

# Etape Bornholm 2005 - Nordiske Mesterskaber

## Hasle + Dueodde + Almindingen + Hammeren + Rønne

### Men

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Rank	Startnr	Klasse	Navn	Klub/By	Land	Cat. Rank	Hasle	Dueodde	Almindingen	Hammeren	Rønne	Total Time
1	52	M20-39	Christian Olsen	Sparta	DEN	1	00:29:16	1 00:19:31	1 00:23:47	1 00:27:12	2 00:29:55	2 2:09:41
2	453	M20-39	Augustus Kavutu Mbusya	VÄXJÖ	KEN	2	00:29:58	2 00:19:38	2 00:23:57	2 00:26:49	1 00:29:53	1 2:10:15
3	410	M20-39	Philip Kipketer	Team Newline	KEN	3	00:30:06	3 00:19:55	4 00:24:00	3 00:27:36	3 00:30:29	3 2:12:06
4	51	M20-39	Claus Bugge Hansen	OA/OGF	DEN	4	00:30:57	4 00:19:45	3 00:24:22	4 00:28:18	5 00:31:06	4 2:14:28
5	482	M20-39	Kenneth Rasmussen	Uhdspor.dk	DEN	5	00:31:01	6 00:19:57	5 00:24:36	5 00:28:08	4 00:31:34	7 2:15:16
6	409	M20-39	Søren Palshøj	Herning Løbeklub	DEN	6	00:30:59	5 00:20:13	7 00:24:46	6 00:28:28	6 00:31:18	5 2:15:44
7	518	M20-39	Jacob David Jensen	Blovstrødløverne	DEN	7	00:31:12	9 00:20:06	6 00:25:08	8 00:28:48	8 00:31:38	8 2:16:52
8	50	M20-39	Sonni Thelmark	OA/OGF	DEN	8	00:31:08	7 00:20:17	8 00:25:12	9 00:28:39	7 00:32:05	10 2:17:21
9	454	M20-39	Martin Matindi Murithi	VÄXJÖ	KEN	9	00:31:50	13 00:21:14	13 00:25:05	7 00:29:17	10 00:31:23	6 2:18:49
10	217	M20-39	Torben Juul Nielsen	Viking Atletik	DEN	10	00:31:28	11 00:20:35	10 00:26:01	12 00:28:59	9 00:32:09	11 2:19:12
11	234	M20-39	Vesa Erojärvi	Teivo Stayers	FIN	11	00:31:53	14 00:20:46	11 00:25:48	11 00:29:20	11 00:32:18	12 2:20:05
12	391	M20-39	Jeppe Farsøht	Herning Løbeklub/Asics	DEN	12	00:31:18	10 00:21:06	12 00:25:26	10 00:30:37	13 00:31:58	9 2:20:25
13	413	M20-39	Poul Grenaa	Sparta	DEN	13	00:32:38	15 00:21:17	14 00:26:14	13 00:30:03	12 00:33:19	15 2:23:31
14	86	M20-39	Per Hjorth Christensen	Ballerup Atletik klub (BAK)	DEN	14	00:32:59	16 00:21:40	16 00:26:27	14 00:30:39	14 00:33:12	14 2:24:57
15	528	M20-39	Ole Amos Pedersen	Blovstrød Løverne	DEN	15	00:33:05	17 00:21:39	15 00:26:38	15 00:31:31	23 00:33:46	16 2:26:39
16	387	M20-39	Torben Kjelde	OA/OGF	DEN	16	00:33:30	19 00:21:43	17 00:26:51	17 00:31:01	16 00:34:11	21 2:27:16
17	211	M20-39	Peter Helle	Sparta	DEN	17	00:33:21	18 00:21:49	18 00:27:02	18 00:31:15	19 00:33:59	17 2:27:26
18	473	M20-39	Jeppe Ruud	Uhdspor.dk	DEN	18	00:33:32	22 00:21:51	19 00:27:29	23 00:31:06	17 00:34:09	19 2:28:07
19	551	M20-39	Yeuhén Kandybey	FARUM	UKR	19	00:33:32	21 00:22:00	21 00:26:50	16 00:31:20	22 00:34:39	25 2:28:21
20	187	M20-39	Kenneth Munk	Hvidovre Atletik og Motion	DEN	20	00:33:32	20 00:22:15	24 00:27:17	21 00:31:15	20 00:34:10	20 2:28:29
21	388	M20-39	Kasper Dørup Pedersen	OA/OGF	DEN	21	00:33:36	23 00:22:09	23 00:27:11	19 00:31:09	18 00:34:28	24 2:28:33
22	370	M20-39	Keld Christensen	Amager AC	DEN	22	00:34:27	27 00:21:53	20 00:27:14	20 00:30:55	15 00:34:07	18 2:28:36
23	484	M40-49	Thor Rasmussen	sparta	DEN	1	00:33:51	24 00:22:07	22 00:27:38	25 00:31:40	25 00:34:28	23 2:29:44
24	225	M20-39	Henrik Jørgensen	Intersport Odense	DEN	23	00:34:51	32 00:22:35	27 00:27:34	24 00:31:17	21 00:34:59	27 2:31:16
25	353	M20-39	Jacob Schjøtt	Viking Atletik	DEN	24	00:34:10	25 00:23:31	43 00:28:01	31 00:31:37	24 00:34:25	22 2:31:44
26	503	M40-49	Carsten Vinkel	RAC	DEN	2	00:34:34	28 00:22:46	30 00:27:38	26 00:31:43	26 00:35:10	28 2:31:51
27	137	M19	Steffen Falch Larsen	Blovstrød Løverne	DEN	1	00:34:26	26 00:22:38	28 00:27:41	27 00:31:59	28 00:35:15	30 2:31:59
28	328	M20-39	Christian Bang	Endurance Sport	DEN	25	00:34:46	30 00:22:17	25 00:27:26	22 00:31:46	27 00:35:47	35 2:32:02
29	341	M20-39	Jan Vinkler	SÅN	DEN	26	00:34:49	31 00:22:22	26 00:27:57	30 00:32:21	32 00:35:14	29 2:32:43
30	339	M20-39	Leon Dylan Burke	Herning Løbeklub	DEN	27	00:34:38	29 00:22:55	32 00:27:53	28 00:32:15	31 00:35:28	33 2:33:09
31	22	M20-39	Lukas Bähler	Flüeli Runners	SUI	28	00:35:38	37 00:23:03	34 00:28:05	32 00:32:01	29 00:35:16	31 2:34:03
32	197	M20-39	Kenneth Kirkebye	Herlufsholm Atletik	DEN	29	00:35:22	35 00:22:51	31 00:28:34	39 00:32:15	30 00:35:51	36 2:34:53
33	476	M20-39	Niels Bolding	ALF	DEN	30	00:35:30	36 00:23:14	39 00:28:09	33 00:33:09	40 00:35:22	32 2:35:24
34	407	M40-49	Carsten Rytter	Søværnets IF	DEN	3	00:35:20	34 00:22:46	29 00:28:18	35 00:32:56	35 00:36:27	46 2:35:47
35	315	M20-39	Kjetil Lothe	Stegaberg	NOR	31	00:35:40	38 00:23:00	33 00:28:18	34 00:32:54	33 00:35:57	39 2:35:49
36	83	M40-49	Kjeld Olsen	FREDERIKSVÆRK	DEN	4	00:36:06	46 00:23:14	40 00:28:21	36 00:33:00	36 00:35:52	37 2:36:33
37	417	M19	Johan Noraker Nossen	Drøbak-Frogn IL	NOR	2	00:36:00	43 00:23:13	38 00:28:25	38 00:33:05	38 00:36:21	42 2:37:04

38	69	M20-39	Michael Rasmussen	Københavns IF	DEN	32	00:35:48	40	00:23:27	42	00:28:24	37	00:33:15	41	00:36:52	48	2:37:46
39	33	M20-39	Pär-Johan Lif	Rødovre AC	SWE	33	00:34:58	33	00:23:09	37	00:27:56	29	00:35:20	71	00:36:40	47	2:38:03
40	244	M40-49	Ole Tom Anderdahl	SK Vidar	NOR	5	00:35:57	41	00:23:24	41	00:28:46	40	00:33:49	48	00:36:17	40	2:38:13
41	434	M40-49	Gorm Strange Nielsen	Århus 1900	DEN	6	00:35:58	42	00:23:56	49	00:28:50	41	00:33:09	39	00:36:27	45	2:38:20
42	377	M50-59	Svein Arne Sølvberg	Oppegård IL	NOR	1	00:35:42	39	00:23:39	45	00:29:03	43	00:33:32	43	00:37:03	52	2:38:59
43	468	M20-39	Frederik Clausager	Sparta	DEN	34	00:36:09	47	00:23:32	44	00:29:13	47	00:33:25	42	00:36:59	50	2:39:18
44	153	M19	Nikolaj Maegaard Dam	ØB	DEN	3	00:37:22	60	00:23:53	48	00:29:06	44	00:32:55	34	00:36:22	44	2:39:38
45	295	M20-39	Henrik Krak Hansen	Sparta	DEN	35	00:36:10	48	00:24:08	51	00:29:15	48	00:33:03	37	00:37:05	53	2:39:41
46	106	M19	Mats Tidemandsen	Rustad il	NOR	4	00:37:36	61	00:23:06	35	00:29:01	42	00:33:41	46	00:36:21	43	2:39:45
47	457	M20-39	Mads Melgaard Hansen	Sparta	DEN	36	00:36:38	51	00:23:51	47	00:29:07	45	00:33:52	49	00:36:52	49	2:40:20
48	252	M20-39	Anders Jørgen Jensen	AK 73	DEN	37	00:37:13	56	00:24:09	52	00:29:08	46	00:33:38	45	00:37:01	51	2:41:09
49	261	M20-39	Ebbe Dahl	ALOT	DEN	38	00:37:45	63	00:23:49	46	00:29:28	49	00:33:41	47	00:37:11	54	2:41:54
50	168	M19	Michael Bergmann	SÅN	DEN	5	00:37:15	57	00:24:17	57	00:29:51	52	00:33:33	44	00:37:26	57	2:42:22
51	289	M40-49	Peter Hauge Madsen	Viking Atletik	DEN	7	00:37:16	58	00:24:16	56	00:29:31	51	00:33:59	50	00:37:32	59	2:42:34
52	41	M20-39	Jeppe Grøndahl Rasmussen	VIBORG	DEN	39	00:37:20	59	00:24:12	54	00:30:09	58	00:34:13	52	00:37:33	60	2:43:27
53	202	M40-49	Jan Østergaard	Sparta	DEN	8	00:36:34	50	00:24:38	64	00:30:22	63	00:34:42	64	00:37:30	58	2:43:46
54	309	M50-59	Sverre Aksland	Stegaberg II.	NOR	2	00:36:58	53	00:24:12	55	00:30:05	55	00:35:15	68	00:37:21	56	2:43:51
55	71	M20-39	Lars Kroman	Rødovre AC	DEN	40	00:36:03	44	00:24:27	59	00:29:29	50	00:34:35	61	00:39:25	84	2:43:59
56	56	M20-39	Kenneth Larsen	AP Pension	DEN	41	00:37:01	54	00:24:39	65	00:30:26	64	00:34:32	60	00:37:55	65	2:44:33
57	9	M40-49	Torben Striboldt	Køge Atletik	DEN	9	00:37:54	66	00:24:52	70	00:30:11	59	00:34:15	53	00:37:21	55	2:44:33
58	182	M20-39	Niels Jakob Laustsen	AK 73	DEN	42	00:37:58	67	00:24:28	60	00:30:14	60	00:34:09	51	00:37:57	66	2:44:46
59	498	M20-39	Andreas Groth	Sparta	DEN	43	00:37:51	65	00:24:46	67	00:29:55	53	00:34:40	62	00:37:47	62	2:44:59
60	270	M19	Morten Ejlersen	Mejdal GIK motion	DEN	6	00:38:19	70	00:24:20	58	00:30:20	62	00:34:20	56	00:37:49	63	2:45:08
61	150	M20-39	Jesper Høj Nielsen	VANLØSE	DEN	44	00:37:51	64	00:24:09	53	00:30:28	65	00:34:23	58	00:38:20	68	2:45:11
62	307	M19	Kasper Clausen	VIKING	DEN	7	00:38:26	71	00:24:30	61	00:30:06	56	00:34:29	59	00:37:50	64	2:45:21
63	472	M40-49	Frode Monsen	DnB NOR	NOR	10	00:36:53	52	00:25:48	95	00:30:16	61	00:34:53	65	00:37:42	61	2:45:32
64	237	M60	Paul Dahl	Kolbukameratene	NOR	1	00:36:28	49	00:24:02	50	00:31:09	79	00:35:35	76	00:38:28	71	2:45:42
65	183	M20-39	Peter Skyum Gydesen	OA/OGF	DEN	45	00:38:08	69	00:24:32	62	00:30:32	67	00:34:20	55	00:38:40	73	2:46:12
66	441	M20-39	Brian Markussen	Vikring	DEN	46	00:37:58	68	00:25:06	72	00:30:31	66	00:35:06	66	00:39:03	78	2:47:44
67	222	M20-39	Allan Jensen	Team Fusion.dk	DEN	47	00:37:38	62	00:26:18	112	00:30:07	57	00:34:41	63	00:39:11	79	2:47:55
68	148	M20-39	Mads Hey Jørgensen	KØBENHAVN Ø	DEN	48	00:40:04	108	00:25:30	81	00:29:58	54	00:34:23	57	00:38:21	69	2:48:16
69	512	M20-39	Mikkel Kofoed Jensen	PIF	DEN	49	00:39:15	86	00:25:00	71	00:30:36	70	00:35:10	67	00:38:36	72	2:48:37
70	191	M50-59	Poul Rasmussen	OA/OGF Odense	DEN	3	00:38:34	72	00:24:48	68	00:30:46	72	00:35:37	77	00:39:38	89	2:49:23
71	463	M20-39	Réne Marker Jensen	Viking Atletik	DEN	50	00:38:44	76	00:25:33	82	00:30:34	69	00:35:19	70	00:39:14	80	2:49:24
72	389	M20-39	Anders Düring Pedersen	OA/OGF	DEN	51	00:37:11	55	00:24:35	63	00:30:34	68	00:36:12	89	00:41:15	132	2:49:47
73	497	M40-49	Michael Jaqué	Herlevløberne	DEN	11	00:38:45	77	00:25:22	77	00:31:03	76	00:35:18	69	00:39:33	87	2:50:01
74	136	M20-39	Martin Steinbach	Lyn-kineserne/SengELøse el	DEN	52	00:39:19	88	00:25:08	73	00:30:39	71	00:35:21	72	00:39:45	91	2:50:12
75	193	M19	Anders Boye	Viking	DEN	8	00:39:55	105	00:24:43	66	00:30:56	75	00:35:41	79	00:39:01	76	2:50:16
76	426	M20-39	Allan Kofoed	Sparta	DEN	53	00:39:22	89	00:25:35	83	00:31:05	77	00:36:05	84	00:38:11	67	2:50:18
77	488	M20-39	Kenneth Carlsen	Udhsport.dk	DEN	54	00:39:34	92	00:25:46	92	00:30:56	74	00:35:24	73	00:38:45	75	2:50:25
78	395	M20-39	Snøvsen Stauning	Sankelstøn	DEN	55	00:38:49	78	00:25:59	100	00:30:50	73	00:36:30	94	00:39:03	77	2:51:11
79	60	M40-49	Rene Petersen	Rødovre Atletik Club	DEN	12	00:38:37	73	00:25:36	84	00:31:37	92	00:36:08	87	00:39:24	82	2:51:22

80	411	M20-39	Bjarne Nielsen	Kolding Tri Klub	DEN	56	00:39:09	83	00:25:20	75	00:31:15	81	00:35:50	81	00:39:50	93	2:51:24
81	203	M19	Frederik Plum Hauschultz	Blovstrød Løverne	DEN	9	00:38:49	79	00:25:27	80	00:31:06	78	00:35:38	78	00:40:28	107	2:51:28
82	242	M40-49	Robert Frykstedt	Bålsta IK	SWE	13	00:38:53	80	00:25:53	97	00:31:15	82	00:36:00	83	00:39:30	86	2:51:31
83	486	M20-39	Johnny Lundberg Christiansen	Æventyrerne	DEN	57	00:39:51	102	00:25:25	79	00:31:20	84	00:35:31	75	00:39:35	88	2:51:42
84	314	M20-39	Kent W Procter	TRI-4	DEN	58	00:38:58	81	00:25:40	85	00:31:28	87	00:35:56	82	00:39:43	90	2:51:45
85	305	M40-49	Karsten Thisgaard	SMT Silkeborg	DEN	14	00:39:51	101	00:25:45	89	00:31:10	80	00:35:42	80	00:39:24	83	2:51:52
86	66	M40-49	Lars Staack	AAC	DEN	15	00:40:55	140	00:25:19	74	00:31:47	99	00:35:25	74	00:39:23	81	2:52:49
87	552	M40-49	Lars Winterhalter	Haslev Svømmeklub	DEN	16	00:38:43	75	00:26:03	105	00:31:19	83	00:37:39	124	00:39:45	92	2:53:29
88	12	M40-49	Klaus Andersen	ALLERØD	DEN	17	00:39:13	84	00:25:51	96	00:31:40	94	00:36:57	103	00:39:59	97	2:53:40
89	23	M50-59	Hansjürg Bähler	Flüeli Runners	SUI	4	00:39:47	99	00:25:46	91	00:31:36	91	00:36:06	85	00:40:29	109	2:53:44
90	114	M20-39	Kristian Hornskov	SILKEBORG	DEN	59	00:40:20	116	00:25:24	78	00:31:32	90	00:36:49	100	00:39:53	94	2:53:58
91	235	M40-49	Brian Madsen	Viking	DEN	18	00:40:26	119	00:25:45	90	00:31:25	86	00:36:09	88	00:40:17	104	2:54:02
92	492	M20-39	Troels Thøgersen	BGS	DEN	60	00:39:43	96	00:25:41	86	00:31:30	89	00:36:25	91	00:40:49	116	2:54:08
93	466	M20-39	Brian Olsen	HVIDOVRE	DEN	61	00:39:45	98	00:26:16	109	00:31:45	97	00:37:17	115	00:39:25	85	2:54:28
94	214	M20-39	Kasper Anias Møller	KOKKEDAL	DEN	62	00:40:27	120	00:26:01	102	00:31:47	98	00:36:24	90	00:39:57	96	2:54:36
95	381	M40-49	Bo Østergaard	LEJRE	DEN	19	00:39:17	87	00:25:45	88	00:31:52	102	00:37:04	106	00:40:47	115	2:54:45
96	189	M40-49	Niels Lindgreen	-	DEN	20	00:39:28	91	00:26:29	123	00:32:09	112	00:36:53	102	00:39:56	95	2:54:55
97	310	M40-49	Søren Clausen	ØIF	DEN	21	00:40:06	109	00:25:59	101	00:31:41	95	00:36:46	97	00:40:23	105	2:54:55
98	359	M20-39	Jan Nielsen	Post Danmark	DEN	63	00:40:15	113	00:25:46	93	00:31:28	88	00:36:29	93	00:41:00	123	2:54:58
99	186	M20-39	Jesper Nyholm	Hvidovre Atletik og Motion	DEN	64	00:39:48	100	00:25:43	87	00:32:39	129	00:36:48	98	00:40:10	102	2:55:08
100	267	M20-39	Jesper Plum	Nexø	DEN	65	00:40:16	114	00:26:20	114	00:31:39	93	00:36:28	92	00:41:04	127	2:55:47
101	320	M40-49	Jesper Jensen	viking atletik	DEN	22	00:40:11	111	00:26:16	110	00:32:02	108	00:37:07	107	00:40:43	114	2:56:19
102	334	M20-39	Frederik Treschow	KØBENHAVN S	DEN	66	00:41:21	153	00:27:27	165	00:31:25	85	00:36:06	86	00:40:04	98	2:56:23
103	444	M40-49	John Marfelt	Viking Atletik og Motion	DEN	23	00:39:41	94	00:25:21	76	00:32:09	111	00:37:13	111	00:42:04	153	2:56:28
104	374	M40-49	Erik Vegers	Herlev Klub AH76	DEN	24	00:40:12	112	00:26:26	121	00:32:28	121	00:36:48	99	00:40:38	113	2:56:32
105	178	M20-39	Carsten Lüdiksen	Jyderup løbe og motionsklub	DEN	67	00:41:07	149	00:26:33	126	00:31:45	96	00:37:16	113	00:40:13	103	2:56:54
106	504	M50-59	Leif Nielsen	SNIK	DEN	5	00:40:32	123	00:25:55	98	00:32:37	127	00:37:33	121	00:40:32	111	2:57:09
107	505	M20-39	Lars Boss	Team Sportmaster	DEN	68	00:40:37	127	00:26:02	104	00:31:50	100	00:37:47	127	00:40:58	122	2:57:14
108	272	M50-59	Jørn Ole Hansen	Viking	DEN	6	00:39:40	93	00:26:18	111	00:32:41	132	00:37:46	126	00:40:50	117	2:57:15
109	288	M60	Bent Lauridsen	SLAGELSE	DEN	2	00:39:02	82	00:26:10	106	00:32:41	131	00:37:59	134	00:41:25	135	2:57:17
110	11	M20-39	Søren Danielsen	NÆSTVED	DEN	69	00:40:26	118	00:26:24	118	00:32:31	122	00:37:56	130	00:40:07	101	2:57:24
111	369	M50-59	Sigmund Jensen	DNB Nor BIL	NOR	7	00:39:58	107	00:26:39	132	00:32:33	125	00:37:48	128	00:40:28	108	2:57:26
112	72	M20-39	Jacob Lynge	KBH. SV	DEN	70	00:40:44	133	00:26:30	124	00:32:26	120	00:37:10	109	00:40:52	118	2:57:42
113	36	M20-39	Kasper Gadegaard Skriver	KBH N	DEN	71	00:41:03	147	00:26:27	122	00:32:16	114	00:37:10	110	00:40:55	119	2:57:51
114	255	M40-49	Anders Drejer	Idrætsforeningen Segen Bornholm	DEN	25	00:39:56	106	00:26:23	117	00:31:52	101	00:37:39	123	00:42:03	152	2:57:53
115	406	M20-39	Andreas Bergmann	Bålsta IK	SWE	72	00:40:58	142	00:26:49	136	00:32:31	123	00:37:09	108	00:40:31	110	2:57:58
116	160	M20-39	Jonas Zacho	JYDERUP	DEN	73	00:40:50	135	00:26:34	127	00:32:14	113	00:36:43	96	00:41:45	143	2:58:06
117	14	M40-49	Allan Varbæk	Rødovre AC	DEN	26	00:39:54	104	00:25:58	99	00:32:54	138	00:38:21	143	00:41:03	125	2:58:10
118	337	M40-49	Povl Holm	RBTK	DEN	27	00:40:36	125	00:26:43	134	00:32:04	109	00:37:32	120	00:41:30	137	2:58:25
119	477	M20-39	Daniel Greve	Løberen	DEN	74	00:41:56	168	00:26:19	113	00:32:22	117	00:36:49	101	00:41:08	129	2:58:34
120	313	M20-39	Søren Anker Elvang	HELLERUP	DEN	75	00:40:59	144	00:26:25	120	00:32:34	126	00:37:36	122	00:41:02	124	2:58:36
121	385	M40-49	Per Hoffmann	FIF Hillerød Atletik	DEN	28	00:40:09	110	00:26:57	142	00:31:56	104	00:39:46	190	00:40:04	99	2:58:52

122	523	M40-49	Mikael Sørensen	FREDERICIA	DEN	29	00:40:32	124	00:27:53	184	00:32:23	118	00:38:02	136	00:40:05	100	2:58:55
123	198	M20-39	Piet Mertz	KØBENHAVN N	DEN	76	00:40:39	130	00:27:08	150	00:32:31	124	00:38:01	135	00:40:55	121	2:59:14
124	152	M40-49	Søren Maegaard Dam	ØB	DEN	30	00:41:55	167	00:26:15	108	00:32:21	115	00:37:25	118	00:41:20	134	2:59:16
125	501	M20-39	Franz Velsig	Helsingør Floorball	DEN	77	00:40:37	128	00:27:03	147	00:33:00	142	00:38:12	140	00:40:38	112	2:59:30
126	502	M40-49	Mario Heinicke	LG Osterwieck	GER	31	00:39:15	85	00:28:22	210	00:34:07	188	00:37:25	119	00:40:27	106	2:59:36
127	266	M20-39	Torben Steenberg Nielsen	RØNNE	DEN	78	00:39:51	103	00:27:42	174	00:32:21	116	00:37:56	131	00:41:47	145	2:59:37
128	474	M40-49	Allan Arndal	SPARTA	DEN	32	00:40:38	129	00:26:25	119	00:32:49	137	00:38:39	149	00:41:09	130	2:59:40
129	185	M20-39	Jesper Wendell	Hvidovre Atletik og Motion	DEN	79	00:41:34	156	00:26:12	107	00:31:53	103	00:36:59	104	00:43:03	180	2:59:41
130	527	M20-39	Christian Nielsen	Vanløse	DEN	80	00:41:53	165	00:26:55	140	00:32:46	135	00:37:01	105	00:41:07	128	2:59:42
131	557	M19	Jo Friedmann	Byaasen Skiklubb	NOR	10	00:40:47	134	00:26:36	128	00:31:59	107	00:37:15	112	00:43:35	202	3:00:12
132	559	M50-59	Leif Peter Nielsen	Allerød AM	DEN	8	00:40:22	117	00:26:36	129	00:32:44	133	00:39:38	186	00:40:55	120	3:00:15
133	20	M40-49	Friedrich Rehmann	HSV Stöckte	GER	33	00:41:01	145	00:26:57	141	00:32:58	140	00:37:52	129	00:41:27	136	3:00:15
134	421	M60	Jan Jensen	Viking Atletik	DEN	3	00:40:17	115	00:26:36	130	00:33:04	144	00:38:23	144	00:42:01	150	3:00:21
135	16	M50-59	Holger Løvland	Viking Atletik	DEN	9	00:40:28	121	00:27:26	164	00:32:25	119	00:38:25	145	00:41:55	147	3:00:39
136	493	M20-39	Anders Lind	Bøvsingløb & Stavgang	DEN	81	00:42:17	175	00:26:52	138	00:32:39	130	00:37:18	117	00:41:56	148	3:01:02
137	509	M40-49	René Fasting	Sparta	DEN	34	00:41:33	155	00:27:06	149	00:32:46	134	00:37:59	132	00:41:44	141	3:01:08
138	254	M20-39	Jesper Holm	RØNNE	DEN	82	00:42:05	171	00:26:42	133	00:32:38	128	00:38:03	137	00:41:44	142	3:01:12
139	394	M50-59	Peter Rymarowicz	LC RON-HILL Berlin	GER	10	00:40:50	136	00:27:22	160	00:32:59	141	00:38:15	142	00:41:47	144	3:01:13
140	65	M50-59	Preben Vørs	Sparta	DEN	11	00:40:30	122	00:27:11	153	00:33:01	143	00:38:49	158	00:42:01	151	3:01:32
141	449	M40-49	Søren Møller Nielsen	Viking	DEN	35	00:41:03	146	00:27:03	146	00:33:15	149	00:38:35	148	00:41:43	140	3:01:39
142	547	M19	Thomas Arnt Andersen	BJERRINGBRO	DEN	11	00:41:42	160	00:27:11	152	00:32:56	139	00:37:41	125	00:42:22	157	3:01:52
143	47	M40-49	Palle Clausen	birkerødernes løbeklub	DEN	36	00:41:17	152	00:26:23	116	00:32:48	136	00:38:06	138	00:43:35	201	3:02:09
144	179	M50-59	Hans-Åge Mortensen	Viking Rønne	DEN	12	00:41:06	148	00:27:01	144	00:33:27	155	00:38:50	159	00:41:48	146	3:02:12
145	215	M40-49	Kim Ole Kowsky	SÅN	DEN	37	00:41:53	166	00:27:39	170	00:33:16	151	00:38:13	141	00:41:11	131	3:02:12
146	232	M20-39	Søren Krak Hansen	ÅRHUS N	DEN	83	00:42:21	178	00:26:37	131	00:31:59	106	00:37:16	114	00:44:23	230	3:02:36
147	419	M20-39	Teis Lynfort	SØBORG	DEN	84	00:41:49	163	00:28:09	195	00:33:12	147	00:38:55	164	00:41:03	126	3:03:08
148	499	M20-39	Krisitan Grønbech	Sparta	DEN	85	00:41:51	164	00:27:58	188	00:33:05	145	00:38:48	157	00:41:38	138	3:03:20
149	26	M20-39	Jacob Seeberg	Sparta	DEN	86	00:41:29	154	00:27:28	166	00:33:20	154	00:38:30	146	00:42:59	177	3:03:46
150	544	M20-39	Ole Van Deurs	KØBENHAVN Ø	DEN	87	00:40:57	141	00:27:42	173	00:34:00	180	00:38:30	147	00:42:59	176	3:04:08
151	560	M20-39	Lars Folkmann	Nyvest	DEN	88	00:41:42	159	00:27:20	159	00:33:29	156	00:39:17	169	00:42:24	159	3:04:12
152	500	M20-39	Roar Green	Viking Atletik	DEN	89	00:42:07	172	00:27:01	145	00:33:33	159	00:38:47	156	00:43:05	181	3:04:33
153	17	M20-39	Lars Munksgård Christensen	Rødovre Atletik Club	DEN	90	00:41:45	161	00:27:44	176	00:33:53	175	00:38:52	160	00:42:23	158	3:04:37
154	68	M40-49	Jens Holm	Øernes Træfældning	DEN	38	00:42:03	169	00:27:08	151	00:33:37	165	00:39:25	176	00:42:29	160	3:04:42
155	491	M20-39	Thomas Hommel-Hansen	Sparta	DEN	91	00:42:05	170	00:27:51	183	00:33:36	164	00:38:43	151	00:42:41	168	3:04:56
156	534	M20-39	Brian Olesen	Vejen tri & motion	DEN	92	00:40:37	126	00:26:53	139	00:34:04	185	00:39:04	167	00:44:29	238	3:05:07
157	368	M50-59	Helge Gundersen	Skedsmo Kommune	NOR	13	00:40:50	137	00:27:34	167	00:33:44	169	00:40:46	231	00:42:31	162	3:05:25
158	42	M50-59	Karl-Heinz Köpp	Berliner TSC	GER	14	00:42:28	181	00:27:12	154	00:33:17	153	00:39:18	170	00:43:16	187	3:05:31
159	306	M19	Lasse Thisgaard	SILKEBORG	DEN	12	00:43:12	206	00:27:47	178	00:33:55	176	00:37:59	133	00:42:42	169	3:05:35
160	364	M20-39	Michael Koefoed-Hansen	HELSINGØR	DEN	93	00:40:41	131	00:28:01	191	00:33:35	162	00:39:39	187	00:43:40	204	3:05:36
161	555	M40-49	Dennis Næsby		DEN	39	00:42:54	192	00:27:23	161	00:33:29	157	00:38:46	155	00:43:12	185	3:05:44
162	282	M20-39	Flemming Filt	Team Krølle Bølle Boogie	DEN	94	00:42:13	174	00:27:59	189	00:33:37	166	00:38:45	154	00:43:18	190	3:05:52

163	354	M40-49	Morten Bertelsen	RØNNE	DEN	40	00:43:16	208	00:28:10	196	00:33:34	160	00:39:03	166	00:42:00	149	3:06:03
164	273	M40-49	Steen Komstedt	TIF	DEN	41	00:42:09	173	00:27:25	163	00:33:51	174	00:39:25	175	00:43:18	189	3:06:08
165	302	M20-39	René Laursen	RØNNE	DEN	95	00:42:51	191	00:27:41	172	00:33:45	170	00:39:02	165	00:42:51	173	3:06:10
166	73	M20-39	Odd Kristian Wiker	Rustad IL	NOR	96	00:41:13	151	00:31:50	394	00:33:09	146	00:38:44	152	00:41:17	133	3:06:13
167	439	M20-39	Eivind Møller	VALBY	DEN	97	00:44:13	239	00:27:34	168	00:33:34	161	00:38:43	150	00:42:35	164	3:06:39
168	506	M20-39	Morten Jensen	BALLERUP	DEN	98	00:42:47	188	00:27:54	186	00:33:16	150	00:38:54	162	00:43:54	216	3:06:45
169	542	M40-49	Ole N. Peterson	HASLE	DEN	42	00:42:30	183	00:28:04	192	00:34:09	190	00:39:30	178	00:42:34	163	3:06:47
170	423	M20-39	Ruben Madsen	VIBORG	DEN	99	00:43:23	213	00:28:24	212	00:34:02	182	00:38:53	161	00:42:15	155	3:06:57
171	318	M20-39	Anders Kristiansen	Rønne	DEN	100	00:42:48	189	00:28:40	225	00:33:44	168	00:39:54	198	00:42:12	154	3:07:18
172	96	M20-39	Martin Wille	Allerød AM	DEN	101	00:41:35	157	00:27:41	171	00:33:45	171	00:40:40	229	00:43:38	203	3:07:19
173	432	M60	Hagbart Vebostad	Gnagsår Trondhejm	NOR	4	00:42:18	176	00:28:57	239	00:33:35	163	00:40:02	206	00:42:31	161	3:07:23
174	121	M40-49	Thomas Jørgensen	AAKIRKEBY	DEN	43	00:42:20	177	00:28:26	216	00:34:20	197	00:39:45	189	00:42:35	165	3:07:26
175	89	M19	Martin Permin	Blovstrød Løverne	DEN	13	00:43:41	225	00:27:51	182	00:34:14	195	00:38:06	139	00:43:46	209	3:07:38
176	271	M20-39	Thomas Kiel	FIF Hillerød	DEN	102	00:42:37	185	00:28:17	204	00:33:48	173	00:39:38	185	00:43:50	213	3:08:10
177	516	M20-39	Thomas Rønn	AK73	DEN	103	00:43:15	207	00:28:11	198	00:34:13	194	00:39:55	201	00:42:53	175	3:08:27
178	345	M20-39	Mikkel Holm	tif	DEN	104	00:44:44	257	00:27:56	187	00:33:41	167	00:38:54	163	00:43:14	186	3:08:29
179	291	M20-39	Kurt Rønne	RØNNE	DEN	105	00:42:54	195	00:27:50	181	00:33:58	177	00:39:26	177	00:44:23	231	3:08:31
180	90	M40-49	Nils Nyrup	BIRKERØD	DEN	44	00:43:26	216	00:29:01	240	00:33:59	178	00:39:49	192	00:42:38	166	3:08:53
181	416	M50-59	John Street	VIPPERØD	DEN	15	00:42:42	186	00:27:49	180	00:34:38	208	00:40:01	204	00:43:48	212	3:08:58
182	494	M40-49	Louis Philipson	Jyllinge Løbeklub	DEN	45	00:43:49	229	00:28:27	218	00:34:07	189	00:39:55	200	00:42:41	167	3:08:59
183	436	M20-39	Poul Diemer-harild	GILLELEJE	DEN	106	00:43:11	204	00:27:53	185	00:34:48	218	00:39:36	182	00:43:33	199	3:09:01
184	487	M40-49	Kenneth Jensen	Viking Atletik	DEN	46	00:43:04	201	00:28:25	215	00:34:24	200	00:39:50	194	00:43:23	194	3:09:06
185	103	M20-39	Henrik Julius	VANLØSE	DEN	107	00:43:25	215	00:28:22	211	00:34:12	193	00:39:23	173	00:44:05	222	3:09:27
186	3	M50-59	Michael Heine	BERLIN	GER	16	00:42:55	196	00:28:51	234	00:34:40	212	00:40:13	211	00:42:51	174	3:09:30
187	55	M20-39	Allan Slowlegs Berg Nielsen	lokomotiv Oslo	DEN	108	00:44:24	244	00:28:33	222	00:34:49	220	00:39:22	172	00:42:22	156	3:09:30
188	139	M40-49	Ole Hasfeldt	Trim Ballerup	DEN	47	00:42:24	179	00:29:07	248	00:34:44	215	00:40:01	205	00:43:18	188	3:09:34
189	156	M40-49	Heine Reders	BSG Alsterdorf Hamburg	GER	48	00:43:37	223	00:28:18	206	00:34:05	186	00:40:12	210	00:43:35	200	3:09:47
190	260	M19	Kasper Jensen	Viking	DEN	14	00:42:54	194	00:28:17	205	00:34:30	203	00:40:30	221	00:43:45	208	3:09:56
191	550	M19	Casper Lund Jensen	RØNNE	DEN	15	00:41:41	158	00:27:12	155	00:34:11	192	00:39:35	181	00:47:19	323	3:09:58
192	135	M20-39	Rudi Frisch	RØNNE	DEN	109	00:42:42	187	00:29:23	258	00:34:02	184	00:39:36	183	00:44:29	236	3:10:12
193	479	M20-39	Claus Munch	Viking	DEN	110	00:42:56	197	00:28:27	219	00:34:15	196	00:39:53	197	00:44:44	247	3:10:15
194	308	M20-39	Klaus Grønhøj	Fjordager	DEN	111	00:42:57	199	00:28:44	230	00:34:06	187	00:40:54	237	00:43:43	206	3:10:24
195	412	M40-49	Sten Segebrecht	Viking Atletik	DEN	49	00:44:26	247	00:28:05	193	00:34:30	202	00:39:57	203	00:43:33	198	3:10:31
196	561	M40-49	Kim Kristensen	TIF	DEN	50	00:43:23	212	00:28:20	208	00:35:03	235	00:40:32	222	00:43:33	197	3:10:51
197	281	M20-39	Tim Nielsen	Team Krølle Bølle Boogie	DEN	112	00:43:24	214	00:28:46	231	00:34:26	201	00:40:12	208	00:44:04	219	3:10:52
198	174	M20-39	Carsten Roepstorff	KØBENHAVN N	DEN	113	00:51:40	463	00:26:21	115	00:32:04	110	00:39:13	168	00:41:42	139	3:11:00
199	219	M50-59	Erik Christensen	Rødovre AC	DEN	17	00:43:09	202	00:28:49	232	00:34:01	181	00:40:19	217	00:44:43	245	3:11:01
200	438	M40-49	Christer Blomberg	JÄRFÄLLA	SWE	51	00:44:17	240	00:28:40	226	00:34:44	216	00:40:12	207	00:43:11	184	3:11:04
201	297	M20-39	Ulrik Thane	GUDHJEM	DEN	114	00:43:50	230	00:27:36	169	00:34:22	198	00:39:36	184	00:45:41	271	3:11:05
202	44	M40-49	Bjørn Bakkellund	Gjøvik Kommune BIL	NOR	52	00:44:07	236	00:27:47	179	00:34:37	207	00:40:33	223	00:44:04	220	3:11:08
203	563	M40-49	Ib Olesen	Blovstrødløverne	DEN	53	00:43:09	203	00:29:05	245	00:35:18	245	00:39:57	202	00:43:46	210	3:11:15
204	32	M40-49	Helmer Jacobsen	HERLEV	DEN	54	00:43:50	231	00:28:55	237	00:35:00	231	00:39:50	193	00:43:41	205	3:11:16
205	397	M40-49	Jes Vilhelmsen	Amager AC	DEN	55	00:42:25	180	00:28:34	223	00:34:50	221	00:40:22	219	00:45:08	260	3:11:19

206	209	M60	Kjeld Beck	FREDENSBORG	DEN	5	00:42:35	184	00:28:56	238	00:34:10	191	00:41:49	275	00:43:53	215	3:11:23
207	317	M20-39	Jesper Svendsen	RØNNE	DEN	115	00:44:34	251	00:28:13	200	00:34:36	206	00:39:52	196	00:44:11	225	3:11:26
208	429	M40-49	Finn Kofoed-Dam	OK Sorø	DEN	56	00:43:35	221	00:28:14	201	00:34:39	210	00:40:18	215	00:44:40	243	3:11:26
209	6	M40-49	Harry Leren	Romerike Runners	NOR	57	00:41:46	162	00:29:03	241	00:34:56	229	00:41:54	278	00:43:47	211	3:11:26
210	460	M20-39	Torben Kjær	hasle if	DEN	116	00:43:36	222	00:28:20	209	00:34:34	205	00:40:16	213	00:44:41	244	3:11:27
211	107	M19	Ola Tidemandsen	bøler if	NOR	16	00:47:10	344	00:26:58	143	00:33:16	152	00:39:21	171	00:44:47	248	3:11:32
212	458	M20-39	Michael H. Petersen	TEAM HIFI IMPORT	DEN	117	00:48:11	372	00:27:17	158	00:33:33	158	00:39:44	188	00:42:48	171	3:11:33
213	312	M20-39	Henrik Salinas	RØNNE	DEN	118	00:44:03	234	00:28:29	220	00:34:47	217	00:41:00	240	00:43:23	193	3:11:42
214	108	M50-59	Ebbe Dalgaard	Sparta	DEN	18	00:42:49	190	00:29:46	280	00:34:43	214	00:41:22	257	00:43:06	182	3:11:46
215	396	M40-49	Michael Haldrup	HLLH	DEN	58	00:43:34	219	00:28:11	199	00:34:31	204	00:41:00	241	00:44:36	241	3:11:52
216	515	M40-49	Bas Van Der Heide	AV Pallas 67	NET	59	00:44:18	242	00:28:30	221	00:35:05	237	00:40:56	238	00:43:08	183	3:11:57
217	262	M40-49	Svend Pedersen	ALOT	DEN	60	00:42:28	182	00:29:48	283	00:35:29	250	00:41:10	249	00:43:02	178	3:11:57
218	430	M40-49	Ole Rintek Madsen	CHARLOTTENLUND	DEN	61	00:43:12	205	00:29:10	250	00:33:59	179	00:39:52	195	00:45:46	275	3:11:59
219	490	M20-39	Jes Høgh Thorsen	RIKO	DEN	119	00:43:32	218	00:28:01	190	00:34:51	222	00:40:37	227	00:45:01	257	3:12:02
220	378	M40-49	Bjørne B Jensen	nivå trim	DEN	62	00:43:17	209	00:29:25	261	00:34:39	211	00:40:47	232	00:43:55	217	3:12:03
221	245	M20-39	Henrik Sielemann	Taulov Motion	DEN	120	00:43:35	220	00:29:17	256	00:34:48	219	00:39:54	199	00:44:29	237	3:12:03
222	383	M40-49	Carsten Stendal	Søværnets IF	DEN	63	00:43:58	232	00:28:09	194	00:34:52	223	00:40:36	226	00:44:52	252	3:12:27
223	553	M60	Ole Pedersen	SÅN	DEN	6	00:42:54	193	00:28:43	229	00:34:54	226	00:41:48	272	00:44:12	226	3:12:31
224	195	M40-49	Per Lindved	Familien Lindved	DEN	64	00:43:29	217	00:29:05	246	00:34:54	227	00:40:41	230	00:44:23	232	3:12:32
225	356	M20-39	Henrik Sørensen	Post Danmark	DEN	121	00:44:11	238	00:28:52	235	00:34:59	230	00:40:53	236	00:44:09	223	3:13:04
226	241	M40-49	Claus Gjerrild	RØNNE	DEN	65	00:44:17	241	00:28:36	224	00:35:10	240	00:40:39	228	00:44:39	242	3:13:21
227	511	M50-59	Erik Zacho	VHG	DEN	19	00:42:56	198	00:29:31	268	00:34:52	224	00:41:28	261	00:45:05	258	3:13:52
228	194	M20-39	Henrik Lindved	Familien Lindved	DEN	122	00:45:29	288	00:28:26	217	00:35:31	252	00:40:18	216	00:44:21	228	3:14:05
229	223	M40-49	Bjarne Søndergaard	Søværnets IF	DEN	66	00:44:20	243	00:29:23	259	00:35:02	234	00:41:07	244	00:44:27	234	3:14:19
230	246	M60	Kurt Bechmann Frederiksen	Kolding IF	DEN	7	00:43:48	228	00:29:16	254	00:35:10	241	00:41:42	269	00:44:23	229	3:14:19
231	188	M40-49	Jesper Møller-Hansen	RØNNE	DEN	67	00:44:25	245	00:29:04	242	00:35:32	254	00:40:49	233	00:44:51	251	3:14:41
232	134	M20-39	Rasmus Lind Jensen	ALLINGE	DEN	123	00:44:49	260	00:29:11	251	00:35:31	253	00:40:17	214	00:44:57	255	3:14:45
233	228	M20-39	Michael Metzsch	RØNNE	DEN	124	00:44:27	248	00:29:35	274	00:35:34	255	00:41:01	242	00:44:17	227	3:14:54
234	277	M19	Rasmus Kirkeby Jacobsen	ODDER	DEN	17	00:43:22	211	00:28:40	227	00:35:08	239	00:41:08	245	00:46:37	301	3:14:55
235	163	M40-49	Gregers Kofod Rasmussen	SÅN	DEN	68	00:44:57	268	00:29:35	272	00:35:15	243	00:41:04	243	00:44:05	221	3:14:56
236	213	M50-59	Jesper Møller	KOKKEDAL	DEN	20	00:44:07	235	00:29:06	247	00:35:19	246	00:41:19	253	00:45:10	261	3:15:01
237	558	M20-39	Lars Juul	SUA Sponte	DEN	125	00:46:28	318	00:28:11	197	00:35:18	244	00:40:35	225	00:44:55	253	3:15:27
238	196	M50-59	Finn Schmidt Hansen	Nyvest	DEN	21	00:43:47	227	00:29:17	257	00:35:08	238	00:42:06	283	00:45:16	262	3:15:34
239	164	M50-59	Hans Johansen	SÅN	DEN	22	00:44:26	246	00:28:43	228	00:35:25	248	00:41:16	251	00:45:49	279	3:15:39
240	371	M40-49	Mike Grønbech-Dam	ØIF	DEN	69	00:45:00	270	00:29:31	267	00:35:41	262	00:40:56	239	00:44:31	239	3:15:39
241	298	M20-39	Pelle J. Munch-Petersen	Team Krøllebølles Bentøj	DEN	126	00:44:42	256	00:30:03	296	00:35:55	271	00:40:26	220	00:44:47	249	3:15:53
242	443	M19	Bjørn Kure	ALLINGE	DEN	18	00:44:40	255	00:29:17	255	00:34:55	228	00:41:08	246	00:45:56	282	3:15:56
243	269	M40-49	Gert Ejlersen	Mejdal GIK motion	DEN	70	00:45:26	285	00:29:09	249	00:35:29	251	00:41:10	248	00:44:44	246	3:15:58
244	489	M20-39	Thomas Møller Andersen	ULLERSLEV	DEN	127	00:45:05	275	00:29:11	252	00:35:45	264	00:40:50	235	00:45:41	272	3:16:32
245	478	M20-39	Thomas Jørgensen	Nykredit	DEN	128	00:43:59	233	00:29:58	294	00:35:39	260	00:41:31	262	00:45:32	267	3:16:39
246	172	M50-59	Per Munch	RØNNE	DEN	23	00:43:42	226	00:30:00	295	00:36:03	277	00:41:49	274	00:45:07	259	3:16:41
247	496	M40-49	Nick Thomsen	Søværnets IF	DEN	71	00:41:08	150	00:36:45	528	00:36:17	285	00:38:44	153	00:44:10	224	3:17:04
248	216	M50-59	Frank Reuther	ASG	DEN	24	00:44:39	252	00:29:27	264	00:35:39	259	00:41:22	256	00:46:12	291	3:17:19

249	465	M50-59	Morten Ledskov	ASG	DEN	25	00:44:40	254	00:29:28	265	00:35:39	261	00:41:21	255	00:46:12	290	3:17:20
250	25	M20-39	Michael Mogensen	VANLØSE	DEN	129	00:45:36	293	00:29:57	292	00:36:03	276	00:41:21	254	00:44:29	235	3:17:26
251	538	M40-49	Michael Ahler	Munke Mose Motion	DEN	72	00:45:26	284	00:29:32	269	00:35:26	249	00:42:04	282	00:45:01	256	3:17:29
252	431	M40-49	Arne Maagaard	GILLELEJE	DEN	73	00:45:18	281	00:28:55	236	00:36:00	274	00:42:27	295	00:44:56	254	3:17:36
253	177	M50-59	Arly Møllebro	Jyderup løbe og motionsklub	DEN	26	00:44:47	259	00:29:16	253	00:36:15	283	00:41:49	273	00:45:31	266	3:17:38
254	304	M40-49	Carsten Bjørklund	RØNNE	DEN	74	00:44:55	267	00:29:36	275	00:35:55	270	00:41:44	270	00:45:30	265	3:17:40
255	549	M19	Leo Feddersen Smith	Værestedet Blæksprutten	DEN	19	00:44:54	266	00:29:32	270	00:36:16	284	00:42:24	292	00:44:35	240	3:17:41
256	455	M20-39	Rune Knudsen	VÆRLØSE	DEN	130	00:45:28	286	00:28:50	233	00:37:37	344	00:42:27	294	00:43:25	195	3:17:47
257	336	M19	Søren Højlund Christensen	RØNNE	DEN	20	00:44:52	263	00:30:23	312	00:35:54	267	00:40:50	234	00:45:56	281	3:17:55
258	322	M40-49	Michael Ovesen	Viking	DEN	75	00:45:06	277	00:29:56	291	00:36:13	282	00:41:08	247	00:45:46	277	3:18:09
259	292	M60	Kurt Andreassen	Puls 3060	DEN	8	00:45:05	273	00:29:04	243	00:35:58	273	00:42:12	287	00:46:13	292	3:18:32
260	64	M20-39	Jesper Feldbæk Skaftason	IRMA	DEN	131	00:46:08	309	00:29:25	262	00:35:22	247	00:41:36	267	00:46:27	298	3:18:58
261	171	M20-39	Steen Zoffmann Jensen	KØBENHAVN V	DEN	132	00:44:32	249	00:29:24	260	00:36:24	288	00:43:15	323	00:45:28	264	3:19:03
262	325	M40-49	Jan Kiholm	Haslev Svømmeklub	DEN	76	00:45:16	280	00:29:04	244	00:36:29	291	00:42:13	288	00:46:20	296	3:19:22
263	546	M20-39	Ulf Pedersen	HVIDOVRE	DEN	133	00:45:04	272	00:29:52	287	00:35:51	266	00:41:34	265	00:47:21	330	3:19:42
264	283	M50-59	John Dybdahl	Viking	DEN	27	00:44:46	258	00:30:33	319	00:35:50	265	00:42:54	312	00:45:45	273	3:19:48
265	446	M50-59	Kaj Erik Mortensen	AOK	DEN	28	00:45:04	271	00:30:06	299	00:36:41	303	00:42:13	289	00:45:46	276	3:19:50
266	293	M50-59	Kurt Nielsen	Viking Atletik	DEN	29	00:45:06	276	00:30:09	302	00:36:01	275	00:42:43	304	00:45:58	284	3:19:57
267	192	M20-39	Steffen Sørensen	IFO	DEN	134	00:44:52	265	00:30:04	297	00:36:27	289	00:42:35	299	00:46:10	288	3:20:08
268	352	M40-49	Niels-Jørn Munch	ASG	DEN	77	00:45:34	291	00:30:06	300	00:36:09	280	00:42:00	280	00:46:28	299	3:20:17
269	514	M50-59	Dieter Unnasch	MTV Immensen	GER	30	00:44:39	253	00:29:42	279	00:36:55	317	00:43:30	329	00:45:35	269	3:20:21
270	294	M50-59	Albert Lund	Ny-Vest	DEN	31	00:44:08	237	00:30:53	333	00:37:09	322	00:42:59	315	00:45:33	268	3:20:42
271	373	M20-39	Lars Blom	RØNNE	DEN	135	00:45:39	295	00:29:31	266	00:35:35	256	00:41:14	250	00:48:52	367	3:20:51
272	233	M50-59	Erik Mortensen	Vallø motion	DEN	32	00:45:40	297	00:30:56	337	00:36:30	293	00:42:29	297	00:45:17	263	3:20:52
273	459	M20-39	Rune Gundersen	TEAM HIFI IMPORT	DEN	136	00:48:11	373	00:29:34	271	00:37:10	324	00:41:25	259	00:44:51	250	3:21:11
274	149	M40-49	Danny Hansen	OPI	DEN	78	00:45:24	283	00:29:49	285	00:36:47	309	00:42:49	308	00:46:33	300	3:21:22
275	128	M19	Andreas Gertsen	Trim Ballerup	DEN	21	00:46:50	330	00:29:40	277	00:36:11	281	00:42:26	293	00:46:15	294	3:21:22
276	535	M40-49	Carsten Drejer	ROSKILDE	DEN	79	00:46:09	310	00:29:26	263	00:35:11	242	00:43:59	344	00:46:56	311	3:21:41
277	112	M20-39	Jørgen Kjøller Petersen	KØBENHAVN K	DEN	137	00:44:51	261	00:29:54	290	00:36:28	290	00:43:15	321	00:47:17	321	3:21:45
278	133	M19	Rasmus Sorth-Olsen	Rønne	DEN	22	00:49:02	395	00:30:50	329	00:35:55	268	00:40:12	209	00:45:49	278	3:21:48
279	67	M19	Jacob Hamfeldt Kold	NÆSTVED	DEN	23	00:46:51	331	00:29:46	281	00:36:39	298	00:41:54	277	00:46:41	302	3:21:51
280	165	M40-49	Klaus Blomquist	RØNNE	DEN	80	00:45:28	287	00:29:35	273	00:36:30	294	00:42:36	300	00:47:43	337	3:21:52
281	113	M40-49	Hans Lehmann	RAC	DEN	81	00:45:32	290	00:31:01	342	00:36:47	310	00:42:40	303	00:45:55	280	3:21:55
282	448	M20-39	Jacob Lund	GUDHJEM	DEN	138	00:56:32	523	00:27:16	157	00:34:38	209	00:39:31	179	00:44:01	218	3:21:58
283	285	M40-49	Jørn Peter Koefoed	Pedersker IF	DEN	82	00:46:17	316	00:30:12	304	00:36:51	315	00:42:03	281	00:46:48	305	3:22:11
284	15	M50-59	Peter Johansen	Hærens Operative Kommando HOKIF	DEN	33	00:44:58	269	00:30:49	328	00:36:24	287	00:43:05	317	00:46:56	312	3:22:12
285	239	M40-49	Andreas Jäger	WUNSTORF	GER	83	00:45:20	282	00:29:53	289	00:36:47	312	00:43:02	316	00:47:20	328	3:22:22
286	562	M19	Frederik Johansen	RSK	DEN	24	00:45:05	274	00:30:22	311	00:35:57	272	00:45:23	391	00:45:40	270	3:22:27
287	475	M20-39	Hans-Jørgen Larsen	HERLEV	DEN	139	00:45:51	300	00:29:48	282	00:36:18	286	00:42:11	286	00:48:20	353	3:22:28
288	323	M50-59	Leon Jørgensen	Haslev Svømmeklub	DEN	34	00:46:10	311	00:30:07	301	00:36:31	295	00:43:37	330	00:46:11	289	3:22:36
289	279	M40-49	Søren Bertelsen	SÅN	DEN	84	00:45:09	278	00:30:36	322	00:36:40	299	00:43:47	336	00:46:43	303	3:22:55

290	63	M20-39	Lars Tomas Behlander	Hemlingby LK	SWE	140	00:46:02	306	00:30:36	321	00:36:58	318	00:42:37	301	00:46:43	304	3:22:56
291	355	M40-49	Per-Henrik Pelle	Brandvæsenets IF	DEN	85	00:44:52	262	00:30:12	305	00:37:26	334	00:44:35	365	00:46:06	285	3:23:11
292	418	M40-49	Niels Mamsen Mathiesen	Tønder Løbeklub	DEN	86	00:47:09	343	00:29:38	276	00:36:36	297	00:42:53	311	00:46:55	310	3:23:11
293	169	M40-49	Preben Bay Jensen	Viking Atletik	DEN	87	00:45:31	289	00:32:09	408	00:36:40	301	00:42:46	306	00:46:07	287	3:23:13
294	321	M40-49	Keld Madsen	Viking	DEN	88	00:46:44	328	00:30:34	320	00:36:44	306	00:42:46	307	00:46:53	309	3:23:41
295	296	M40-49	Niels Andersen	Sparta	DEN	89	00:45:34	292	00:29:49	284	00:36:50	314	00:44:15	357	00:47:25	332	3:23:53
296	483	M19	Sebastian Morsing Mortensen	Værestedet Blæksprutten	DEN	25	00:46:12	314	00:30:24	313	00:36:41	302	00:42:54	313	00:47:51	340	3:24:02
297	333	M20-39	Kaare R Jakobsen	100 kg drv	DEN	141	00:46:11	312	00:30:17	309	00:37:22	331	00:43:17	324	00:47:02	313	3:24:09
298	259	M20-39	Philip Holm	HASLE	DEN	142	00:47:34	358	00:30:47	326	00:36:45	307	00:42:49	309	00:46:17	295	3:24:12
299	31	M20-39	Morten Laursen	Bagsværd AC	DEN	143	00:45:40	296	00:31:11	350	00:36:49	313	00:43:54	340	00:46:50	307	3:24:24
300	43	M20-39	Markus Radtke	FALKENSEE	GER	144	00:46:02	307	00:31:40	377	00:36:47	311	00:42:10	285	00:47:47	338	3:24:26
301	303	M40-49	Kenn Pedersen	viking atletik	DEN	90	00:46:11	313	00:30:13	306	00:38:15	371	00:43:53	339	00:45:57	283	3:24:29
302	205	M60	Erling Andersen	SØAM	DEN	9	00:45:57	305	00:31:33	371	00:36:59	320	00:44:06	350	00:46:06	286	3:24:41
303	428	M20-39	Thomas Nielsen	MØRKØV	DEN	145	00:45:55	303	00:30:45	325	00:36:42	305	00:43:18	325	00:48:01	344	3:24:41
304	157	M40-49	Erling Th. Jensen	F.A.K.	DEN	91	00:45:56	304	00:31:47	389	00:36:03	278	00:43:46	335	00:47:17	322	3:24:49
305	427	M40-49	Norbert Haack	Rennsteiglaufverein	GER	92	00:45:40	298	00:31:30	367	00:38:07	365	00:43:55	341	00:45:45	274	3:24:57
306	437	M19	Niclas Blomberg	JÄRFÄLLA	SWE	26	00:49:10	401	00:29:57	293	00:37:17	328	00:41:25	258	00:47:08	316	3:24:57
307	469	M20-39	Ulrik Møller Kofoed	RØNNE	DEN	146	00:49:10	402	00:31:34	373	00:36:33	296	00:41:36	266	00:46:13	293	3:25:06
308	122	M20-39	Per Lindén	Eskiltuna Ik Triathlon	SWE	147	00:46:22	317	00:30:17	308	00:37:18	330	00:44:07	351	00:47:13	319	3:25:17
309	284	M40-49	John Nielsen	Viking Atletik	DEN	93	00:46:41	326	00:30:52	331	00:37:14	326	00:43:44	332	00:46:51	308	3:25:22
310	351	M40-49	Ole Hansen	KØBENHAVN NV	DEN	94	00:46:39	322	00:31:26	363	00:37:14	325	00:42:53	310	00:47:20	326	3:25:32
311	365	M40-49	Erling Friedmann	Byaasen Skiklubb	NOR	95	00:45:43	299	00:31:28	365	00:36:40	300	00:44:40	367	00:47:04	315	3:25:35
312	101	M20-39	Ulrik Romme	SAKSKØBING	DEN	148	00:46:55	333	00:29:42	278	00:35:55	269	00:44:19	359	00:48:52	366	3:25:43
313	517	M20-39	Thomas Vorgaard Andersen	Vorgaard Running	DEN	149	00:47:30	355	00:30:18	310	00:37:18	329	00:44:03	347	00:46:48	306	3:25:57
314	274	M50-59	Kim Bentsen	SÅn	DEN	35	00:46:43	327	00:30:57	338	00:37:36	343	00:43:28	328	00:47:20	325	3:26:04
315	59	M20-39	Jørgen Theilgaard	Hærens Operative Kommando	DEN	150	00:46:32	320	00:30:27	314	00:37:36	342	00:44:04	349	00:48:33	360	3:27:12
316	470	M50-59	Olav Martin Linde Johnsen	team friskus	NOR	36	00:47:27	353	00:30:12	303	00:37:27	336	00:43:26	327	00:48:41	362	3:27:13
317	170	M20-39	René Knudsen	Ny-Vest	DEN	151	00:47:09	342	00:30:48	327	00:36:54	316	00:43:15	322	00:49:10	379	3:27:16
318	367	M50-59	Kasper Zwicky	Haugesund II	NOR	37	00:47:15	347	00:31:44	386	00:37:26	335	00:43:40	331	00:47:42	335	3:27:47
319	45	M20-39	Michael Nyerup	KOKKEDAL	DEN	152	00:47:08	340	00:31:44	387	00:37:39	346	00:44:12	355	00:47:10	318	3:27:53
320	440	M20-39	Søren Lau	RØNNE	DEN	153	00:48:41	386	00:30:05	298	00:37:29	339	00:43:48	337	00:47:54	342	3:27:57
321	300	M50-59	Niels Erik Jørgensen	Aktivitetscenter BC	DEN	38	00:47:33	356	00:31:15	353	00:36:45	308	00:43:50	338	00:48:43	363	3:28:06
322	34	M50-59	Jesper Morthensen	FIF	DEN	39	00:46:40	325	00:31:43	384	00:37:25	333	00:44:09	352	00:48:13	349	3:28:10
323	327	M40-49	Kurt Mogensen	Tejn	DEN	96	00:47:14	346	00:31:09	345	00:36:41	304	00:43:22	326	00:49:54	398	3:28:20
324	70	M50-59	Bjarne Bardrum	Blovstrød Iøverne	DEN	40	00:48:30	381	00:30:55	336	00:38:28	385	00:43:12	319	00:47:34	333	3:28:39
325	481	M40-49	Eirik Bjørlo	Svelvik Idrettsforening	NOR	97	00:46:33	321	00:30:31	318	00:37:41	347	00:45:28	394	00:48:53	369	3:29:06
326	380	M20-39	Jesper Willaing Christensen	Jyllinge Løbeklub	DEN	154	00:49:10	403	00:32:18	420	00:37:07	321	00:43:13	320	00:47:24	331	3:29:12
327	485	M20-39	Birger Püschl	Æventyrerne	DEN	155	00:48:58	393	00:31:02	343	00:37:28	338	00:44:54	373	00:47:04	314	3:29:26
328	243	M50-59	Bengt Smedmyr	Uppsala LK	SWE	41	00:48:57	391	00:30:52	330	00:37:42	348	00:44:09	353	00:47:48	339	3:29:28
329	340	M40-49	Joerg-Peter Wenzel	KRONSHAGEN	GER	98	00:48:19	376	00:31:11	349	00:37:28	337	00:44:11	354	00:48:24	356	3:29:33
330	238	M50-59	Klaus Tatenhorst	LC 92 Bad Salzuflen	GER	42	00:47:38	359	00:30:54	335	00:37:36	341	00:44:46	370	00:48:46	364	3:29:40



331	338	M19	Mikkel Orland Holm	Fin Form, Odense	DEN	27	00:49:02	396	00:32:20	421	00:38:01	361	00:43:57	342	00:46:23	297	3:29:43
332	82	M40-49	Christian Madsen	HIF-atletik	DEN	99	00:46:30	319	00:32:01	401	00:38:46	394	00:45:13	384	00:47:20	324	3:29:50
333	54	M20-39	Lars Pål Rasmussen	nasasuakcubalines	DEN	156	00:48:43	387	00:31:43	382	00:38:16	372	00:44:03	348	00:47:08	317	3:29:53
334	346	M60	Kurt Sonne Hansen	BCC	DEN	10	00:48:34	385	00:31:50	395	00:38:06	364	00:43:10	318	00:48:18	352	3:29:58
335	519	M40-49	Steen Folkjær	RØNNE	DEN	100	00:45:51	301	00:31:26	364	00:38:02	362	00:46:32	419	00:48:12	348	3:30:03
336	507	M20-39	Brian Berntsen	HVIDOVRE	DEN	157	00:47:05	339	00:32:03	403	00:37:48	350	00:44:44	369	00:48:23	355	3:30:03
337	257	M50-59	Bo Petersen	FREDERIKSSUND	DEN	43	00:47:47	364	00:31:40	378	00:37:51	352	00:45:03	378	00:47:53	341	3:30:14
338	173	M50-59	Peter Vaarbjerg	Jyderup Løbe og Motionsklub	DEN	44	00:46:59	335	00:31:22	360	00:38:27	384	00:44:31	363	00:48:56	371	3:30:15
339	435	M40-49	Henning Brinch	FANØ	DEN	101	00:47:02	337	00:32:15	417	00:39:13	406	00:44:33	364	00:47:21	329	3:30:24
340	420	M20-39	Christian Christensen	TISVILDE	DEN	158	00:48:43	388	00:31:06	344	00:38:13	369	00:44:14	356	00:48:11	347	3:30:27
341	74	M50-59	Kurt Hornskov	Hærens Operative Kommando	DEN	45	00:46:40	324	00:32:04	405	00:38:22	378	00:45:03	377	00:48:21	354	3:30:30
342	445	M40-49	Carsten Østergård	Sparta	DEN	102	00:47:59	369	00:30:45	324	00:38:27	383	00:44:53	371	00:48:28	358	3:30:32
343	357	M40-49	Mogens Hansen	Post Danmark	DEN	103	00:47:26	351	00:31:28	366	00:38:48	395	00:44:37	366	00:48:27	357	3:30:46
344	224	M50-59	Keld Blom	Aktivitetcenter B.C.S.	DEN	46	00:46:53	332	00:31:18	357	00:38:25	381	00:45:33	398	00:48:52	368	3:31:01
345	529	M20-39	Steen Kildesgaard	KØBENHAVN K	DEN	159	00:46:58	334	00:32:01	402	00:38:00	359	00:45:32	395	00:48:36	361	3:31:07
346	151	M40-49	Finn H Christensen	PULS 3060	DEN	104	00:48:19	377	00:31:55	399	00:38:11	367	00:45:18	387	00:47:55	343	3:31:38
347	524	M19	Christian Heerfordt	Farum OK	DEN	28	00:50:43	439	00:32:14	415	00:37:35	340	00:44:00	345	00:47:17	320	3:31:49
348	27	M50-59	Johnny Selvig	ALLERØD	DEN	47	00:47:11	345	00:32:24	425	00:39:00	398	00:45:22	389	00:48:13	350	3:32:10
349	530	M40-49	Per Ole Rasmussen	HASLEV	DEN	105	00:49:08	400	00:31:42	380	00:37:53	353	00:44:29	362	00:49:05	374	3:32:17
350	99	M50-59	Benny Ravn	Allerød AM	DEN	48	00:47:56	368	00:31:50	393	00:38:23	379	00:45:14	385	00:49:06	375	3:32:29
351	98	M50-59	Mogens Winkler	Allerød AM	DEN	49	00:47:56	367	00:31:46	388	00:38:40	389	00:45:32	396	00:48:49	365	3:32:43
352	37	M20-39	Per Nordsjø Lund	VESTBY	NOR	160	00:51:41	464	00:30:57	339	00:38:03	363	00:44:25	361	00:48:04	345	3:33:10
353	363	M20-39	Allan Givard Petersson	Blovstrød Løverne	DEN	161	00:47:21	349	00:32:39	432	00:37:24	332	00:45:21	388	00:50:29	414	3:33:14
354	343	M40-49	Peter Lundmark	Bålsta IK	SWE	106	00:48:28	380	00:32:12	413	00:38:20	375	00:45:01	375	00:49:31	387	3:33:32
355	522	M50-59	Dan Nielsen	Lillerød Orienteringsklub	DEN	50	00:47:40	361	00:33:04	443	00:38:15	370	00:46:00	406	00:48:33	359	3:33:32
356	400	M50-59	Dieter Batke	Stolpertruppe Winsen/Luhe	GER	51	00:48:09	371	00:31:31	370	00:39:05	401	00:45:15	386	00:49:35	390	3:33:35
357	21	M40-49	Jørgen Busch Christensen	Søværnets IF	DEN	107	00:46:39	323	00:31:21	359	00:39:25	412	00:46:07	409	00:50:03	403	3:33:35
358	95	M50-59	Per Due Madsen	Allerød AM	DEN	52	00:47:44	362	00:32:09	409	00:38:42	390	00:45:12	382	00:49:52	397	3:33:39
359	79	M20-39	Martin Huss	FAKSE	DEN	162	00:50:29	435	00:32:07	406	00:38:29	386	00:44:53	372	00:47:41	334	3:33:39
360	190	M40-49	Jens Martin Bach	RØNNE	DEN	108	00:48:27	378	00:33:17	452	00:38:01	360	00:44:20	360	00:49:34	388	3:33:39
361	316	M20-39	Jesper Lett	Team Krøllebølles Bentøj	DEN	163	00:50:49	442	00:31:55	398	00:37:43	349	00:44:01	346	00:49:17	381	3:33:45
362	62	M50-59	Henrik Ole Petersen	Allerød Atletik og Motion	DEN	53	00:50:17	430	00:31:38	374	00:38:21	376	00:43:45	333	00:49:58	402	3:33:59
363	531	M40-49	Claus Benthzen	BVI	DEN	109	00:50:06	425	00:31:10	348	00:37:54	354	00:45:13	383	00:49:39	391	3:34:02
364	545	M50-59	Hans Peter Pedersen	AAKIRKEBY	DEN	54	00:47:17	348	00:32:35	428	00:38:52	396	00:46:32	418	00:48:59	372	3:34:15
365	258	M40-49	Bjarne Christiansen	TIKØB	DEN	110	00:47:09	341	00:33:05	445	00:38:23	380	00:45:09	381	00:50:33	416	3:34:19
366	141	M20-39	Jens Rodegast	SG Einheit Belzig	GER	165	00:49:27	412	00:31:30	368	00:38:55	397	00:45:02	376	00:49:57	400	3:34:51
367	554	M20-39	Steffen Jørgensen	SØBORG	DEN	164	00:47:26	352	00:31:09	346	00:38:18	374	00:45:41	400	00:52:17	455	3:34:51
368	8	M40-49	Kjetil Biseth	Fet friidrettsklubb	NOR	111	00:47:52	365	00:32:15	416	00:39:50	427	00:46:11	411	00:48:55	370	3:35:03
369	208	M20-39	Kresten Elleby	LYNGBY	DEN	166	00:48:32	383	00:31:17	356	00:37:58	356	00:46:22	415	00:50:56	428	3:35:05
370	276	M19	Kasper Kirkeby Jacobsen	ODDER	DEN	29	00:51:26	456	00:32:07	407	00:39:06	402	00:44:17	358	00:48:15	351	3:35:11
371	229	M40-49	Erik Hjeresen	Hellas-Roskilde	DEN	112	00:48:31	382	00:32:44	434	00:39:26	413	00:45:33	397	00:49:27	385	3:35:41
372	600	M40-49	Klaus Holm	Nexø	DEN	113	00:49:27	411	00:31:42	381	00:37:16	327	00:45:22	390	00:51:57	452	3:35:44

373	250	M20-39	Mads Pallesen	AK73	DEN	167	00:48:15	375	00:31:21	358	00:39:44	425	00:46:01	407	00:50:30	415	3:35:51
374	167	M50-59	Paul Thüne	Rennsteiglaufverein	GER	55	00:49:03	397	00:31:43	385	00:39:26	414	00:45:27	393	00:50:21	411	3:36:00
375	349	M40-49	Søren Søborg-Madsen	Beck A/S	DEN	114	00:49:29	413	00:32:10	411	00:38:21	377	00:46:21	413	00:49:39	392	3:36:00
376	358	M20-39	René Thißen	Post Danmark	DEN	168	00:49:20	407	00:32:04	404	00:39:46	426	00:45:41	401	00:49:10	378	3:36:01
377	119	M20-39	Peter Gocht-Jensen	FREDERIKSBERG C	DEN	169	00:49:46	420	00:30:57	340	00:38:45	393	00:47:05	437	00:49:45	395	3:36:18
378	1	M60	Erwin Hansen	Viking Atletik	DEN	11	00:47:33	357	00:31:49	390	00:38:43	392	00:47:03	436	00:51:24	440	3:36:32
379	425	M40-49	Rainer Witte	Hönower Schildkröten	GER	116	00:47:40	360	00:32:21	422	00:39:01	400	00:47:16	440	00:50:14	407	3:36:32
380	471	M40-49	Mikael Christensen	Ny-Vest	DEN	115	00:45:37	294	00:31:52	397	00:44:50	516	00:46:03	408	00:48:10	346	3:36:32
381	111	M50-59	Ole Kofod	Blovstrødløverne	DEN	56	00:49:07	399	00:32:13	414	00:39:07	403	00:46:22	416	00:49:44	393	3:36:33
382	268	M20-39	Jan Frederiksen	Nexø	DEN	170	00:49:10	404	00:32:22	423	00:39:00	399	00:45:24	392	00:50:42	420	3:36:38
383	166	M50-59	Kurt Johansen	SKOVLUNDE	DEN	57	00:47:54	366	00:31:51	396	00:38:09	366	00:49:30	484	00:49:21	383	3:36:45
384	175	M40-49	Tom Knudsen	Segen Bornholm	DEN	117	00:48:32	384	00:33:08	447	00:39:38	422	00:46:48	425	00:49:05	373	3:37:11
385	212	M40-49	Kim Eland	RØNNE	DEN	118	00:48:51	389	00:32:50	435	00:39:19	411	00:46:09	410	00:50:05	405	3:37:14
386	521	M20-39	Thorbjørn Platz	HIF	DEN	171	00:50:07	426	00:31:12	351	00:38:12	368	00:45:48	403	00:51:57	451	3:37:16
387	256	M50-59	Claus Knudsen	Puls 3060	DEN	58	00:49:16	405	00:33:35	461	00:39:37	421	00:45:44	402	00:49:06	376	3:37:18
388	442	M20-39	Dennis Plesner	VAF	DEN	172	00:47:24	350	00:31:33	372	00:40:46	451	00:46:39	422	00:50:59	432	3:37:21
389	116	M50-59	Henning Clemens Kørvel	Mjørkadals Idrætsforening	FOY	59	00:49:00	394	00:32:50	437	00:39:33	416	00:46:57	432	00:49:29	386	3:37:49
390	415	M40-49	Martin Hjalmar West	KBH.V	DEN	119	00:49:25	410	00:33:33	460	00:39:15	407	00:45:56	404	00:50:52	424	3:39:01
391	180	M50-59	Poul Lau Sørensen	BALLERUP	DEN	60	00:49:44	418	00:32:59	440	00:40:05	432	00:45:58	405	00:50:17	408	3:39:03
392	536	M60	EGON ERLANDSEN	Kokkedak IK	DEN	12	00:49:49	423	00:32:38	430	00:39:36	418	00:46:33	420	00:50:40	419	3:39:16
393	30	M50-59	Ole Corlin Green	Viking Atletik	DEN	61	00:49:03	398	00:33:03	442	00:39:39	423	00:46:59	434	00:50:43	422	3:39:27
394	230	M19	Oliver Hjeresen	Hellas-Roskilde	DEN	30	00:51:07	447	00:33:13	449	00:39:43	424	00:44:41	368	00:51:18	437	3:40:02
395	330	M50-59	Carsten Olsen	Rønne	DEN	62	00:49:24	409	00:33:09	448	00:40:21	442	00:46:50	426	00:50:22	413	3:40:06
396	401	M50-59	Udo Bergemann	RTB Marathon Team Remscheid	GER	63	00:48:58	392	00:33:20	454	00:41:03	458	00:46:54	430	00:50:03	404	3:40:18
397	130	M60	Carsten Seiring	Faaborg Motionsklub	DEN	13	00:50:19	431	00:32:38	431	00:39:54	429	00:46:51	428	00:50:57	429	3:40:39
398	526	M20-39	Dan Skov	Holte	DEN	173	00:49:31	415	00:31:43	383	00:40:17	439	00:46:48	424	00:52:23	457	3:40:42
399	127	M19	Steffen Gertsen	Trim Ballerup	DEN	31	00:49:30	414	00:32:50	436	00:39:36	419	00:47:43	452	00:51:06	435	3:40:45
400	161	M60	Benny Rasmussen	Viking Atletik	DEN	14	00:50:06	424	00:32:16	418	00:40:19	440	00:47:22	442	00:50:57	430	3:41:00
401	513	M60	Preben Pedersen	M K Amager	DEN	15	00:52:19	475	00:31:09	347	00:40:15	437	00:48:08	457	00:49:10	380	3:41:01
402	520	M50-59	Nils-Erik Jacobsen	Nesbygda IF	NOR	64	00:51:09	449	00:33:28	459	00:39:17	409	00:47:24	445	00:49:44	394	3:41:02
403	88	M50-59	Kay Zigelski	FT Preetz	GER	65	00:51:08	448	00:32:23	424	00:39:51	428	00:47:24	447	00:50:21	410	3:41:07
404	278	M40-49	Lars Anton Jensen	SKIVE	DEN	120	00:49:46	421	00:33:39	464	00:39:58	430	00:47:48	454	00:49:58	401	3:41:09
405	125	M60	Arne Pedersen	OGF Motion	DEN	16	00:49:24	408	00:33:16	450	00:40:12	435	00:48:19	460	00:50:21	412	3:41:32
406	275	M40-49	Steen Jacobsen	ODDER	DEN	121	00:50:25	434	00:32:43	433	00:40:13	436	00:46:50	427	00:51:29	443	3:41:40
407	299	M40-49	Claus Ingerslev	Team Ingerslev	DEN	122	00:50:31	436	00:32:31	426	00:39:58	431	00:47:01	435	00:51:41	448	3:41:42
408	451	M40-49	Oddvin Kollbotn	DALEN	NOR	123	00:51:05	446	00:33:05	444	00:40:06	433	00:46:22	414	00:51:04	433	3:41:42
409	39	M20-39	Jesper Werge	BALLERUP	DEN	174	00:44:52	264	00:31:40	376	00:37:55	355	00:46:52	429	01:00:55	533	3:42:14
410	331	M50-59	Mogens Olrik Hansen	VONGE	DEN	66	00:50:36	438	00:33:17	451	00:40:11	434	00:47:23	444	00:50:51	423	3:42:18
411	253	M50-59	Ole Jonny Sørensen	Hadeland FIK	NOR	67	00:49:18	406	00:31:57	400	00:41:20	463	00:48:26	463	00:51:37	445	3:42:38
412	290	M40-49	Gerhard Dittrich	KASSEL	GER	124	00:54:37	505	00:32:32	427	00:38:38	388	00:47:05	438	00:50:20	409	3:43:12
413	5	M40-49	Michael Andersen	Køge Atletik	DEN	125	00:50:11	427	00:34:18	486	00:40:27	446	00:46:57	433	00:51:19	438	3:43:12
414	456	M60	Ole Knudsen	VÆRLØSE	DEN	17	00:48:56	390	00:33:42	466	00:41:26	466	00:48:34	465	00:50:38	418	3:43:16
415	508	M20-39	Eilif Johannsen	KØBENHAVN NV	DEN	175	00:52:47	485	00:34:08	477	00:39:37	420	00:46:11	412	00:50:34	417	3:43:17

416	404	M60	Alfred Schwarzlmüller	Stolpertruppe Winsen/Luhe	GER	18	00:50:20	432	00:33:40	465	00:40:47	452	00:47:12	439	00:51:28	442	3:43:27
417	344	M40-49	Frank Claus	RK Laage	GER	126	00:51:24	455	00:33:47	468	00:41:32	468	00:47:18	441	00:49:35	389	3:43:36
418	541	M50-59	Teddy Kofoed	ØB Atletik	DEN	68	00:49:47	422	00:34:18	485	00:40:34	448	00:48:04	456	00:51:26	441	3:44:09
419	154	M60	Poul Erik Olesen	VEJEN	DEN	19	00:50:59	444	00:33:22	456	00:40:42	450	00:47:44	453	00:51:30	444	3:44:17
420	48	M50-59	Ralf Faehsing	Rennsteiglaufverein	GER	69	00:49:45	419	00:34:47	496	00:40:53	453	00:48:58	473	00:50:57	431	3:45:20
421	540	M20-39	Paul Schlunke	WALTROP	GER	176	00:52:26	480	00:33:20	455	00:40:20	441	00:47:25	449	00:52:41	462	3:46:12
422	226	M50-59	Knud Erik Juhl	RØNNE	DEN	70	00:50:56	443	00:34:03	474	00:41:03	457	00:49:07	476	00:51:43	450	3:46:52
423	35	M20-39	Thomas Christensen	PFA Pension	DEN	177	00:52:51	486	00:33:03	441	00:39:18	410	00:46:45	423	00:55:37	498	3:47:34
424	104	M40-49	Jan Okkels	HOLBÆK	DEN	127	00:51:58	469	00:33:18	453	00:40:53	454	00:50:04	496	00:51:21	439	3:47:34
425	13	M50-59	Erik Lind	NEXØ	DEN	71	00:51:21	453	00:34:08	478	00:40:58	455	00:48:35	466	00:52:35	458	3:47:37
426	366	M60	Wolfgang Grahl	GRÄFENHAINICHEN	GER	20	00:50:45	441	00:34:13	481	00:41:31	467	00:48:47	470	00:52:46	463	3:48:02
427	405	M60	Guenther Leck	Stolpertruppe Winsen/Luhe	GER	21	00:51:09	450	00:34:13	483	00:41:41	471	00:49:23	482	00:51:38	446	3:48:04
428	120	M60	Leo Andersen	IK Olympia	DEN	22	00:50:44	440	00:33:36	463	00:40:26	445	00:49:11	478	00:54:29	487	3:48:26
429	311	M50-59	John Eric Hansen	RØNNE	DEN	72	00:51:49	467	00:34:12	480	00:41:09	459	00:49:01	474	00:52:20	456	3:48:31
430	91	M50-59	Kaj Aage Nielsen	Hårby Løbeklub	DEN	73	00:51:38	461	00:34:13	482	00:42:07	483	00:49:10	477	00:51:41	449	3:48:49
431	77	M20-39	Sune D. Lillie	BRØNSHØJ	DEN	178	00:51:02	445	00:34:41	492	00:41:13	461	00:48:42	469	00:53:11	469	3:48:49
432	379	M40-49	Jesper Andersen	HELSINGE	DEN	128	00:52:26	481	00:33:25	458	00:41:52	474	00:49:06	475	00:53:24	470	3:50:13
433	29	M40-49	Birger Agerup Jensen	Sparta	DEN	129	00:51:40	462	00:35:02	501	00:42:36	489	00:48:51	471	00:52:07	454	3:50:16
434	240	M60	Gerhard Woest	FHSG Stralsund	GER	23	00:52:15	472	00:34:33	489	00:42:04	482	00:48:42	468	00:52:49	465	3:50:23
435	105	M40-49	Flemming Dahl	Skive am	DEN	130	00:52:17	473	00:34:01	473	00:42:11	486	00:48:10	458	00:53:59	480	3:50:38
436	533	M20-39	Lars Pedersen	ROSKILDE	DEN	179	00:52:56	488	00:34:44	494	00:40:33	447	00:48:28	464	00:53:59	481	3:50:40
437	143	M40-49	Kurt Haarh Ibsen	ANSAGER	DEN	131	00:54:42	506	00:33:58	472	00:41:24	465	00:48:23	462	00:52:54	466	3:51:21
438	58	M40-49	Peter Petersen	Fredensborg AK	DEN	132	00:54:21	503	00:31:49	392	00:39:35	417	00:50:39	504	00:55:39	499	3:52:03
439	280	M20-39	Henning Pickering Hansen	ALBERTSLUND	DEN	180	00:54:16	500	00:33:42	467	00:41:53	475	00:49:44	491	00:52:35	460	3:52:10
440	408	M20-39	Kim Windahl Kofoed	RØNNE	DEN	181	00:53:42	496	00:33:23	457	00:41:55	477	00:49:42	489	00:53:30	472	3:52:12
441	532	M40-49	Egon Jensen	Brøddan	DEN	133	00:51:23	454	00:33:52	469	00:42:10	485	00:49:31	485	00:55:21	495	3:52:17
442	126	M50-59	Helge Gertsen	Trim Ballerup	DEN	74	00:52:19	476	00:35:01	500	00:41:49	472	00:49:34	487	00:53:34	473	3:52:17
443	132	M50-59	Jørgen Hindhede Kjær	VÆRLØSE	DEN	75	00:52:39	483	00:35:37	510	00:42:21	487	00:49:16	480	00:52:35	459	3:52:28
444	286	M60	Birger Pedersen	RØNNE	DEN	24	00:52:59	489	00:34:24	487	00:42:52	495	00:49:32	486	00:53:11	468	3:52:58
445	386	M40-49	Niels Erik Hansen	Bech-Hansen & Studsgaard A/S	DEN	134	00:52:54	487	00:34:42	493	00:42:55	496	00:49:30	483	00:53:01	467	3:53:02
446	372	M60	Ingolf Søndergaard	HERLEV	DEN	25	00:53:09	492	00:34:15	484	00:42:01	481	00:48:20	461	00:55:29	496	3:53:14
447	124	M50-59	Abdy Wijeh	VIRUM	DEN	76	00:51:46	465	00:34:08	476	00:42:46	492	00:50:50	505	00:53:50	477	3:53:20
448	376	M60	Kjell Follesø	GARNES (BERGEN)	NOR	26	00:51:49	466	00:35:14	506	00:41:54	476	00:49:46	493	00:54:41	490	3:53:24
449	28	M60	Kurt Månsson	JÆGERSPRIS	DEN	27	00:52:23	477	00:34:39	490	00:41:36	469	00:51:08	512	00:54:12	484	3:53:58
450	87	M20-39	Thomas Rask Thomsen	KØBENHAVN N	DEN	182	00:51:52	468	00:34:46	495	00:43:00	498	00:50:51	506	00:53:35	474	3:54:04
451	110	M40-49	Preben Lundsteen	SVENDBORG	DEN	135	00:53:19	493	00:37:27	534	00:42:59	497	00:47:54	455	00:52:47	464	3:54:26
452	85	M40-49	Mogens Ahrens Jensen	VÆRLØSE	DEN	136	00:52:44	484	00:35:09	503	00:43:32	505	00:49:50	494	00:53:43	475	3:54:58
453	360	M50-59	Poul Hansen	Post Danmark	DEN	77	00:51:38	460	00:35:17	508	00:42:48	493	00:51:34	516	00:53:55	478	3:55:12
454	206	M50-59	John Spenner	SØAM	DEN	78	00:53:20	494	00:36:42	526	00:41:51	473	00:49:55	495	00:54:00	482	3:55:48
455	393	M40-49	Keld Lundgaard Christensen	FREDERIKSBERG	DEN	137	00:53:35	495	00:35:07	502	00:43:24	503	00:49:46	492	00:54:01	483	3:55:53
456	57	M60	Kai Nielsen	TAASTRUP	DEN	28	00:51:20	452	00:34:50	498	00:44:27	513	00:51:16	514	00:54:24	486	3:56:17
457	80	M50-59	Vladimir Nevolin	RØDOVRE	DEN	79	00:53:03	491	00:36:31	523	00:43:36	506	00:50:08	498	00:53:57	479	3:57:15
458	236	M60	Lars Håheim	Haralds plass BIL	NOR	29	00:53:03	490	00:34:48	497	00:43:14	501	00:50:17	500	00:55:59	500	3:57:21
459	319	M20-39	Mogens Svendsen	KØBENHAVN N	DEN	183	00:54:59	511	00:35:54	514	00:42:51	494	00:50:26	502	00:53:25	471	3:57:35

460	265	M60	John West	Søværnets IF/Blovstrødløverne	DEN	30	00:50:35	437	00:35:41	512	00:57:06	566	00:44:57	374	00:49:19	382	3:57:38
461	548	M20- 39	Erling Ipsen	HOLTE	DEN	184	00:52:24	478	00:36:43	527	00:43:00	499	00:51:15	513	00:54:37	489	3:57:59
462	556	M20- 39	Lars Roald Samson Hansen	RØNNE	DEN	185	00:54:17	501	00:36:55	531	00:43:26	504	00:51:02	510	00:52:35	461	3:58:15
463	19	M60	Bjarne Petersen	HUMLEBÆK	DEN	31	00:53:52	497	00:35:10	504	00:42:46	491	00:50:53	508	00:56:18	504	3:58:59
464	94	M50- 59	Erik Kløve Ljungberg	GENTOFTE	DEN	80	00:54:20	502	00:36:04	516	00:43:01	500	00:50:52	507	00:54:55	492	3:59:12
465	201	M20- 39	Jesper Thimsen	ESBJERG V	DEN	186	01:01:53	558	00:36:41	524	00:41:03	456	00:48:39	467	00:51:59	453	4:00:15
466	403	M50- 59	Klaus Becker	Stolpertruppe Winsen/Luhe	GER	81	00:54:57	510	00:36:06	517	00:44:10	509	00:51:22	515	00:54:45	491	4:01:20
467	200	M60	Poul Thimsen	ESBJERG V	DEN	32	00:54:48	509	00:36:02	515	00:43:36	507	00:53:28	527	00:56:06	501	4:04:00
468	335	M50- 59	Otto Højlund Christensen	aktivitetscentret BCS	DEN	82	00:54:46	507	00:37:20	533	00:44:06	508	00:51:41	517	00:56:31	507	4:04:24
469	78	M50- 59	Bjarne Petersen	FAKSE	DEN	83	00:55:00	512	00:36:26	521	00:44:21	511	00:52:41	522	00:56:21	505	4:04:49
470	24	M50- 59	Bjørn Berntzen	GAN/NORGE	NOR	84	01:01:04	553	00:33:35	462	00:45:45	527	00:53:46	532	00:50:53	425	4:05:03
471	207	M60	Henning Nielsen	SØAM	DEN	33	00:55:05	514	00:36:27	522	00:44:54	517	00:53:45	531	00:55:13	493	4:05:24
472	109	M40- 49	Ole Frandsen	BLL	DEN	138	00:54:31	504	00:36:41	525	00:44:26	512	00:52:01	518	00:59:27	523	4:07:06
473	464	M50- 59	Christian Sonne Christensen	KØBENHAVN Ø	DEN	85	00:56:27	522	00:37:33	535	00:44:18	510	00:53:08	524	00:56:24	506	4:07:50
474	115	M20- 39	Jens Peter Sørensen	FREDERIKSBERG	DEN	187	00:56:15	519	00:44:14	577	00:42:32	488	00:49:36	488	00:55:19	494	4:07:56
475	181	M50- 59	Per Jensen	HOBRO	DEN	86	00:56:24	521	00:38:03	543	00:46:37	530	00:47:39	451	00:59:17	520	4:08:00
476	392	M60	Hans Kristensen	ASG	DEN	34	00:55:27	515	00:37:50	539	00:45:32	524	00:52:14	520	00:57:12	509	4:08:15
477	131	M40- 49	Ole Sprøgel	VIRUM	DEN	139	00:56:33	524	00:37:44	538	00:45:14	521	00:52:27	521	00:57:11	508	4:09:09
478	251	M50- 59	Poul Sørensen	Viking Atletik	DEN	87	00:53:58	498	00:36:50	529	00:45:43	525	00:53:59	534	00:58:49	516	4:09:19
479	399	M60	Klaus Kammerer	TURA Hechthausen	GER	35	00:55:58	518	00:38:05	545	00:45:29	523	00:53:30	528	00:57:47	513	4:10:49
480	61	M50- 59	Olle Erixon	Gävle BOFF	SWE	88	01:00:52	551	00:36:24	520	00:45:43	526	00:53:11	525	00:56:11	503	4:12:21
481	249	M60	John Skimmeli	Gnagsår Trondheim	NOR	36	00:56:52	526	00:37:38	537	00:46:06	528	00:53:20	526	00:58:53	517	4:12:49
482	176	M50- 59	Gert Jensen	Viking	DEN	89	00:55:57	517	00:38:13	548	00:47:07	537	00:54:47	536	00:58:23	515	4:14:27
483	75	M20- 39	Kim Hansen	RØNNE	DEN	188	00:59:20	543	00:38:06	547	00:45:06	520	00:53:50	533	00:58:22	514	4:14:44
484	138	M50- 59	Tom Nielsen	CHARLOTTENLUND	DEN	90	00:55:52	516	00:36:22	519	00:44:56	518	00:58:28	560	01:01:37	536	4:17:15
485	81	M60	Per Otto Bülck	SVENDBORG	DEN	37	00:57:29	529	00:38:24	551	00:47:11	538	00:55:12	540	00:59:06	519	4:17:22
486	162	M20- 39	Carsten Christensen	BRK	DEN	189	00:58:36	538	00:38:47	554	00:46:45	531	00:54:35	535	00:59:03	518	4:17:46
487	46	M50- 59	Per Lindgård	BROMARV	FIN	91	00:56:53	527	00:37:53	542	00:50:10	555	00:56:37	548	00:57:34	512	4:19:07
488	350	M60	Jens Schmidt	PANDRUP	DEN	38	00:58:00	535	00:39:30	560	00:47:02	535	00:55:34	542	00:59:28	524	4:19:34
489	329	M40- 49	Jørn Ole Lind	HELSENGE	DEN	140	00:59:04	540	00:38:05	544	00:47:28	540	00:55:56	545	00:59:50	526	4:20:23
490	525	M50- 59	Stephan Fegers	Borussia Moenchengladbach	GER	92	00:57:42	531	00:37:52	540	00:46:49	532	00:57:16	554	01:00:48	530	4:20:27
491	247	M50- 59	Carsten Jørgensen	Jyderup løbe og motionsklub	DEN	93	00:57:32	530	00:37:33	536	00:46:58	534	00:56:33	546	01:01:52	539	4:20:28
492	1812	M50- 59	Johannes Hidding	Borussia Moenchengladbach	GER	94	00:57:42	532	00:37:52	541	00:46:50	533	00:57:16	555	01:00:49	531	4:20:29
493	402	M60	Herbert Goebels	ALFELD- BRUNKENSEN	GER	39	00:58:32	537	00:39:01	556	00:48:24	547	00:55:04	538	00:59:34	525	4:20:35
494	375	M60	Peter Haupt	BSV AOK Leipzig	GER	40	00:57:26	528	00:39:42	562	00:48:57	552	00:55:51	544	00:59:23	522	4:21:19
495	461	M50- 59	Bent Krak Hansen	Beck A/S	DEN	95	00:57:59	534	00:38:17	549	00:48:09	545	00:57:16	553	01:00:05	527	4:21:46
496	4	M40- 49	Carsten Lösch	SANITZ	GER	141	01:00:06	547	00:39:52	565	00:47:42	544	00:55:22	541	01:00:13	529	4:23:15
497	145	M50- 59	Karsten Jørgensen	RØNNE	DEN	96	00:58:17	536	00:39:25	559	00:47:40	543	00:56:56	551	01:01:03	534	4:23:21
498	414	M50- 59	Christian Barkholt	NYBORG	DEN	97	00:59:25	545	00:39:12	557	00:47:32	541	00:55:08	539	01:02:18	541	4:23:35
499	158	M19	Christian Houmann Hansen	NÆSTVED	DEN	32	01:03:16	562	00:39:44	563	00:47:21	539	00:55:42	543	00:59:18	521	4:25:21
500	129	M60	Erik Hansen	IK Olympia	DEN	41	00:59:23	544	00:40:37	568	00:48:47	549	00:56:49	550	01:00:13	528	4:25:49
501	264	M60	Jørgen Meyer Christensen	RØNNE	DEN	42	01:00:41	550	00:39:48	564	00:47:38	542	00:56:47	549	01:01:06	535	4:26:00
502	146	M60	Kaj Jensen	Hundested Atletik Forening	DEN	43	00:59:14	542	00:39:16	558	00:49:30	554	00:57:14	552	01:02:26	543	4:27:40

503 347	M40-49	Niels Raarup Christensen	Beck A/S	DEN	142	01:03:35	564	00:38:46	553	00:48:39	548	00:57:49	558	01:00:55	532	4:29:44
504 117	M40-49	Ib Hjersing Skoubo	Mjerkadals Idrætsforening	FOY	143	01:01:46	557	00:38:55	555	00:48:50	550	00:58:51	561	01:02:15	540	4:30:37
505 97	M40-49	Per Mortensen	Allerød AM	DEN	144	01:00:59	552	00:39:33	561	00:49:15	553	00:57:39	557	01:03:18	545	4:30:44
506 7	M50-59	Søren Poul Nørresø Haase	VEJBY	DEN	98	01:01:20	555	00:41:24	570	00:48:57	551	00:58:53	562	01:04:25	546	4:34:59
507 537	M19	Janus Weinreich Boss	KLEMENSKER	DEN	33	01:03:00	559	00:40:45	569	00:50:47	558	00:58:20	559	01:02:58	544	4:35:50
508 142	M50-59	Rolf Dittmer	BUXTEHUDE	GER	99	01:03:00	560	00:40:28	567	00:50:14	556	00:59:49	564	01:02:23	542	4:35:54
509 93	M50-59	Preben Poulsen	SKOVLUNDE	DEN	100	01:00:27	548	00:44:19	579	00:47:07	536	00:52:49	523	01:11:14	552	4:35:56
510 263	M60	Norman Jørgensen	I.K. Olymoia	DEN	44	01:01:15	554	00:42:40	575	00:50:18	557	01:06:23	572	01:01:40	537	4:42:16
511 102	M20-39	Henrik Madsen	ALLINGE	DEN	190	01:05:33	568	00:42:05	572	00:53:14	561	01:00:03	565	01:07:21	549	4:48:16
512 248	M40-49	Uffe Rasmussen	Jyderup løbe- og motionsklub	DEN	145	01:08:48	574	00:42:24	574	00:53:25	562	01:01:36	567	01:08:19	550	4:54:32
513 140	M60	Henning Wagner	IK Oplympia	DEN	45	01:04:15	566	00:45:10	581	00:55:21	564	01:03:58	568	01:07:02	547	4:55:46
514 123	M60	Lennart Olovsson	STAFFANSTORP	SWE	46	01:08:42	573	00:44:01	576	00:53:57	563	01:04:34	570	01:10:45	551	5:01:59
515 433	M50-59	Preben Nielsen	ROSKILDE	DEN	101	01:07:03	570	00:44:34	580	00:56:16	565	01:05:45	571	01:12:19	554	5:05:57
516 450	M50-59	Per Jacobsen	ALLERØD	DEN	102	01:12:56	575	00:49:51	583	00:58:46	567	01:07:49	573	01:11:20	553	5:20:42
517 462	M50-59	Lars Goldschmidt	KØBENHAVN	DEN	103	01:15:42	576	00:49:44	582	01:02:37	568	01:09:21	574	01:20:03	555	5:37:27

# Etape Bornholm 2005 - Nordiske Mesterskaber

## Hasle + Dueodde + Almindingen + Hammeren + Rønne

### Women

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Rank	Startnr	Klasse	Navn	Klub/By	Land	Cat. Rank	Hasle	Dueodde	Almindingen	Hammeren	Rønne	Total Time
1	1713	K20-39	Annetette Jensen	AK73	DEN	1	00:34:14	2 00:22:47	1 00:27:25	1 00:31:14	1 00:34:35	1 2:30:15
2	1663	K20-39	Jane Rotich	Team Newline	KEN	2	00:33:47	1 00:23:01	2 00:27:42	2 00:31:58	2 00:35:49	3 2:32:17
3	1601	K20-39	Nina Thysk Sørensen	AGF Atletik	DEN	3	00:34:39	3 00:23:09	3 00:27:57	3 00:32:27	3 00:35:20	2 2:33:32
4	1518	K19	Anna Holm Jørgensen	Viking Atletik	DEN	1	00:35:49	5 00:23:25	4 00:28:23	4 00:33:15	4 00:36:43	4 2:37:35
5	1522	K20-39	Laila Kærgaard Laursen	AGF	DEN	4	00:35:34	4 00:23:37	5 00:29:05	6 00:33:37	5 00:36:53	5 2:38:46
6	1795	K40-49	Lotte Rebling	Sparta	DEN	1	00:36:35	7 00:24:15	6 00:29:38	8 00:33:57	6 00:37:07	6 2:41:32
7	1697	K20-39	Everlyn Kimboi	Team Newline	KEN	5	00:36:48	8 00:24:48	7 00:29:00	5 00:34:15	7 00:37:33	7 2:42:24
8	1660	K40-49	Dorte Dahl	Blovstrødløverne/dortedahl	DEN	2	00:36:33	6 00:25:15	10 00:29:34	7 00:34:52	8 00:37:53	8 2:44:07
9	1780	K20-39	Helene Melbø Hammershaug	Gausdal FIK	NOR	6	00:37:47	9 00:24:58	8 00:30:42	10 00:35:19	9 00:38:43	10 2:47:29
10	1759	K20-39	Julie Prasz	Køge Atletik	DEN	7	00:38:45	11 00:25:49	11 00:30:34	9 00:35:40	11 00:38:30	9 2:49:18
11	1783	K20-39	Hanne Bolstad	SK Vidar	NOR	8	00:38:20	10 00:25:14	9 00:31:01	11 00:35:32	10 00:39:16	11 2:49:23
12	1804	K50-59	Vibeke Hansen	SNIK	DEN	1	00:40:16	14 00:26:33	12 00:31:47	12 00:36:28	12 00:39:54	13 2:54:58
13	1566	K20-39	Signe Gadegaard	Hvidovre Atletik og Motion	DEN	9	00:39:47	13 00:26:56	14 00:31:56	13 00:36:38	13 00:40:09	14 2:55:26
14	1815	K20-39	Laura Munch	Sparta	DEN	10	00:39:13	12 00:26:45	13 00:32:01	14 00:37:56	14 00:40:29	15 2:56:24
15	1765	K20-39	Sandra Maria Treschow	KØBENHAVN S	DEN	11	00:41:21	16 00:27:27	15 00:33:52	20 00:39:17	16 00:42:05	17 3:04:02
16	1548	K20-39	Susanne Hjorth Christensen	ROSكيلDE	DEN	12	00:42:00	18 00:28:22	18 00:33:44	18 00:39:24	17 00:42:19	18 3:05:49
17	1708	K40-49	Annette Petersen	RØNNE	DEN	3	00:42:41	21 00:28:40	21 00:34:13	23 00:39:41	19 00:42:29	19 3:07:44
18	1590	K40-49	Pia Lyholm	Novo Gruppens løbeklub	DEN	4	00:42:52	22 00:28:26	20 00:34:08	22 00:39:36	18 00:43:00	22 3:08:02
19	1523	K20-39	Charlotte Gredal	Sparta	DEN	13	00:42:57	23 00:28:44	23 00:34:23	24 00:39:46	20 00:42:52	21 3:08:42
20	1778	K20-39	Kira Baun	AK73	DEN	14	00:42:26	19 00:28:41	22 00:33:47	19 00:41:18	30 00:42:38	20 3:08:50
21	1747	K20-39	Jeanette Brodin	KØGE	DEN	15	00:42:57	24 00:28:18	17 00:34:33	25 00:40:09	24 00:43:13	23 3:09:10
22	1506	K20-39	Line Heimdal	Bardu IL	NOR	16	00:44:58	36 00:28:16	16 00:34:03	21 00:39:48	21 00:43:55	27 3:11:00
23	1509	K20-39	Christina Therkelsen Skou	RØNNE	DEN	17	00:43:37	27 00:29:19	27 00:34:56	28 00:39:52	23 00:43:36	25 3:11:20
24	1520	K19	Désirée Culmsee	Hvidovre Atletik og Motion	DEN	2	00:43:47	28 00:28:46	24 00:34:58	29 00:39:51	22 00:44:03	28 3:11:25
25	1814	K20-39	Nanna Krogh	RØNNE	DEN	18	00:43:05	25 00:29:08	26 00:34:40	26 00:40:58	28 00:44:53	32 3:12:44
26	1700	K40-49	Betina Flade	viking	DEN	5	00:43:20	26 00:29:57	31 00:35:09	30 00:41:02	29 00:44:20	30 3:13:48
27	1519	K19	Marie Munch	RØNNE	DEN	3	00:45:27	38 00:30:19	33 00:34:53	27 00:40:27	26 00:43:31	24 3:14:37
28	1773	K40-49	Birgit Buch	Blovstrød Løverne	DEN	6	00:43:53	30 00:30:59	43 00:36:15	40 00:40:17	25 00:44:09	29 3:15:33
29	1732	K40-49	Tina Falch Larsen	Blovstrød	DEN	7	00:44:24	33 00:30:36	41 00:35:35	32 00:42:00	35 00:43:53	26 3:16:28
30	1784	K20-39	Caroline Raun Hansen	FREDERIKSBERG C	DEN	19	00:44:51	34 00:30:19	35 00:35:40	35 00:41:19	31 00:44:31	31 3:16:40
31	1807	K20-39	Lena-Maria Vorgaard Andersen	Happyfoot	DEN	20	00:43:57	31 00:30:25	37 00:35:13	31 00:41:54	33 00:45:46	36 3:17:15
32	1810	K19	Ida Marie Heerfordt	Farum OK	DEN	4	00:45:54	42 00:29:43	28 00:35:39	34 00:41:35	32 00:46:09	39 3:19:00
33	1609	K40-49	Hanne Funch	ÅKIRKEBY	DEN	8	00:44:56	35 00:30:30	40 00:36:19	41 00:42:15	38 00:45:29	33 3:19:29
34	1788	K20-39	Trine Knudsen	VÆRLØSE	DEN	21	00:44:10	32 00:30:19	34 00:35:38	33 00:42:41	40 00:46:46	42 3:19:34
35	1658	K20-39	Jette Schmidt	Blovstrød Løverne	DEN	22	00:45:28	39 00:29:55	30 00:36:02	37 00:42:05	36 00:46:06	38 3:19:36
36	1581	K40-49	Ulla Nielsen	Viking Atletik	DEN	9	00:45:15	37 00:30:20	36 00:36:53	43 00:42:20	39 00:45:38	34 3:20:26
37	1608	K20-39	Kristine Bøtter-Jensen	Aktivitetscenteret BCS	DEN	23	00:46:00	43 00:30:29	39 00:36:07	38 00:41:57	34 00:46:39	41 3:21:12
38	1685	K20-39	Mette Groth	RØDOVRE	DEN	24	00:46:31	49 00:31:12	45 00:36:25	42 00:42:15	37 00:45:46	35 3:22:09

39	1662	K20-39	Ilka Gomoll	LC RON-HILL Berlin	GER	25	00:46:07	45	00:30:40	42	00:37:00	44	00:43:54	49	00:46:57	45	3:24:38
40	1503	K50-59	Uschi Schwarzlmüller	Stolpertruppe Winsen/Luhe	GER	2	00:46:08	46	00:31:51	57	00:37:44	53	00:43:31	44	00:46:22	40	3:25:36
41	1818	K40-49	Helle Vibeke Buus	ØB Atletik	DEN	10	00:46:02	44	00:31:33	50	00:37:05	46	00:43:24	43	00:47:41	52	3:25:45
42	1787	K20-39	Pernille Knudsen	KBH.Ø.	DEN	26	00:46:35	50	00:31:20	46	00:37:00	45	00:44:18	54	00:46:46	43	3:25:59
43	1661	K20-39	Birgitte Mouritsen	RØDOVRE	DEN	27	00:46:46	55	00:31:39	53	00:37:25	49	00:43:40	46	00:46:55	44	3:26:25
44	1597	K20-39	Lotte Helms Kjær	Viking	DEN	28	00:52:07	123	00:30:02	32	00:36:09	39	00:42:55	41	00:45:46	37	3:26:59
45	1816	K50-59	Marit Paldan	Viking Atletik	DEN	3	00:47:09	59	00:31:00	44	00:37:33	50	00:44:04	52	00:47:15	48	3:27:01
46	1531	K20-39	Mette Kvist Langley	KviVest A/S	DEN	29	00:47:29	62	00:31:40	54	00:37:37	51	00:43:24	42	00:47:14	47	3:27:24
47	1570	K50-59	Inger Berntzen	GAN/NORGE	NOR	4	00:46:43	54	00:31:41	55	00:37:44	54	00:44:16	53	00:47:03	46	3:27:27
48	1698	K20-39	Mette Chang	tri4	DEN	30	00:45:37	41	00:31:57	58	00:37:22	48	00:43:59	51	00:48:40	59	3:27:35
49	1652	K40-49	Bibi Christensen	SNIK	DEN	11	00:46:41	52	00:31:38	52	00:37:57	57	00:43:35	45	00:48:33	57	3:28:24
50	1739	K40-49	Anette Bidstrup	RØNNE	DEN	12	00:47:25	60	00:31:48	56	00:37:14	47	00:43:42	48	00:48:16	54	3:28:25
51	1800	K20-39	Heidi Rasmussen	Politiets I F	DEN	31	00:46:22	47	00:30:26	38	00:38:17	62	00:44:39	57	00:49:35	71	3:29:19
52	1530	K19	Louise Flade	viking	DEN	5	00:47:04	58	00:32:50	74	00:38:19	63	00:43:40	47	00:47:27	51	3:29:20
53	1714	K50-59	Miriam Asvarisch	Aktivitetcenteret ved Bornholms Centralsygehus	DEN	5	00:47:02	57	00:31:20	48	00:38:09	61	00:44:21	55	00:48:45	60	3:29:37
54	1588	K40-49	Rie Nielsen	HASLE	DEN	13	00:47:43	63	00:31:20	47	00:37:39	52	00:43:55	50	00:49:08	67	3:29:45
55	1595	K40-49	Lene Bay Larsen	Sparta	DEN	14	00:46:23	48	00:32:42	68	00:38:04	60	00:44:50	59	00:48:22	56	3:30:21
56	1561	K20-39	Dorthe Sandager Bilde	Herlev Løberne	DEN	32	00:48:07	71	00:32:21	61	00:39:07	71	00:44:31	56	00:47:23	50	3:31:29
57	1551	K19	Sanne Larsen	KØBENHAVN Ø	DEN	6	00:47:59	69	00:32:25	62	00:37:54	55	00:45:13	63	00:48:21	55	3:31:52
58	1753	K20-39	Malou Christiansen	Rødovre AC	DEN	33	00:47:58	68	00:32:48	72	00:38:01	59	00:44:46	58	00:49:14	68	3:32:47
59	1577	K40-49	Elisabeth Linde Nielsen	Sparta	DEN	15	00:46:55	56	00:32:37	65	00:38:54	69	00:45:47	69	00:48:52	61	3:33:05
60	1756	K20-39	Hanne Vesth	RØNNE	DEN	34	00:47:47	65	00:32:38	66	00:38:46	67	00:44:56	60	00:49:06	66	3:33:13
61	1611	K40-49	Conny Hansen	Viking	DEN	16	00:46:38	51	00:32:55	75	00:39:25	76	00:46:08	76	00:49:03	65	3:34:09
62	1670	K20-39	Rikke Baun	AK73	DEN	35	00:46:42	53	00:31:36	51	00:38:49	68	00:45:28	66	00:51:38	99	3:34:13
63	1774	K40-49	Kirsten Luther	Sparta	DEN	17	00:47:46	64	00:32:48	71	00:38:54	70	00:45:53	71	00:48:54	62	3:34:15
64	1538	K50-59	Merete Mortensen	ØB 9. kreds	DEN	6	00:48:47	80	00:32:43	69	00:38:35	64	00:45:34	67	00:48:38	58	3:34:17
65	1596	K20-39	Trine Nielsen	Haslev Svømmeklub	DEN	36	00:48:05	70	00:32:44	70	00:38:35	65	00:46:02	74	00:48:57	63	3:34:23
66	1558	K40-49	Ulla Kragbæk	Viking Atletik	DEN	18	00:47:28	61	00:32:58	77	00:39:26	77	00:46:00	73	00:49:15	69	3:35:07
67	1573	K20-39	Lene Hultberg	KOLDING	DEN	37	00:48:08	72	00:32:48	73	00:39:29	78	00:45:02	62	00:50:03	76	3:35:30
68	1572	K20-39	Helle Mogensen	NEXØ	DEN	38	00:48:21	77	00:32:42	67	00:39:23	75	00:45:52	70	00:49:36	72	3:35:54
69	1565	K60	Margot Haupt	SC DHFK Leipzig	GER	1	00:47:54	66	00:33:16	83	00:38:38	66	00:46:29	83	00:49:49	73	3:36:06
70	1817	K20-39	Camilla Buus-Kofoed	ØB Atletik	DEN	39	00:48:17	76	00:32:02	59	00:39:39	79	00:46:18	79	00:50:31	81	3:36:47
71	1535	K40-49	Lise Kirkeby	ODDER	DEN	19	00:48:14	75	00:33:09	81	00:39:18	74	00:46:15	77	00:50:50	84	3:37:46
72	1603	K19	Maja Kløverpris Jørgensen	LYNGBY	DEN	7	00:48:13	74	00:34:29	106	00:40:38	95	00:46:44	88	00:47:50	53	3:37:54
73	1615	K20-39	Majken Rømer	VANLØSE	DEN	40	00:48:36	79	00:33:09	80	00:39:51	82	00:45:37	68	00:51:21	93	3:38:34
74	1517	K20-39	Tasja Stenum	KØBENHAVN N	DEN	41	00:49:26	87	00:34:28	104	00:39:12	72	00:45:18	64	00:50:18	78	3:38:42
75	1617	K20-39	Mette Rasmussen	Roskilde	DEN	42	00:49:11	82	00:33:03	79	00:39:57	84	00:46:44	87	00:49:57	74	3:38:52
76	1716	K20-39	Sanne Landin	Viking	DEN	43	00:49:18	85	00:33:24	85	00:39:59	85	00:46:07	75	00:50:26	80	3:39:14
77	1505	K50-59	Nina Madsen	Allerød AM	DEN	7	00:47:55	67	00:33:16	82	00:39:17	73	00:48:04	103	00:51:12	89	3:39:44
78	1797	K40-49	Vivi Møller-Jensen	NEXØ	DEN	20	00:49:43	88	00:32:56	76	00:40:28	93	00:46:19	80	00:50:39	82	3:40:05
79	1696	K20-39	Maiken Kjeldsen	GLOSTRUP	DEN	44	00:50:31	97	00:34:05	97	00:40:33	94	00:46:52	89	00:48:59	64	3:41:00
80	1793	K20-39	Iben Ronja Blom	RØNNE	DEN	45	00:50:31	96	00:33:35	86	00:40:17	87	00:46:36	84	00:50:10	77	3:41:09
81	1634	K40-49	Birgit Kruse	RØNNE	DEN	21	00:50:34	98	00:34:28	105	00:40:24	89	00:46:25	82	00:50:25	79	3:42:16
82	1526	K20-39	Pia Nielsen	EJSTRUPHOLM	DEN	46	00:51:23	110	00:34:12	98	00:39:45	81	00:46:37	85	00:51:10	87	3:43:07

83	1571	K50-59	Solveig Karlstad	Stovnerkammeratene	NOR	8	00:52:36	135	00:32:10	60	00:37:55	56	00:47:00	91	00:53:52	133	3:43:33
84	1649	K40-49	Lene Blem Dahl	RØNNE	DEN	22	00:49:58	90	00:34:40	109	00:40:47	101	00:47:29	94	00:51:10	88	3:44:04
85	1726	K50-59	Sabine Sharifi	LC 92 Bad Salzuflen	GER	9	00:50:40	100	00:33:53	93	00:40:45	100	00:47:42	97	00:51:15	91	3:44:15
86	1587	K50-59	Tove Rasmussen	Viking	DEN	10	00:50:26	94	00:33:39	87	00:40:09	86	00:47:59	102	00:52:11	105	3:44:24
87	1622	K40-49	Sanne Hjulgaard	VIRUM	DEN	23	00:50:55	104	00:34:03	96	00:40:51	103	00:47:59	101	00:51:02	85	3:44:50
88	1822	K40-49	Marianne Kiholm	Haslev Svømmeklub	DEN	24	00:51:13	108	00:32:35	64	00:41:29	114	00:48:09	105	00:51:29	95	3:44:55
89	1514	K40-49	Marianne Grube Christiansen	GENTOFTE	DEN	25	00:49:10	81	00:33:43	89	00:40:42	99	00:48:43	109	00:52:41	114	3:44:59
90	1529	K20-39	Stinne Lundberg	OA/OGF	DEN	47	00:49:14	84	00:33:46	90	00:40:57	106	00:48:53	112	00:52:30	111	3:45:20
91	1664	K20-39	Mette Møller	HOLBÆK	DEN	48	00:51:58	119	00:33:18	84	00:40:54	105	00:47:52	100	00:51:21	94	3:45:23
92	1718	K40-49	Maria Sandhall	FK Ssnapphanarna	SWE	26	00:50:30	95	00:34:36	108	00:40:50	102	00:48:21	107	00:52:10	103	3:46:27
93	1786	K20-39	Mette Hansen	KØBENHAVN N	DEN	49	00:52:07	121	00:34:47	111	00:40:25	91	00:47:51	99	00:51:18	92	3:46:28
94	1729	K40-49	Kirsten Batz	Rønne	DEN	27	00:51:09	106	00:34:13	100	00:40:52	104	00:48:17	106	00:52:27	110	3:46:58
95	1682	K20-39	Britt Stokholm Larsen	Jyderup løbe og motionsklub	DEN	50	00:49:49	89	00:34:53	114	00:40:24	90	00:49:20	118	00:52:37	113	3:47:03
96	1674	K50-59	Christl Heine	BERLIN	GER	11	00:51:13	109	00:34:54	115	00:41:15	109	00:49:24	120	00:51:33	96	3:48:19
97	1515	K40-49	Kirsten Kyndesen	ny-vest	DEN	28	00:52:19	128	00:33:46	91	00:41:24	112	00:48:45	110	00:52:11	104	3:48:25
98	1647	K20-39	Nina Tröger Reders	Leonidas	GER	51	00:52:10	124	00:34:17	101	00:41:12	108	00:48:05	104	00:52:42	115	3:48:26
99	1627	K40-49	Joan Meitilberg Petersen	Rødovre AC	DEN	29	00:50:17	92	00:35:34	129	00:41:46	116	00:48:46	111	00:52:58	121	3:49:21
100	1781	K20-39	Heidi Verity	Reckweg	DEN	52	00:52:10	125	00:34:26	103	00:41:47	117	00:48:53	113	00:52:36	112	3:49:52
101	1512	K40-49	Birgitte Grenaa	Sparta	DEN	30	00:49:13	83	00:33:54	94	00:42:36	131	00:49:45	133	00:54:32	149	3:50:00
102	1805	K50-59	Lotte Kraeutler	OK Olympia	DEN	12	00:50:53	103	00:35:18	123	00:41:57	119	00:49:35	127	00:52:20	108	3:50:03
103	1799	K50-59	Lone Krogh Hansen	Viking	DEN	13	00:50:52	102	00:35:15	120	00:41:57	118	00:49:36	130	00:52:26	109	3:50:06
104	1633	K20-39	Tanja Thornberg	TIK Løberne	DEN	53	00:50:05	91	00:36:05	148	00:43:29	149	00:49:35	126	00:51:14	90	3:50:28
105	1645	K60	Lis Petersen	RØNNE	DEN	2	00:50:58	105	00:35:40	134	00:42:33	128	00:49:06	117	00:52:12	106	3:50:29
106	1547	K20-39	Charlotte Kramer	Team Kramer-DK	DEN	54	00:53:29	150	00:34:13	99	00:40:41	98	00:47:05	92	00:55:33	166	3:51:01
107	1687	K20-39	Stine Møllebro	Jyderup løbe og motionsklub	DEN	55	00:50:45	101	00:35:04	119	00:41:23	111	00:50:28	147	00:53:40	130	3:51:20
108	1688	K50-59	Lone Andersson	Helsingør IF Atletik	DEN	14	00:51:39	116	00:35:29	126	00:41:29	113	00:49:33	124	00:53:39	129	3:51:49
109	1623	K40-49	Gun-Britt Fagervall	Bålsta IK	SWE	31	00:51:33	113	00:35:26	125	00:42:18	120	00:49:42	131	00:53:05	124	3:52:04
110	1776	K40-49	Gyrithe Ulrich	LEJRE	DEN	32	00:51:34	114	00:35:54	143	00:41:43	115	00:48:54	114	00:54:01	137	3:52:06
111	1668	K40-49	Jannie Fuhlendorff	Haretri	DEN	33	00:49:23	86	00:36:42	167	00:40:38	96	00:50:28	148	00:55:14	163	3:52:25
112	1743	K60	Anneliese Leck	Stolpertruppe Winsen/Luhe	GER	3	00:51:58	118	00:35:18	122	00:43:10	143	00:49:56	135	00:52:07	102	3:52:29
113	1606	K50-59	Jette Riis	Viking Atletik	DEN	15	00:52:17	127	00:35:35	131	00:42:20	121	00:49:28	122	00:52:53	120	3:52:33
114	1737	K40-49	May-Brith Døsslsand	Kjelsås	NOR	34	00:51:36	115	00:35:34	128	00:42:21	122	00:50:06	139	00:53:06	125	3:52:43
115	1540	K50-59	Pia Parvang	Nivå Trim	DEN	16	00:51:48	117	00:35:30	127	00:42:41	132	00:48:58	115	00:53:57	134	3:52:54
116	1559	K40-49	Lene Jensen	RØNNE	DEN	35	00:52:07	122	00:36:26	156	00:42:26	124	00:49:31	123	00:52:45	117	3:53:15
117	1591	K60	Jette Basballe	TIKØB	DEN	4	00:52:28	133	00:34:50	113	00:42:25	123	00:49:36	129	00:54:24	144	3:53:43
118	1626	K40-49	Martina Koenig	Haugesund IL	NOR	36	00:52:53	140	00:35:02	117	00:42:33	127	00:49:21	119	00:53:58	135	3:53:47
119	1741	K20-39	Christina Johansen	BALLERUP	DEN	56	00:52:23	130	00:35:45	137	00:42:43	133	00:49:54	134	00:53:20	128	3:54:05
120	1735	K40-49	Anette Møller	RØNNE	DEN	37	00:53:31	151	00:35:03	118	00:42:45	135	00:50:08	140	00:52:42	116	3:54:09
121	1760	K19	Kathrine Sørensen	Hvidovre Atletik og Motion	DEN	8	00:55:48	195	00:37:18	189	00:42:44	134	00:46:44	86	00:51:59	101	3:54:33
122	1704	K20-39	Marianne Stenum	KØBENHAVN NV	DEN	57	00:53:10	146	00:35:35	130	00:42:35	130	00:48:58	116	00:54:28	148	3:54:46
123	1819	K40-49	Gro Noraker	Drøbak-Frogn IL	NOR	38	00:52:13	126	00:35:15	121	00:42:55	139	00:50:23	146	00:54:34	150	3:55:20
124	1794	K20-39	Rikke Blom	RØNNE	DEN	58	00:52:53	142	00:36:37	161	00:43:30	150	00:47:42	96	00:54:43	153	3:55:25
125	1567	K40-49	Lone Oddermose	SMØRUM	DEN	39	00:52:49	138	00:35:36	132	00:43:02	140	00:51:12	157	00:52:49	119	3:55:28
126	1792	K20-39	Anne Blom	FREDERIKSBERG	DEN	59	00:52:53	141	00:36:37	162	00:44:21	176	00:47:41	95	00:54:43	152	3:56:15



127	1613	K40-49	Helle Kowsky	Strandløberne	DEN	40	00:53:08	145	00:36:06	149	00:43:16	145	00:49:35	125	00:54:10	139	3:56:15
128	1554	K40-49	Lotte Hansen	OPI	DEN	41	00:54:28	168	00:35:44	136	00:42:47	136	00:50:15	143	00:53:02	123	3:56:16
129	1782	K20-39	Anne Mette Jensen	ALLINGE	DEN	60	00:53:20	149	00:36:10	151	00:43:40	156	00:50:13	141	00:53:17	127	3:56:40
130	1614	K20-39	Lene Sielemann	Taulov Motion	DEN	61	00:52:33	134	00:35:50	139	00:43:18	146	00:49:28	121	00:55:34	168	3:56:43
131	1636	K40-49	Marianne Stendal	Novo Gruppens løbeklub	DEN	42	00:53:02	143	00:35:52	140	00:43:21	147	00:50:28	150	00:54:11	140	3:56:54
132	1673	K40-49	Lisbet Staffensen	Dianalund IF	DEN	43	00:53:35	152	00:36:53	176	00:43:30	151	00:50:05	138	00:53:12	126	3:57:15
133	1574	K20-39	Christina Buch	Blovstrød Løverne	DEN	62	00:55:44	194	00:34:46	110	00:42:33	129	00:50:13	142	00:53:59	136	3:57:15
134	1643	K40-49	Charlotte Holm	Øernes Træfældning	DEN	44	00:52:06	120	00:35:49	138	00:43:40	155	00:50:44	155	00:55:35	169	3:57:54
135	1516	K20-39	Vivi Christensen	LYNGBY	DEN	63	00:53:17	148	00:37:14	188	00:43:13	144	00:50:33	152	00:54:18	141	3:58:35
136	1757	K20-39	Inge Kruse	herlufholm ateleetik og motion	DEN	64	00:58:01	226	00:36:38	163	00:43:50	161	00:48:36	108	00:51:35	97	3:58:40
137	1766	K50-59	Ann-Christine Olofsson	Team Blekinge	SWE	17	00:54:44	181	00:35:56	145	00:43:43	158	00:50:32	151	00:54:21	143	3:59:16
138	1640	K50-59	Lis Larsen	IF Langgarverne	DEN	18	00:53:16	147	00:36:51	173	00:43:35	153	00:51:15	160	00:54:20	142	3:59:17
139	1610	K40-49	Lena Olesen	Blovstrødløverne	DEN	45	00:52:40	136	00:37:26	194	00:43:10	142	00:51:59	176	00:54:27	146	3:59:42
140	1719	K40-49	Elke Wenzel	KRONSHAGEN	GER	46	00:53:39	154	00:36:55	179	00:43:57	166	00:51:14	158	00:54:03	138	3:59:48
141	1755	K40-49	Birgit Friis	Nyvest	DEN	47	00:53:45	156	00:36:42	165	00:43:43	157	00:50:42	154	00:55:02	160	3:59:54
142	1504	K40-49	Helle Månsson Davidsen	VÆRLØSE	DEN	48	00:53:45	155	00:37:10	185	00:43:56	165	00:50:37	153	00:54:27	145	3:59:55
143	1656	K19	Nanna Munch	BJERRINGBRO	DEN	9	00:53:55	158	00:36:01	146	00:43:51	162	00:50:17	144	00:55:52	175	3:59:56
144	1689	K20-39	Inna Nevolina	MALMØ	DEN	65	00:54:29	169	00:37:12	186	00:43:36	154	00:50:21	145	00:54:27	147	4:00:05
145	1655	K20-39	Dorte Holm Poulmann	tdc	DEN	66	00:54:25	166	00:36:50	171	00:44:37	186	00:50:02	137	00:54:36	151	4:00:30
146	1560	K20-39	Signe Jørgensen	VANLØSE	DEN	67	00:52:48	137	00:37:08	184	00:43:30	152	00:52:30	183	00:54:44	155	4:00:40
147	1513	K50-59	Lena Svendsen	IK Olympia	DEN	19	00:52:52	139	00:36:35	160	00:43:50	160	00:51:45	169	00:55:43	172	4:00:45
148	1546	K50-59	Hanne Gøbel	Puls 3060	DEN	20	00:52:26	132	00:36:51	174	00:43:59	168	00:51:41	167	00:56:00	178	4:00:57
149	1705	K50-59	Irene Knudsen	Viking Atletik	DEN	21	00:54:49	182	00:36:20	155	00:43:28	148	00:51:40	165	00:54:55	157	4:01:12
150	1651	K20-39	Kristine Romme	SAKSKØBING	DEN	68	00:52:25	131	00:34:48	112	00:43:09	141	00:51:51	172	00:59:16	228	4:01:29
151	1820	K50-59	Aase Holm	NEXØ	DEN	22	00:54:40	180	00:36:19	154	00:43:46	159	00:50:53	156	00:55:54	176	4:01:32
152	1543	K50-59	Astrid Ejlersen	Mejdal GIK motion	DEN	23	00:54:05	159	00:36:38	164	00:44:30	182	00:51:21	162	00:55:03	161	4:01:37
153	1734	K40-49	Lene Gredal	HVIDOVRE	DEN	49	00:54:10	160	00:36:15	152	00:43:53	164	00:51:43	168	00:56:01	180	4:02:02
154	1619	K40-49	Silke Kroeger	GOETTINGEN	GER	50	00:55:58	197	00:36:34	159	00:45:16	200	00:49:45	132	00:54:56	158	4:02:29
155	1628	K40-49	Mona Okholm	Kroll's Revision	DEN	51	00:53:07	144	00:36:30	157	00:44:05	170	00:52:46	187	00:56:12	185	4:02:40
156	1644	K50-59	Ulla Frandsen	Helsingør IF Atletik	DEN	24	00:54:18	163	00:36:32	158	00:44:27	180	00:52:49	189	00:54:54	156	4:03:00
157	1667	K20-39	Christine Bøgelund Petersen	KORSØR	DEN	69	00:53:49	157	00:36:53	177	00:44:34	185	00:51:39	164	00:56:07	183	4:03:02
158	1721	K50-59	Sofie Vaarbjerg	Jyderup Løbe og Motionsklub	DEN	25	00:54:36	172	00:37:07	183	00:44:19	174	00:51:59	177	00:55:55	177	4:03:56
159	1802	K40-49	Susanne Christoph	ALLERØD	DEN	52	00:54:36	174	00:36:18	153	00:44:47	187	00:52:05	180	00:56:13	187	4:03:59
160	1582	K50-59	Elke Schmidt	Stolpertruppe Winsen/Luhe	GER	26	00:55:00	185	00:38:12	212	00:43:59	167	00:51:41	166	00:55:09	162	4:04:01
161	1715	K20-39	Tora Jørn	KBH V	DEN	70	00:54:38	176	00:36:01	147	00:44:18	173	00:53:45	207	00:55:27	165	4:04:09
162	1675	K60	Ingelise Hechmann	SLAGELSE	DEN	5	00:59:00	240	00:35:54	144	00:43:52	163	00:50:28	149	00:54:59	159	4:04:13
163	1632	K20-39	Charlotte Behn Bjørnhof	Strandløberne	DEN	71	00:54:36	173	00:37:46	202	00:44:21	177	00:51:34	163	00:56:07	184	4:04:24
164	1641	K19	Siri Kerta Møller	HUK	DEN	10	00:54:17	162	00:35:19	124	00:46:32	222	00:49:36	128	00:58:46	222	4:04:30
165	1686	K20-39	Gitte Grabow	AP Pension	DEN	72	00:54:58	183	00:38:52	229	00:44:52	190	00:52:28	182	00:53:44	131	4:04:54
166	1811	K20-39	Annette B. Olesen	Nyvest	DEN	73	00:55:28	190	00:37:38	199	00:44:08	172	00:51:58	175	00:56:00	179	4:05:12
167	1751	K40-49	Birgitte Lundsteen	SVENDBORG	DEN	53	00:55:34	192	00:36:55	178	00:44:03	169	00:53:12	196	00:55:34	167	4:05:18
168	1630	K50-59	Ulla Maria Mortensen	ALLERØD	DEN	27	00:55:05	186	00:37:21	191	00:44:32	184	00:52:02	178	00:56:42	195	4:05:42
169	1510	K50-59	Anne Håkensen	Romerike Runners Team	NOR	28	00:54:39	178	00:36:56	180	00:45:07	198	00:52:46	188	00:56:22	190	4:05:50
170	1740	K20-39	Christel Christoffersen	NÆSTVED	DEN	74	00:54:24	165	00:37:27	195	00:44:31	183	00:53:52	209	00:55:38	171	4:05:52

171	1659	K50-59	Inga-Lill Schrewelius	Hemlingby LK	SWE	29	00:54:40	179	00:36:46	169	00:45:03	196	00:53:17	201	00:56:14	188	4:06:00
172	1508	K40-49	Lis Jacobsen	HERLEV	DEN	54	00:54:38	177	00:36:51	172	00:44:56	194	00:53:49	208	00:55:49	174	4:06:03
173	1821	K40-49	Linda Mogensen	Strandløberne	DEN	55	00:54:37	175	00:37:20	190	00:46:17	216	00:51:57	174	00:56:05	182	4:06:16
174	1568	K50-59	Tove Pallesen	VIRUM	DEN	30	00:55:00	184	00:38:10	210	00:44:25	178	00:51:54	173	00:56:51	199	4:06:20
175	1711	K20-39	Charlotte Vithen	KØBENHAVN S	DEN	75	00:54:31	170	00:36:42	166	00:44:27	179	00:52:02	179	00:59:27	233	4:07:09
176	1593	K50-59	Agnete Hansen	Viking	DEN	31	00:55:55	196	00:37:39	200	00:45:02	195	00:53:00	192	00:56:02	181	4:07:38
177	1534	K19	Cecilie Buch	Blivstrød Løverne	DEN	11	00:57:21	212	00:36:44	168	00:44:30	181	00:52:50	190	00:56:13	186	4:07:38
178	1680	K50-59	Lisbeth Lind	ALLINGE	DEN	32	00:56:32	204	00:37:06	182	00:45:04	197	00:52:41	185	00:56:30	191	4:07:53
179	1678	K60	Ingefred Svensson	Ny-Vest	DEN	6	00:56:03	198	00:37:26	193	00:44:52	189	00:51:50	171	00:57:53	211	4:08:04
180	1576	K40-49	Karline Hansen	HASLE	DEN	56	00:54:13	161	00:36:53	175	00:44:55	192	00:54:16	214	00:58:02	213	4:08:19
181	1501	K40-49	Birgit Jørgensen	AAKIRKEBY	DEN	57	00:55:35	193	00:38:09	209	00:46:01	209	00:53:12	197	00:56:14	189	4:09:11
182	1813	K40-49	Connie Christiansen	AMOK	DEN	58	00:54:27	167	00:37:34	198	00:46:04	211	00:53:41	206	00:57:50	210	4:09:36
183	1618	K40-49	Elisabeth Voss Jensen	VÆRLØSE	DEN	59	00:55:22	188	00:37:57	204	00:47:49	238	00:52:57	191	00:55:35	170	4:09:40
184	1754	K50-59	Jette Skou Olsen	Helsingør IF Atletik	DEN	33	00:56:36	206	00:38:22	217	00:44:50	188	00:53:29	202	00:56:38	192	4:09:55
185	1745	K50-59	Kirsten Andersen	IK Olympia	DEN	34	00:55:29	191	00:38:14	213	00:45:29	202	00:53:35	205	00:57:11	201	4:09:58
186	1733	K50-59	Inge Hultberg	KOLDING	DEN	35	00:56:22	201	00:37:32	196	00:46:11	214	00:53:04	194	00:57:05	200	4:10:14
187	1691	K40-49	Elisabeth Mortensen	Allerød AM	DEN	60	00:58:58	239	00:37:24	192	00:45:32	204	00:51:46	170	00:56:45	197	4:10:25
188	1748	K50-59	Mie Christensen	Strandløberne	DEN	36	00:55:12	187	00:37:45	201	00:45:31	203	00:53:33	203	00:58:41	221	4:10:42
189	1594	K40-49	Jannie Burmeister	aktivitetscenteret b.c.s.	DEN	61	00:56:55	210	00:38:07	206	00:45:27	201	00:53:01	193	00:57:17	203	4:10:47
190	1785	K40-49	Sanne Krogh Jensen	Viking Atletik	DEN	62	00:54:22	164	00:36:46	170	00:44:55	193	00:56:54	248	00:58:04	214	4:11:01
191	1692	K20-39	Mette Kuhre	Viking	DEN	76	00:56:25	202	00:35:54	142	00:47:51	240	00:53:17	200	00:57:41	207	4:11:08
192	1612	K20-39	Line Kuhre	Viking	DEN	77	00:56:26	203	00:35:54	141	00:47:51	241	00:53:17	199	00:57:41	208	4:11:09
193	1702	K60	Annie Vørs	Sparta	DEN	7	00:58:23	232	00:39:15	237	00:44:21	175	00:52:45	186	00:56:39	193	4:11:23
194	1528	K20-39	Stine Funder Jespersen	VALBY	DEN	78	00:59:04	242	00:38:51	228	00:44:54	191	00:53:15	198	00:55:45	173	4:11:49
195	1666	K40-49	Pernille Folkmann	HUMLEBÆK	DEN	63	00:56:35	205	00:38:31	221	00:45:57	208	00:54:03	211	00:56:48	198	4:11:54
196	1707	K50-59	Ivi Christophersen	FREDERIKSBERG	DEN	37	00:58:20	230	00:38:08	207	00:45:38	205	00:53:08	195	00:56:42	194	4:11:56
197	1524	K20-39	Lotte Poulsen	KBH K	DEN	79	01:05:16	297	00:37:34	197	00:44:06	171	00:52:07	181	00:54:44	154	4:13:47
198	1803	K20-39	Lone Veisig	Henslingør HSOK	DEN	80	00:57:00	211	00:38:50	227	00:46:44	224	00:54:40	219	00:57:16	202	4:14:30
199	1638	K40-49	Connie Svaerke	Berlin Hash House Harriers	DEN	64	00:56:54	209	00:39:27	246	00:46:15	215	00:54:55	222	00:57:43	209	4:15:14
200	1823	K20-39	Jeanette Hildeshejn	GENTOFTE	DEN	81	00:55:25	189	00:38:28	219	00:49:03	257	00:55:00	224	00:57:22	205	4:15:18
201	1746	K40-49	Jette Jensen	SMØRUM	DEN	65	00:57:23	214	00:38:29	220	00:45:51	206	00:56:22	240	00:57:21	204	4:15:26
202	1762	K40-49	Anne-Marie Dahl	Skive am	DEN	66	00:57:24	215	00:39:01	231	00:46:05	212	00:55:00	225	00:58:27	219	4:15:57
203	1583	K50-59	Lise Barkholt	NYBORG	DEN	38	00:57:41	220	00:39:33	249	00:46:24	220	00:54:59	223	00:57:29	206	4:16:06
204	1550	K50-59	Lillian Johansen	SKOVLUNDE	DEN	39	00:56:38	207	00:38:39	226	00:46:19	217	00:55:12	227	00:59:29	235	4:16:17
205	1642	K50-59	Jette Jensen	HOBRO	DEN	40	01:01:52	271	00:41:19	278	00:42:29	125	00:58:01	254	00:52:46	118	4:16:27
206	1552	K50-59	Birgit Olesen	VEJEN	DEN	41	00:58:01	227	00:38:22	216	00:46:30	221	00:54:21	216	00:59:38	241	4:16:52
207	1671	K50-59	Susanne Ovesen	Idestrup Kondi	DEN	42	00:57:21	213	00:39:30	247	00:46:54	226	00:54:46	221	00:58:26	218	4:16:57
208	1625	K40-49	Lilian Jespersen	OGF Motion	DEN	67	00:57:41	222	00:39:33	250	00:46:38	223	00:54:14	212	00:58:57	225	4:17:03
209	1730	K40-49	Undine Witte	Hönower Schildkröten	GER	68	00:59:13	245	00:38:24	218	00:47:12	231	00:54:31	218	00:58:00	212	4:17:20
210	1709	K50-59	Connie Frederiksen	Viking Atletik	DEN	43	00:57:45	223	00:39:25	244	00:46:53	225	00:54:43	220	00:58:52	224	4:17:38
211	1775	K40-49	Petra Dittmer	BUXTEHUDE	GER	69	00:58:23	231	00:39:31	248	00:47:16	232	00:54:16	213	00:59:02	227	4:18:28
212	1600	K20-39	Merete Hanson	VIRUM	DEN	82	00:59:15	246	00:38:12	211	00:47:55	243	00:54:00	210	01:00:06	246	4:19:28
213	1731	K20-39	Susanne Nielsen	SILKEBORG	DEN	83	00:57:27	216	00:38:21	215	00:46:20	218	00:55:11	226	01:02:32	273	4:19:51
214	1564	K20-39	Susanne Hanson	KØBENHAVN	DEN	84	00:59:15	247	00:38:15	214	00:48:04	246	00:54:20	215	01:00:06	247	4:20:00

215	1749	K40-49	Helle Kofoed	KØBENHAVN S	DEN	70	00:57:41	221	00:39:41	252	00:47:49	239	00:55:15	228	00:59:48	242	4:20:14
216	1507	K40-49	Ingeborg Smidesang	Byaasen Skiklubb	NOR	71	00:57:58	225	00:39:13	236	00:47:08	228	00:56:35	244	00:59:30	236	4:20:24
217	1808	K20-39	Pernille Hesselholt Munck	Vorgaard Running	DEN	85	00:57:34	218	00:39:07	233	00:47:41	235	00:56:10	239	00:59:58	243	4:20:30
218	1703	K60	Margit Kjølner	Viking Atletik	DEN	8	00:57:39	219	00:39:16	238	00:47:10	230	00:55:50	237	01:00:45	255	4:20:40
219	1681	K20-39	Stephanie Doublet	OSTERROENFELD	GER	86	00:58:53	237	00:39:10	234	00:48:04	245	00:55:40	232	00:59:19	229	4:21:06
220	1796	K50-59	Anne-Lise Rømer	TAASTRUP	DEN	44	00:59:26	248	00:38:33	224	00:47:52	242	00:55:47	233	01:00:24	250	4:22:02
221	1607	K40-49	Lene Andersen	Aktivitetcenter BCS	DEN	72	00:58:37	233	00:39:42	253	00:48:43	252	00:55:34	231	00:59:30	237	4:22:06
222	1720	K20-39	Dorthe Hansen	HASLEV	DEN	87	01:01:04	265	00:39:53	256	00:47:22	234	00:54:24	217	00:59:24	231	4:22:07
223	1693	K40-49	Lisbeth Dahl	BRØNSHØJ	DEN	73	00:58:13	229	00:39:00	230	00:49:22	262	00:55:34	230	01:00:38	253	4:22:47
224	1789	K40-49	Lene Schnoor	NEXØ	DEN	74	00:58:38	234	00:39:22	242	00:47:05	227	00:56:26	241	01:01:23	261	4:22:54
225	1701	K40-49	Irene Larsen	HOLBÆK	DEN	75	00:59:01	241	00:40:49	276	00:48:28	250	00:55:48	234	00:59:00	226	4:23:06
226	1569	K40-49	Katrin Lösch	SANITZ	GER	76	01:00:06	256	00:39:52	254	00:47:42	236	00:55:22	229	01:00:13	248	4:23:15
227	1604	K50-59	Alice Kramer	Team Kramer-DK	DEN	45	00:57:49	224	00:40:14	262	00:48:17	248	00:58:01	256	00:59:35	240	4:23:56
228	1592	K60	Inger Præstholt	BRØNDBY	DEN	9	00:59:37	251	00:40:19	264	00:48:41	251	00:55:50	236	01:00:04	245	4:24:31
229	1631	K20-39	Anette Bojer Nielsen	SÅN	DEN	88	00:59:46	252	00:40:01	258	00:48:15	247	00:57:06	250	00:59:34	239	4:24:42
230	1646	K40-49	Karin Susanne Pedersen	TDC	DEN	77	01:00:39	261	00:40:16	263	00:47:47	237	00:55:49	235	01:00:42	254	4:25:13
231	1556	K50-59	Tove Eriksen	ALLERØD	DEN	46	00:58:52	236	00:40:25	266	00:48:49	255	00:57:01	249	01:00:34	252	4:25:41
232	1771	K20-39	Madeleine Brückmann	BRIESELANG	GER	89	01:02:04	274	00:39:19	240	00:49:04	258	00:56:07	238	01:00:16	249	4:26:50
233	1761	K40-49	Pia Lind	TIKØB	DEN	78	00:59:52	254	00:39:52	255	00:49:03	256	00:56:33	243	01:01:59	267	4:27:19
234	1563	K20-39	Camilla Waldstørn	KØBENHAVN N.	DEN	90	00:59:52	253	00:40:45	273	00:48:18	249	00:56:36	245	01:02:14	272	4:27:45
235	1724	K50-59	Yvonne Wejbro	GÄVLE	SWE	47	00:59:33	250	00:40:28	267	00:48:46	253	00:57:49	253	01:01:19	259	4:27:55
236	1665	K50-59	Lilly Gertsen	Trim Ballerup	DEN	48	00:58:54	238	00:40:42	271	00:49:14	260	00:58:16	259	01:00:57	257	4:28:03
237	1511	K20-39	Lene Blak Jønsson	SØBORG	DEN	91	00:58:01	228	00:42:00	292	00:48:00	244	00:58:10	257	01:02:04	268	4:28:15
238	1544	K40-49	Karin Thüne	Rennsteiglaufverein	GER	79	01:00:31	259	00:41:06	277	00:49:19	261	00:57:26	251	01:00:04	244	4:28:26
239	1690	K40-49	Hanne Nielsen	RØNNE	DEN	80	01:00:37	260	00:40:13	261	00:48:46	254	00:58:01	255	01:01:04	258	4:28:41
240	1599	K40-49	Sukey Brown	Nyvest Atletik	DEN	81	01:03:04	283	00:41:25	280	00:50:34	273	00:58:39	262	00:58:46	223	4:32:28
241	1801	K40-49	Joan Jaqué	Herlevløberne	DEN	82	01:01:07	266	00:40:29	269	00:49:44	265	00:58:15	258	01:02:58	277	4:32:33
242	1806	K50-59	Grete Zachø	JYDERUP	DEN	49	01:01:08	267	00:41:59	291	00:49:38	264	00:57:40	252	01:03:54	281	4:34:19
243	1536	K40-49	Kirsten Pedersen	HELSENGE	DEN	83	01:01:37	270	00:41:48	288	00:50:39	275	00:58:49	264	01:01:38	264	4:34:31
244	1758	K40-49	Sanne M. Jensen	Viking Atletik	DEN	84	01:03:51	289	00:40:48	275	00:50:20	271	00:56:37	246	01:03:01	279	4:34:37
245	1742	K40-49	Charlotte Munk Ejlersen	SNIK	DEN	85	01:01:27	269	00:42:09	293	00:50:45	277	00:58:40	263	01:01:41	265	4:34:42
246	1695	K20-39	Kristina Lorentz	KØBENHAVN S	DEN	92	01:03:54	290	00:42:20	298	00:51:12	282	00:56:47	247	01:00:56	256	4:35:09
247	1616	K50-59	Ingrid Reinke	PREETZ	GER	50	01:03:27	285	00:40:44	272	00:49:57	267	00:58:56	265	01:02:36	274	4:35:40
248	1669	K60	Annelise Beck	Sparta	DEN	10	00:57:34	217	00:42:13	295	00:51:08	280	01:00:50	276	01:03:56	282	4:35:41
249	1694	K19	Anni Thisgaard	SILKEBORG	DEN	12	01:00:46	262	00:39:19	239	00:45:09	199	01:06:23	297	01:04:17	285	4:35:54
250	1620	K50-59	Regitze Meyer	PULS 3060	DEN	51	01:03:03	282	00:40:29	268	00:50:01	269	00:59:41	271	01:02:55	276	4:36:09
251	1790	K19	Pia Goldschmidt	KØBENHAVN	DEN	13	01:04:23	292	00:40:37	270	00:52:21	292	00:58:23	260	01:01:22	260	4:37:06
252	1525	K60	Johanne-Marie Erstad	FJELL	NOR	11	01:01:56	273	00:41:25	281	00:50:30	272	00:59:55	273	01:04:29	286	4:38:15
253	1579	K40-49	Lene Kaae	RIK	DEN	86	01:00:15	257	00:40:02	259	00:50:10	270	01:00:55	278	01:07:02	300	4:38:24
254	1521	K40-49	Tanja Magnussen	Nyvest	DEN	87	01:03:40	286	00:43:37	303	00:50:35	274	00:59:51	272	01:02:13	271	4:39:56
255	1767	K50-59	Lis Larsen	ROSKILDE	DEN	52	01:02:26	275	00:39:24	243	00:51:10	281	00:59:08	266	01:07:57	302	4:40:05
256	1763	K20-39	Kristina Lillie	BRØNSHØJ	DEN	93	01:05:26	299	00:44:29	309	00:51:01	279	00:58:31	261	01:02:11	270	4:41:38
257	1750	K60	Lise Thimsen	ESBJERG V	DEN	12	01:03:41	287	00:43:33	302	00:51:31	285	01:00:14	274	01:02:43	275	4:41:42
258	1684	K50-59	Grethe_lis Svendsen	Nyvest	DEN	53	01:03:04	284	00:41:26	282	00:50:43	276	00:59:28	269	01:07:02	299	4:41:43
259	1706	K20-39	Karina Binau	SVEBØLLE	DEN	94	01:02:40	276	00:41:31	284	00:52:05	290	00:59:12	267	01:06:30	296	4:41:58

260	1769	K20-39	Sascha Lovise Hedegaard Nielsen	KØBENHAVN	DEN	95	01:03:47	288	00:42:49	300	00:52:33	294	01:01:02	279	01:02:09	269	4:42:20
261	1683	K60	Britta Binau	ALBERTSLUND	DEN	13	01:02:41	277	00:41:46	287	00:52:05	291	01:01:10	282	01:06:45	298	4:44:27
262	1723	K50-59	Birthe Skov Jensen	HOLTE	DEN	54	01:05:10	296	00:42:14	296	00:52:04	288	00:59:19	268	01:05:50	291	4:44:37
263	1712	K40-49	Rosa Hansen	KØBENHAVN Ø	DEN	88	01:03:00	281	00:42:14	297	00:53:10	296	01:01:04	280	01:06:22	295	4:45:50
264	1584	K40-49	Liv Turid Fulsås	DALEN	NOR	89	01:06:42	304	00:41:34	286	00:51:50	287	01:03:01	292	01:04:08	283	4:47:15
265	1562	K50-59	Jolande Leinenbach	ed-consult	DEN	55	01:06:59	307	00:42:10	294	00:54:07	302	00:59:38	270	01:05:37	289	4:48:31
266	1542	K50-59	Else Mortensen	Post Danmark	DEN	56	01:04:43	294	00:43:58	305	00:51:48	286	01:02:00	285	01:06:12	294	4:48:41
267	1578	K60	Henny Espersen	Ny-Vest	DEN	14	01:06:18	301	00:42:49	301	00:52:04	289	01:00:39	275	01:08:14	303	4:50:04
268	1677	K50-59	Hanne Johansen	Hærens Operative Kommando HOKIF	DEN	57	01:04:40	293	00:44:02	307	00:53:45	299	01:02:52	290	01:05:58	293	4:51:17
269	1824	K19	Stine Hornskov	SILKEBORG	DEN	14	01:00:58	264	00:44:02	306	00:56:19	312	01:01:52	284	01:08:29	304	4:51:40
270	1557	K50-59	Aase Bülck	SG	DEN	58	01:06:29	302	00:43:57	304	00:52:25	293	01:02:45	289	01:07:24	301	4:53:00
271	1779	K40-49	Neel Stauning	ROSKLIDE	DEN	90	01:02:43	278	00:45:08	313	00:56:16	310	01:05:45	296	01:04:44	287	4:54:36
272	1798	K40-49	Connie Jensen	AAKIRKEBY	DEN	91	01:06:06	300	00:45:08	312	00:53:57	301	01:02:11	286	01:09:06	305	4:56:28
273	1653	K60	Kirsten Grønbech	Viking Atletik	DEN	15	01:06:42	305	00:46:22	319	00:53:39	298	01:03:54	295	01:06:43	297	4:57:20
274	1502	K50-59	Jette Brix Jørgensen	I.K. Olympia	DEN	59	01:05:05	295	00:44:39	310	00:53:35	297	01:06:24	298	01:09:14	306	4:58:57
275	1768	K50-59	Bernadette Løvholm	LEJRE	DEN	60	01:09:18	312	00:42:44	299	00:53:48	300	01:02:18	287	01:10:59	309	4:59:07
276	1676	K50-59	Ruth Lillian Andersen	BRØNSHØJ	DEN	61	01:07:02	308	00:44:20	308	00:55:06	309	01:03:04	293	01:09:42	308	4:59:14
277	1532	K50-59	Annelise Løvholm	ROSKILDE	DEN	62	01:09:28	315	00:46:12	316	00:54:44	307	01:02:58	291	01:11:02	311	5:04:24
278	1727	K50-59	Berit Lorentzen	ROSKILDE	DEN	63	01:09:28	314	00:46:13	317	00:54:43	306	01:03:10	294	01:11:01	310	5:04:35
279	1598	K50-59	Annie Munch	AAKIRKEBY	DEN	64	01:10:53	316	00:46:08	315	00:54:36	305	01:02:30	288	01:12:23	313	5:06:30
280	1679	K50-59	Pernille Meden	NIVÅ	DEN	65	01:08:41	310	00:45:13	314	00:54:12	303	01:11:23	305	01:09:19	307	5:08:48
281	1624	K50-59	Lone Skyggebjerg	HMC	DEN	66	01:09:19	313	00:47:41	323	01:00:33	318	01:10:03	304	01:13:56	316	5:21:32
282	1589	K40-49	Bente Jensen	ALBERTSLUND	DEN	92	01:12:31	319	00:48:31	324	00:59:14	317	01:08:23	301	01:14:27	317	5:23:06
283	1605	K50-59	Maud Søderholm	OK Roskilde	DEN	67	01:11:24	317	00:49:37	327	01:01:10	319	01:09:16	302	01:13:49	315	5:25:16
284	1791	K40-49	Gitte Goldschmidt	KØBENHAVN	DEN	93	01:15:41	321	00:49:44	328	01:02:37	323	01:09:22	303	01:20:02	319	5:37:26
285	1770	K50-59	Hanne Taxfeldt	NIVÅ	DEN	68	01:23:33	326	00:52:57	329	01:02:35	322	01:13:38	306	01:19:14	318	5:51:57
286	1639	K50-59	Tove Larsen	Nivå Trim	DEN	69	01:21:03	324	00:53:26	330	01:03:02	324	01:14:18	307	01:20:41	320	5:52:30
287	1575	K60	Lisbeth Jansen	Nivå Trim	DEN	16	01:24:23	327	00:58:10	331	01:09:04	326	01:21:49	308	01:27:01	321	6:20:27

# Etape Bornholm 2005

## Hasle + Dueodde + Almindingen + Hammeren + Rønne

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Rank	Startnr	Navn	Klub/By	Land	Hasle	Almindingen	Rønne	Samlet
1	2013	Malthe Thøgersen	Viking	DEN	00:14:58 6	00:13:08 5	00:18:21 2	0:46:27
2	2048	Bertram Gitz-Johansen	VEJLE	DEN	00:15:13 10	00:13:29 10	00:18:01 1	0:46:43
3	2038	Joachim Koefoed	Hasle Bordtennis	DEN	00:14:44 2	00:13:24 9	00:18:52 5	0:47:00
4	2024	Mathias Maagaard	GILLELEJE	DEN	00:14:48 4	00:13:08 4	00:19:07 8	0:47:03
5	2023	Lukas Diemer-harild	GILLELEJE	DEN	00:14:49 5	00:13:08 6	00:19:07 7	0:47:04
6	2001	Ruven Lemke	Nippon Berlin	GER	00:15:53 14	00:13:17 8	00:18:27 3	0:47:37
7	2037	Jeppe Christensen	HILLERØD	DEN	00:15:44 12	00:13:35 12	00:18:47 4	0:48:06
8	2044	Benjamin Jensen	RØNNE	DEN	00:15:12 8	00:13:15 7	00:21:13 24	0:49:40
9	2027	Ola Bjørlo	Svelvik Idrettsforening	NOR	00:15:46 13	00:13:59 13	00:20:18 13	0:50:03
10	2028	Emil Ingerslev	LYNGBY	DEN	00:16:27 16	00:14:08 14	00:19:43 11	0:50:18
11	2029	Rasmus Schmidt Hansen	Knudsker	DEN	00:15:13 9	00:14:31 20	00:20:34 16	0:50:18
12	2036	Michael Søbye Eye	SILKEBORG	DEN	00:16:35 17	00:14:34 23	00:19:36 10	0:50:45
13	2012	Marcus Olsen	FREDERIKSVÆRK	DEN	00:16:58 20	00:14:25 18	00:19:35 9	0:50:58
14	2020	Marcus Westh	Ny-Vest	DEN	00:16:39 18	00:14:26 19	00:20:03 12	0:51:08
15	2049	Mikkel Folkmann	GUDHJEM	DEN	00:16:58 21	00:14:20 17	00:20:20 14	0:51:38
16	2022	Kasper Diemer-harild	GILLELEJE	DEN	00:14:46 3	00:13:08 3	00:24:17 49	0:52:11
17	2010	Joakim Hansen	OPI	DEN	00:16:56 19	00:15:04 27	00:20:21 15	0:52:21
18	2032	Christian Munch	RØDOVRE	DEN	00:17:03 24	00:14:31 21	00:20:58 21	0:52:32
19	2035	Rasmus Pedersen	ROSKILDE	DEN	00:17:26 30	00:14:32 22	00:20:51 18	0:52:49
20	2021	Sebastian Bærnthsen	Knudsker IF	DEN	00:17:02 23	00:15:12 31	00:20:56 19	0:53:10
21	2014	Mads Hjulgaard	VIRUM	DEN	00:17:31 33	00:14:36 24	00:21:20 25	0:53:27
22	2325	Carl Nielsen	ØSTERMARIE	DEN	00:17:30 32	00:15:00 25	00:20:58 20	0:53:28
23	2007	Andreas Juhl	RØNNE	DEN	00:17:02 22	00:15:02 26	00:22:28 31	0:54:32
24	2005	Mads Grønhøj	AGEDRUP	DEN	00:17:21 28	00:15:14 32	00:22:27 30	0:55:02
25	2017	Emil Hjorth Christensen	ROSKILDE	DEN	00:17:30 31	00:15:33 36	00:22:16 28	0:55:19
26	2046	Malthe Gaarsdal	FARUM	DEN	00:18:21 37	00:15:27 34	00:21:32 27	0:55:20
27	2030	Magnus Hansen	RØNNE	DEN	00:18:53 43	00:15:29 35	00:21:05 22	0:55:27
28	2011	Oscar Hoffmann	FIF Hillerød	DEN	00:18:55 44	00:16:00 39	00:21:09 23	0:56:04
29	2004	Emil Hjulgaard	VIRUM	DEN	00:18:08 36	00:16:13 43	00:22:32 33	0:56:53
30	2134	Oliver Bay Larsen	FREDERIKSBERG	DEN	00:17:53 34	00:16:57 49	00:22:21 29	0:57:11
31	2051	Anton Dam	HELLERUP	DEN	00:18:32 38	00:16:08 40	00:22:32 32	0:57:12
32	2008	Simon Stendal	Søværnets IF	DEN	00:17:05 25	00:16:25 44	00:23:56 46	0:57:26
33	2003	Mads Søgaard Nielsen	Viking	DEN	00:18:02 35	00:16:45 46	00:22:44 35	0:57:31
34	2025	Benjamin Wang Hansen	GUDHJEM	DEN	00:18:34 39	00:16:34 45	00:23:04 39	0:58:12
35	2026	Vebjørn Bjørlo	Svelvik Idrettsforening	NOR	00:19:26 47	00:15:57 38	00:23:12 42	0:58:35
36	2018	Jonas Jensen	RØNNE	DEN	00:18:46 41	00:16:59 50	00:23:06 40	0:58:51
37	2043	Mads W. Kofoed	RØNNE	DEN	00:18:46 42	00:17:19 55	00:22:55 37	0:59:00
38	2002	Mathias Behn Bjørnhof	Knudsker	DEN	00:19:22 46	00:17:22 56	00:22:37 34	0:59:21
39	2045	Sebastian Nørregaard Nielsen	RØNNE	DEN	00:17:18 27	00:17:54 61	00:24:17 50	0:59:29
40	2009	Jørgen Biseth	Fet friidrettsklubb	NOR	00:18:37 40	00:16:45 47	00:24:11 47	0:59:33
41	2033	Oliver Kure Olsen	Viking	DEN	00:20:19 53	00:16:10 42	00:23:22 44	0:59:51
42	2041	Hakon Norakker Nossen	Drøbak-Frogn IL	NOR	00:19:05 45	00:17:55 62	00:23:04 38	1:00:04
43	2034	William Jacobsen	SVELVIK	NOR	00:19:37 50	00:17:51 60	00:23:11 41	1:00:39
44	2016	Søren Kirkeby Jacobsen	ODDER	DEN	00:19:33 49	00:18:09 66	00:23:15 43	1:00:57
45	2019	Philip Weber	DYSSEGÅRD	DEN	00:20:09 52	00:17:05 52	00:24:57 52	1:02:11

46	2326	Christian Nielsen	ØSTERMARIE	DEN	00:20:58	55	00:17:45	59	00:24:53	51	1:03:36
47	2039	Julius Kraskow	Brøddan	DEN	00:20:45	54	00:17:16	54	00:25:57	55	1:03:58
48	2006	Sebastian Bøgeholm Folkmann	VIRUM	DEN	00:19:29	48	00:17:33	58	00:26:58	57	1:04:00
49	2015	Magnus Dalsborg Madsen	hif atletik	DEN	00:22:43	56	00:18:04	63	00:27:45	59	1:08:32
50	2050	Alexander Drejøre	GENTOFTE	DEN	00:23:30	57	00:18:05	64	00:28:55	61	1:10:30
51	2042	Jonas Bønløkke	VÆRLØSE	DEN	00:25:26	59	00:18:07	65	00:26:59	58	1:10:32
52	2031	Anders Noe Veisig	HELSINGØR	DEN	00:23:41	58	00:19:41	69	00:28:53	60	1:12:15
53	2249	Sebastian Drejøre	GENTOFTE	DEN	00:26:01	61	00:21:57	72	00:30:52	63	1:18:50
54	2040	Rasmus Bay Larsen	FREDERIKSBERG	DEN	00:27:56	62	00:26:02	76	00:35:57	66	1:29:55

# Etape Bornholm 2005

## Hasle + Dueodde + Almindingen + Hammeren + Rønne

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Rank	Startnr	Navn	Klub/By	Land	Hasle	Almindingen	Rønne	Samlet
1	2102	Are Martin Stenberg	Kjelsås	NOR	00:12:27 1	00:11:04	1 00:15:21	1 0:38:52
2	2137	Emil Blomberg	IF Triangeln	SWE	00:12:28 2	00:11:04	2 00:15:22	2 0:38:54
3	2107	Rasmus Dalsborg Madsen	HIF-atletik	DEN	00:12:36 3	00:11:12	3 00:15:28	3 0:39:16
4	2111	Magnus Cort	Viking Atletik	DEN	00:13:58 5	00:11:51	4 00:16:46	6 0:42:35
5	2142	Kasper Kold Pedersen	HUMLEBÆK	DEN	00:14:09 6	00:12:05	6 00:16:24	4 0:42:38
6	2147	Nikolaj Buus-Kofoed	ØB Atletik	DEN	00:14:09 7	00:11:55	5 00:16:46	5 0:42:50
7	2121	Jonathan Bach Rønne	NIF	DEN	00:14:31 8	00:12:33	8 00:17:50	11 0:44:54
8	2138	Magnus Andreassen	ASG	DEN	00:15:12 17	00:12:35	9 00:17:14	7 0:45:01
9	2127	Jonatan Hauge Madsen	RØNNE	DEN	00:14:35 10	00:12:52	14 00:17:50	10 0:45:17
10	2128	Anders Mortensen	GUDHJEM	DEN	00:14:42 14	00:12:50	12 00:17:46	9 0:45:18
11	2141	Jonas Kold Pedersen	HUMLEBÆK	DEN	00:14:37 11	00:12:40	11 00:18:03	14 0:45:20
12	2135	Morten Munch	NIF	DEN	00:14:40 13	00:12:52	13 00:17:50	13 0:45:22
13	2118	Joakim Maegaard Dam	ØB	DEN	00:14:53 15	00:13:18	20 00:17:24	8 0:45:35
14	2149	Oliver Jensen	Viking	DEN	00:14:35 9	00:13:01	17 00:18:12	16 0:45:48
15	2117	Joachim Gram Olsen	NYKER	DEN	00:14:39 12	00:12:58	15 00:18:20	17 0:45:57
16	2136	Jakob Mamsen Mathiesen	TØNDER	DEN	00:15:17 18	00:12:59	16 00:17:50	12 0:46:06
17	2145	Mikkel Engell Sohnemann	Slagslunde	DEN	00:15:38 21	00:12:40	10 00:18:04	15 0:46:22
18	2150	Asger S. Leick	Århus 1900	DEN	00:15:26 20	00:13:18	19 00:18:38	18 0:47:22
19	2143	Sindre Bjørlo	Svelvik Idrettsforening	NOR	00:15:22 19	00:13:17	18 00:18:46	19 0:47:25
20	2106	Nicolas Døssland	Kjelsås	NOR	00:15:50 23	00:13:27	21 00:19:05	21 0:48:22
21	2130	Simon Hoffmann	FIF Hillerød Atletik	DEN	00:16:07 27	00:13:59	26 00:19:00	20 0:49:06
22	2126	Anders Lind	HELSINGE	DEN	00:16:05 25	00:13:39	23 00:19:40	24 0:49:24
23	2139	Thomas Ledskov Hansen	ASG	DEN	00:15:46 22	00:14:02	27 00:19:36	22 0:49:24
24	2114	Kjell-Robin Bramsiepe	TFG Nippes	GER	00:15:58 24	00:13:42	24 00:19:57	26 0:49:37
25	2133	Frederik Folkmann Jørgensen	HUMLEBÆK	DEN	00:16:20 28	00:14:59	30 00:20:20	28 0:51:39
26	2131	Sophus Hoffmann	FIF Hillerød	DEN	00:16:23 29	00:15:04	33 00:20:17	27 0:51:44
27	2125	Torbjørn Steinsland	Stegaberg II.	NOR	00:16:49 31	00:14:21	29 00:20:36	29 0:51:46
28	2148	Mathias Buus-Kofoed	ØB Atletik	DEN	00:16:55 32	00:14:07	28 00:20:55	30 0:51:57
29	2140	Miki Jensen	ALLINGE	DEN	00:17:09 34	00:15:36	38 00:19:45	25 0:52:30
30	2115	Stefan Rodegast	BELZIG	GER	00:16:32 30	00:15:03	32 00:21:56	33 0:53:31
31	2103	Kristoffer Kofod Poulsen	NEXØ	DEN	00:18:23 42	00:15:06	34 00:21:38	31 0:55:07
32	2144	Felix Fasting	KØBENHAVN SV	DEN	00:17:06 33	00:15:08	35 00:23:34	40 0:55:48
33	2104	Christopher Flindt	NÆSTVED	DEN	00:17:41 38	00:15:35	37 00:22:36	36 0:55:52
34	2122	Tobias Bach Rønne	NIF	DEN	00:17:45 39	00:16:01	41 00:22:20	34 0:56:06
35	2108	Tim Meitilberg Petersen	Rødovre AC	DEN	00:17:54 40	00:16:02	42 00:22:28	35 0:56:24
36	2113	Niklas Sorth-Olsen	Viking	DEN	00:17:57 41	00:15:13	36 00:23:16	38 0:56:26
37	2151	Jens Claudi Gregersen	BRØNSHØJ	DEN	00:17:12 35	00:15:00	31 00:25:20	44 0:57:32
38	2109	Christian De Groot- Poulsen	SKOVLUNDE	DEN	00:17:20 36	00:16:11	43 00:24:06	41 0:57:37
39	2116	Tobias Kofoed Kjær	VÆRLØSE	DEN	00:19:12 44	00:17:02	44 00:24:07	42 1:00:21
40	2152	Nikolaj Green	Nyvest	DEN	00:20:21 46	00:17:11	45 00:22:52	37 1:00:24
41	2146	Jack Thomsen	HELSINGE	DEN	00:18:55 43	00:15:43	40 00:27:28	46 1:02:06
42	2124	Morten Grønhøj	AGEDRUP	DEN	00:20:15 45	00:18:10	47 00:24:20	43 1:02:45
43	2110	Steffen Mortensen	Allerød AM	DEN	00:21:32 47	00:18:52	49 00:28:14	47 1:08:38
44	2120	Rasmus Westh	Ny-Vest	DEN	00:22:34 48	00:20:08	50 00:30:29	48 1:13:11
45	2123	Laust Gredal	HVIDOVRE	DEN	00:25:49 49	00:21:14	52 00:32:36	49 1:19:39

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# Etape Bornholm 2005

## Hasle + Dueodde + Almindingen + Hammeren + Rønne

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Rank	Startnr	Navn	Klub/By	Land	Hasle	Almindingen	Rønne	Samlet	
1	2220	Josefine Rytter	Bagsværd AC	DEN	00:14:23	1	00:12:35	2 00:17:17	1 0:44:15
2	2230	Nicoline Flade	viking	DEN	00:14:41	2	00:12:49	3 00:17:28	2 0:44:58
3	2233	Linnea Blomberg	IF Triangeln	SWE	00:15:07	5	00:12:30	1 00:17:57	3 0:45:34
4	2231	Maja Ovesen	Viking	DEN	00:14:42	3	00:13:08	4 00:18:58	6 0:46:48
5	2209	Julie Krogh Hansen	Viking Atletik	DEN	00:14:56	4	00:13:26	6 00:18:27	5 0:46:49
6	2215	Lovise Heimdal	Bardu IL	NOR	00:16:24	9	00:13:19	5 00:18:22	4 0:48:05
7	2216	Henriette Bardrum	Blovstrød løverne	DEN	00:15:24	6	00:13:32	7 00:19:36	8 0:48:32
8	2228	Annika Olsen	FREDERIKSVÆRK	DEN	00:16:02	7	00:13:42	8 00:19:10	7 0:48:54
9	2218	Karen Cort	Viking Atletik	DEN	00:16:46	10	00:14:41	10 00:20:29	11 0:51:56
10	2206	Julie Nymark	RØNNE	DEN	00:17:01	11	00:15:13	12 00:20:56	13 0:53:10
11	2235	Joseffa Keidser	Århus 1900	DEN	00:16:06	8	00:16:53	26 00:20:13	9 0:53:12
12	2222	Laura Voss Jensen	VÆRLØSE	DEN	00:17:22	13	00:14:57	11 00:21:38	15 0:53:57
13	2239	Frida Lind-Holm Mogensen	VIRUM	DEN	00:18:45	20	00:15:39	14 00:20:37	12 0:55:01
14	2212	Johanna Marie Rasmussen	Nyker IF	DEN	00:17:46	14	00:15:52	16 00:21:33	14 0:55:11
15	2246	Caroline Espersen	FARUM	DEN	00:18:26	15	00:16:11	18 00:22:30	18 0:57:07
16	2251	Ditte Johansen	RSK	DEN	00:18:29	16	00:16:34	22 00:22:23	17 0:57:26
17	2229	Rikke Aksglæde	HILLERØD	DEN	00:19:25	24	00:16:25	21 00:22:01	16 0:57:51
18	2236	Line Lehim	RØNNE	DEN	00:18:39	18	00:16:23	20 00:23:01	21 0:58:03
19	2224	Åsa Friedmann	Byaasen Skiklubb	NOR	00:18:37	17	00:16:15	19 00:23:31	25 0:58:23
20	2211	Cathrine Munch	RØDOVRE	DEN	00:19:26	25	00:16:41	24 00:22:51	20 0:58:58
21	2223	Kamilla Kaae	RØNNE	DEN	00:18:46	21	00:17:10	29 00:23:06	23 0:59:02
22	2226	Ditte Søegaard Nielsen	Viking	DEN	00:18:41	19	00:18:02	35 00:22:31	19 0:59:14
23	2213	Anna Jørgensen	AAKIRKEBY	DEN	00:18:52	22	00:17:08	27 00:24:28	30 1:00:28
24	2238	Louise Gren Erichsen	Viking	DEN	00:21:42	36	00:15:50	15 00:23:05	22 1:00:37
25	2201	Michelle Rasmussen	Politiets I F	DEN	00:20:00	29	00:16:43	25 00:24:18	28 1:01:01
26	2210	Signe Folkmann Jørgensen	HUMLEBÆK	DEN	00:20:00	28	00:17:27	31 00:24:28	29 1:01:55
27	2237	Nadja Berger	ALLERØD	DEN	00:21:30	34	00:16:34	23 00:24:05	27 1:02:09
28	2217	Rebecca Rehmann	HSV Stöckte	GER	00:19:53	26	00:17:38	33 00:25:34	36 1:03:05
29	2047	Nikita Pelle	Viking	DEN	00:20:56	32	00:17:52	34 00:24:39	31 1:03:27
30	2250	Solveig Stenberg	Kjelsås	NOR	00:19:59	27	00:18:09	37 00:25:31	35 1:03:39
31	2241	Emma Engell Sohnemann	Slagslunde	DEN	00:20:36	31	00:18:07	36 00:25:15	34 1:03:58
32	2203	Josephine Price Bay Larsen	FREDERIKSBERG	DEN	00:20:19	30	00:19:40	41 00:25:47	37 1:05:46
33	2242	Nanna Christensen	HILLERØD	DEN	00:22:45	40	00:19:30	40 00:25:50	38 1:08:05
34	2232	Martine Andersen	Klemensker	DEN	00:24:58	42	00:18:17	38 00:26:26	39 1:09:41
35	2207	Helena Søderholm	ROSKILDE	DEN	00:22:17	38	00:19:11	39 00:29:43	44 1:11:11
36	2214	Ida Mortensen	Allerød AM	DEN	00:22:11	37	00:21:24	52 00:29:47	46 1:13:22
37	2219	Frederikke Skjold Møller	FREDERIKSBERG	DEN	00:27:15	47	00:20:37	49 00:26:28	40 1:14:20
38	2221	Julie Schmidt Andersen	Blovstrød Løverne	DEN	00:25:23	43	00:19:51	42 00:30:22	49 1:15:36
39	2202	Emilie Bøgeholm Folkmann	VIRUM	DEN	00:21:41	35	00:22:45	54 00:31:36	51 1:16:02
40	2227	Amanda Kruse	NÆSTVED	DEN	00:27:15	48	00:20:59	51 00:27:57	43 1:16:11
41	2234	Juliet Jacobsen	Nesbygda IF	NOR	00:23:41	41	00:23:08	55 00:29:51	48 1:16:40
42	2240	Anja Platz	Sorthat	DEN	00:25:38	44	00:20:13	43 00:32:38	53 1:18:29
43	2244	Frederikke Kraskow	Brøddan	DEN	00:27:05	46	00:23:51	61 00:35:56	54 1:26:52
44	2204	Jamilla Kristensen	LEMMING	DEN	00:30:43	52	00:25:52	63 00:36:50	55 1:33:25
45	2245	Emma Sofie Drejer	ROSKILDE	DEN	00:28:51	51	00:23:46	58 00:41:15	59 1:33:52
46	2243	Emma Ahler	Munke Mose Motion	DEN	00:31:00	54	00:23:24	56 00:41:00	57 1:35:24
47	2252	Alma Nielsen	ØSTERMARIE	DEN	00:31:33	55	00:23:28	57 00:43:39	61 1:38:40

48	2205	Louise Gredal	HVIDOVRE	DEN	00:30:49	53	00:25:54	64	00:43:42	62	1:40:25
49	2208	Eva Schmidt Andersen	Blovstrød Løverne	DEN	00:28:09	49	00:34:20	65	00:41:01	58	1:43:30

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# Etape Bornholm 2005

## Hasle + Dueodde + Almindingen + Hammeren + Rønne

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Rank	Startnr	Navn	Klub/By	Land	Hasle	Almindingen	Rønne	Samlet
1	2309	Sarah Svendsen	Viking Atletik	DEN	00:12:41	2 00:11:09	1 00:15:36	2 0:39:26
2	2317	Katrine Windahl Kofoed	Viking Atletik	DEN	00:12:35	1 00:11:30	2 00:15:31	1 0:39:36
3	2311	Anne Sofie Skjold Møller	FIF / Frederiksberg	DEN	00:14:09	3 00:11:58	3 00:17:05	3 0:43:12
4	2303	Cecilie Hjorth Christensen	Ballerup Atletik klub (BAK)	DEN	00:14:13	4 00:12:10	4 00:17:23	4 0:43:46
5	2306	Henriette Eye	SAK 77	DEN	00:14:32	5 00:12:55	6 00:17:25	5 0:44:52
6	2307	Eline Heimdal	Bardu IL	NOR	00:14:36	6 00:12:30	5 00:17:51	6 0:44:57
7	2314	Simone Flade	viking	DEN	00:14:57	8 00:13:19	8 00:17:57	7 0:46:13
8	2302	Ida Voss Jensen	FIF Frederiksberg	DEN	00:14:52	7 00:13:38	10 00:18:42	8 0:47:12
9	2320	Mona Sevel Sefeldt	Viking Atletik	DEN	00:15:40	9 00:13:17	7 00:19:01	9 0:47:58
10	2308	Ida Hansen	OPI	DEN	00:15:44	11 00:13:29	9 00:19:10	10 0:48:23
11	2316	Josephine Grønbech-Dam	ØIF	DEN	00:15:43	10 00:13:44	11 00:19:16	11 0:48:43
12	2319	Isabel Raarup Christensen	RØNNE	DEN	00:16:40	12 00:15:00	12 00:21:21	15 0:53:01
13	2315	Katrine Gjerrild	RØNNE	DEN	00:18:20	13 00:15:37	16 00:21:12	13 0:55:09
14	2304	Maya Dalgaard	KØBENHAVN V	DEN	00:18:49	16 00:15:30	14 00:21:14	14 0:55:33
15	2310	Amanda Weber	DYSSEGÅRD	DEN	00:18:54	17 00:15:37	17 00:21:33	16 0:56:04
16	2321	Xenia Fasting	KØBENHAVN SV	DEN	00:18:44	14 00:15:37	15 00:22:07	17 0:56:28
17	2318	Margit Kollbotn	DALEN	NOR	00:18:56	18 00:15:53	18 00:22:46	22 0:57:35
18	2313	Maiken Koring	Bornholms Rulleskøjteklub	DEN	00:20:25	23 00:15:23	13 00:22:21	19 0:58:09
19	2132	Anja Heinicke	LG Osterwieck	GER	00:18:48	15 00:17:16	25 00:22:32	20 0:58:36
20	2312	Louise Behn Bjørnhof	RØNNE	DEN	00:19:17	21 00:16:59	22 00:22:34	21 0:58:50
21	2323	Julie Larsen	HOLBÆK	DEN	00:19:06	19 00:16:49	20 00:23:58	25 0:59:53
22	2301	Marie Staffensen	DIANALUND	DEN	00:19:07	20 00:16:50	21 00:25:50	28 1:01:47
23	2322	Laura Østergaard	LEJRE	DEN	00:20:55	25 00:17:21	26 00:24:19	26 1:02:35
24	2324	Louise Bønløkke	VÆRLØSE	DEN	00:21:39	27 00:17:12	24 00:24:27	27 1:03:18
25	2305	Silje Lundsteen	SVENDBORG	DEN	00:20:48	24 00:18:12	27 00:26:49	29 1:05:49