:15 | 45 | 00:24:19 | 50 | 1:00:36 |
| 44 | 2311 | Simone Lindberg | ÅLSGÅRDE | DEN | 00:20:15 | 52 | 00:17:25 | 47 | 00:23:22 | 49 | 1:01:02 |
| 45 | 2353 | Signe Jørgensen | FREDENSBORG | DEN | 00:19:01 | 46 | 00:17:32 | 48 | 00:25:46 | 56 | 1:02:19 |
| 46 | 2305 | Marie Orloff Kaspersen | IAM | DEN | 00:18:35 | 44 | 00:20:02 | 56 | 00:24:23 | 51 | 1:03:00 |
| 47 | 2330 | Joelle Rienecker | Blau-Weiss Buchholz | GER | 00:19:29 | 48 | 00:17:59 | 49 | 00:25:38 | 55 | 1:03:06 |
| 48 | 2310 | Fie Jørgensen | AALBORG SV | DEN | 00:19:42 | 51 | 00:19:06 | 53 | 00:24:31 | 52 | 1:03:19 |
| 49 | 2306 | Helena Madsen | ITSP | DEN | 00:21:48 | 57 | 00:15:29 | 31 | 00:26:59 | 57 | 1:04:16 |
| 50 | 2339 | Josephine Bay Larsen | KEISPELT | DEN | 00:21:31 | 56 | 00:19:45 | 55 | 00:27:01 | 58 | 1:08:17 |
| 51 | 2336 | Sarah Brorson | De : Blå | DEN | 00:20:51 | 54 | 00:20:58 | 59 | 00:28:00 | 60 | 1:09:49 |
| 52 | 2304 | Maja Lykke Frederiksen | STENLØSE | DEN | 00:23:24 | 62 | 00:20:29 | 57 | 00:28:26 | 62 | 1:12:19 |
| 53 | 2340 | Anja Louise Kure Platz | RØNNE | DEN | 00:23:12 | 60 | 00:22:10 | 63 | 00:28:14 | 61 | 1:13:36 |
| 54 | 2337 | Sandra Haldrup | hllh | DEN | 00:23:33 | 63 | 00:21:26 | 60 | 00:28:47 | 64 | 1:13:46 |
| 55 | 2313 | Helena Søderholm | ROSKILDE | DEN | 00:23:34 | 64 | 00:21:27 | 61 | 00:28:46 | 63 | 1:13:47 |
| 56 | 2320 | Monica Borch Buus | EJSTRUPHOLM | DEN | 00:23:17 | 61 | 00:22:04 | 62 | 00:32:13 | 67 | 1:17:34 |