

## Frequently asked questions



**AT THE START** • The starting pens are clearly marked. The running number bibs for adult entrants carry a colour code according to the expected time you gave us when you entered. The pens will be sent off at 45 second intervals. Make sure you are in your pen at least a couple of minutes before the start for any last-minute announcements and instructions.

**BABY JOGGERS** • The routes can be very narrow and the terrain is not suitable for baby joggers. Therefore, baby joggers are not allowed. We refer to our childminding.

**BAGGAGE DUMP** • There is a supervised baggage dump in the finishing area open from 5.30 p.m. to 7.45 p.m. On Thursday the baggage dump is in the starting area. On Thursday plasticfoil is handed out at the finishing area

**BIB NUMBER** • You use the same start bib/chip for all five races. Your bib has a colour code indicating your starting pen. Don't bend your bib, and wear it on your front. Make sure it is visible.

**CHILDMINDING** • Childminding facilities will be provided for infants at each stage of the race from 5.30 to 7.45 p.m. The facilities are signposted in the finishing area except on Thursday, when they are at the start.

**DOGS** • Dogs are not allowed on the routes.

**FRIDAY FAREWELL PARTY** • The Etape Bornholm closes with a big farewell party friday evening at Rønne Stadium. From the outdoor stage the awards are handed out. Participants get a free pasta-salad (single stages not included) and you can buy food and drinks. Take a blanket, sit on the lawn and enjoy the evening. A band is playing after the awards ceremony. Free admission for everyone.

**FRUIT, ENERGY and WATER** • Coop Bornholm and Nutramino provides fruit, energydrink and water at the finish of each stage. There are water stations during the course

**INDIVIDUAL STAGES** • You can also take part in one or more stages if you wish (stage 1, 3 and 5). The entry fee per stage is DKK 175 for adults, DKK 125 for children. Entries at "Rønne Idrætshal Nord", Torneværksvej 1, 3700 Rønne, during the weekend up to the race between 10.00-18.45 or on raceday at the information caravan in Runners Camp between 15.00-17.30

**INSTRUCTIONS** • Please follow the Highway Code and any instructions issued by the police or Etape Bornholm officials. Failure to do so may result in disqualification.

**JURY** • Any protests must be submitted to the Etape Bornholm Jury by 8 p.m. on the day after the race concerned, except on Friday, when any protests must be submitted immediately after the race. Please inquire at the organizer's caravan, Runners Camp.

**LIABILITY AND RISK** • Participation, travel etc are at your own risk. Danish legislation applies. I/K Viking Rønne Atletik og Motion, its committee, sub-committee members, leaders, helpers and sponsors shall not be liable for any claims arising from participation in Etape Bornholm irrespective of origin.

**LOTTERY PRIZES** • Every day has its predrawn lottery for various prizes.. Unclaimed lottery prizes are available in the information caravan

**LUGGAGE STORAGE** • At each stage you can have luggage storage (your bag) and valuables near the starting line. And collect it at the finish area. (stage 4 though, at the starting area) Staffed and under surveillance. However, storage is always under your own responsibility. The storage is open between 17:30 and 19:45.

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**MEDALS** • Everyone who completes all stages will receive a memento on crossing the finish line in Rønne.

**PARKING** • Parking attendants will direct you to your parking space. Most car parking on Monday, Tuesday and Wednesday is a 15 minute walk from the start. Parking facilities are indicated on the course maps.

**PHOTOS** • Thousands of photos. Free to download [www.flickr.com/photos/etape-bornholm/albums](http://www.flickr.com/photos/etape-bornholm/albums)

**PRIZES** • The overall winners will receive their awards at the farewell party on Friday.

**RESULTS** • Live results on app “Sportstiming” and on [www.sportstiming.dk](http://www.sportstiming.dk). Results will also be displayed in the start area near the information caravan every evening. Any protests relating to times or placings must be submitted to the organizer’s caravan by 6 p.m. the following day, except on Friday, when any protests must be submitted immediately after the race

**RUNNERS CAMP** • Before and after the races there will be plenty of opportunities to meet other runners and shop at the Expo.

**SHUTTLE BUS** • Tuesday, Wednesday and Thursday, Etape Bornholm has inserted shuttle buses in conjunction with the course: A southern and a northern route. Returning at approx. 19:45 pm. You can buy tickets at the Expo on Saturday/Sunday before the race. Read more about the shuttle buses at [www.etape-bornholm.dk/da/shuttlebusser](http://www.etape-bornholm.dk/da/shuttlebusser) (sorry, only in danish)

On other days, we refer to public buses that normally have hourly operations - some routes only every two hour. Read more on [www.bat.dk](http://www.bat.dk) or their app “BAT”

**SOUVERNIR T-SHIRT** • When collecting your start number, you receive an Etape Bornholm running t-shirt (single stages not included).

**TELEVISION COVERAGE** • Each stage will be shown live on TV2 Bornholm. In addition live streaming here: <http://www.tv2bornholm.dk/nettv/live-tv.aspx>

**TIMING** • Times will be recorded by chip (integrated part of your bib number). This ensures a smooth start to each race. However, the winner of each stage will be the first to cross the finishing line (gun time). Don’t bend the chip !

**TROUBLE DESK** • In case of difficulty please ask at the information caravan in Runners Camp